CURRICULUM VITAE

I. ACADEMIC/PROFESSIONAL BACKGROUND

A. Name: Lindsey Diana Menge Title: Assistant Professor of Instruction

B. Educational Background

Degree	*Year*	*University*	*Major*	*Thesis*
R.D.	2019	Texas State University	Dietetic Internship	
M.S.	2018	Texas State University	Human Nutrition	Building a Workplace Culture of Health in a University Setting: Improving the Food Environment at Meetings and Events
B.A.	2007	University of Texas at Austin	English	

C. University Experience

Position	*University*	*Dates*
Assistant Professor of Instruction, Family and Consumer Sciences	Texas State University	2024 - present
Dietetic Internship Director, Family and Consumer Sciences	Texas State University	2022 - 2025
Senior Lecturer, Family and Consumer Sciences	Texas State University	2019 - 2024
Lecturer, Family and Consumer Sciences	Texas State University	2018-2019
Luxton Research Fellow Lab of Dr. Sylvia Crixell, Human Nutrition	Texas State University	2017-2018
Graduate Research Assistant Lab of Dr. Sylvia Crixell, Human Nutrition	Texas State University	2016-2017
Volunteer Research Assistant, Lab of Dr. Ramona Salcedo-Price, Human Nutrition	Texas State University	May-Sept 2016

D. Relevant Professional Experience

Position	*Entity*	*Dates*
Owner/Licensed Dietitian	LDMnutrition, LLC, Austin, TX	2019 - present

E. Other Professional Credentials

Program Reviewer, Accreditation Council for Education in Nutrition and Dietetics (ACEND). June 2025-present (3-year term)

Licensed Dietitian, Texas Department of Licensing and Regulation. 2019 - Present

Registered Dietitian, Commission on Dietetic Registration: Academy of Nutrition and Dietetics. 2019 - Present

Certified NEMS Rater, The University of Pennsylvania School of Medicine and Robert Wood Johnson Foundation. 2018 - Present

Certified Walk with Ease Instructor, Arthritis Foundation. 2018 – Present

Mental Health First Aid Certified, National Council for Mental Wellbeing. February 2022 – February 2025

ServSafe Certification, American National Standards Institute and the Conference for Food Protection. 2018 – 2023

F. Courses Prepared and Curriculum Development

1. Revise Existing Course

a. NUTR 2360 Nutrition Science. Developed a proposal with Michelle Lane to add course to the science common core curriculum, Texas State University. May 2024 – February 2025.

2. Other Teaching Activities

a. Interprofessional Education Event (IPE) with Dietetic Interns and Physical Therapy students, Dietetic Internship & Department of Physical Therapy. March 31, 2025.

b. Interprofessional Education Event (IPE) with Dietetic Interns and Physical Therapy students, Dietetic Internship & Department of Physical Therapy. April 1, 2024.

c. Interprofessional Education Event (IPE) with Dietetic Interns and Physical Therapy students, Dietetic Internship & Department of Physical Therapy. April 3, 2023.

G. Fellowships, Awards, Honors

Luxton Fellowship Recipient, Texas State University 2017-2018

Outstanding Graduate Student Award, College of Applied Arts 2018

Outstanding Graduate Student Award, Family and Consumer Sciences 2018

II. TEACHING

A. Courses Taught

Texas State University:

NUTR 5360 – NUTRITION PRACTICUM FOR DIETETIC INTERNSHIP

NUTR 4301 - CAREER EXPLORATION

NUTR 3367 – NUTRITION PHYSIOLOGY

NUTR 3303 - NUTRITION RESEARCH METHODS

NUTR 2362/2162 – FOOD SCIENCE

NUTR 2360 - NUTRITION SCIENCE

F. Other:

Guest Lecturer, Food Systems Undergraduate Course Career Day. October 2022.

Guest Lecturer, Central Texas Food Bank Culinary Program. February 2019

Guest Lecturer, Research Design and Methods Graduate Course. November 2018

G. Teaching Professional Development Activities Attended

Feeding the Mind and the Gut: How Nutrition Impacts Disorders of Gut-Brain Interaction presented by Dr. Santucci and Kate Farms. September 18, 2025.

Faculty Development: Promotion for Non-Tenure Line Faculty. Virtual Event. May 5, 2025.

Inclusive Design and Accessibility Considerations for Dietitians presented by Sonya Lewis, MA, RDN, MCHES. Dietitians of Central Texas Member Meeting. April 30, 2025.

Accreditation Council for Education in Nutrition and Dietetics (ACEND) Program Reviewer Training Part 2: In-person Workshop. ACEND Headquarters. Chicago, IL. March 25 – 26, 2025.

Accreditation Council for Education in Nutrition and Dietetics (ACEND) 2025 Mandatory Program Reviewer Training: Competency Based Education. Presented by Leanne Worsfold, MEd. Virtual Training. February 7, 2025.

Accreditation Council for Education in Nutrition and Dietetics (ACEND) Program Reviewer Online Training Part 1: Modules and Handouts. February 6, 2025.

Food Insecurity in the US: Root Causes, Solutions and Results, Congressional Hunger Center. Virtual Workshop. November 2024.

Empowering Dietetics Educators and Preceptors: Navigating Microaggressions & Advocacy in Academic and Practice Settings, Academy of Nutrition and Dietetics. Virtual Event. November 19, 2024.

AI in Academia Dialogue Series, Faculty Development. Virtual Event. September 19, 2024.

Long Term Care Regulatory Updates: What you need to know to pass survey, Becky Dorner & Associates, Inc. Virtual Workshop. June 8, 2024.

2nd Annual Food is Medicine National Summit, Food is Medicine Institute. Virtual Event. April 24, 2024.

Food as Resistance: Reclaiming the African American Food Narrative, Nutrition LEADers - Texas State University. San Marcos, TX. April 22, 2024.

Addressing Childhood Obesity without Precipitating Eating Disorders in Youth- Can we really do both? - Aida Miles, EdD, MMSc, RDN, LD, FAND, Texas Academy of Nutrition and Dietetics. Dallas, TX. April 6, 2024.

Developing an Integrative and Functional Nutrition Toolbox for Pediatrics - Holly Van Poots, RDN, CSP, FAND, Texas Academy of Nutrition and Dietetics. Dallas, TX. April 6, 2024.

Emerging Nutrition and Healthcare Technologies: The Future is Here - Rick Hall, PhD, RD, FAND, Texas Academy of Nutrition and Dietetics. Dallas, TX. April 6, 2024.

Precision Nutrition - Recent Advances and Controversies in Genetic Testing - Ahmed El-Sohemy, PhD, Texas Academy of Nutrition and Dietetics. Dallas, TX. April 5, 2024.

The Changing Face of Eating Disorder Dietitians: Bringing Diversity and Cultural Competence to the Field - Jessica Setnick, MS, RD, LD, CEDRD, Texas Academy of Nutrition and Dietetics. Dallas, TX. April 5, 2024.

What’s New in Oncology? Addressing Muscle Health and Nutrition, Abbott Nutrition. Kyle, TX. April 4, 2024.

Successfully Supervising Master's Students. Faculty Development. Virtual Workshop. March 28, 2024.

Let's Talk About AI: A Generative AI Discussion, Online & Extended Programs. Virtual Workshop. February 7, 2024.

Challenges and Best Practices in Employee Health and Well-Being, Health Enhancement Research Organization (HERO). Virtual Event. January 16, 2024.

Weight Inclusivity Virtual Presentation. City of San Antonio Metropolitan Health District. United States. December 13, 2023.

Bite-Sized Ways to Motivate Your Students. Texas State University, San Marcos, TX, United States. October 11, 2023.

National Advisory Council on Minority Health and Health Disparities Virtual Meeting. NIH Virtual Event. September 1, 2023.

What is a Sustainable Diet and Food System and How Can RDNs Accurately Communicate This to The Public with Joan Slage Blake, EdD, MS, RD, LDN, FAND. TAND Conference. Austin, Texas. April 14th, 2023.

Microbiome Modulation: A Therapeutic Opportunity in Chronic Diseases with Sai Tummala, DVM, MS, MBA, DACLAM. TAND Conference. Austin, Texas. April 14th, 2023.

It Takes a Village: Using Technology in Outpatient Care to Improve Care and Outcomes with Adrien Paczosa, RD, LD, CEDRD-S and Erin Knopf, MD, CEDS, FAAP, DABPN. TAND Conference. Austin, Texas. April 14th, 2023.

Mindful Eating and Beyond: Incorporating Mind-Body Medicine in your Personal and Professional Life with Theresa Stahl, RDN, LDN, FAND. TAND Conference. Austin, Texas. April 14th, 2023.

Graduate Advising 101: Graduate Advisors Share Recruitment and Retention Tips. Texas State University, San Marcos, TX, United States. February 16, 2023.

Yuja Advanced: Editing and Captions. Texas State University, San Marcos, TX, United States. January 6, 2023.

Yuja Basics. Texas State University, San Marcos, TX, United States. January 5, 2023.

IBS Mimickers: The RDN's Role in Detection and Management. FNCE Conference. Orlando, Florida. October 9th, 2022.

Plant-Based Nutrition: A Potent (and Timely) Tool to Tackle Chronic Disease. FNCE Conference. Orlando, Florida. October 9th, 2022.

Foundation Symposium: The Role of Precision Nutrition and Fats in Mental Health. FNCE Conference. Orlando, Florida. October 8th, 2022.

ACEND Accreditation Workshop (2022 and FEM Standards). FNCE Conference. Orlando, Florida. October 7-8th, 2022.

ACEND Accreditation Modules for Program Directors: 2022 Standards. Commission on Dietetics Registration. United States. October 4th, 2022.

Intermittent Fasting: Evidence-Based Approaches to Optimized Health and Disease Resistance, Wolf Rinke and Associates. United States. February – March 2022.

Mental Health First Aid USA Workshop. Texas State University, San Marcos, TX, United States. February 28th, 2022.

ESCALA: Increasing Latinx Student Success, Texas State University, San Marcos, TX, United States. January 28th, 2022.

Back to the Future: Re-engaging Students in the Post-Pandemic Classroom, Texas State University, San Marcos, TX, United States. January 25th, 2022.

Graduate Advising 101, Texas State University, San Marcos, TX, United States. October 6, 2021

Setting Your Intentions: Inclusive Syllabus Design, Texas State University, San Marcos, TX, United States. August 12, 2021

Mindfulness and Mental Health. Skelly Skills via Zoom. United States. June 22, 2021

ODEL's Summer Institute Keynote Speaker - Dr. Richard Mayer, "Evidence-Based Principles for Designing Online Multimedia Instruction", Texas State University, San Marcos, TX, United States. June 11, 2021

Class Roster Certification (Instructors), Texas State University, San Marcos, TX, United States. February 2, 2021

Canvas Essentials, Texas State University, San Marcos, TX, United States. June 12, 2020

Zoom Bombing, Texas State University, San Marcos, TX, United States. May 28, 2020

Canvas Basics, Texas State University, San Marcos, TX, United States. April 22, 2020

Faculty Focus: Teaching First-Generation Students: Practical Tips for the Classroom, Texas State University, San Marcos, TX, United States. March 10, 2020

Finding Statistics for Education Research, Texas State University, San Marcos, TX, United States. February 18, 2020

Finding & Using Images in your Papers, Publications, & Presentations, Texas State University, San Marcos, TX, United States. February 5, 2020

Workshop, "Quality Matters “Designing Your Online Course”," Office of Distance and Extended Learning. August 23, 2019

III. SCHOLARLY/CREATIVE

A. Works in Print

1. Articles

a. Refereed Journal Articles

Butler, J. L., Downs, A. A., Johnson, C. M., **Menge, L**. D., Roberts, S. D., Salcedo, R., & Youens, C. V. H. Concerns about the “corporate capture” of The Academy article. *Public Health Nutrition*. 2023. DOI: 10.1017/S1368980023000551

Sherman B, Hernandez A, Alhado M, **Menge L**, Price R. Silibinin Differentially Decreases the Aggressive Cancer Phenotype in an In Vitro Model of Obesity and Prostate Cancer. *Nutrition and Cancer.* 2019. DOI: 10.1080/01635581.2019.1633363

Menge L, Hu Y, Crixell S, Lloyd L, Bezner J, Burke T. Influences on Catered Event Ordering in a University Workplace: Development and Validation of the Understanding Food Ordering (UFO) Survey. *American Journal of Health Promotion*. Accepted for Publication 1-4. [IF 2.586] DOI: 10.1177/0890117118807217 (http://journals.sagepub.com/eprint/JzHVUNpHAqb2eXXw7dKc/full)

2. Abstracts

Herrin S, Bezner J, **Menge L**. Effective Team-Based Learning in Physical Therapist Students and Dietetic Interns: A Virtual Interprofessional Education Experience. APTA Academy of Education and the American Council of Academic Physical Therapy Educational Leadership Conference. Philadelphia, PA. October 2023.

Crixell S, **Menge L**, Oliver J. Perspectives and Assessment of the Catered Food Environment at a University. American Society for Nutrition Annual Conference. Baltimore, MD. June 2019.

Menge L, Ziesemer B, Moser J, Gomez I. Bobcat Bounty: Evaluation of the Volunteer Experience with a Student-Run Campus Food Pantry. Texas Academy of Nutrition and Dietetics Annual Conference. Dallas, TX. April 2019.

Menge L, Crixell S, Oliver J. Catered Food at the Workplace: Feedback and Nutrition Knowledge of Those Who Order. Health Scholar Showcase. Texas State University. February 2019.

Menge L, Crixell S, Hu Y, Lloyd L, Bezner J, Oliver JR. Policies and Other Influences on Food-Ordering Decisions for Catered Events in a University Workplace. Society for Nutrition Education and Behavior Annual Conference, Minneapolis, MN, July 2018. (https://www.jneb.org/article/S1499-4046(18)30378-6/pdf)

Rambo L, Crixell S, Lloyd L, Bezner J. Nutrition education in a university wellness program *FASEB J*. April 2017 31:640.29

Nix, H., Martin, R., **Rambo, L**., & Price, R. Silibinin Reduces the Impact of Obesity on Invasive Liver Cancer. American Institute for Cancer Research Annual Conference. Bethesda, MD, November 2016.

B. Works not in Print

1. Research Presented at Professional Meetings

Bezner, J., **Menge, L.** Movement and Nutrition Hacks: The Value of Microbreaks. 2025 HERO University Summit, Health Enhancement Research Organization (HERO) Annual Conference. Speaker Presentation, Virtual Session. October 21, 2025.

Horner, S., **Menge, L**. Supporting Nutrition Behavior Change with the DESIGN Procedure. FCS in Bloom Showcase. San Marcos, TX. April 25, 2025.

Lee, H., Farrell, M., **Menge, L**. D., Bezner, J. R., Swearingen, C. C. Addressing Participation in Wellness at Work: Development of an Employee Needs Assessment. FCS in Bloom Showcase. San Marcos, TX. April 26, 2024.

Herrin, S. R., Bezner, J. R., **Menge, L. D**. Changing Attitudes in Physical Therapist Students and Dietetic Interns Through a Virtual Interprofessional Education Experience. College of Health Professions Research Forum 2024. Round Rock, TX. April 11, 2024.

Lang, J. R., Johnson, C. M., Biediger-Friedman, L. M., **Menge, L. D**., Butler, J. L. A Study of Weight Stigma, Body Appreciation, and Disordered Eating Behaviors among Promotores and Community Health Workers in Texas. Translational Health Research Center. San Marcos, TX. March 1, 2024.

Herrin S, Bezner J, **Menge L**. Effective Team-Based Learning in Physical Therapist Students and Dietetic Interns: A Virtual Interprofessional Education Experience. APTA Academy of Education and the American Council of Academic Physical Therapy Educational Leadership Conference. Philadelphia, PA. October 2023.

Farrell M, **Menge L**, Bezner J, Swearingen C. Development of a needs assessment to inform *WellCats* group nutrition education programming. FCS Bloom Showcase. San Marcos, TX. April 21st 2023.

Hutchison A, Wollmuth K, Usey T, Farrell M, Murphy J, **Menge L**. Using Social Media to Expand Public Access to Reliable Wellness Information. FCS Bloom Showcase. San Marcos, TX. May 7th 2022.

Wollmuth K, **Menge L**, Crixell S, Hu Y, Scott C. Employee Meetings and Events: Who Orders and How Healthful is the Food?. FCS Bloom Showcase. San Marcos, TX. May 7th 2022.

Crixell S, **Menge L**, Oliver J. Perspectives and Assessment of the Catered Food Environment at a University. American Society for Nutrition Annual Conference. Baltimore, MD June 2019.

Menge L, Ziesemer B, Moser J, Gomez I. Bobcat Bounty: Evaluation of the Volunteer Experience with a Student-Run Campus Food Pantry. Dallas, TX. April 2019.

Menge L, Crixell S, Oliver J. Catered Food at the Workplace: Feedback and Nutrition Knowledge of Those Who Order. Health Scholar Showcase. Texas State University. February 2019.

Menge L, Crixell S, Hu Y, Lloyd L, Bezner J, Oliver J. Policies and Influences on Food-Ordering for Catered Events in a University Workplace. FCS Research & Creative Scholarship Showcase, Texas State University, October 2018.

Menge L, Crixell S, Hu Y, Lloyd L, Bezner J, Oliver J. Policies and Other Influences on Food-Ordering Decisions for Catered Events in a University Workplace. Society for Nutrition Education and Behavior Annual Conference, Minneapolis, MN, July 2018. (https://www.jneb.org/article/S1499-4046(18)30378-6/pdf)

Crixell S, Lloyd L, Bezner J, Hu Y, Burke T, **Menge L**, Oliver J. Food and Drinks at University Events for Faculty and Staff. Health Scholar Showcase, Texas State University, February 2018.

Menge L, Oliver J, Crixell S. What Food is Offered at University Events and Meetings? Texas State Nutrition Food Day, November 2017.

Menge L Rambo, Crixell S, Lloyd L, Bezner J. Nutrition Education in a University Wellness Program. Societies for Experimental Biology Annual Meeting, Chicago, IL *FASEB J*. April 2017 31:640.29

IV. SERVICE

A. Institutional

1. University:

ACEND Program Reviewer. Accreditation Council for Education in Nutrition and Dietetics. June 1, 2025 – Present (3-year appointment)

Champion for the College of Applied Arts, *WellCats* Stand and Move at Work Program. August 2024 - Present

Leadership Team Member and Coordinator of Nutrition Services, *WellCats*: Texas State University's Employee Wellness Program. 2019 – Present

Content Contributor*, WellCats* Monthly Newsletter, 2017 – present

WellCats Nutrition Coordinator, Texas State Employee Wellness Fair – Don't let your risk factors creep up on you; Preventive care doesn't have to be scary. October 15, 2025.

Guest Speaker, *WellCats* Educational Series: "All Together Now: Well-being with Others Doubles the Fun and Benefits". September 23, 2025.

Participant, TXST/Huron Focus Group – Graduate Leadership. January 22, 2025.

WellCats Nutrition Coordinator, Texas State Employee Wellness Fair – From Seed to Serenity. October 22, 2024.

Guest Speaker, *WellCats* Educational Series: "Health Expert Panel". September 24, 2024.

Presenter, Texas State Podcast Network. "Enlighten Me" Podcast. July 15, 2024.

WellCats Nutrition Coordinator, Texas State Bobcat Bene-Fest Fair. October 12, 2023.

Nutrition Coordinator. Bring Your Kid to TXST. *WellCats* Cooking Class. April 27, 2023.

Coordinator and Presenter, "Brunch Bunch - Healthy, Budget-Friendly Brunch Themed Meals for Students". Graduate Student Appreciation Week. April 5, 2023.

Presenter and Leader, "Vitamin C". *WellCats* Walk and Talk Class. January 19, 2023.

Coordinator and Presenter, "High Five Happy Hour". Graduate Student Appreciation Week. April 8, 2022.

Guest Speaker, *WellCats* Educational Series: "Reviving Your Wellness". October 2021

Search Committee Member, Campus Recreation Fitness Coordinator Position. August 2021

Coordinator and Presenter, "Beyond Top Ramen: Healthy, Budget-Friendly Meals for Students". Graduate Student Appreciation Week. April 9, 2021.
Coordinator, *WellCats.* June - September 2020

Guest Speaker, *WellCats* Educational Series: "Health Expert Panel". September 2020

Presenter, *WellCats* Podcast Educational Series. "The Hero's Journey". August 2020

Guest Speaker, *WellCats* Educational Series: "Health Expert Panel". March 2020

Guest Speaker, Campus Recreation Be-YOU-tiful Week. February 2020

Coordinator*, WellCats* Champions Annual Appreciation Event, January 2020

Coordinator and Presenter, *WellCats* Team Building Event, July 2018

Coordinator and Presenter, *WellCats* Champions Annual Appreciation Event, 2018

Speaker and Menu Advisor, Luxton Dedication Event, March 2018

Instructor, Walk with Ease: *WellCats* Educational Walking Series, 2017-2018

Coordinator and Presenter, *WellCats* Champions Annual Appreciation Event, August 2017

Rambo L, Crixell S. Supplements Part II, Lunch and Learn *WellCats* Presentation, July 2017

Rambo L, Crixell S. Supplements Part I, Lunch and Learn *WellCats* Presentation, May 2017

Rambo L, Crixell S. Feeding Young Children, Lunch and Learn *WellCats* Presentation, February 2017

Rambo L, Crixell S. What Should I Drink? Lunch and Learn *WellCats* Presentation, February 2017

Rambo L, Crixell S. Healthy Eating for Joint Health, Lunch and Learn *WellCats* Presentation, October 2016.

Rambo L, Crixell S. Weight Loss for Joint Protection and Health, Lunch and Learn *WellCats* Presentation, September 2016.

b. *WellCats* Newsletter Articles

Building Strength Together through Collaboration, *WellCats* Newsletter, December 2020

Cultivating Connection and Support Networks During COVID-19, September 2020

Setting and Achieving Goals in Health and Wellness, April 2020

Key Points: Getting the Most Out of Your Nutrition Pre and Post Workout, *WellCats* Newsletter, December 2017

Eating for Health at Work Functions, *WellCats* Newsletter, November 2017

Diet and Brain Health, *WellCats* Newsletter, September 2017

Navigating Supplements, *WellCats* Newsletter, August 2017

What's the Deal with D?, *WellCats* Newsletter, July 2017

Make the Most Out of Your Produce: Reduce Food Waste, *WellCats* Newsletter, May 2017

Make it and Save It, *WellCats* Newsletter, April 2017

Celebrate the Season with Spring Vegetables, *WellCats* Newsletter, March 2017

Olive Oil Benefits, *WellCats* Newsletter, March 2017

Plastic Concerns, *WellCats* Newsletter, February 2017

Healthy Superbowl, *WellCats* Newsletter, February 2017

Brown Bag Smart, *WellCats* Newsletter, February 2017

Fiber for Optimal Health, *WellCats* Newsletter, January 2017

Healthy in the New Year, *WellCats* Newsletter, January 2017

Tips for Healthy Travel Eating, *WellCats* Newsletter, December 2016

The Many Roles of Calcium, *WellCats* Newsletter, December 2016

Soup for the Winter Soul, *WellCats* Newsletter, December 2016

Kale Krazy, *WellCats* Newsletter, November 2016

Osteoarthritis: Know the Facts, *WellCats* Newsletter, October 2016

Fruits and Vegetables for a Healthier You, *WellCats* Newsletter, September 2016

Why Seeds?, *WellCats* Newsletter, September 2016

3. Department/School:

Member, Dietetic Internship Admissions Committee. January 2026 - Present

Member, Graduate Admissions Committee. October 2020 - Present

Member, Graduate Recruitment Committee. September 2020 – Present

Participant, Working in Nutrition Sciences Journal Club. January 2020 – Present

Chair, Dietetic Internship Advisory Committee. June 2022 – December 2025

Chair, Dietetic Internship Admissions Committee. January 2023 – December 2025

Mentor, Career Exploration in Nutrition (NUTR 4301). AB Hadid, Undergraduate Student, BSFCS Nutrition and Foods, School of Family & Consumer Sciences. August 2025-December 2025.

Member, Thesis Committee. Julianne Lang, Graduate Student, MS Human Nutrition, School of Family & Consumer Sciences. Defended March 28, 2025.

Preceptor, Dietetic Internship. Julianne Lang, Dietetic Intern/MS Human Nutrition, School of Family & Consumer Sciences. February 2025 – May 2025.

Member, Recruitment Committee – Nutrition Program. May 2023 – May 2025

Mentor, Career Exploration in Nutrition (NUTR 4301). Olivia Vasquez, Undergraduate Student, BSFCS Nutrition and Foods, School of Family & Consumer Sciences. January 2025-May 2025.

Mentor, Career Exploration in Nutrition (NUTR 4301). Jeremiah Schulze, Undergraduate Student, BSFCS Nutrition and Foods, School of Family & Consumer Sciences. January 2025-May 2025.

Preceptor, Dietetic Internship. Phil Nichols, Dietetic Intern/MS Human Nutrition, School of Family & Consumer Sciences. January 2025.

Preceptor, Dietetic Internship. Elba Alarcon-Butron, Dietetic Intern/MS Human Nutrition, School of Family & Consumer Sciences. December 2024.

Organizer, Nutrition with a Minor Event. November 5, 2024.

Co-organizer, MSHN/DI Open House Event. November 2, 2024.

Preceptor, Dietetic Internship. Taylor Fuselier, Dietetic Intern/MS Human Nutrition, School of Family & Consumer Sciences. October 2024.

Faculty Representative, TAMU Dietetic Internship Preparation Workshop and Fair. October 19, 2024.

Mentor, Career Exploration in Nutrition (NUTR 4301). David Shaw, Undergraduate Student, BSFCS Nutrition and Foods, School of Family & Consumer Sciences. August 2024-December 2024.

Mentor, Career Exploration in Nutrition (NUTR 4301). Anna Osten, Undergraduate Student, BSFCS Nutrition and Foods, School of Family & Consumer Sciences. August 2024-December 2024.

Supervisor, Independent Study. Sarah Horner, Graduate Student, MS Human Nutrition, School of Family & Consumer Sciences. June 2024-July 2024

Faculty Representative, Dietetic Intern Poster Presentations. FCS Bloom Event. April 26, 2024.

Faculty Representative, Texas Academy of Nutrition and Dietetics Annual Conference Booth. April 4-6, 2024.

Preceptor, Dietetic Internship. Sarah Horner, Dietetic Intern/MS Human Nutrition, School of Family & Consumer Sciences. February 2024-May 2024.

Faculty Representative, Student Nutrition Organization (SNO). January 30, 2024.

Member, Instructional Faculty Pathways for FCS Committee. October 2023-December 2023

Member, Didactic Program Advisory Committee. May 2020 – May 2023

Graduate Student Mentor, Human Nutrition. September 2020 – May 2023

Co-organizer, MSHN/DI Open House Event. November 4, 2023.

Mentor, Career Exploration in Nutrition (NUTR 4301). Giovanna Patron, Undergraduate Student, BSFCS Nutrition and Foods, School of Family & Consumer Sciences. August 2023-December 2023.

Preceptor, Dietetic Internship. Miranda Walker, Dietetic Intern/MS Human Nutrition, School of Family & Consumer Sciences. August 2023-November 2023.

Faculty Representative, TAMU Dietetic Internship Preparation Workshop and Fair. October 14, 2023.

Faculty Representative, Student Nutrition Organization (SNO). September 25, 2023.

Faculty Representative, Student Nutrition Organization (SNO). September 1, 2023

Co-organizer, Bobcat Welcome. Nutrition and Foods Program Event. August 16, 2023.

Organizer, DI Bridges Mentorship Program. September 2022 – May 2023

Chair, Non-DPD Recruitment Committee. February 2022 – May 2023

Preceptor, Dietetic Internship. Heather Lee, Dietetic Intern/MS Human Nutrition, School of Family & Consumer Sciences. February 2023-May 2023.

Faculty Representative, Dietetic Intern Poster Presentations. FCS Bloom Event. April 21, 2023.

Faculty Representative, Texas Academy of Nutrition and Dietetics Annual Conference Booth. April 14, 2023.

Co-organizer, Interprofessional Education Event (IPE) with Dietetic Interns and Physical Therapy students. April 3, 2023.

Faculty Representative, Graduate Student Orientation. January 12, 2023.

Member, Nutrition Lecturer Search Committee. October 2022 – December 2022

Mentor, Career Exploration in Nutrition (NUTR 4301). Sarah Horner, Undergraduate Student, BSFCS Nutrition and Foods, School of Family & Consumer Sciences. August 2022-December 2022.

Preceptor, Dietetic Internship. Stefanie Kaiser, Dietetic Intern/MS Human Nutrition, School of Family & Consumer Sciences. August 2022-November 2022.

Faculty Representative, Student Nutrition Organization (SNO). November 9, 2022

Co-organizer, MSHN/DI Open House Event. October 29, 2022

Faculty Representative, Student Nutrition Organization (SNO). October 12, 2022

Faculty Representative, TAMU Dietetic Internship Preparation Workshop and Fair. October 01, 2022

Member, Nutrition and Foods Website Committee. September 2021-September 2022

Coordinator, Graduate Program Information Sessions. January 2021-August 2022

Organizer, Grad School Coffee Talks. October 2021-August 2022

Co-coordinator, Human Nutrition Graduate Program. January 2021 – August 2022

Mentor, Career Exploration in Nutrition (NUTR 4301). Wanda Hernandez, Undergraduate Student, BSFCS Nutrition and Foods, School of Family & Consumer Sciences. June 2022-August 2022.

Organizer, Nutrition with a Minor Event. April 14, 2022.

Mentor, Career Exploration in Nutrition (NUTR 4301). Taylor Usey, Undergraduate Student, BSFCS Nutrition and Foods, School of Family & Consumer Sciences. January 2022-May 2022.

Preceptor, Dietetic Internship. Maggie Farrell, Dietetic Intern/MS Human Nutrition, School of Family & Consumer Sciences. January 2022-April 2022.

Co-Organizer, Senior Rising Stars Recruitment Event. November 17, 2021

Faculty Representative, NDEP DSPP Fair. November 8, 2021

Member, 5-Year BS/MS/DI Committee. September 2021-November 2021

Preceptor, Dietetic Internship. Kristen Wollmuth, Dietetic Intern/MS Human Nutrition, School of Family & Consumer Sciences. August 2021-November 2021.

Faculty Representative, Dietetic Internship Preparation Workshop and Fair. October 30, 2021.

Faculty Representative, Student Nutrition Organization. September 21, 2021

Faculty Representative, Student Nutrition Organization. September 14, 2021

Faculty Representative, Student Nutrition Organization. March 1, 2021

Faculty Representative, Student Nutrition Organization. February 22, 2021

Faculty Representative, Texas State Graduate and Professional School Fair. February 2021

Co-Organizer, Graduate Recruitment Event: Open House. October 29, 2020

Faculty Representative, Food and Nutrition Conference and Expo. October 19, 2020

Preceptor, Dietetic Internship. Taylor Hawkins, Dietetic Intern/MS Human Nutrition, School of Family & Consumer Sciences. October 2020.

Faculty Representative, Student Nutrition Organization. September 29, 2020

Guest Speaker, Dietetic Internship Preceptor Appreciation Webinar Series. Presentation entitled: "Food at Work: The Special Case of Mandatory Meetings". June 2020

Participant, Dietetic Internship Public Celebration. May 26, 2020

Participant, Dietetic Internship Preceptor Appreciation Webinar Series. May 22, 2020

Co-Chair, Retention Anchor Committee. September 2019 – May 2021

Faculty Representative, Texas A&M University Dietetic Internship Open House. October 19, 2019

Faculty Representative, Student Nutrition Organization. October 8th, 2019.

B. Professional

Academy of Nutrition and Dietetics, Member

Texas Academy of Nutrition and Dietetics, Member

Nutrition and Dietetics Educators and Preceptors (NDEP), Member

Diversify Dietetics, Member

Dietitians of Central Texas, Member

Austin Academy of Nutrition and Dietetics, Member 2019-2020

Society for Nutrition Education and Behavior, Member 2018-2020

C. Community:

Faculty Coordinator, Dietitians of Central Texas Member Meeting. Part 1: Intern Case Study Presentations. April 30th, 2025.

Guest Presenter, "Eating with the Season – Colorful Fall Recipes" Cooking Class. Employee Retirement System of Texas Wellness Fair. Virtual event. October 11th, 2022.

Guest Speaker, "Eat More Plants". Employee Retirement System of Texas. Virtual event. March 30th, 2022.

Guest Speaker, "Intermittent Fasting and Immunity". Employee Retirement System of Texas. Virtual event. March 23rd, 2022.

Guest Presenter, "Plant Power" Cooking Class. Employee Retirement System of Texas Wellness Fair. Virtual event. March 11th, 2022.

Guest Speaker, "Intermittent Fasting". ERS Walk and Talk Podcast. February 28th, 2022.

Guest Presenter, "Take Your Power Back to the Kitchen with MyPlate". ERS Wellness Fair. Virtual event. October 20th, 2021.

Guest Speaker, Daily Digests 6-Week Nutrition Educational Series. Texas Department of Transportation. Virtual events. June 2021-July2021.

Guest Presenter, "Cooking for the Whole Family". Texas Comptroller of Public Accountants. Virtual event. June 11th, 2021.

Guest Speaker, "Intermittent Fasting Explained". Employee Retirement System of Texas. Virtual event. March 25th, 2021.

Guest Speaker, "Nutrition During and After Cancer Treatment" Cancer Rehab and Integrative Medicine Austin, TX June 2020.

Guest Speaker, “Building a Strong Foundation: Keys to Healthy Eating for Survivorship”. *LIVESTRONG YMCA Austin, TX.* November 2019.

Guest Speaker, “Building a Strong Foundation: Keys to Healthy Eating Before and After Cancer Treatment”. *Cancer Rehab and Integrative Medicine Austin, TX.* October 2019.

Author, “Be a Zero Waste Hero”. Farmhouse Delivery blog, Austin, TX. March 2019.

Author, "The Dirty Dozen: The Bad Boys of Produce & How to Make Healthy Choices”. Farmhouse Delivery blog, Austin, TX. March 2019.

Central Texas Food Bank Culinary Program, Guest Lecturer. Austin, TX. February 2019.

Speaker, Akins High School Football Booster Club, Austin, TX. June 2017

Presenter, CFAN Employee Wellness Health Fair, San Marcos, TX. April 2017

Speaker, Feeding Healthy Children Strengthening Relationships/Strengthening Families Teen Parent Symposium, San Marcos, TX. November 2016