Subina Karki
San Marcos, TX. | Email: nzv11@txstate.edu

Education:

- **Master of Public Health (MPH), Concentration in Community Health and Behavior** *Department of Health & Human Performance*, *Texas State University* |GPA:3.92 **2023-2025**
- **Bachelor of Dental Surgery (B.D.S)** *Faculty of Medicine, University of Dhaka, Bangladesh* |GPA: 4.0 **2016-2022**

Honors and Awards

- **Celebrity Classic Endowed Scholarship (SC0011).** Graduate College, Texas State University. **2024**
- **Certificate of Excellence for honors marks in Oral Anatomy and Histology. 2018**
- **Certificate of Excellence for honors marks in Science of Dental Materials** (S.D.M) **2017**

Licensure & Certifications

- **Registered Dental Practitioner**: Bangladesh Medical & Dental Council (B.M.D.C) **2021**
- **Registered Dental Practitioner**: Nepal Medical Council (N.M.C) Reg No: 31741 **2022**

Professional Experience

1. **Lecturer** **01/2026 – Present**

Department of Health and Human Performance, Texas State University

- Teach undergraduate courses, including Foundations of Personal Health and Introduction to Public Health.

2. **Graduate Instructional Assistant (GIA)** **08/2023 – 12/2025**

Department of Health and Human Performance, Texas State University

- Assisted in courses such as Foundations of Health (PH1310), Consumer Health (PH3350), Disease Prevention (PH3348), Drug Abuse Prevention (PH2338), Worksite Health Promotion (PH3376), Inclusion & Diversity in Women's Health (PH3330), Sexuality (PH3360). Provided assistance for 31 classes over two years within the listed courses.
- Provided grading support and collaborated with faculty to facilitate engaging, effective classroom instruction and student communication.

3. **Graduate Research Assistant (GRA) - REACH Lab** **12/2024-12/2025**

Department of Health and Human Performance, Texas State University

Developing research focusing on resilience and acculturation in community health.

Ongoing – Resilience Intervention Study: Coordinated weekly lab meetings, maintained IRB protocols, ensured ethical compliance, and supported participant recruitment, survey administration, and intervention scheduling.

Manuscript in preparation: Role of gender identity and resilience in alcohol use among Hispanic women – Sanchez-Garciaguirre, A., Karki, S., & Perrotte, J.

4. **Course Development Experience** **Summer 2024/Summer 2025**

Department of Health and Human Performance, Texas State University

- Collaborated on the development of online courses (PH1310, PH3335, PH3330, PH2238), including mapping out course structure, and assignments, and creating evaluation rubrics.
- Finalized and prepared module tests by designing and creating details on the assessment rubric.

5. **Intern Doctor:** *Pioneer Dental College & Hospital, Dhaka University* **2021-2022**

- Gained hands-on experience in various departments to build a broad understanding of clinical dentistry.
- Provided patient care under the supervision of experienced professionals.

6. **General Dental Practitioner:** *Care 'N Cure Dental Clinic, Dhaka, Bangladesh* **2021**

- Assisted in diverse dental procedures, honing clinical skills under senior doctors' guidance.

7. **General Dental Practitioner:** *City Smile Dental and Orthodontics, Kathmandu, Nepal* **2022**

- Gained expertise in orthodontic treatments and provided care to a variety of patients.

8. **General Dentist- Community Outreach:** *Om Samaj Dental Hospital, Kathmandu, Nepal* **2022 -2023**

- Focused on pediatric dentistry, providing care for young patients and promoting oral health.
- Actively involved in free dental and oral hygiene campaigns across Nepal.

Community Health Outreach & Volunteer Experience

1. ESG – Delta Chi Chapter, Beta Sigma Gamma, National Health Education Honorary: 2024-2025

- *Vice President:* **2025**

Led and co-managed major chapter events, including the River Clean up, Annual Food Drive, Halloween Event, and Bobcat Well-Being & Resource Fair, engaging 154+ attendees.

- *Member:* Engaged in volunteer activities, including: **2024-2025**

Public Health Symposium, supporting an event with 100+ attendees. "Myth Buster Monday" Health Myths Survey, conducting face-to-face interviews with 18 college students on oral health misconceptions. Tobacco Prevention Campaign

- *Recipient, ESG Gold Star Member Award* **2025**

2. Texas Society for Public Health Education (TSOPHE) 2023-2025

- *Member*: Texas State University representative. **2025**
- *Dr. Andrew Springer Student Scholarship Recipient*: TSOPHE Annual Conference. **2025**
- *Conference Presentation* **2025**

Karki, S., & Sanchez-Garciaguirre, A. (2025). *Friend or foe? A public health quality review of naturally occurring fluoride in Kyle, Texas drinking water (2017–2023).* Texas Society for Public Health Education Annual Conference.

Tsao, A., Karki, S., Chavez, J., Burson, S. L., Garnier, H., Lozano, M., & Esqueda, K. (2025). *Public health matters: Motivating students through expert voices.* Texas Society for Public Health Education Annual Conference.

3. **Nepali Student Association, Texas State University 2024**

Member: Volunteered to coordinate activities for incoming Nepali students, connecting them with campus resources to support academic and social integration.

4. Nepal – Health Camps & Rural Outreach 2023

Co-organized a one-day rural health camp in Nepal, delivering oral health, OB/GYN, and eye care services to 300+ patients; recognized for community service by Rotary International and Lions Club of Kathmandu.

Continuing Medical Education (CME)

- **Geist ich Women Regeneration Meeting** **2023**
- **Molar Endodontic Hands-on Workshop**, Om Samaj Dental Hospital **2023**
- **Basic Endodontic Workshop**, Center for Dental Paths Hala and Oral Health, Dhaka, Bangladesh **2021**
- **Management of Medical Emergency in Dental Practice** **2022**

Skills

- **Public Health Skills**: Health education, disease prevention, health promotion strategies.
- **Research Skills**: Research methodology, data collection, lab management.
- **Clinical Skills**: General dentistry, pediatric dentistry, orthodontics, endodontics.
- **Technical Skills**: Statistical software (e.g., SPSS), Microsoft Office Suite.
- **Languages**: English (Fluent), Nepali (Native), Bengali (Intermediate)
- **Communication**: Patient care, public speaking, health promotion