TEXAS STATE VITA

I. Academic/Professional Background

A. Name: Jennifer (Jen) E. Lee Title: Assistant Professor

B. Educational Background

Degree	Year	Univ	Major	Thesis/Dissertation
PhD	2008	The Univ of Iowa	Behavioral Medicine	The Psychology of Pain
MA		Mount Mercy Univ	Criminal Justice	Cancer Healthcare Navigation in Justice-affected Patients
MA	2005	The Univ of Iowa	Developmental Science	Infant and Child Cognitive and Motor Development Strategies
MA	2001	The Univ of Dayton	Clinical Psychology	Hostile Attribution Bias in Youth with Behavioral and Emotional Disorders
BA	1999	Luther College	Psychology, Spanish, Secondary Education	Emotional Intelligence and Academic Outcomes

C. Univ Experience

08/21-08/26 Adjunct Assistant Professor of Counseling (Graduate), St. Edward's University, Austin, TX
Teach graduate courses on Substance Abuse Counseling; Family Life Cycle; and Psychopathology to Clinical Mental Health Counselor and Marriage, Couple and Family Counselor adult learners (part-time, PT).

08/12-12/21 Associate Professor of Psychology, Mount Mercy Univ, Cedar Rapids, IA
Teach 75+ in-person and hybrid undergraduate and graduate psychology, sociology, and social work courses to 1400+ total students (mean course rating 4.8/5.0), such as: Introductory, Developmental, Adolescent, Abnormal, Health, and Counseling Psychology; Human Sexuality; Psychology and Sociology Internship. Roles: University Research Scholarship Director; club and sport Faculty Adviser; career/academic advising culturally (50 students annually; diverse, 1st gen, Veterans, adult returning). Faculty-nominated committees: institution evaluation/accreditation; Institutional Review Board; Faculty Development; Promotion/Tenure; and Curriculum Development. National Honor Society Faculty of Year; 5 prestigious external, student research grants (FT).

12/10-11/20 Consultant/Instructor, Univ of Iowa, Iowa City, IA
Teach stress management, holistic health, quality care/assurance, assessment, patient-centered care to medical students, physicians, social workers, nursing staff, and law students (PT 2h/wk).

08/09-08/12 Adjunct Assistant Professor of Psychology, Coe College, Cedar Rapids, IA
Teach Introductory, Experimental, and Abnormal Psychology; Statistics, Senior Seminar (Health Promotion): course curriculum, lesson plans and exams, active learning and critical thinking, and mentor careers. Also, write grants, manuscripts, and supervise large team of undergraduate researchers. Finally, research presentations, career development training and workshops, and community engagement (PT 20h/wk).

03/09-12/22 Associate Research Scientist/Adjunct Professor, Colleges Nursing and Medicine, Univ of Iowa
Principal Investigator or Coordinator of grant-funded trials examining: 1) Efficacy and assessment of non-pharmacologic (e.g., nutrition, stress reduction, exercise, Transcutaneous Electrical Nerve Stimulation) tools for cancer, knee replacement, diabetic ulcers, autoimmune diseases (fibromyalgia, multiple sclerosis). Collaborate with large team on clinical, translational trials examining psychosocial factors (e.g., anxiety, grit, family-social), strength, fatigue, pain coping and management, and health outcomes (e.g., cancer, disorders of child mood/behavior, autism-spectrum). Tasks: study coordination; research design; data collection, analysis, evaluation; participant recruitment and medical records; mentor hospital staff/students; manuscripts; manage NIH grants; and hospital advisory committees (patient-family; oncology; accreditation)(FT 3yrs, then 10/wk).

12/08-01/12 Instructor of Adult Learner Program, Mount Mercy Univ, Cedar Rapids, IA

Teach Introductory Psychology courses to adult returning learners and/or graduate students (PT 6h/wk).

01/03-05/05 Instructor/Course Administrator, Univ of Iowa, Department of Psychology, Iowa City, IA
Teach Elementary Psychology graduate and undergraduate courses (240 students) while coordinating 40 course sections (1200 students, 12 instructors to supervise); also, teach 1 undergraduate/graduate Research Methods course, and 4 undergraduate Child and Family Development sections (120 students) (PT 20h/wk).

D. Relevant Professional Experience
10/07-12/10 Leader, Women's Cancer Support Group, Iowa City, IA
Develop and facilitate a cancer support group: counseling; coping skills training and psychoeducation; cancer research continuing education; recruitment; patient ethics; and multidisciplinary team (PT 2h/wk).

06/07-01/22 Oncology Patient Advocate/Counselor, Univ of Iowa Hospitals, Iowa City, IA
Provide volunteer one-on-one counseling, coping skills training, nutrition, and psychoeducation for patients in oncology while receiving chemotherapy, radiation therapy, and palliative care; In 2018 to 2022, added liaison/advocate for incarcerated in county, state, or federal custody (PT 5h/wk).

09/01-05/10 Supervisor, Residential Human Services, Systems Unlimited, Inc., Iowa City, IA
Supervise direct care staff for individuals with mental health diagnoses in Medicaid Waiver-HUD setting: teach and model person-centric, empathic care; policy and procedures; billing; budgets; service documentation; staff reviews; case management; quality assessment; eligibility determination; conflict resolution; and disciplinary action; local, state, federal mandates; and cross-functional team (FT).

09/99-06/00 Applied Behavioral Analysis Therapist, The Academy, Dayton, OH
Provide intensive Applied Behavioral Analysis therapy for children diagnosed with Autism-Spectrum Disorder: teaching activities of daily living, communication, and relationship skills (PT 10h/wk).

08/99-07/01 Mental Health Therapist (Intern), Greene County Learning Center, Yellow Springs, OH
Lead therapist of intensive weekly individual/group trauma-informed, cognitive-behavioral therapy at school for serious social, emotional, and/or academic problems: diagnose mental illness; substance assessment and treatment; legal consultations; psychosocial assessment; budgets; individualized education plans; policy and procedure; case management; evidence-based research; and multidisciplinary team coordination (PT 20h/wk).

05/98-12/00 Youth Shelter Crisis Counselor, Valley Shelter Homes, Inc., Davenport, IA
Supervise and provide trauma-informed care and counseling for adjudicated youth: crisis management; legal writing; manage staff; policy and protocol enforcement; case management; service documenting; and teach coping, substance misuse, anger management, social, and problem-solving (FT summers, holidays).

12/17-12/21 Men's Health Counselor and Educator, Univ of Iowa Hospitals, Iowa City, IA
Codevelop a health research, training, and care program at a large academic medical center: community engagements; teach workshops, trainings, and seminars; expert consultations to administrators and care providers; counsel patients (1:1 or group); and create training modules to improve assessment and provision of primary and specialty care (palliative, oncology, autoimmune) (PT varied ~3h/wk).

E. Other Professional Credentials (licensure, certification, etc.)
Iowa licensed foster and adoptive parent (retired in 2023 after 12 years)
Collaborative Institutional Training Initiative Certification (CITI) certifications
Certified Contract Manager (1900025223; Texas Comptroller)
Certified Contract Developer (1900025223; Texas Comptroller)

II. TEACHING

A. Teaching Honors and Awards:
2018 Faculty of the Year, National Society of Leadership and Success

2010-11 Mentor of the Year Nominee, Coe College Faculty

B. Courses Taught:

Texas State University
HS 1310 Introduction to Health Professions
HS 3331 US Healthcare Systems

St. Edward's University: MA in Counseling Graduate Program
CNCO 6352 Counseling Theories
CNCO 6354 Abnormal Behavior and Psychopathology
CNSL 6360 Addictions Counseling
CNSL 6371 Crisis & Trauma Management
CNSL 6372 Marriage, Couples, and Families in the Life Cycle

Mount Mercy University
PS 101 Introductory Psychology
PS 224 Developmental Psychology
PS 214 Adolescent Psychology
PS 221 Social Psychology
PS 259 Health Psychology
PS 306 Abnormal Psychology
PS 450 Senior Seminar and Thesis
SW 245 Human Sexuality

Coe College
PSY 115 Introductory Psychology
PSY 215 Statistical Methods in the Behavioral Sciences
PSY 235 Abnormal Psychology
PSY 464 Senior Seminar in Health Psychology

The University of Iowa
PSY:1001 Elementary Psychology (Course Administrator)
PSY: 31:043 Evaluating Psychological Research
PSY:2401 Introduction to Developmental Science (Teaching Assistant)

C. Directed Student Learning (i.e. theses, dissertations, exit committees, etc.):

D. Courses Prepared and Curriculum Development:
2016 Mount Mercy University, Health, Sport, and Exercise Psychology new course and new minor development.

2003-05 The University of Iowa, Elementary Psychology curriculum revision (1200 students, 2 weekly lectures, and 30 weekly discussion sections).

E. Teaching Grants and Contracts

1. Funded External Teaching Grants and Contracts:

2019- All of me: Prioritizing sexual health for Iowans impacted by cancer, IA Cancer Consortium
2017-18 Effects of grit and adverse child experiences on college, McElroy Foundation
2014-18 Home exercise program for lung cancer, The Daisy Foundation
2014-16 A modified activity program for lung cancer patients, McElroy Foundation
2013-14 Associations among allergies, neurodevelopment and autistic symptoms, McElroy Foundation

2010-12 Clinical trials in translational pain research, National Institutes of Health (NIH; T32 NS045549-07)
2009-14 Genetic and trait influences on pain heterogeneity, NIH (AR056134-01A2)
2010-13 Transcutaneous Electrical Nerve Stim. (TENS) for Head and Neck Cancer, American Pain Society
2010-13 Psychological factors related to head and neck cancer, Midwest Pain Society

2. Submitted, but not Funded, External Teaching Grants and Contracts:

3. Funded Internal Teaching Grants and Contracts:
2020-22 Transcutaneous electrical nerve stimulation (TENS) for testicular pain, Univ IA College of Medicine
2013-14 Psychological factors, allergies and behavioral difficulties in children, Pathways to Scholarship
2011-13 Distress, pain, and quality of life in Head and Neck Cancer, Pochobradsky Endowment
2007-08 Ballard-Seashore Dissertation fellowship, Univ IA
2006-07 Interdisciplinary studies in aging fellowship, Univ IA
1997-09 Awarded 12 undergraduate and graduate small grants (travel, conferences, stipends)

4. Submitted, but not Funded, Internal Teaching Grants and Contracts:

F. Other:

G. Teaching Professional Development Activities Attended

III. SCHOLARLY/CREATIVE

A. Works in Print (including works accepted, forthcoming, in press):

1. Books:
a. Chapters in Books:
Lee JE (2004). Activities of daily living. In: Encyclop. Health Psychology. New York: Kluwer Publishers.

2. Articles:
a. Refereed Journal Articles:
Gold J, Benedict K, Baker et al. (2026, coauthor with CDC). CDC Surveillance for *Candida auris*: United States, 2022–2024. Surveillance Summaries, 75(4), 1–11.
Frey-Law L, Lee J, Janowski A (2025). When Pain Catastrophizing Is Not Catastrophizing: Identifying Normative From Exaggerated Responses Relative to Referent Pain Intensity. Pain Res Manag, Nov 3;2025:8839902.
Groux A, Walker E, Shermirani F, Lee J, Irish A Wahls T (2024). Diet-induced changes in functional disability among people with multiple sclerosis. Sclerosis, 2, 156-165.
Elliott AE, Lee JE, Pearlman A, Wahls T (2022). Behavior change in chronic disease management. Degener Neurol Neuromuscul Dis, 12, 111-125.
Wang D, Merkle S, Lee J, Sluka KA, Rakel B, Graven-Nielsen T, Frey-Law LA (2020). Multisensory sensitivity is related to deep-tissue but not cutaneous pain sensitivity. Journal of Pain Research, 13, 2493-2508.
Lee JE, Titcomb TJ, Bisht B, Rubenstein LM, Louison R, Wahls TL. (2021). A modified Ketogenic Diet increases plasma β-Hydroxybutyrate but has less effect on fatigue and quality of life in Multiple Sclerosis compared to a Paleolithic Diet: A waitlist-controlled, randomized pilot study. J Am Coll Nutr, 40(1), 13-25.
Louison R, Baloch M, Ghosh C, & Lee J (lab Director) (2020). Holistic, patient-centered symptom management for metastatic cancer: A comparison study. Advances in Integrative Medicine, 7(3), 135-40.
Feldt R, Lee JE, & Dew D (2021). Vocational identity resources in emerging adulthood: Associations with facets of dispositional mindfulness. The Career Development Quarterly, 69, 1-18.
Louison R, Lee JE, Roe T, & Ghosh C. (2019). Effects of a holistic, patient-centered approach on breast cancer relative dose intensity. Advances in Integrative Medicine, 6(2), 78-86.
Lee J, Anderson C Perkhounkova Y, Sleewenhoek B, Louison R (2018). Transcutaneous Electrical Nerve Stimulation (TENS) reduces pain in head and neck cancer patients. Cancer Nursing, 42(3), 218-228.

Lee J, Bisht B, Hall M, Rubenstein L, Louison R, Klein D, Wahls T (2017). A multimodal, nonpharamacologic intervention improves mood and cognition function in MS. J American College Nutrition, 36(3), 150-168.
Feinstein J, Khalsa S, Salomons T, Prkachin K, Frey-Law L, Lee J, Tranel D, Rudrauf D (2016). Preserved emotional awareness of pain in a patient with extensive bilateral damage to the insula, anterior cingulate, and amygdala. Brain Structure and Function, 221(3), 1499-1511.
Feldt R, Lee JE & Dew D (2014). Criterion validity of facets versus domains of the Big Five Inventory. Individual Differences Research, 12(2), 59-68.
Frey-Law LA, Lee JE, Wittry AM, Melyon M. (2013). Pain rating schema: Three distinct subgroups of individuals emerge when rating mild, moderate, and severe pain. J Pain Res, 7, 13-23.
Liebano R, Vance C, Rakel B, Lee J, Cooper N, Walsh D, Sluka K. (2013). Transcutaneous electrical nerve stimulation and conditioned pain modulation influence the perception of pain. Eur J Pain, 7(10), 1539-46.
Dailey DL, Rakel BA, Vance CGT, Liebano RE, Anand AS, Bush H., Lee KS, Lee JE, Sluka KA. (2013). TENS reduces pain and fatigue in individuals with fibromyalgia. Pain, 154(11), 2554-62.
Lee JE, Watson D, Frey-Law LA (2013). Psychological factors predict local and referred experimental muscle pain: A cluster analysis in healthy adults. Eur J Pain, 17(6), 903-15.
Frey Law LA, Lee JE, McMullen T, Xia T (2010). Relationships between maximum holding time and ratings of pain and exertion differ for static and dynamic tasks. Applied Ergonomics, 42(1), 9-15.
Lee JE, Watson D, Frey Law LA. (2010). Lower-order pain-related constructs are more predictive of cold pressor pain ratings than higher-order personality traits. J Pain, 11(7), 681-691.
Frey Law LA, Sluka KA, McMullen T, Lee J, Arendt-Nielsen L & Graven-Nielsen T (2008). Acidic buffer induced myalgia produces referred pain and mechanical hyperalgesia in humans. Pain, 140, 254-264.

b. Non-refereed Articles:

3. Conference Proceedings:

a. Refereed Conference Proceedings:

*Only past 5 years; 125+ total international, national, regional presentations)
Lakshmi S, Benedetto A, Lee J (2026). Pediatric infection rate trends Texas and United States. Paper accepted for the Epidemiology and Lab Capacity Healthcare Safety Conference, Austin, TX.
Shemirani F, Wahls T, Lee J et al. (2024, Feb). Diet-induced changes in functional disability. Paper accepted for the Americas Committee for Treatment and Research in Multiple Sclerosis Meeting, W Plam Beach, FL.
Elliott-Wherry A, Pearlman A, Lee J (2022, March). Drinking and sex: What do college men know? Paper presented at the Public Health Conference of Iowa, Ames, IA.
Lee JE, et al. (2021, Nov). Getting it right: tangible tools for effectively supporting LGBTQi+ youth. Workshop at the Partners in Prevention Conference, Austin, TX.
Louison R, Baloch M, Ghosh C, & Lee J. (2021, April). Holistic symptom management for metastatic cancer: A comparison pilot study. Oral presentation at the Midwest Psychological Association, Chicago, IL.
Lee J & Wahls T. (2020, Oct). A modified ketogenic vs modified paleolithic diet for Multiple Sclerosis: A waitlist, randomized pilot study. Paper presented at the Univ of IA College of Medicine Conference, IA City, IA.
Lee JE (2019, Aug). “Oh, my aching back! Symptom relief when medicines fail: Nonpharmacologic approaches.” The Wahls Protocol Seminar & Retreat, Cedar Rapids, IA.
Lee JE, Pearlman AM, Sullivan-Wagner E. (2019, April). Intimacy and sexual health in palliative care, Interdisciplinary Conference, IA City, IA.
Angerer A, Gregerson K, Haley J, Guthrie S, Lee J (2018, May). The effects of grit on college students’ mood, academics, and life satisfaction. Paper presented at Mount Mercy Scholarship Festival, Cedar Rapids, IA.
Haley J, Guthrie S, Lee JE (2018, May). A simple intervention to improve grit. Paper presented at the Mount Mercy Scholarship Festival, Cedar Rapids, IA.
Angerer A, Gregerson K, Haley J, Guthrie S, Lee JE (2018, April). Associations among grit and academic and psychological factors. Paper presented at the McElroy Symposium, Waverly, IA
Louison R, Roe V, Lee JE (2017, April, May). The effects of a holistic, patient-centered approach on relative dose intensity (RDI) in breast cancer patients. Paper presented at the ILLOWA Psychology Conference, Monmouth, IL AND at the IA Psychological Association, Davenport, IA.

Angerer A, Gregerson K, Guthrie S, Lee J (2017, May). Grit, self-control, resilience, adverse childhood events, and personality traits. Paper presented at Mount Mercy Scholarship Festival, Cedar Rapids, IA.
Feldt R, Dew D, Lee JE, Bejar M (2017, April). Relationships between BFI-2 personality facets and emotional intelligence. Paper presented the Annual Midwestern Psychological Association, Chicago, IL.

b. Non-refereed:

4. Abstracts:

5. Reports:

6. Book Reviews:
2021 Evidence-Based Nursing and Healthcare Quality Improvement (1e)
2017 Assessment and Multimodal Management of Pain
2016 ASPMN: Core Curriculum for Pain Management Nursing

10. Other Works in Print:

B. Works Not in Print:

1. Papers Presented at Professional Meetings:

2. Invited Talks, Lectures, and Presentations:

3. Consultancies:

4. Workshops:

5. Other Works not in Print:

a. Works "submitted" or "under review":

b. Works "in progress":

c. Other Works Not in Print:

C. Scholarly / Creative Grants and Contracts:

Funded External Grants and Contracts:
2024-29 Strengthening Healthcare-Associated Infections/Antimicrobial Resistance Program 2.0, CDC
2022-26 Strengthening Healthcare-Associated Infections/Antimicrobial Resistance Program 1.0, CDC
2021-23 Epidemiology and Laboratory Capacity Cooperative Agreement Nursing and Long-Term Care, CDC
2019-21 All of me: Prioritizing sexual health for Iowans impacted by cancer, IA Cancer Consortium
2016-20 Dietary Approaches to Treating Multiple Sclerosis Related Fatigue Study, National Multiple Sclerosis Society (PI: Dr. Terry Wahls).
2017-18 Effects of grit and adverse child experiences on college, McElroy Foundation
2014-18 Home exercise program for lung cancer, The Daisy Foundation
2014-16 A modified activity program for lung cancer patients, McElroy Foundation
2013-14 Associations among allergies, neurodevelopment and autistic symptoms, McElroy Foundation
2010-12 Clinical trials in translational pain research, National Institutes of Health (NIH; T32 NS045549-07)
2009-14 Genetic and trait influences on pain heterogeneity, NIH (AR056134-01A2)
2010-13 Transcutaneous Electrical Nerve Stim. (TENS) for Head and Neck Cancer, American Pain Society
2010-13 Psychological factors related to head and neck cancer, Midwest Pain Society

2. Submitted, but not Funded, External Grants and Contracts:

PAR-12-144 NCI Small Grants Program for Cancer Research (NCI Omnibus R03), "Efficacy of a home exercise program for lung cancer survivors: A patient-centered study."
IASP Early Career Research Grants Program, "Efficacy of a home exercise program for lung cancer survivors: A patient-centered study."
American Cancer Society Seed Grants for Junior Faculty, "Efficacy of a home exercise program for lung cancer survivors."

3. Funded Internal Grants and Contracts:

2020-22 Transcutaneous electrical nerve stimulation (TENS) for testicular pain, Univ IA College of Medicine
2013-14 Psychological factors, allergies and behavioral difficulties in children, Pathways to Scholarship
2011-13 Distress, pain, and quality of life in Head and Neck Cancer, Pochobradsky Endowment
2007-08 Ballard-Seashore Dissertation fellowship, Univ IA
2006-07 Interdisciplinary studies in aging fellowship, Univ IA
1997-09 Awarded 12 undergraduate and graduate small grants (travel, conferences, stipends)

D. Scholarly / Creative Fellowships, Awards, Honors:

2017 Pioneer Award, Grid-Enabled Assessments, Behavioral Medicine
2012-16 Nationally Appointed Advocate, Gynecologic Oncology Group
2008-09 Fellow, Univ of Iowa Seashore Dissertation Studies
2007-08 Fellow, Interdisciplinary Graduate Fellowship in Aging
1999-01 Fellow, Univ of Dayton Research and Clinical Psychology
1999 Magna Cum Laude, Honors, Dean's List, Luther College
1995-99 Presidential Scholarship, Luther College

E. Scholarly / Creative Professional Development Activities Attended:

F. Media Recognition:

IV. SERVICE

A. Institutional

1. Univ:

2020-22 Promotion and Tenure, Mount Mercy Univ
2014-18 Director of Undergraduate Research, Mount Mercy Univ
2012-18 Faculty Representative, Mount Mercy Univ Institutional Review Board (IRB)
2012-21 Faculty Representative, Mount Mercy Educational Policy and Procedures

2. College:

2016-20 Women's Soccer and Softball Faculty Advisor

3. Department/School:

2008-10 Psychology Club Advisor

B. Professional:

2023- Grant Reviewer, Iowa Cancer Consortium
2023 Manuscript Reviewer, Cancer
2022 Abstract Reviewer, American Public Health Association
2018- Grant Reviewer, U.S. Dept of Veteran's Affairs (VA) Musculoskeletal and Medicine grants
2018-20 Grant Reviewer, Komen for a Cure
2018-21 Manuscript Reviewer, BMC Complementary and Alternative Medicine
2018- Manuscript Reviewer, Pain Research and Management
2016-19 Manuscript Reviewer, The Journal of Pain

2010-21 Grant Reviewer and Member, American Pain Society
2007-18 Reviewer, Society for Behavioral Medicine
2007-12 Abstract Reviewer, Gerontological Society of America

C. Community:
2025- Cancer Advocacy Special Events, Livestrong Foundation
2019-21 Facilitator, Oakdale Prison Stories from Dad (justice-involved family program)
2017-pres Inmate Health Care Navigator, State of IA Prisons
2016-20 Board Member, Linn County Public Health
2011-19 Board Member, Patient and Family Advisory Council, Univ of Iowa Hospitals
2007-21 Lead Oncology Volunteer, Univ of Iowa Hospitals Cancer Center

D. Organization Memberships:
Society for Behavioral Medicine
Iowa Cancer Consortium
Association for Professionals in Infection Control and Epidemiology

E. Service Honors and Awards:
2018- Board Member, American Civil Liberties Union
2014, 2018 Patient Service Excellence Award, Univ of Iowa Hospitals and Clinics Cancer Center

F. Service Grants and Contracts:

1. Funded External Service Grants and Contracts:

2. Submitted, but not Funded, External Service Grants and Contracts:

3. Funded Internal Service Grants and Contracts:

4. Submitted, but not Funded, Internal Service Grants and Contracts:

G. Service Professional Development Activities Attended: