# Art A. Perez, MS, CHES®

## EDUCATION

**Master of Science in Public Health Education and Promotion** May 2025
*Texas State University, San Marcos, TX*

- **Overall GPA:** 4.0
- **Relevant Coursework:** *Advanced Program Planning, Advanced Health Behavior Theory, Research Methods, Applied Behavioral Statistics in Public Health, Social Determinants of Health, Epidemiology*

**Bachelor of Science in Public Health** May 2023
*Texas State University, San Marcos, TX*

- **Minor:** Sociology
- **Overall GPA:** 4.0 - *Summa Cum Laude*
- **Relevant Coursework:** *Epidemiology, Worksite Health Promotion, Medical Sociology, Community Health, Public Health Leadership, Consumer Health, Issues in Human Sexuality, Health Behavior Theory*

**Bachelor of Arts in Psychology** May 2023
*Texas State University, San Marcos, TX*

- **Minor:** Sociology
- **Overall GPA:** 4.0 - *Summa Cum Laude*
- **Relevant Coursework:** *Lifespan Development, Psychology of Adulthood and Aging, Racial and Ethnic Relations, Health Psychology, Psychology of Human Sexuality, Brain and Behavior*

## CERTIFICATIONS

**Certified Health Education Specialist (CHES®)** 2025

## AWARDS & HONORS

**Scholarly Travel Activity and Research (STAR) Grant** 2025
**Eta Sigma Gamma (ESG) Travel Grant** 2025
**Eta Sigma Gamma (ESG) Service Activity Award** 2025
**Dean's List** 2017 – 2023

## WORK EXPERIENCE

**Lecturer** Jan 2026 – Present
*Texas State University, San Marcos, TX*

- Taught the following courses: *Prevention of Disease (PH 3348)*.
- Delivered comprehensive instruction in disease prevention, emphasizing public health principles and the application of epidemiological and disease models.
- Facilitated practical application of course concepts through structured discussions, formative quizzes, and applied projects that reinforced disease prevention and public health principles.

**Academic Coach** Aug 2025 – Present
*Instructional Connections LLC, Dallas, TX*

- Assisted in the following courses: *Health in the School Setting (PH 3321) and Prevention of Disease (PH3348)*.
- Delivered timely, rubric-aligned grading and personalized feedback on student assignments within a 72-hour window, supporting student learning and course progression.
- Maintained consistent communication by responding to student, faculty, and supervisor emails within 24 hours and proactively flagged academic or behavioral concerns.
- Collaborated with faculty and coaching teams through scheduled conference calls and inter-rater reliability activities to ensure grading consistency and instructional quality.

**Graduate Assistant** Jan 2025 – May 2025

*Texas State University, San Marcos, TX*

- Assisted in the following courses: *Community Health (PH 2340)*, *Health Disparities (PH 4331)*, *Introduction of Public Health (PH 1320)*, *Prevention of Disease (PH 3348)*, *Worksite Health Promotion (PH 3376)*, *and Health Behavior Theory (PH 4336)*.
- Graded approximately 80+ assignments per week, delivering timely, consistent evaluations and detailed feedback to reinforce key concepts and promote student success.
- Responded to 1–5 student emails per week, ensuring timely, clear communication on coursework, deadlines, and academic policies, which helped reduce confusion and improve student engagement.

**Medical Intern** Aug 2016 – May 2017

*Lehman High School, Kyle, TX*

- Visited hospitals and nursing homes to provide support and companionship, boosting patient morale while strengthening interpersonal, communication, and empathy skills.
- Supported the daily care of up to 10 patients by assisting with meals, hygiene, and social interaction, helping to improve comfort, dignity, and emotional well-being in a clinical care setting.
- Maintained cleanliness and safety for up to 10 patient rooms and shared spaces daily, ensuring a sanitary environment that supported infection control and patient well-being.

## CONFERENCE PRESENTATIONS

**Perez, A.,** Tsao, A., Dean, N., Akwuruoha, M., Esqueda, K., Kitts, G., & Burson, S. L. (2025, April 16). Piloting National Public Health Week: A program by Eta Sigma Gamma Delta Chi. Society for Public Health Education 76th annual conference, Long Beach, CA, United States.

## ACTIVITIES / VOLUNTEERISM

**Initiated Member** - *Eta Sigma Gamma (ESG), Texas State University*

- Collaborated with ESG members to coordinate and execute a multi-day National Public Health Week initiative using evidence-based strategies to engage students and promote topics such as mental health, reproductive wellness, tobacco prevention, and physical activity —resulting in the distribution of 420+ condoms, 50 fidget toys, and a 144% increase in Instagram engagement.
- Coordinated with ESG members to plan and host a public health symposium featuring guest speakers from community health, epidemiology, and health education sectors.