TEXAS STATE VITA

I. Academic/Professional Background

A. Name: Alexis A. Chambers Title: Associate Professor of Instruction

B. Educational Background

Degree	*Year*	*University*	*Major*
MS	2017	Texas State University	Exercise Science
BS	2015	Texas State University	Exercise and Sports Science

C. University Experience

Position	*University*	*Dates*
Lecturer	Texas State University	August 2017 - Present
Graduate Instructional Assistant	Texas State University	August 2015 – May 2017

II. TEACHING

B. Courses Taught:

Texas State University: 2017-2025

ESS 1101	Seminar in ESS
ESS 3117	Exercise Physiology Lab
ESS 3323	Psychosocial ESS
ESS 3340	Theory and Principles of Coaching
ESS 4317	Fitness Assessment and Exercise Prescription
ESS 4318	Fitness Assessment and Exercise Prescription Practicum
ESS 4320	Resistance Training and Conditioning
ESS 4321	Assessment Practicum for Clinical Exercise Science
ESS 4333	Fitness Assessment & Programming (Special Considerations)
US 1100	University Seminar

D. Courses Prepared and Curriculum Development:

ESS 3323 – Psychosocial ESS, Course Prepared; 2024. *Note:* Created presentations, assessments, group activities

ESS 4321 – Assessment Practicum for Clinical Exercise Science, Curriculum Developed and taught course; 2020. *Note:* Created presentations, assessments, case studies, group activities

ESS 4333 - Fitness Assessment and Programming with Special Considerations, Curriculum Developed and taught course; 2020. *Note:* Created presentations, assessments, case studies, group activities

ESS 4317 - Fitness Assessment and Exercise Prescription, Course Prepared; 2017 – present. *Note*: created presentations, case studies, activities, projects, and assessment methods/rubrics.

ESS 4318 - Fitness Assessment and Exercise Prescription Practicum, Course Prepared; 2017 – present. *Note:* Created presentations, lab activities, and assessment methods/rubrics.

ESS 3340 - Theory and Principles of Coaching; Course Prepared; 2019. *Note:* Created presentations, group activities, discussion topics, and assessment methods/rubrics.

ESS 1101 - Seminar in ESS; Curriculum Developed; 2018. *Note:* Created presentations, assessments, discussion topics, guest speaker opportunities, and assessment methods/rubrics.

G. Teaching Professional Development Activities Attended

Participant. (Spring, 2025) *Supporting Neurodivergent Students in the Classroom.* Faculty Development. Texas State University, San Marcos, Texas.

Participant. (Fall, 2023) *Yuja Advanced: Editing and Captions.* ITAC Customer Engagement Team. Texas State University, San Marcos, Texas.

Participant. (Fall, 2023) *Yuja Advanced: Features for Canvas.* ITAC Customer Engagement Team. Texas State University, San Marcos, Texas.

Participant. (Fall, 2023) *Bite-Sized Ways to Motivate Your Students.* Faculty Development Team. Texas State University, San Marcos, Texas.

Participant. (Fall, 2023) *Top Hat: 10 Things You Didn't Know You Could Do with Top Hat.* Learning Applications Solutions. Texas State University, San Marcos, Texas.

Participant. (Fall, 2023) *US 1100 Faculty Development.* Office of University Seminar. Texas State University, San Marcos, Texas

Participant. (Fall, 2022) *US 1100 Faculty Development.* Office of University Seminar. Texas State University, San Marcos, Texas

Participant. (Spring, 2022) *Intro to Yuja Workshop.* ITAC Customer Engagement Team. Texas State University, San Marcos, Texas.

Participant. (Summer, 2021) *Setting Your Intentions: Inclusive Syllabi Design.* Department of Health and Human Performance. Texas State University, San Marcos, Texas.

Participant. (Summer, 2021) *Service-Learning and Excellence Workshop.* Office of Academic Affairs. Texas State University, San Marcos, Texas

Participant. (Summer, 2021) *2021 University Seminar "Quick Start" to Teaching US 1100.* Office of University Seminar. Texas State University, San Marcos, Texas

Participant. (Spring, 2021) "You've Got a Friend in Me" – *Teaching a University Seminar.* Office of University Seminar. Texas State University, San Marcos, Texas

Contributor. (October 2020) IDea Book: My Canvas Tips [Invited Post]. Office of Distance and Extended Learning. Texas State University. San Marcos, TX.

Participant. (May 2020) HHP Active learning in Large Enrollment Hybrid Course, Completion. Office of Distance and Extended Learning. Texas State University. San Marcos, TX

Presenter. (Fall, 2019) HHP Technology Committee – Canvas 101 Workshop. Texas State University, San Marcos, TX.

Participant. (Spring 2019) *Promoting Active Learning Instruction and Research (PALIR) Workshop.* Office of Distance and Extended Learning.

Participant. (Fall 2018) *Quality Matters: Building Your Online Course.* Office of Distance and Extended Learning.

III. SCHOLARLY/CREATIVE

Book Reviews:

Reviewer. (Spring 2024). *ACSM's Foundations of Strength & Conditioning, 2e..* Wolters Kluwer. Provided feedback to Wolters Kluwer on their most recent ACSM Strength and Conditioning textbook. Types of feedback included organization of content and practical case studies.

Reviewer. (Spring 2022). *ACSM's Certification Review 6th Edition.* Wolters Kluwer. Provided feedback to Wolters Kluwer on their most recent ACSM Certification Review. Type of feedback included organization of content domains, practical case studies, and layout of content for each level of certification.

IV. SERVICE

A. Institutional

1. University:
   Council Member, University Honor Code Council, Texas State University. (2023-present). This council is responsible for reviewing appeals of allegations of academic dishonesty. Honor Code meetings consist of hearing cases of academic dishonesty and reviewing evidence offered by both faculty members and students to determine if a violation of the Honor Code has occurred.

2. College:
   Committee Member, Scholarship Committee, College of Education, Texas State University, San Marcos, Texas (2018 – 2023)

3. Department/School:

   Committee Member, Scholarship Committee, Department of Health and Human Performance, Texas State University, San Marcos, Texas (2018 – 2023)

   Committee Member. Student Recruitment Committee, Department of Health and Human Performance, Texas State University, San Marcos, Texas. *Note*: Committee members serve as recruiters for the Department of Health and

Human Performance, attending Bobcat Days and the Majors Fair to recruit qualified and interested students to the Department. (2021 – present)

Administrative Coordinator. (October). Larry Turner Wheelchair Basketball Tournament *Note:* Between 15-20 teams with 4 competitive divisions, depending on the year. Plan and implement a two-day tournament for Division II, Division III, women's, military, junior varsity, and prep wheelchair basketball teams on a multi-state level. This tournament helps seed them for nationals and helps therapeutic recreation students gain knowledge and understanding of physical disabilities as it relates to adapted sport, specifically wheelchair basketball, Jowers, San Marcos, Texas. (2021 – present)

Member, Remote Instruction Consultant Team, Department of Health and Human Performance, Texas State University, San Marcos, Texas. *Note:* members assist faculty with utilizing Texas State's Learning Management System – Canvas. (2020 - present)