TEXAS STATE VITA

I. Academic/Professional Background

A. Name: Rana Zeidan Title: LCSW, Lecturer

B. Educational Background

Degree	*Year*	*University*	*Major*	*Thesis/Dissertation*
Bachelor's	2014	Texas State University	Communication Studies	
Master's	2017	Texas State University	Social Work	N/A
PhD	TBD	Texas State University	Adult, Professional, Community Education	Emotional Experiences of Athletes through Injury

C. University Experience

August 2023- Assistant Professor of Instruction- School of Social Work
Texas State University, San Marcos, TX

- Teach classes for the school of social work
- Liaison, field advisor and BSW field coordinator for Field Education office
- Active in placement process finding and overseeing student internships
- Instructor of the below courses:
  - Spring 2024 SOWK 4356 Professional in Social Work
  - Spring 2024 SOWK 4356 Professional in Social Work
  - Spring 2024 SOWK 5679 Adv. PT Field Practicum II
  - Fall 2023 SOWK 4374 Generalist Field Seminar I
  - Fall 2023 SOWK 4374 Generalist Field Seminar I
  - Fall 2023 SOWK 4975 Generalist Field Practicum II
  - Fall 2023 SOWK 4975 Generalist Field Practicum II

August 2017- May 2019 Doctoral Assistant for School of Mass Communication and Journalism
Texas State University, San Marcos, TX

- Created exams and question pools on TRACS system
- Submitted semester grades
- Created attendance inquiry system and managed attendance records
- Helped instruct and lecture the below courses:
  - Fall 2017- MC 1301 Introduction to Mass Communication
  - Spring 2018- MC 1301 Introduction to Mass Communication
  - Fall 2018- MC 1301 Introduction to Mass Communication
  - Spring 2019- MC 1301 Introduction to Mass Communication

January 2016-May 2017 Graduate Instructional Assistant for School of Mass Communication and Journalism
Texas State University, San Marcos, TX

- Created lesson plans for labs
- Evaluated student paper submissions and open ended questionnaires on exams
- Helped instruct and lecture the below courses:

- ➢ Spring 2016- MC 1301 Introduction to Mass Communication
- ➢ Spring 2016- MC 4381 Fundamentals of Digital and Online Media
- ➢ Fall 2016- MC 1301 Introduction to Mass Communication
- ➢ Spring 2017- MC 1301 Introduction to Mass Communication

May-August 2013 University Student Support Center Employee
University of Houston Clear Lake, Houston, TX

- • Worked with students in a higher education setting
- • Familiar with Texas Higher Education and academic policies
- • Experienced with account inquiry and common office software

• Worked the front desk and answered calls from students to assist with any problems
Assisted students with registration questions/concerns
• Assisted with office clerical work

RESEARCH EXPERIENCE

Fall 2018- May 2019 Doctoral Research Assistant
• Conducted literature search on situational crisis communication theories
• Helped conduct research study on how the Latina/o community consumes media
• Designed university approved focus group posters/flyers
• Developed and assisted with research-related materials including survey instruments, questionnaires, and transcribed focus group sessions, data entry, and site visits

May 2016-May 2017 Graduate Research Assistant of Social Work I-3 Grant
• Assigned to I-3 Grant to help input research data, assist with affiliation agreements, and administer CEUs
• Developed and assisted with research-related materials including annotated bibliographies, literature reviews, survey instruments, questionnaires, and transcribed focus group sessions, data entry, and site visits
• Reviewed and submitted documents to the Institutional Review Board

September 2015- Jan. 2016 Graduate Assistant of Medicare and Gerontology for Low-Income Individuals
Texas State University, San Marcos, TX
• Researched effective outreach methods to provide individuals Medicare information and benefits
• Developed and assisted with research-related materials including annotated bibliographies, literature reviews, survey instruments, and questionnaires
• Transcribed focus group sessions, data entry, and site visits
• Identified demographics for pre-Medicare beneficiaries, clusters of rural and low-income individuals, and media trends for eligible individuals
• Participated as a team member to the Medicare Improvement for Patients and Providers Act project
• Completed the literature review for the report to Department of Aging and Disability Services

D. Relevant Professional Experience

August 2021- School Social Worker
Ojeda Middle School, Del Valle ISD
• Created all forms, consents, protocols, and documentation systems for newly created roles
• Developed, edited, and implemented district wide crisis protocols
• Secured a partnership district wide by piloting the campus with the Hungry Souls organization to feed families in need with weekly groceries

• Provided individual and group therapy sessions for students, staff, and families
• Performed casework service with families to increase the understanding of mental health, resources, and safety intervention for crises
• Worked closely with administration, teachers, psychological services, and external agencies to provide on-going support services to meet the emotional, social, and academic needs of students and their families most effectively
• Provided specialized services within the school to meet the specific needs of students and the campus climate
• Advocated for students in ARDs, MDs, and 504 meetings to accommodate students' mental health, disabilities, diagnoses, and circumstances
• Created and facilitated district wide trauma-informed care trainings, mental health workshops, and other social justice/awareness trainings
• Led CARE team meetings, coordinated staffing and collaboration of campus services, and oversaw all campus crises

May 2017-August 2021 Outpatient Lead Therapist
Austin Oaks Hospital, Austin, TX
• Provided individual, group, and family therapies as a member of a multidisciplinary team, while upholding NASW ethical standards, HIPPA guidelines, and Universal Health Services policies and procedures
• Conducted psychosocial assessments and completed safety crisis plans, treatment plans/goals, problem sheets, and discharge planning for patients
• Lead psychoeducation, process, focus groups, and therapeutic services for patients with psychiatric diagnoses including but not limited to depression, anxiety, autism spectrum disorders, ADHD, and mood disorders
• Responsible for case management, advocating for patients, and information dissemination over two programs, partial hospitalization and intensive outpatient
• Identified diverse backgrounds and situational circumstances of patients that may affect treatment

May 2018-August 2018 LifeChangers Inspire4Life Summer Camp Program Coordinator/Educator
Austin, TX
• Designed a program plan including lessons, logistics, and partnerships
• Developed educational lessons incorporating physical fitness
• Instructed groups of youth on leadership and physical education
• Taught beginnings of self defense
• Reported evaluations to LifeChangers

January 2008-May 2018 Instructor
American Society of Karate, Houston, TX
• Responsible for teaching students, informing parents of events, policies, and procedures
• Responsible for registration of students, and taking care of proper paperwork for Friendswood ISD Community Education
• Calculated yearly expenditures and organized information to report to supervisor
• Negotiated with Martial Arts gear/uniform provider to ensure best deals/discounts

• Achieved the ranking of Black Belt Head instructor and 4th level black
• Created and currently manage the social networks
• Awarded with entry into the Martial Arts Hall of Fame
• Refereed timed fights, team fights, point fights, and forms
• Evaluated karate camp safety and lesson stations
• Taught self-defense
• Awarded Top Female Fighter
• Awarded Highly Nominated Referee

June 2016- August 2017 Community Youth Development- Mentor
San Marcos, TX

• Worked with individuals deemed at "at-risk" from schools across Texas
• Partnered with Communities in Schools
• Lead individuals through a leadership summit, etiquette dinner, and team building activities
• Responsible for administering and collecting evaluations for the state

June- September 2014 Sales Associate

E. Other Professional Credentials (licensure, certification, etc.)

Licensed Clinical Social Worker, Texas Behavioral Health Council
License #64859

II. TEACHING

A. Teaching Honors and Awards: N/A

B. Courses Taught

SOWK 4374/4975
SOWK 4356
SOWK 5679

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C. Directed Student Learning (i.e. theses, dissertations, exit committees, etc.): N/A

D. Courses Prepared and Curriculum Development: N/A

E. Teaching Grants and Contracts

1. Funded External Teaching Grants and Contracts: N/A

2. Submitted, but not Funded, External Teaching Grants and Contracts: N/A

3. Funded Internal Teaching Grants and Contracts: N/A

4. Submitted, but not Funded, Internal Teaching Grants and Contracts: N/A

F. Other:

Graduate/Doctorate Instructional/Research Assistant for the following courses:

- ➢ Fall 2017- MC 1301 Introduction to Mass Communication
- ➢ Spring 2018- MC 1301 Introduction to Mass Communication
- ➢ Fall 2018- MC 1301 Introduction to Mass Communication
- ➢ Spring 2019- MC 1301 Introduction to Mass
- ➢ Spring 2016- MC 1301 Introduction to Mass Communication
- ➢ Spring 2016- MC 4381 Fundamentals of Digital and Online Media
- ➢ Fall 2016- MC 1301 Introduction to Mass Communication
- ➢ Spring 2017- MC 1301 Introduction to Mass Communication

G. Teaching Professional Development Activities Attended: N/A

III. SCHOLARLY/CREATIVE

A. Works in Print (including works accepted, forthcoming, in press): N/A

1. Books: N/A

    a. Scholarly Monographs: N/A

    b. Textbooks: N/A

    c. Edited Books: N/A

    d. Chapters in Books: N/A

    e. Creative Books: N/A

2. Articles: N/A

    a. Refereed Journal Articles: N/A

    b. Non-refereed Articles: N/A

3. Conference Proceedings: N/A

    a. Refereed Conference Proceedings: N/A

    b. Non-refereed: N/A

4. Abstracts: N/A

5. Reports: N/A

6. Book Reviews: N/A

7. Essays: N/A

8. Poems: N/A

9. Short Stories: N/A

10. Other Works in Print: N/A

B. Works Not in Print: N/A

1. Papers Presented at Professional Meetings: N/A

2. Invited Talks, Lectures, and Presentations: N/A

3. Consultancies: N/A

4. Workshops

- February 2024 Texas School of Social Workers Conference
- February 2023 Workshop Trauma and LGBTQIA+ for Del Valle University-district wide training
- February 2023 Texas School of Social Workers Conference
- December 2022 Region 13 Mental Health Series- NueroDevelopment
- October 2022 Sand Tray Therapy Certification Part One
- September 2022 PAL training for AISD
- July 2022 Mental Health Training for PALs
- February 2022 Texas School of Social Wokers Conference
- October 2021 Mental Health First Aid
- August 2021 Trauma-Informed Education/Crisis management for Ojeda Middle School Staff
- July 2021 Mental Health Training for PALS in SAISD
- July 2021 Trauma-Informed Care (presented to staff at Ojeda Middle School
- October 2019 American Association of Adult and Continuing Education Conference
- March 2019 Louisiana National Association of Social Workers Conference
- February 2019 Texas School of Social Workers Conference
- May 2017 University of Texas Play Therapy Symposium
- February 2017 Texas School of Social Workers Conference
- January 2016 National Science Foundation Grant Writing Workshop

5. Other Works not in Print: N/A

a. Works "submitted" or "under review": N/A

b. Works "in progress": N/A

c. Other Works Not in Print: N/A

C. Scholarly / Creative Grants and Contracts: N/A

1. Funded External Grants and Contracts: N/A

2. Submitted, but not Funded, External Grants and Contracts: N/A

3. Funded Internal Grants and Contracts: N/A

4. Submitted, but not Funded, Internal Grants and Contracts: N/A

D. Scholarly / Creative Fellowships, Awards, Honors: N/A

E. Scholarly / Creative Professional Development Activities Attended: N/A

F. Media Recognition: N/A

IV. SERVICE

A. Institutional

1. University: N/A

2. College: N/A

3. Department/School:

- Field Office- Subcommittee Field Student Support & Resources- Chair
- Field Education Committee- member
- Student and Community Engagement Committee- member
- Non-instructional faculty line committee- member

B. Professional:

- R.E.A.L.L. Talk Clinician
- Del Valle ISD trainings/speaker
- AISD PALS training

C. Community:

2022 City of Austin Green Volunteer
2014-2021 Karate Class for San Marcos Housing Authority
Instructor
• Provided a free karate class/uniform for kids
• Designed after school program for kids
2016 Women's Self Defense Class
Instructor/Facilitator
Summer 2014 La Vista Deaf Retirement Home Volunteer
Volunteer
• Signed to the deaf residents, socialized with them
Summer 2014 Piano Class for San Marcos Housing Authority

Instructor

• Taught piano at Poder Learning Center to kids

2012 -2013 Karate Class for Children Victimized by Abuse

Creator, Volunteer
• Started a program to teach abused children karate

2011-2013 Houston Rotary Club Shrimporee
Volunteer
• Volunteered at the Clear Lake Community Shrimporee with various tasks

2011-2013 Elementary Child Care
Volunteer
• Helped baby sit elementary kids during parent meetings

D. Organization Memberships: N/A

E. Service Honors and Awards: N/A

F. Service Grants and Contracts: N/A

1. Funded External Service Grants and Contracts: N/A

2. Submitted, but not Funded, External Service Grants and Contracts: N/A

3. Funded Internal Service Grants and Contracts: N/A

4. Submitted, but not Funded, Internal Service Grants and Contracts: N/A

G. Service Professional Development Activities Attended: N/A