CURRICULUM VITAE

I. Academic/Professional Background

A. Name: Leia Downs Title: Assistant Professor of Instruction

B. Educational Background

Degree	*Year*	*University*	*Major*
RD	2021	Texas State University	Dietetic Internship
MS	2020	Texas State University	Human Nutrition
BFA	2004	Texas State University	Theatre

C. University Experience

Position	*University*	*Dates*
Dietetic Internship Director	Texas State University	2026-present
Assistant Professor of Instruction Family and Consumer Sciences	Texas State University	2024-present
Graduate Program Co-Coordinator Family and Consumer Sciences	Texas State University	2022-2025
Lecturer Family and Consumer Sciences	Texas State University	2023-2024
Per-Course Lecturer Family and Consumer Sciences	Texas State University	2020-2022
Graduate Instructional Assistant Ms. Karen Brasfield Human Nutrition	Texas State University	2020
Graduate Research Assistant Dr. Sylvia Crixell Human Nutrition	Texas State University	2019-2020
Graduate Instructional Assistant Ms. Deborah Fisher Human Nutrition	Texas State University	2019

D. Relevant Professional Experience

Position	*Entity*	*Dates*
Clinical Dietitian	Christus Santa Rosa New Braunfels	2022-2023
Clinical Dietitian	Christus Santa Rosa San Marcos	2022-2023

E. Other Professional Credentials

Licensed Dietitian, Texas Department of Licensing and Regulation. 2021-present

Registered Dietitian, Commission of Dietetic Registration. 2021-present

Certified NEMS Rater, The University of Pennsylvania School of Medicine and Robert Wood Johnson Foundation. 2020-present

Certified Labor Doula, Doulas of North America. 2014-2017

II. TEACHING

A. Courses Taught

Texas State University:

NUTR 5360 – NUTRITION PRACTICUM FOR DIETETIC INTERNSHIP

NUTR 5374 – ADVANCED NUTRITION & GENETICS

NUTR 4361 – BIOCHEMICAL NUTRITION

NUTR 4362 - NUTRITION AND GENETICS

NUTR 2362/2162 - FOOD SCIENCE

NUTR 2360 - NUTRITION SCIENCE

NUTR 2361 - NUTRITION ASSESSMENT

NUTR 4301 - CAREER EXPLORATION

NUTR 3362 - NUTRITION AND HEALTH

NUTR 3363 - WELLNESS NUTRITION

FCS 3303 - INTRO TO RESEARCH IN FCS

US 1100 - UNIVERSITY SEMINAR

G. Teaching Professional Development Activities Attended

University Seminar Faculty Development, Texas State University, San Marcos, TX, United States. August 14, 2025.

Graduate Advising 101, Texas State University, San Marcos, TX, United States. October 5, 2022

Graduate Student Recruitment Workshop, Texas State University, San Marcos, TX, United States. September 29, 2022

ODEL's Teaching Online at Texas State, Texas State University, San Marcos, TX, United States. August 2020.

Synchronous Distance Teaching & Learning, Texas State University, San Marcos, TX, United States. August 21, 2020

At-Risk Mental Health for University and College Faculty and Staff, Texas State University, San Marcos, TX, United States. August 10, 2019.

III. SCHOLARLY/CREATIVE

A. Works in Print

1. Articles

a. Refereed Journal Articles

Butler JL, Downs L, Johnson CM, et al. Concerns about the 'corporate capture' of The Academy article. *Public Health Nutr*. 2023;1930-1931. doi:10.1017/S1368980023000551

IV. SERVICE

A. Institutional

3. Department/School:

Chair, Dietetic Internship Admissions Committee. January 2026-present

Member, Graduate Admissions Committee. January 2026-present.

Member, CoAA Hooding Planning Committee. August 2023-present

Member, FCS Event Planning Committee. January 2023-present

Co-coordinator, Human Nutrition Graduate Program. August 2022-December 2025

Member, Graduate Recruitment Committee. August 2022-present

Coordinator, Graduate Program Information Sessions. August 2022-December 2025

Organizer, Grad School Coffee Talks. August 2022-December 2024

Co-Chair, MSHN Selection Committee. August 2022-December 2025

Member, DI Selection Committee. September 2022-December 2025

Co-organizer, MSHN/DI Annual Open House. August 2022-present

Graduate Student Mentor, Human Nutrition. August 2022-present

Participant, Working in Nutrition Sciences Journal Club. January 2021-present

Graduate Student Peer Mentor, Human Nutrition. August 2019-May 2020

B. Professional

Academy of Nutrition and Dietetics, Member. September 2018-present

Texas Academy of Nutrition and Dietetics, Member. December 2018-present

Texas Student Dietetic Association, Member. September 2019-present

Dietitians of Central Texas, Member. February 2021-present