CURRICULUM VITAE

CHARLOTTE ASKEW

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EDUCATION

2024	**Master of Fine Arts Creative Writing – Fiction** Texas State University GPA: 4.0
2020	**Bachelor of Science (Honours) Psychology (First Class)** University of Southern Queensland GPA: 6.88/7.0 Honours Thesis: Ask Me Anything: Learning from the Lived Experiences of Suicide Attempt Survivors Supervisor: Dr. Andrea Lamont-Mills
2019	**Bachelor of Science Psychology** University of Southern Queensland GPA: 6.47/7.0

HONORS & SCHOLARSHIPS

2026	Longleaf Writers Conference, Texas State University visiting scholar *Award included conference fees and accommodation, giving a reading and attendance as a visiting scholar representing Texas State University.*
2025	Furphy Literary Award – Runner Up *Australia's most prestigious open short story competition in 2025*
2024	W. Morgan and Loue Claire Rose Scholarship *Texas State University – based on portfolio submission*
2024	TXST Grad Merit Fellowship Fall & Spring *Texas State University – based on academic merit*
2021	Arts Central Queensland Inc, Lorna McDonald Essay Prize – Highly Commended
2020	University of Southern Queensland University Medal *In recognition of exceptional academic performance during an academic program, the University's most prestigious academic award.*
2020	Varuna, The National Writers' House – Residential Fellowship Awardee *A two-week residency at the National Writers' House in the Blue Mountains.*
2018	Golden Key International Honour Society *In recognition of academic achievement within the top 15% of students internationally.*
2016	University of Southern Queensland Kickstart Scholarship *Award basis: Academic achievement & financial need.*
2015	Queensland State Library Young Writers Award – Highly Commended.
2011	Western Australia Curriculum Council Academic Excellence *(97.85/100)*

RESEARCH EXPERIENCE

Honours Thesis
Department of Psychology and Counselling
University of Southern Queensland
2019-2020

Responsibilities:
I designed and conducted a qualitative research project on the topic of attempted suicide. My allocated supervisor selected the research methodology (discursive psychology) and topic. My specific responsibilities were data collection, entry, and analysis. I objectively and critically discussed and presented the findings in a 15,000-word thesis and defended the project at a symposium.

TEACHING EXPERIENCE

Teaching Assistant (Graduate Assistant)
Texas State University, Department of English
August 2025 – May 2026

Instructional Assistant (Graduate Assistant)
Texas State University, Department of English
August 2024 – May 2025

Supervisor & Trainer
Play Therapy Training Australia (formerly Centre for Play Therapy)
March 2021 – December 2023

Responsibilities:
I delivered workshops and tutorials to groups of 10-15 participants, facilitating group learning in the introductory and clinical training programs. My specific responsibilities included facilitating engaging group discussion and reflection, catering to various learning styles, teaching practical techniques and theory, reviewing written training components (workbooks and assessments), tracking participant progress, identifying opportunities for growth and additional support, staying abreast of current research in the field, program scheduling, and responding to email enquiries.

Volunteer Tutor
Department of Psychology and Counselling
University of Southern Queensland
2017

Responsibilities:
Under the supervision of Professor Steven Christensen, I facilitated an interactive half-day workshop teaching various sports psychology techniques for managing motivations and emotions to high school-level student-athletes. Duties included selecting appropriate

interactive activities, presenting psychological concepts, facilitating activities, and answering student questions.

Learning Facilitator
Longreach School of Distance Education
July 2013 – May 2015

Responsibilities:
I facilitated the learning of three children participating in long-distance schooling whilst living on a remote sheep and cattle station in outback Australia. My specific responsibilities included facilitating the completion of all assigned work and designated activities, tutoring, and marking.

Swim Coach
Superfins Swimming Club
July 2012 – July 2013

Responsibilities:
I coached a swimming squad for adults and children with disabilities. My responsibilities included facilitating stroke development, implementing drills, writing weekly programs, delivering feedback, managing team dynamics, supporting athletes during competitions, and attending regular team meetings.

WORK EXPERIENCE

Creative Editorial Intern
Brightstone Books
August 2025 – Present

Responsibilities:
My duties include writing lore and character backstories, editing article submissions and novel manuscripts, assisting with video scriptwriting, contributing to lore story development, and coordinating with other members of the creative team.

Energy Psychology & Mindset Coach
Inner Chatter
March 2023 – August 2024

Responsibilities:
I provide 60-minute mindset coaching sessions to adults, focusing predominantly on stress and anxiety reduction, utilizing EFT and other therapeutic methodologies. EFT works directly with the nervous system and subconscious mind to alleviate psychological distress. My responsibilities include conducting sessions, case planning, case noting, facilitating goal development, providing feedback and psychoeducation, and building collaborative client relationships. I am also contracted to contribute 1500-2500-word psycho-education essays for an online publication (bi-monthly basis).

Play Therapist
Play Therapy Training Australia
December 2019 – December 2023

Responsibilities:

I conducted 50-minute Play Therapy sessions with children aged 2-13 in person or electronically via Zoom and initial and ongoing consultations with parents. My responsibilities included case noting, report writing, facilitating goal development, providing feedback and psychoeducation, building collaborative relationships with stakeholders, participating in supervision (group & individual), and making referrals for additional support.

Domestic & Family Violence Counsellor
Catholic Care (formerly CentacareCQ)
March 2019 – October 2019

Responsibilities:
I conducted 50-minute counselling sessions with survivors of domestic and family violence (DFV) and adults seeking general counselling. My responsibilities included case noting, DFV court support, crisis support, DFV order application support, contacting police referrals, local area networking, and implementing community awareness and education activities e.g., delivering a DFV response program to local businesses and the Love Bites high school program, a candlelight vigil, park run, and march.

Community Visitor
Office of the Public Guardian
June 2016 – February 2019

Responsibilities:
This was a human rights advocacy position visiting vulnerable members of society, including adults with impaired decision-making capacity and children in out-of-home (state) care. My responsibilities included robust inquiry into the client's emotional and physical well-being, advocating for the client's human rights, independence, access to services and choice (as a part of a supported decision-making model), report writing, issue resolution, participating in fortnightly supervision, knowledge of relevant legislation, and building collaborative relationships with stakeholders.

PROFESSIONAL DEVELOPMENT

2023	Play Therapy with Children Impacted by Domestic Violence, Jodi Mullen, PhD.
2023	Clinical EFT Certification Program.
2022	Child & Play Therapist Supervision, Jodi Mullen, PhD.
2021	Play Therapy with Children with Autism Spectrum Disorder, Jodi Mullen, PhD.
2021	Understanding Themes in Child-Centred Play Therapy, Jodi Mullen, PhD.
2019	National Association for Prevention of Child Abuse and Neglect (NAPCAN), Child Abuse and Neglect Prevention/Mandatory Reporting Workshop.
2018	Introduction to P.A.C.E Workshop, Dyadic Developmental Psychotherapy: Childhood Trauma and Abuse, Daniel Hughes, PhD.
2018	Workplace Ethics Training, Ethical Standards Unit, Ethics Consultant: Patricia Morris.
2018	Indigenous Cultural Awareness & Cultural Competency Training, Tom Kirk.
2018	Toowoomba Child Safety Service Centre, Self-Compassion and Care in Complex Work Environments workshop.
2017	Anti-Discrimination Commission Queensland (ADCQ), Anti-Discrimination Training.

2017	WWILD – Sexual Violence Prevention Association Inc, Supporting People with Intellectual Disability Experiencing Mental Health Disorders training.
2016	Office of the Public Guardian Community Visitor Program, Non-Violent Crisis Intervention Training

PROFESSIONAL AFFILIATIONS

2020 – Present	Play Therapy Practitioners Association (PTPA) Registered Play Therapist Supervisor
2018 – Present	Golden Key International Honour Society

CERTIFICATION & LICENCES

2023	Clinical EFT Practitioner *EFT Universe Training*
2020	Non-Directive Child-Centred Play Therapy *Play Therapy Training Australia*

ADDITIONAL SKILLS

- Computer proficiency: SPSS, Office 365 Suite, Adobe
- Languages: English

CAMPUS INVOLVEMENT

2018	Volunteer facilitator, Psychology in Schools ‘Open House’, University of Southern Queensland
2017	Volunteer facilitator, University of Southern Queensland Sports Psychology

REFERENCES