TEXAS STATE VITA

Please note: For all entries, most items are recorded with recent items first.

I. Academic/Professional Background

A. Name: Luther Kent Griffin Title: Associate Professor

B. Educational Background

Degree	*Year*	*University*	*Major*	*Thesis/Dissertation*
Ph.D.	2008	Texas Tech Univ.	C&I Specialization: Secondary Physical Education.	Measuring fitness actions and dispositions toward physical education: Validation of a self-report Instrument.
M.S.	1999	Texas Tech Univ.	Physical Education. Specialization: Motor Behavior.	The impact of model similarity on girls' motor performance.
A.A.S.	1988	Tyler Junior Coll.	Recreational Leadership Specialization: Tennis Teaching/Coaching.	
B.A.	1984	Lubbock Christian University	Educational Psychology/Youth Ministry Minor: History.	

C. University Experience

Position	*University*	*Dates*
Associate Professor	Texas State University Department of Health and Human Performance.	2017-present
Assistant Professor	Texas State University Department of Health and Human Performance.	2013-2017

Assistant Professor	Texas Tech University Department of Health, Exercise and Sport Sciences.	2008-2013
Coordinator of Personal Fitness and Wellness Program	Texas Tech University Department of Health, Exercise and Sport Sciences.	2000-2008
Instructor	Texas Tech University, Department of Health, Exercise and Sport Sciences.	1998-2000

D. Relevant Professional Experience

Position	*Entity*	*Dates*
Teacher: History, Math, Physical Education.	Marshall Public Schools.	1988-1989
Teacher: Physical Education/ History.	Jefferson Public Schools.	1989-1992

E. Other Professional Credentials (licensure, certification, etc.)

Licensed Coach with the National Interscholastic Cycling Association (NICA) Mountain Bike League. (2011-current).

Certified Wilderness First Aid.

Certified Master Outdoor Leadership Training (M.O.L.T.) with Texas Parks and Wildlife.

II. TEACHING

A. Teaching Honors and Awards:

The Alfred H. Nolle Chapter of the Alpha Chi National College Honor Society. Favorite Professor Award. Texas State University (2019).

The College of Education Excellence in Service Award, 2017.

The Alfred H. Nolle Chapter of the Alpha Chi National College Honor Society. Favorite Professor Award. Texas State University (2015).

Service-Learning Faculty Fellow at Texas Tech University (2009-2011).

B. Recent Courses Taught: Texas State University

Fall 2021:

ESS 5110 Introduction to Research
Mean student teaching evaluation score = 3.69

ESS 4624 Teaching Physical Education
Mean student teaching evaluation score = 3.92

REC 2330 Leadership in Leisure Services
Mean student teaching evaluation score = 3.73

Spring 2021:

ESS 5353 Curriculum Design in Physical Activity Settings
Mean student teaching evaluation score = 3.92

ESS 4624 Teaching Physical Education
Mean student teaching evaluation score = 3.96

Fall 2020:

ESS 4624 Teaching Physical Education
Mean student teaching evaluation score = 3.78

ESS 5354 Coaching of Sports: Youth Participants
Mean student teaching evaluation score = 3.73

Spring 2020:

ESS 4624 Teaching Physical Education
Mean student teaching evaluation score = 4.00

ESS 5353 Curriculum Design, Implementation and Evaluation in Diverse Physical Activity Settings
Mean student teaching evaluation score = 3.83

Fall 2019:

ESS 3325 Applied Assessment of Physical Activity
Mean student teaching evaluation score = 3.70

ESS 4624 Teaching Physical Education:
Mean student teaching evaluation score = 3.78

Spring 2019:

ESS 3325 Applied Assessment of Physical Activity
Mean student teaching evaluation score = 3.64

ESS 4624 Teaching Physical Education:
Mean student teaching evaluation = 3.57

Fall 2018:

ESS 3325 Applied Assessment of Physical Activity: Fall 2018
Mean student teaching evaluation score = 3.51

ESS 4624 Teaching Physical Education: Fall 2018
Mean student teaching evaluation score = 3.80

Spring 2018:

ESS 3325 Applied Assessment of Physical Activity: Spring, 2018
Mean student teaching evaluation score = 3.63

ESS 4624 Teaching Physical Education: Spring, 2018
Mean student teaching evaluation score = 3.44

Fall 2017:

ESS 3325 Applied Assessment of Physical Activity: Fall, 2017
Mean student teaching evaluation score = 3.58

ESS 4624 Teaching Physical Education: Fall, 2017
Mean student teaching evaluation score = 3.72

ESS 5353 Curriculum Design, Implementation and Evaluation in Diverse Physical Activity Settings =
Mean student teaching evaluation score = 3.58

Spring 2017:

ESS 3325 Applied Assessment of Physical Activity: Spring, 2017
Mean student teaching evaluation score = 3.85

ESS 4624 Teaching Physical Education: Spring, 2017
Mean student teaching evaluation score = 3.77

Fall 2016:

ESS 3325 Applied Assessment of Physical Activity: Fall, 2016
Mean student teaching evaluation score = 3.88

ESS 4624 Teaching Physical Education: Fall, 2016
Mean student teaching evaluation score = 3.88

Spring 2016:

ESS 3325 Applied Assessment of Physical Activity: Spring, 2016
Mean student teaching evaluation score = 3.81

ESS 4624 Teaching Physical Education: Spring, 2015: Spring, 2016.
Mean student teaching evaluation = 3.95

Fall 2015:

ESS 3325 Applied Assessment of Physical Activity: Fall, 2015.
Mean student teaching evaluation = 3.68

ESS 4624 Teaching Physical Education: Fall, 2015.
Mean student teaching evaluation = 3.88

ESS 5353 Curriculum and Instruction of Physical Activity and Sport: Fall, 2015.
Mean student teaching evaluation = 3.67

Spring 2015:

ESS 3325 Applied Assessment of Physical Activity: Spring, 2015.
Mean student teaching evaluation = 3.56

ESS 4624 Teaching Physical Education: Spring, 2015.
Mean student teaching evaluation score = 3.38

Fall 2014:

ESS 3325 Applied Assessment of Physical Activity: Fall, 2014.
Mean student teaching evaluation score = 3.94

ESS 5353 Curriculum and Instruction of Physical Activity: Fall, 2014.
Mean student teaching evaluation score = 3.82

Spring 2014:

ESS 3325 Applied Assessment of Physical Activity: Spring, 2014.
Mean student teaching evaluation score = 3.67

ESS 4351 Measurement and Evaluation: Spring, 2014.
Mean student teaching evaluation score = 3.77

ESS 3325 Applied Assessment of Physical Activity: Summer I, 2014.
Mean student teaching evaluation score = 3.81

Courses Taught: Texas Tech University
Courses are listed in order from Graduate to Freshmen level.

ESS 5347 Practicum in Teaching Physical Education and Sport
ESS 5341 Curriculum and Instruction in Physical Education and Sport
ESS 5317 Seminar in Curriculum and Instruction: Outdoor and Adventure Education
ESS 5315 Graduate Research Methods:
ESS 5309 Children in Sport
ESS 4392 Undergraduate Research Methods
ESS 4345 Assessment of Physical Performance
ESS 5309 Children in Sport
ESS 4445 School Based Physical Education
EDSE 4311 Curriculum Design and Assessment
EDSE 4320 Instructional Methods
RLS 4300 Internship in Exercise and Sport Sciences
ESS 3345 Adapted Physical Activities
ESS 3314 Life Span Motor Development
ESS 3313 Motor Skill Development for Elementary-Age Children
ESS 3306 Emergency Response
ESS 3201 Coaching of Sports
ESS 3200 Coaching of Tennis
ESS 2201 Team Sports for Elementary Aged Children
ESS 2112 Racquet Activities
ESS 2205 Practicum in Teaching Physical Education
ESS 1201 Concepts of Kinesiology

C. Graduate Theses/Dissertations, Culminating projects or Exit Committees (if supervisor, please indicate):

Leslie Adamson. Adolescent females' perceptions of the effect of menstruation on athletic performance. Leslie is on track to present her final culminating project in April, 2023.

Cody Capistran. The development of non-traditional Physical Activities on students' motivation to participate. Cody was on track to graduate in May, 2023 however personal factors have caused him to pause his degree plans.

Denali Diaz-Torres., The intersectionality of Self-Determination Theory, Personal and Social Responsibility model in Outdoor/Adventure Education. December 2021. My role on this project was director/supervisor.

Leanna Gray., The relationship between coaches' supportive environments and the confidence in injury reporting among high-school athletes: A self-determination perspective. This research project successfully culminated in December, 2018. My role on this project is director/supervisor.

Stacy Meinke., The relationship between coaches' supportive environments and the confidence in injury reporting among high-school athletes: A self-determination perspective. This research project successfully culminated in December, 2018. My role on this project is director/supervisor. This is the same project as above as both students collaborated.

Roddy Bagley., Coach/athlete perceptions of autonomy, relatedness and competence: Supported environment or "let's just play ball." This research project successfully culminated in May, 2016. My role on this project is director/supervisor

Dannon Cox., Project Based Learning in a Cambodian school: Observations and lessons learned. This research project successfully culminated in May, 2016. My role on this research project is director/supervisor.

Bennett Rack., The relationship between disability and fear avoidance constructs in athletes with acute musculoskeletal injuries. My role on this project was committee member. Student successfully defended their thesis June, 2014.

Weihong Ning., Effects of warm-up activities on college students' situational motivation and physical activity levels. My role on this project was committee member. Student successfully completed and defended his dissertation March, 2014.

Alberto Saul Moncada., The influence of weight status on self-efficacy and motor proficiency. My role on this project was committee chair/major advisor. Student successfully defended his dissertation in May, 2012. Texas Tech University.

McKibben Jonathan., The relationship between tic severity and state anxiety in children with Tourette's Syndrome. Student successfully defended his thesis in May 2012. My role on this project is committee member. Texas Tech University.

Wesley,C.M., Primal fitness: A preliminary investigation into improving health-related components of fitness among adolescents. Successfully defended his Masters Research project in March, 2012. My role on this committee was chair/major advisor. Texas Tech University.

Ferkel, R., Relationship among health-related fitness knowledge, physical fitness, and physical activity. Student successfully defended his dissertation in April, 2011. My role on this project was dissertation committee member. Texas Tech University.

Gilinsky, N., Physical Activity and Self-Regulatory Capabilities: Examining relationships with academic self-efficacy and academic outcomes. Student successfully defended her dissertation in April, 2011. My role on this project was dissertation committee member. Texas Tech University.

Losleban, S., Goal setting strategies and their relationship to the trait/state anxiety dichotomy. Student successfully defended her thesis in April 2010. My role on the thesis was committee member. Texas Tech University.

D. Courses Prepared and Curriculum Development

Texas State University
ESS 5355 Developmental Sport Education II.
ESS 5110 Research Seminar
ESS 5344 Curriculum and Instruction in Physical Activity Settings

Texas Tech University
ESS 5341 Curriculum and Instruction in Physical Education and Sport
ESS 5317 Seminar in Curriculum and Instruction: Outdoor and Adventure Activities
ESS 4345 Assessment of Physical Performance
ESS 4445 School Based Physical Education
ESS 3306 Emergency Response

III. SCHOLARLY/CREATIVE

A. Works in Print (including accepted, forthcoming, in press)

1. Books (refereed unless indicated)

d. Chapters in Books:

Griffin, L.K., & Adams, N.J. (2017). Self-determination theory and the adolescent. In Wehmeyer, M.L., Shogren, K.A., Little, T.D., & Lopez, S.J. (Eds.) *Handbook of the development of self-determination.* New York: Springer.

Meaney, K.S. & **Griffin, L.K.** (2010). Designing curriculum action research in service-learning. In Miller, M.P. & Nendel, J.D. (Eds.), *Service-Learning in Physical Education and Related Professions: A Global Perspective.* (pp. 205-215). Sudbury, MA: Jones & Bartlett Publishers.

2. Articles

a. Refereed Journal Articles:

Kipp, L.E., Meaney, K.S. & **Griffin, L.K.** (2021) A Mastery motivational climate-based service-learning program: Physical and psychosocial benefits among underserved children. *78 (1).*

Griffin, L.K. (2020). Outdoor Adventure Education: Exploring the possibilities. *Kinesiology Review, 9* (4). https://doi.org/10.1123/kr.2020-0041.

Griffin, L.K., Meaney, K.S. & Deringer, S.A. (2020). "Until I'm just too old to turn the pedals': Exploring motivational characteristics of participants in a high school mountain bike program. *Journal of Outdoor Recreation, Education and Leadership, 12,* (4). http://dx.doi.org/10.18666/JOREL-2020-V12-I4-10182

Deringer, S.A., Hodges, J.S., & **Griffin, L.K.,** (2020). Mindfulness as a tool for place-based educators. *Journal of Outdoor Environmental Education, 23,* 121-135. https://doi.org/10.1007/s42322-020-00053-8

Deringer, S.A., Hanley, A.W., Hodges, J.S., & **Griffin, L.K.** (2020). Improving ecological behavior in outdoor recreation through mindfulness interventions: A mixed methods inquiry. *The Journal of Outdoor Recreation, Education and Leadership, 12,* (2). https://doi: http://dx.doi.org/10.18666/JOREL-2020-V12-I2-9802

Griffin, L.K, Hart, M.A., & Wesley, C.M. (2017). Primal Fitness Movement Curriculum and the motivational benefits to adolescents. *The Physical Educator, 74 (4).* doi: http://dx.doi.org/10.18666/TPE-2017-V74-I4-6319.

Krishnan, S., Tokar, T.N., Boylan, M.M., **Griffin, K.,** Feng, Du., Mcmurry, L., Esperat, C., & Cooper, J.A. (2015). Zumba ® dance improves health in overweight/obese or type 2 diabetic women. *The American Journal of Health Behavior, 39,* 109-120.

Ferkel, R.C., Judge, L.W., Stodden, D.F., & **Griffin, L.K.** (2014). The importance of health-related fitness knowledge in physical education through the principles of self-determination theory. *Indiana AHPERD Journal, 42 (2),* 11-15. ***This is a similar title to a (2014) publication by the same authors however, the manuscript is different. This manuscript focuses on the psychosocial aspects of the project whereas the previous article focused on cognitive knowledge. In addition, the work was the result of Dr. Rick Ferkel who was a graduate student at the time.**

Griffin, L.K., Wang, E., & Hart, M.A. (2014). Measuring fitness actions and dispositions toward physical activity: Validation of a self-report instrument. *The Physical Educator, 71 (1),* 1-15.

Ferkel, R.C., Judge, L.W., Stodden, D.F., & **Griffin, L.K.** (2014). The importance of health-related fitness knowledge to increasing physical activity and physical fitness. *The Physical Educator, 71 (2),* 218-233.

Griffin, L.K., Hart, M.A., & Wesley, C.M. (2013). Primal Fitness: A Preliminary investigation into improving health-related components of fitness among adolescents. *The Global Journal of Health and Physical Education Pedagogy.2 (2),* 152-164.

Griffin, L.K., Meaney, K.S., & Hart, M.A. (2013) The impact of a mastery motivational climate on obese and overweight children's commitment to and enjoyment of physical activity: A pilot study. *American Journal of Health Education, 44 (4),* 1-8.

Meaney, K.S., Hart, M.A., & **Griffin, L.K.** (2011). Do you hear what I hear? Overweight children's perceptions of different physical activity settings. *Journal of Teaching in Physical Education, 30,* 393-409.

Meaney, K.S., **Griffin, L.K.,** & Bohler, H.R. (2009). Service-learning: A Venue for enhancing pre-service educators' knowledge base for teaching. *International Journal for the Scholarship of Teaching and Learning, 3 (2),* 1-17. Http://academics.georgiasouthern.edu/ijsotl/v3n2/articles/_MeaneyGriffinBohler/index.htm.

Meaney, K.S., Hart, M.A., & **Griffin, L.K.,** (2009). Fun & Fit, phase I: A Program for overweight African-American and Hispanic children from low-income families. *Journal of Physical Education Recreation and Dance, 80 (6),* 35-39.

Meaney, K. S., **Griffin, L. K**., & Hart, M.A. (2005). The effect of model similarity on girls' motor performance. *Journal of Teaching in Physical Education, 24,* 165-178.

b. Other Published Works:

Griffin, L.K. (2013). Physical Education Requirements. In David C. Wiley and Amy C. Cory (Eds.), *Encyclopedia of School Health.* Copyright Sage Publications, Thousand Oaks, CA. Peer reviewed non-data based encyclopedia entry. 448-450.

Griffin, L.K. (2013). The National Standards. In David C. Wiley and Amy C. Cory (Eds.), *Encyclopedia of School Health.* Copyright Sage Publications, Thousand Oaks, CA. Peer reviewed non-data based encyclopedia entry. 450-454

Meaney, K.S. & **Griffin, L.K.** (2011). Designing Curriculum Action Research in Service Learning. *Service-Learning in Physical Education and Related Professions: A Global Perspective.* Copyright Jones and Bartlett Publishers, Sudbury Mass. Peer reviewed non-data based book chapter.

B. Works not in Print

1. Papers Presented at Professional Meetings:

Griffin, L.K., Outdoor Adventure Education: Exploring the possibilities. American Kinesiology Association 13th Annual Workshop and Conference, American Kinesiology Association. (January 16, 2020 - January 25, 2020).

Dugie, M., & Corsi, N. (2017) Psychosocial outcomes and physical activity levels of children participating in the Fun & Fit4 Life Program. Dr. Kipp, Dr. Meaney and **Dr. Griffin** served as project mentors for this presentation. Texas Chapter of the American College of Sports Medicine Conference.

Meaney, K.M., Rainey, R., & **Griffin, L.K.** Fun & Fit 4 Life: Immersing graduate PETE students in experiential learning. Presentation at the Physical Education/Teacher Education conference. (Atlanta, GA. October, 2015).

Griffin, L.K., Podlog, L., & Meaney, K.S. "Climb to Freedom": Autonomy, competence and relatedness of university students in the sport of rock climbing. Paper presented at the Society of Health and Physical Educators. Seattle, WA. (March, 2015).

Griffin, L.K., & Meaney, K.S. The Self-determined beliefs of high-school students participating in an after-school mountain bike program. Paper presented at the Society of Health and Physical Educators. Seattle, WA. (March, 2015).

Griffin, L.K., Hart, M.A., & Wesley, C.M. Primal Fitness Movement Curriculum and the motivational benefits to adolescents. Paper presented at the American Alliance for Health Exercise and Sport Sciences. St. Louis, MO. (March, 2014)

Meaney, K.S., Ahrens, J., Rainey, R., An, J., Wright, M., & **Griffin, L. Kent.** Beyond the classroom: Innovative community partnerships and professional preparation. Workshop presented at the American Alliance for Health, Exercise and Sport Sciences National Conference. St. Louis, MO. (March, 2014).

Griffin, L.K., & Gilinsky, N.J., American Alliance for Health, Physical Education, Recreation and Dance National Conference, AAHPERD. "The Relationship between self-regulatory behaviors and physical activity: The Underlying mechanism? (April, 2013). "Sharing Research Across the AAHPERD Disciplines" includes the highest rated research presented in poster format in each of the areas considered by the Research Consortium**.**

Griffin, L.K., Meaney., K.S., Weiller, K., & Zhang, T. Service-learning programs' impact on pre-service educators' learning outcomes. Paper presented at the 2012 Physical Education Teacher Education Conference, National Association for Sport and Physical Activity. Las Vegas, NV (October, 2012).

Griffin, L.K., & Gilinsky, N.J., American Alliance for Health, Physical Education, Recreation and Dance National Conference, AAHPERD, Boston Mass. "Physical activity and self-regulatory capabilities: A Relationship investigation." (March, 2012). Sharing Research Across HPERD Disciplines" includes the highest rated research presented in poster format in each of the areas considered by the Research Consortium**.** Due to conference cancellation this presentation did not occur, however, it was officially reviewed and accepted.

Stodden, D., **Griffin, L.K.,** & Ferkel, R. American Alliance for Health, Physical Education, Recreation and Dance National Conference, AAHPERD, Boston Mass. "The Relationship between Health-Related fitness knowledge and physical fitness." (March, 2012).

Gilinsky, N.J., & **Griffin, L.K.** Lubbock ISD Summer Leadership Institute, Lubbock ISD, Lubbock Texas, "Physical activity and academic self-regulation.," Regional, peer-reviewed/refereed, published in proceedings. (June 7, 2011).

Gilinsky, N.J., & **Griffin, L.K.** American Educational Researchers Association (AERA), New Orleans, Louisiana, "Self-Regulatory capabilities and cognitive functioning," International, peer-reviewed/refereed, published in proceedings. (April, 2011).

Griffin, L.K., Meaney, K.S., & Hart, M.A. American Alliance for Health, Physical Education, Recreation and Dance National Conference, AAHPERD, San Diego California, "Kids' sense of enjoyment in the Fun & Fit program: An Intervention program for overweight minority children.," National, peer-reviewed/refereed, published in proceedings. (April 2, 2011).

Meaney, K. S., & **Griffin, L.K.** "Service-Learning in the HPERD disciplines: Models of best practice.," Paper presented at the 2010 American Alliance for Health, Physical Education, Recreation, and Dance Convention, Baltimore, MD. (March, 2010)

Meaney, K., Hart, M., & **Griffin, L.** "Do You Hear What I Hear?" Listening to overweight children's suggestions for creating a Fun & Fit climate in physical education." Paper presented at the 2009 Physical Education Teacher Education Conference, National Association for Sport and Physical Activity, Myrtle Beach South Carolina, (October, 2009)

Meaney, K. S., Hart, M. A., & **Griffin, L. K.,** Knowles, P., Kopf, K., & Chilton, J. FUN & FIT phase II: Assessment of an after-school service-learning program for overweight African-American and Hispanic children living in poverty. Paper presented at the 2007 annual American Alliance for Health, Physical Education, Recreation, and Dance Convention, Baltimore, MD. (March, 2007).

Hart, M., Meaney, K.S., & **Griffin, K.** Practical applications for research in motor development and learning. Paper presented at the annual American Alliance of Health, Physical Education, Recreation and Dance Convention, Salt Lake City Utah. (April 2006).

Griffin, L. K., & Meaney, K. S. Practical applications for research in motor development and learning: Modeling and motor performance: Applying research to enhance instruction. Paper presented at the annual American Alliance for Health, Physical Education, Recreation, and Dance Convention, Salt Lake City, Utah. (April 2006).

Meaney, K. S., & **Griffin, L. K.,** Tustin, J., Sell, S., & Kopf, K. FUN & FIT phase I: Developing and implementing an after-school program for overweight African-American and Hispanic children living in poverty. "Research Consortium Poster Social Sharing Research Across HPERD Disciplines" includes the highest rated research presented in poster format in each of the areas considered by the Research Consortium. Paper presented annual American Alliance for Health, Physical Education, Recreation, and Dance Convention, Salt Lake City, Utah. (April 2006).

Meaney, K.S., Hart, M. A., & **Griffin, L. K.,** Kopf, K. & Chilton, J. An east-side education: Enhancing pre-service teachers' cultural competence for teaching through outreach, research, and service learning programs. Paper presented at the National Physical Education Teacher Education Conference, Long Beach, CA. (October 2006).

Meaney, K. S., **Griffin, L. K.,** Turnbow, K. A., & Bohler, H. R. Impact of an individualized motor skill development program on pre-service educator's knowledge base. Paper presented at the annual American Alliance for Health, Physical Education, Recreation and Dance Convention, Philadelphia, PA. (April, 2003).

Meaney, K. S., Bohler, H. R., & **Griffin, L. K**., A motor skill development program: Creating venues for reciprocal learning. Presented at the National Physical Education Teacher Education Conference, Baton Rouge, LA. (October, 2003).

Griffin, K. & Meaney, K.S. Modeling and motor performance: An Examination of model similarity and model type on children's motor performance. Paper accepted for presentation at the American Alliance for Health, Physical Education, Recreation and Dance Convention, Orlando, Florida. (March, 2000).

Meaney, K. S., Hayashi, C. T., & **Griffin, L. K.** Motor skill development in children: A social-cognitive examination. Paper presented at the annual American Alliance for Health, Physical Education, Recreation and Dance Convention, Orlando, Florida. [Meaney, K. S., Hayashi, C. T., & Griffin, L. K. (March 2000). Motor skill development in children: A social cognitive examination. *Research Quarterly for Exercise and Sport, 71* (Suppl.) A92]

Meaney, K. S., Dornier, L. A., & **Griffin L. K**. Using numbers and words to assess children's motor skill learning. Paper presented at the annual American Alliance for Health, Physical Education, Recreation and Dance Convention, Orlando, Florida. (March, 2000).

Griffin, L. K., & Meaney, K. S. Modeling and motor performance: An examination of model similarity and model type on children's motor performance. Paper presented at the annual American Alliance for Health, Physical Education, Recreation and Dance Convention, Orlando, Florida. [Griffin, L. K. & Meaney, K.S. (March, 2000). Modeling and motor performance: An examination of model similarity and model type on children's motor performance. *Research Quarterly for Exercise and Sport*].

Meaney, K.S., Dornier, L.A., **Griffin, L.K.,** & Puckett, T.L. Examining student evaluations as a means of assessing teaching effectiveness. Paper presented at the annual American Alliance of Health, Physical Education, Recreation, and Dance Convention, Reno Nevada, April, 1998.

Griffin, L.K., & Meaney, K.S. Modeling and motor performance: An examination of model and observer similarity on the acquisition, retention, and transfer of a novel motor task. Paper presented at the annual American Alliance of Health, Physical Education, Recreation and Dance Convention, Reno Nevada, April, 1998.

Meaney, K. S., Dornier, L. A., **Griffin, L. K.,** & Puckett, T. Examining student evaluations as a means of assessing teaching effectiveness. Paper presented at the annual American Alliance for Health Physical Education, Recreation, and Dance Convention, Reno, Nevada, April 1998.

[Meaney, K. S., Dornier L. A., Griffin, L. K., & Puckett, T. (March 1998). [Examining student evaluations as a means of assessing teaching effectiveness. *Research Quarterly for Exercise and Sport, 69* (Suppl.) A95]

2. Invited Talks, Lectures, and Presentations:

Guest lecturer in REC 1310, "Spring Lake Outdoor Education Program."

Guest lecturer in ESS 5346, ESS 4624, and HED 2340 at Texas State University.

Guest speaker for the San Marcos Consolidated Independent School District Physical Education teacher in-service program.

Consultancies:

San Marcos Independent School District, *Secondary Physical Education Outdoor Program and the Texas Parks and Wildlife Co-op Grant.* This grant was awarded to the SMCISD School in the amount of $49,200.00. My role on the grant was to guide the Physical Education Coordinator and three teachers through the grant process. In addition, I reviewed the grant proposal and made necessary edits through three rounds.

Del Rio ISD, *Interdisciplinary Teaching Through Physical Education*, October 2015.
I helped to plan and implement an 8-hour teacher in-service for 56 Physical Education teachers in Del Rio, Texas.

4. Workshops:

Griffin, L.K. (2020). Northeast Independent School District teacher in-service day. Teaching shelter building in the time of storm.

Griffin, L.K. (2020). National Interscholastic Cycling Association Texas Leader's Summit: Why do these kids do the things they do? Presented to parents and coaches concerning teenagers' identity development.

Griffin, L.K. (2015). National Interscholastic Cycling Association Texas Leader's Summit: Motivating today's teenagers: Finding the "hook." Presented information to future coaches, administrators and volunteers.

Griffin, L.K., & Wagner, A.L. (2015). National Interscholastic Cycling Association Leaders Summit: How to recruit, organize and implement an effective team program. Presented information to future coaches, administrators and volunteers.

Griffin, L.K. (2013). National Interscholastic Cycling Association Leaders Summit: Creating the motivation climate for adolescents. Presented recent research and future direction in the training of Cycling Coaches for the association.

Meaney, K.S., **Griffin, L.K.,** & Bohler, H. (2009). FITNESSGRAM measurement workshop for Region 12 Physical Education teachers. Lubbock, Texas.

5. Other Works not in Print:

a. Works"submitted" or "under review"

b. Works "in progress"

Griffin, L.K., & Deringer, S.A. (in progress). The impact of an Outdoor/Adventure curriculum on pre-service educators' teacher efficacy. Expected submission January, 2024.

Deringer, S.A., **Griffin, L.K.,** (in progress). The impact of mindfulness on nature connection in nearby nature settings. Expected submission October, 2023

Diaz-Torres, D., **Griffin, L.K.,** Derringer, S.A., & Kipp, L.E. (in progress). The integration of Self Determination Theory and the Personal and Social Responsibility Model in Outdoor Education: The confluence of two streams of thought.

Deringer, S.A., **Griffin, L.K.,** Dussler, R.A & Thomas, A. (2021) Texas Parks and Wildlife Co-op Grant for the Spring Lake Outdoor Education Project. The grant provides resources to examine the impact of experiential education programming on underserved youth participating in the Spring Lake Outdoor Education Project. $60,000.00 (in review). A decision is expected in March, 2022.

C. Grants and Contracts

1. Funded External Grants and Contracts:

Deringer, S.A., **Griffin, L.K.,** Thomas, A., & Dussler, R. (2022). Strengthening Experiential Education Opportunities in Central Texas. Extension of the Spring Lake Outdoor Education Project. Texas Parks and Wildlife Co-Op Grant. The grant provides resources to implement and maintain experiential education programming on underserved youth participating in the Spring Lake Outdoor Education Project. **My role on this grant is Co-P.I.** Dr. Deringer is P.I. The award amount is $59,920.00.

Griffin, L.K., Deringer, S.A., Thomas, A., & Dussler, R. (2020). Extension of the Spring Lake Outdoor Education Project. Texas Parks and Wildlife Co-Op Grant. The grant provides resources to examine the impact of experiential education programming on underserved youth participating in the Spring Lake Outdoor Education Project. **My role on this grant is P.I.** The award amount is $59,000.00

Griffin, L.K., Meaney, K.S., & Kipp, L.E. (2018). United Way of Hay's County Grant. Funding is for the Cycling 4 Fitness & 4Life youth development mountain bike program. This

grant supports youth development for high school students in Hay's County. **My role on this grant is P.I.** The award amount is $5,000.00.

Meaney, K.S., & **Griffin, L.K. &** Kipp, L.E. (2018). United Way of Hay's County Grant. Funding is for the Fun & Fit 4 Life Summer Camp. This camp provides children from low-income San Marcos households innovative, fun, and purposeful experiences related to positive youth development, physical activity, health, and college readiness. **My role on this grant is Co-P.I.** Dr. Karen Meaney is P.I.

Deringer, S. A., **Griffin, L.K.,** & Thomas, A. (2017). *Strengthening experiential education opportunities in central Texas.* Texas Parks and Wildlife Co-Op Grant. Grant provides resources to examine the impact of experiential education programming on underserved youth participating in an after-school program. $49,451. My role on this grant was Co-PI

Griffin, L.K., Meaney, K.S., & Kipp, L.E. (2016). United Way of Hay's County Grant. Funding is for the Cycling4 Fitness and 4Life Youth development program at San Marcos High School. The program targets youth who may be struggling financially, academically or psycho-socially. **My role on this grant is P.I.**

Meaney, K.S., & **Griffin, L.K.** (2016). United Way of Hay's County Grant. Funding is for the Fun & Fit 4 Life Summer Camp. This camp provides children from low-income San Marcos households innovative, fun, and purposeful experiences related to positive youth development, physical activity, health, and college readiness. **My role on this grant is Co-P.I.** Dr. Karen Meaney is P.I. The award amount is $6,000.00.

Ridley, S. (2011). *East Lubbock Promise Neighborhood Grant*. U.S. Department of Education. **My role on this grant was a co-author for the Physical Education Plan. Many other authors contributed to the overall project as this was a multi-disciplinary grant with departments from across Texas Tech University.** The grant was a five year project in which several schools participated. Award amount for the entire grant was $24,500,000.00. The Exercise Sport Sciences department's part of the grant is $2,400,000.00 for five years of a physical activity program. Specifically, I would have been one of four individuals implementing and assessing an after school physical education program. **Note: Due to a change in positions I was not able to implement this grant.**

Krishnan, S., Tokar, T.N., Boylan, M.M., **Griffin, K.,** Feng, Du., Mcmurry, L., Esperat, C., & Cooper, J.A (2012). *Zumba Latin Dance Class Intervention in a Type 2 Diabetic Population*. Laura Bush Foundation. **My role in this project is Co-Principal investigator.** Specifically, I collected and analyzed data regarding the participants' motivational approach to exercise. I also contributed to the writing of the psycho-social paragraphs. $19,000. Awarded in May, 2012. Program has been completed and a presentation and publication resulted.

Griffin, L.K., *Cycle 4 Fitness and 4 Life. Helen Jones Foundation Grant.* **My role on this project was primary investigator (PI).** The Grant was funded at $18,000.00 and was to begin in the Fall of 2013. **I did not implement the grant due to a change in academic position and the grant was a local foundation for the Lubbock area.**

2. Submitted, but not Funded, External Grants and Contracts:

Griffin, Luther K., Deringer, Stephen A., Thomas, Allie, Kipp, Lindsay E., Dussler, Rob, Norton, Christine L., Forsythe, Michelle E. Big Idea Proposal: Spring Lake Outdoor Education Program (SLOEP), Texas State University, Texas State University. Currently Under Review: (Submitted: November 2021). Grant.

Griffin, L.K., *The Impact of a TGFU unit on teacher and student motivation.* Proposal submitted to the American Alliance for Health, Physical Education, Recreation, and Dance-Research Consortium, Fall 2011, $7,500.00

Gao, Z., Lochbaum, M., **Griffin, L.K.,** & Burley, H. *The Effect of Take 10! on Children's Physical Fitness and behaviors*(G). Proposal submitted to the American Alliance for Health, Physical Education, Recreation, and Dance-Research Consortium, Fall 2011, $7,500.00

Griffin, L.K., Gao, Z., Stodden, D., Lochbaum, M. & Bae, S. *Teacher's Perspectives of Teaching Games for Understanding; A self-determination perspective*. Proposal submitted to the American Alliance for Health, Physical Education, Recreation, and Dance-Research Consortium, Fall 2010, $8,000.00

Stodden, D., Hart, M.A., Meaney K.S., Roncesvalles, M.N., **Griffin,L.K.,** & Boros, R.L. *The Effect of Motor Skill Competence on Obesity in Latino Children and Adolescents.*(G) Proposal submitted to the Robert Wood Johnson Foundation, Spring 2009, $75,000.00

Hart, M.A., Meaney, K.S., **Griffin, L.K.,** Sawyer, R., Stodden, D., & Roncesvalles, M.N. *Tahoka 2-Step: Increasing Physical Activity and Healthy Lifestyle Choices.*(G). Proposal submitted to the U.S. Department of Education – Carol M. White Physical Education Program (PEP), Spring 2009, $612,880.00.

Meaney, K.S., Williams, J., & **Griffin, L. K.** *A coordinated approach to child health: Implementing the CATCH curriculum in the Lubbock Independent School District.* Proposal submitted to the Carol M. White Physical Education Program, U.S. Department of Education, Spring 2003, $395,000.

Griffin, L.K. Youth development/tomorrow's leaders. C.H. Foundation. Proposed funding amount $40,000.00

Griffin, L.K. At risk behavior management program. Cash Foundation. Proposed funding amount $20,000.00.

3. Funded Internal Grants and Contracts:

Kipp, L.E., **Griffin, L.K.,** Deringer, S.A., Metter, J.A., & Forsythe, M.E. (2020). Enhancing mental and physical health of children and adolescents through innovative afterschool programs, College of Education Social Innovation Research Accelerator, Texas State University, $13,396.00. (Submitted: October 2019, Funded: January 2020 - May 2021). Social_innovation_funded_email-1.pdf

Griffin, L.K., & Meaney, K.S. (2014). *Cycling4Fitness and 4Life: A Positive Youth Development Program.* Texas State University Research Enhancement Program Grant. . Funded amount is $15,860.00 (submitted 2014 awarded 2015).

4. Submitted, but not Funded, Internal Grants and Contracts:

Griffin, L.K, & Deringer, S.A. The impact of a border wall on nature and environmental perceptions. Research Enhancement Program grant (REP). Texas State University, $12,000.00

Deringer, S. A., Hanley, A W. Browning, M., Dussler, M. R., **Griffin, Luther K.** Learning through virtual reality: The impact of a border wall on nature connection and ecological behavior., Big Ideas, Texas State University, $25,000.00. Currently Under Review: (Expected Submission: October 2020, Submitted: October 2020). Grant.

Griffin, L.K., & Meaney, K.S. (2014). *Cycling4Fitness and 4Life: A Positive Youth Development Program.* Texas State University Research Enhancement Program Grant. (Submitted Fall, 2013)

Griffin, L.K., (2013). *Cycling4Fitness and 4Life: A Positive Youth Development Program.* Texas State University office of Equity and Access grant. (Submitted Fall, 2013).

IV. SERVICE

A. Institutional

1. University:

Member of the Quality Enhancement Plan center director search (summer 2021).

Member of the Quality Enhancement Plan Task Force (QEP). (2018-2021).

Member of the Internal Review Committee for Recreational Sports (2019).

Co-director of the Natural High Mountain Bike race conducted by the Student Recreation Center at Texas Tech University. Once per year from 2001-2012.

Scoring Judge for the “Vertical Plains” climbing competition conducted by the Student Recreation Center at Texas Tech University. 2002, 2004, 2005, 2007

Co-director for the “Cap-rock Adventure Race” conducted by the Student Recreation Center at Texas Tech University. 2002, 2003, 2005, 2007, 2008.

Search Committee for Assistant Director of Outdoor Pursuits position. (2009).

Service Learning Advisory Council (2008-2011).

Service Learning Project Selection Committee (2008-2011).

1. College:

Member-Faculty Advisory Council, College of Education (2018-2020)

Member-Teacher Education Council, College of Education- (2008-2011).

Member of the College of Education Scholarship Committee (2013-2017).

2. Department/School:

Texas State University

Member: Health and Human Performance Curriculum committee (2021-current).

Lead Mentor: Mentoring committee for Dr. John Farrell (2020-current).

Member: Mentoring committee for Dr. Anthony Deringer. (2018-present).

Chair: Exercise and Sport Sciences Graduate Admissions Committee (ESS) (Spring, 2020). I served for one semester for Dr. Kipp while she was on leave.

Member: Health and Human Performance Department, Exercise and Sport Science Division, Graduate Admission Committee. (2015-2020).

Member: Health and Human Performance Department Scholarship Committee. (2013-2021).

Coordinator: Brennen and Smith Lecture Series: Health and Human Performance Department, Exercise and Sport Science Division.

Member: Health and Human Performance Department, Exercise and Sport Science Division, Graduate Writing Committee.(2015-2020).

Member: Health and Human Performance Department, Exercise and Sport Science Division, Graduate Admission Committee. (2015-2020).

Member: Health and Human Performance Department, Exercise and Sport Science Division, Graduate Curriculum Committee. (2015-current).

Texas Tech University

Member Aquatics Search Committee, 2004, 2005, 2006-Texas Tech University.

Member Pedagogy Search Committee, 2003-Texas Tech University.

Member Health Search Committee, 2006-Texas Tech University.

Member of Tradition and Pride Committee. 2004, 2005, 2006, 2007-Texas Tech University.

Member of the Executive Committee. 2007-2012-Texas Tech University.

Member of Chair Search Committee. 2008-Texas Tech University.

Member of the Personal Fitness and Wellness Program Coordinator Search Committee.2008-Texas Tech University.

B. Professional:

Reviewer for the Journal of Outdoor Recreation, Education and Leadership (Reviewed two Manuscripts). (2022).

Reviewer for the Journal of Sports Sciences (Two manuscripts and one revised manuscript reviewed). (2022).

Texas Association for Health, Physical Education Recreation and Dance Chair for Adventure Education. The responsibilities include serving as a liaison to Texas schools for adventure education programs. In addition, this position required the planning for both the summer conference and the annual conference presentations and program. This is an elected position.

Texas Association for Health, Physical Education Recreation and Dance Chair elect for Adventure Education. The responsibilities include serving as a liaison to Texas schools for adventure education programs. In addition, this position required the planning for both the summer conference and the annual conference presentations and program. This is an elected position.

Association for Experiential Education (AEE) program accreditation reviewer (2020-Current).

Association for Outdoor Recreation and Education: Conference presentations reviewer. I reviewed 14 program proposals for the 2021 Virtual conference.

Association for Outdoor Recreation and Education: Conference presentations reviewer. I reviewed 22 program proposals for the 2020 conference.

Association for Experiential Education: Conference presentation reviewer. I reviewed 9 program presentation proposals for the 2020 conference.

Presenter: Teacher continuing education in-service program at Del Rio Public Schools. Topic: Interdisciplinary learning through physical activity. Co-presenters were Dr. Jennifer Ahrens and Marty Wright (2019).

Reviewer for Research Quarterly for Exercise and Sport (RQES) (Two manuscripts reviewed, 2019).

Reviewer for Journal of Teaching in Physical Education (JTPE) (1 manuscript reviewed, 2018).

C. Community:

Leader in Texas Outdoor Family Program conducted by Texas Parks and Wildlife Department. (2017).

Advisor for the School Health Advisory Council SHAC (2018-current).

Clinician for the National Scholastic Cycling Club. Bike skill training 101 & 201.

Presenter at San Marcos Kiwanis Club. Presented the after-school mountain bike club information to local club members-February 2016.

Presenter at San Marcos Lions Club. Presented the after-school mountain bike club information to local club members-January 2016.

Committee Chair for the Lubbock Trail Coalition. January 2013-July 2016.
Lubbock, Texas

Head Coach for the National Interscholastic Cycling League. Fall, 2011-Current.

Water Rescue Co-Coordinator for Buffalo Springs Lake Triathlon. 2010-2012.

Tomorrow's leaders Mountain bike clinician. Teaching 5th and 6th graders the sport of mountain biking. May, 2012.

Texas Tech FITNESSGRAM training. Workshop for area Physical Educators on the use of the FITNESSGRAM with large class sizes.

Region 17 Lubbock Independent School District. Workshop for Physical Educators and Health Educators. Movement activities to enhance your students' gym experience.

Region 17 Lubbock Independent School District. Workshop for Physical Educators and Health Educators. Non-traditional activities to enhance physical education programs.

Frenship Independent School District. Workshop for Physical Education Instructors, October 2002.

American Red Cross Volunteer. Teach various American Red Cross classes, work as a disaster team volunteer and serve on the Health and Safety Committee. 1996-2014.

Provided assistance in the Senior Sports Classic. Volunteered as a corner marshal for cycling events for senior games. 1999, 2000, 2001, 2003.

Tennis teacher for “Tennis for Everyone.” A community outreach to teach tennis to the community of Lubbock focusing on lower socio-economic and affected groups. 1997, 1998, 1999.

Volunteer for United States Tennis Association “Schools” tennis program. Worked as a volunteer coach to introduce tennis to elementary and junior high school children. 1995, 1996, 1998, 2000.

E. Service Grants and Contracts

1. Funded External Service Grants and Contracts:

Scott Bicycles Company U.S.A. $200.00 in equipment (shoes, pedals, helmets) per each bike ordered. Total of $2,000.00.

Specialized Bike Company U.S.A. $1,350.00 in discounts toward bicycles (2017/2018).