TEXAS STATE VITA

I. ACADEMIC/PROFESSIONAL BACKGROUND

A. Name: Jim “Patrick” Harris, Ph.D., LPC **Title:** Lecturer

B. Educational Background:

Degree	*Year*	*University*	*Major*	*Thesis/ Dissertation*
Ph.D.	2022	Saybrook University	Mind-Body Medicine	The Experience of Ketamine Assisted Psychotherapy for Treatment Resistant Depression: A Qualitative Study
M.A.	2017	St Edwards University	Counseling	
B.A.	2010	Texas State University	Psychology	

C. Selected Professional Development:

Benson-Henry Institute for Mind-Body Medicine and Harvard Medical School, Course in Mind-Body Medicine- Weekend course exploring multidisciplinary research and practical applications of Mind-Body Medicine techniques, interventions, and trends in the field. *(Completed Fall 2023)*

Quality Matters- Independent Applying to QM Rubric (APPQMR): Statewide Systems. *(Completed 2020)*

D. University Experience:

Position	*University*	*Dates*
Lecturer	Texas State University	2024-present

Adjunct Instructor	Department of Counseling St Edwards University	2022-present
Adjunct Instructor	Department of Psychology Huston-Tillotson University	2019-present

II. TEACHING

A. Courses Taught:

Undergraduate Courses

PSY 1301, Introduction to Psychology: Spring 2021, Summer 2021, Fall 2021, Summer 2023
PSY 1300 Introduction to Psychology: Summer 2025 (online), Fall 2025, Spring 2026, Summer 2026 (online), Fall 2026
PSY 2308, Health Psychology: Summer 2021, Fall 2021
PSY 2313, Social Science Statistics: Fall 2023
PSY 3309, Personality Psychology: Spring 2020 (online), Summer 2020
PS 3310, Social Psychology: Fall 2020 (online), Summer 2021, Spring 2022, Fall 2022
PSY 3312, Adolescent Psychology: Spring 2025
PSY 3313, Professional Development: Spring 201, Summer 2021, Summer 2023
PSY 3314, Theories in Psychology: Spring 2020 (online), Summer 2020, Fall 2021
PSY 3315, Psychopathology: Fall 2024, Spring 2025, Fall 2025, Spring 2026, Fall 2026
PSY 3316, Personality Psychology: Fall 2024, Fall 2025, Summer 2026 (online), Fall 2026
PSY 3331, Social Psychology: Fall 2024, Fall 2025, Fall 2026
PSY 3335, Forensic Psychology: Fall 2024, Spring 2025, Fall 2025, Fall 2026
PSY 3317, Perception and Cognition: Spring 2020 (online), Summer 2020 (online), Fall 2021
PSY 3328, Adolescent Psychology: Fall 2020 (online), Spring 2022, Fall 2023
PSY 3329, Methods in Social Research: Summer 2022
PSY 3320, Educational Psychology and Measurement: Spring 2020 (online), Summer 2020 (online), Fall 2021
PSY 3350, Cognitive Behavioral Therapies: Spring 2025, Spring 2026
PSY 3361, Health Psychology: Spring 2025, Spring 2026
PSY 4308, Counseling Theory and Application: Summer 2022
PSY 4316, Abnormal Psychology: Fall 2020 (online), Spring 2022, Fall 2023
PSY 4327, Senior Seminar: Spring 2021, Summer 2021, Fall 2021, Summer 2022

Graduate Courses

CNCO 6317, Critical Evaluations of Research: Summer 2023, Spring 2024, Summer 2026

CNCO 6354, Abnormal Human Behavior and Psychopathology: Summer 2026
CNCO 6356, Human Growth and Development: Fall 2022, Spring 2023, Summer 2023, Fall 2023, Spring 2024
CNSL 6360, Addictions Counseling: Fall 2023, Fall 2026
CNSL 6366, Integrated Mental Health Counseling: Summer 2022, Spring 2023
CNSL 6371, Crisis and Trauma Management: Fall 2023

B. Courses Prepared and Curriculum Development:

Undergraduate Courses

PSY 3314, Theories in Psychology *(Updated text, assignments, and topics)*
PSY 3328, Adolescent Psychology *(Updated text, assignments, and topics)*
PSY 4316, Abnormal Psychology *(Updated text, assignments, and topics)*

Graduate Courses

CNSL 6366, Integrated Mental Health Counseling *(Developed new course for graduate program)*
CNSL 6367, Psychedelic Therapies *(Developed new course for graduate program)*

III. SCHOLARLY/CREATIVE WORK

A. Works in Print:

1. Chapters in a Books

Eubank, C., Harris, P., & Hernandez, J. (2024). *Playful Pedagogy in Counselor Education.* In *Playful Pedagogy in Higher Education: Research and Cases Across the Disciplines* (pp. 67-83). Springer Cham. **B.**

Works not in Print:

1. Invited Presentations, Panels, and Workshops:

Harris, P. Tale of the World's Loneliest Whale. NerdNite International, Austin, Texas. 7/2025.

Harris, P. Safety and Ethical Concerns for Therapeutic Humor, Association of Applied and Therapeutic Humor, Charlotte, NC. 4/2025

Harris, P. Humor Strategies in Higher Education, Texas State University, San Marcos, TX. 12/2024

Harris, P. Humor for Trauma Response Regulation Keynote, 14th ATX Evening Retreat & Networking Gala, Austin, Texas. 12/2023

Harris, P. Ketamine: Then and Now. NerdNite International, Austin, Texas. 2/2023.

Harris, P. Ketamine Assisted Psychotherapy: A Brief History. Austin AMFT, Austin, Texas. 10/2022.

Harris, P. Humor for Co-Regulation in Relationships. Association for Applied and Therapeutic Humor, New Orleans, Louisiana. 04/2020

Harris, P. Burnout Through the Lens of Learned Helplessness: Exploring and defeating burnout in healthcare professionals, TNOYS Annual Conference, Houston, Texas. 05/2019

Harris, P. Humor to Increase Productivity, Austin Energy, Austin, Texas. 04/2019

Harris, P. Trauma Keynote, Association for Applied and Therapeutic Humor, Chicago, Illinois. 04/2019.

Harris, P. Humor in the Workplace, Austin Energy, Austin, Texas. 02/2019

IV. SERVICE

A. Departmental:

Syllabi update committee, Huston-Tillotson University, Psychology Department, 2020-2021

Syllabi update committee, Texas State University, Psychology Department, 2024-2025

Discover Day, Texas State University Round Rock, Psychology Department, 2024-2026

Discover Day, Texas State University Round Rock, Psychology Department, 2026-2027

Faculty Advisor, Texas State University, Students Advocating for Freedom Reform, 2024-2025

Bobcat Day, Texas State University, Psychology Department, 2025

B. Community:

Member: Board of Directors, Gesundheit! Institute, 2023-2025

Officer: Board of Directors, Association for Applied and Therapeutic Humor, 2021-2025

President Elect: Board of Directors, Association for Applied and Therapeutic Humor, 2025-2027

Member: Board of Directors, YMCA of Austin, 2014

C. Professional Organizations:

President: Association for Applied and Therapeutic Humor

Member: American Psychological Association

Member: Society for the Teaching of Psychology