Brooke Dalton Phillips

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Professional Summary

Patient-oriented Registered Nurse with 28 years of diverse experience in direct patient care, utilization review, case management, and nursing education. Demonstrated expertise in neonatal and maternal health, infection prevention, and leadership roles. Adept at multitasking, patient-centered care, and mentoring future nurses.

Skills

Neonatal & Maternity Care, Culturally Sensitive Care, Utilization Review, Care & Discharge Planning, Chronic Disease Management, Infection Control, Student Precepting, Community Health & Referrals, Nursing Education, Interdisciplinary Collaboration

Licensure & Certifications

Registered Nurse, Texas (Active)
BLS (current)

Professional Experience

Nursing Faculty- Adjunct

Arizona College of Nursing – Dallas, TX

July 2025 – Present

- Clinical Instructor in Pediatrics, Skills Lab, and Mental Health Nursing depending on needs of college
- Facilitate clinical learning and skill development for nursing students

Nursing Faculty- Adjunct

West Coast University – Richardson, TX

Sep 2024 – Present

- Clinical Instructor for Pediatrics and OB-Maternal Health, and Capstone

- Support student success through mentorship and clinical guidance

Nursing Faculty

Tarrant County College – Fort Worth, TX

Feb 2024 – Present

- Clinical Instructor in Pediatrics, Skills Lab, and Mental Health Nursing
- Facilitate clinical learning and skill development for nursing students
- Texas Nursing Student Association Advisor
- ATI Champion

Utilization Review Nurse / Service Coordinator

Cook Children's Health Plan – Fort Worth, TX

Aug 2017 – Feb 2023

- Reviewed NICU and therapy cases for medical necessity using InterQual
- Provided care coordination for 65 pediatric members
- Managed authorizations and coordinated with hospital teams and community resources

Star Kids Nurse Manager

AccentCare – Dallas, TX

Sep 2016 – Aug 2017

- Led assessment and service planning for pediatric members
- Managed field nurse performance and compliance
- Served as main point of contact for clients and health plans

Infection Preventionist

Texas Health Resources – Fort Worth, TX

Sep 2014 – Sep 2016

- Developed policies and presented infection data to stakeholders
- Presented at APIC Convention and contributed to Antimicrobial Stewardship
- Conducted surveillance and training in NICU and surgical units

Registered Nurse – Newborn Nursery

Baylor All Saints – Fort Worth, TX

Aug 2008 – Sep 2014

- Provided newborn care and breastfeeding support
- Participated in LEAN initiatives and quality assurance programs

Registered Nurse – NICU/High-Risk OB

Texas Health Resources – Fort Worth, TX

Mar 1999 – Aug 2008

- Delivered care to neonates in a level III NICU
- Mentored new graduates and served as charge nurse

Registered Nurse – Pediatrics

Children's Medical Center – Dallas, TX

May 1998 – Mar 1999

- Completed new graduate internship in pediatric med-surg
- Managed care from admission through discharge

Education

Master of Science in Nursing – 2023

University of Texas at Arlington – Arlington, TX

- 4.0 GPA
- Sharon Judkins and Dream Makers Scholarship Recipient

Bachelor of Science in Nursing – 1998

Texas Christian University – Fort Worth, TX

- Dean's List (1995, 1996)
- Sigma Theta Tau Member
- James Collins Scholarship Recipient
- Zeta Tau Alpha Member

Professional & Community Involvement

Band Booster President (2 years, 200+ volunteer hours)

Poster Presenter – APIC Convention for Infection Professionals

Private Duty Newborn Specialist – Deliver post-discharge in-home newborn care, including feeds, diapering, G-tube management, oxygen monitoring, and breastfeeding support. (since 2011)

References available upon request