TEXAS STATE VITA

I. ACADEMIC/PROFESSIONAL BACKGROUND

A. Name: Natalie A. Ceballos, Ph.D. **Title:** Chair and Professor

B. Educational Background:

Degree	*Year*	*University*	*Major*	*Thesis / Dissertation*
Ph.D.	2003	University of Oklahoma Health Science Center	Neuroscience	*Neurocognition, Nicotine & Polysubstance Abuse* Mentor: Sara Jo Nixon, Ph.D.
B.A.	1998	Southwestern Oklahoma State University	Chemistry	
B.S.	1998	Southwestern Oklahoma State University	Biological Sciences	

C. University Experience:

Position	*University*	*Dates*
Chair	Department of Psychology Texas State University	2021 - present
Associate Chair	Department of Psychology Texas State University	2020 - 2021, 2014 - 2016
Professor	Department of Psychology Texas State University	2017 - present
Associate Professor	Department of Psychology Texas State University	2012 - 2017
Assistant Professor	Department of Psychology Texas State University	2007 - 2012
Lecturer	Department of Psychology Texas State University	2006 - 2007
Research Assistant Professor	Department of Behavioral Sciences University of Minnesota Medical School Duluth	2005 - 2006
NIAAA Postdoctoral Fellow	Department of Psychiatry University of Connecticut Health Center	2003 - 2005

II. TEACHING

A. Teaching Honors and Awards:

Nominee for John R. Hood Honors Professor of the Year, 2017
College of Liberal Arts Presidential Distinction Award for Excellence in Teaching, 2015
College of Liberal Arts Nominee for Presidential Excellence in Teaching Award, 2015 Alpha Chi National Honor Society (TX State Chapter) Favorite Professor, 2012, 2015, 2016
Dean of Liberal Arts' Award for Excellence in Teaching, 2009
Dean's Nominee for Presidential Excellence in Teaching Award, 2009
Selected as a Chi Omega Favorite Teacher, 2008
Selected as a Favorite Teacher at the Annual Mitte Circle of Excellence Luncheon, 2008.

B. Courses Taught: (2015-present)

Undergraduate: PSY 1300 Introductory Psych, PSY 3322 Brain & Behavior, HON 3397T Psychology in Film, PSY 4390N Psychopharmacology

Graduate: PSY 5105 Practicum in Teaching Psychology, PSY 5324 Biological Bases of Behavior, PSY 5345 Psychopharmacology

C. Graduate Theses/Dissertations or Exit Committees:

1. MA in Health Psychology, TXST (closed to new students, effective fall 2011)

Thesis Committee Chair: Duncan Dickson (2012), Lindsey Helden (2011), Laura Kaufman (2010), William Fisher (2009)

Thesis Committee Member: Chelsey Werchan (2010); Juliette Galindo (2010); Jondell LaFont (2010); Wendy Brooks (2010); Cory Overby (2010); Natalie Rojas (2009); Tommy Erwin (2008); Anastasia Benson (2007)

2. MA in Psychological Research, TXST (first class admitted fall 2013)

Thesis Committee Chair: Finlay Johnstone (in progress); Konstance Neumann (in progress); Zakiya Young (2025); Cara Petrofes (2021); Linda-Brooke Thompson (2019); Reginald Clark (2018); Julia Moore (2018); Morgan Kelly (2016)

Thesis Committee Member: Madison Risner (2025); Victoria Leyva (2023); Adine De Leon (2022); Rabecca-Kimberly Hernandez (2020); Dalton Klare (2020); Dalton Edwards (2020); Casey Morris (2019); Anthony Robinson (2019); Kirstin Critz (2018); Marieke Visser (2018); Sera Schaffer (2017); Frank DePalma (2016); Matthew Light (2015); Jaime Chambers (2015); Kyle Thurin (2015); Adrienne Koller (2015)

3. PhD in Aquatic Resources and Integrative Biology, Department of Biology, Texas State University (through courtesy appointment in Department of Biology)

Dissertation Committee Chair: Shobhit Sharma (2016)

D. Other:

1. Undergraduate Research Supervision

NIH Academic Research Enhancement Award (AREA) Mentees, 2021-2024:
Jacob Guerrero, Victoria Leyva, Roberto Ugalde, Kaitlin Hall, Chloe Davis, Justice Corbett, Alex Garcia, Amelya Rivera, Idali Casas, Caydin Hazziez

Internally- and/or Externally funded Student Research Projects:
Wickham, K. (Awardee), Ceballos, N.A. (Faculty Sponsor). A correlational study on the neurodevelopmental theories of human sexuality. TXST SURF / Mind Science Foundation of San Antonio. (total amount $1,000, 2015-2016)
Bassitt, S. (Awardee), Ceballos, N.A. (Faculty Sponsor). How does body image awareness change during the transition to college life? TXST SURF / Mind Science Foundation of San Antonio. (total amount $1,000, 2012-2013)

Undergraduate Honors Theses
Supervisor: Julia Pruin (2019); Megan Armstrong (2018); Danielle Callaway (2018); Keimche Wickham (2016); Jessica Kornberg (2013); Regan Aaron (2010)
Second Reader: Katharina Reyling (in progress); Gabrielle Gaubert (2025); Blake Barnhouse (2019); Haley Cook (2014)

Other Undergraduate Mentoring (Research)

2025-2026: Ruby Sweet, William Paxton, Anthony Harrelson, Bibek Pandey
2024-2025: Karyme Flores Casanova, William Paxton, Hannah Roberts, Ruby Sweet
2021-2022: Kaitlin Hall and Alex Garcia (qualitative project with TXST MMSA)
2019-2020: Melanie Coles-Ruiz, John Epps, Brittney Hathaway, Julia Pruin
2018-2019: Melanie Coles-Ruiz, Brittney Hathaway, Julia Pruin
2017-2018: Jenny Newman, Scott Oettli, Melanie Coles-Ruiz
2016-2017: Oluwaseun Awofisayo, Amanda Gordon, Danielle Callaway
2015-2016: Keimche Wickham, Mia Furgurson, Oluwaseun Awofisayo, Juliana Guerrero, Arthur Barrera, Amanda Gordon, Danielle Callaway
2014-2015: Joshua Ford, John Treffalls, Luis Flores, Ligia Zolezzi, Gisela Salgado, Estefania Lopez, Breana McCormack, Keimche Wickham
2012-2013: Salina Bassitt, Gordon Dodwell, Jessica Kornberg, Jaime Chambers
2011-2012: Yesenia Bernice Flores, Grayson Paynter, Michael Cawvey, Leslie Thompson, Shannon Wilder, Salina Bassitt
2010-2011: Velia Hernandez, Natalie Carter, Jennifer Paz
2009-2010: Sarah Smart, Amanda Wilson, Melinda Nowak
2008-2009: Veronica Newton, Kim Rinehart, Eva Tweedy, Brian Allen, Ragan Aaron, Kevin Lewis, Catherine Love, Lauren Graham
2008: Mallory Zikeli, Mike Caverly
2007-2009: Brittney Wiese
2007-2008: Chatone Strickland, Velia Hernandez, Ana Cabezas, Elizabeth Ramon, Carlos Perez
2007-2008: Kristin Milam
2006-2007: Jade Lovera, Melinda Medrano

2. Graduate Research Supervision:

Internally- and/or Externally Funded Student Research Projects

Sharma, S. (Awardee), Ceballos, N.A. (Faculty Sponsor). Doctoral Research Support Fellowship Award, TXST Graduate College. (total amount $5,000, 2015)
Sharma, S. (Awardee), Ceballos, N.A. (Faculty Sponsor). Influence of BDNF and family history of alcohol dependence on alcohol consumption in healthy social drinkers. John P. McGovern Fellowship from TRSA. (total amount $5,000, 2012-2013)

Other Graduate Mentoring (Research)

2011: Xuan Santos, TX State Summer Predoctoral Fellow, Department of Psychology
2019: Merab Gomez and Sierra Kaiser, TX State MIRG-funded Research Assistants

III. SCHOLARLY / CREATIVE WORK (†denotes former or current TX State student co-author)

A. Works in Print:

1. Chapters in Books (Refereed):

Ceballos, N.A., †Young, Z.K., and Howard, K. Social comparisons. (2026). In Fullwood, C., Attrill-Smith, A., Branley-Bell, D., Carter, P., & Orchard, L (Eds.), *The Palgrave Encyclopedia of Cyberpsychology*. Palgrave Macmillan. https://doi.org/10.1007/978-3-031-52643-5_54-1

Ceballos, N.A., †Colbert, A., Graham, R. (2014). Acculturation, health disparities and the Hispanic Health Paradox. In Merton, J. (Ed.), *Acculturation, Psychology, Processes and Global Perspectives* (1-28). New York: Nova Science Publishers.

Ceballos, N.A. (2014). Weight loss interventions in the Mexican American community. In V. Brennan, S. Kuanyika, R. Zambrana (Eds.), *Obesity Interventions in Underserved*

U.S. Populations: Evidence and Directions (123- 148). Baltimore, MD: Johns Hopkins University Press.

Houston, R.J., Ceballos, N.A. (2013). Human neurophysiology: EEG and quantitative EEG in addiction research. In P. Miller (Ed.), *Biological Research on Addiction: Comprehensive Addictive Behaviors and Disorders, Volume 2*. Elsevier.

Fisher, W.I., Johnson, A., Fisher, L., Sharma, S., Ceballos, N.A. (2013). Impulsive-aggressive behavior in adolescents: a review. In R. Bodine and D.R. Bucher (Eds.), *Aggressive Behavior: New Research* (45-92). New York: Nova Science Publishers, Inc.

Czyzewska, M., Graham, R., Ceballos, N.A. (2011). Explicit and implicit attitudes to food. In V.R. Preddy & R. R. Watson (Eds.), *Handbook of Behavior, Food and Nutrition* (673-692). London: Springer.

Ceballos, N.A., Cheek, J.A., Tivis, R.D., Nixon, S.J. (2006). Assessing cognitive efficiency in chronic street drug users. In S. Cole (ed.), *Street Drugs: New Research* (31-54). New York: Nova Science Publishers, Inc.

2a. Refereed Journal Articles:

Ceballos, N.A., Sweet, R.N., & Westerberg, C.E. (2026). Self-reports of past malevolent behavior and narcissism as predictors of malevolent creativity on a real-world ideation task. *Journal of Intelligence, 14*(8), 176. https://doi.org/10.3390/jintelligence14080176

Graham, R., Zborowski, A., †Hazziez, C., †Neumann, K.A., & Ceballos, N.A. (2026). Alcohol cue-reactivity, inhibitory control, and associated psychological factors in college binge drinkers. *International Journal of Psychophysiology,* 226: 113399. https://doi.org/10.1016/j.ijpsycho.2026.113399

Perrotte, J. K., †Romero, D. N., Ceballos, N. A., Howard, K. J., & Graham, R. (2026). Contextualizing linguistic acculturation and alcohol use among Hispanic college students in the social digital environment. *Cultural Diversity & Ethnic Minority Psychology*, *32*(1), 122-131. https://doi.org/10.1037/cdp0000712

Ceballos, N., Perrotte, J., †Sharma, S., †Awofisayo, O., †Callaway, D., †Gordon, A., & Graham, R. (2025). Women who pre-game: A study of stress and alcohol use in female collegiate predrinkers. *Journal of American College Health*, *73*(3), 856–864. https://doi.org/10.1080/07448481.2023.2245499

Ceballos, N.A., †Petrofes, C., Bitney, C., Graham, R., & Howard, K. (2024). Denial, attention-seeking, and posting online while intoxicated: Three key factors associated with collegiate sadfishing. *Cyberpsychology, Behavior, & Social Networking*, *27*(3), 202-207.

Ceballos, N.A., & Watt, T.T. (2023). The influence of adverse childhood experiences on malevolent creativity in young adulthood. *Behavioral Sciences, 13*, 961. https://doi.org/10.3390/bs13120961

Ceballos, N.A., Westerberg, C.E., Graham, R., Shattuck, E, & Perrotte, J. (2022). Blackouts and hangover experiences among Hispanic and Non-Hispanic White college students. *Addictive Behaviors Reports, 16*, https://doi.org/ 10.1016/j.abrep.2022.100466

†Petrofes, C., Howard, K., Mayberry, A., Bitney, C., & Ceballos, N.A. (2022). Sad-fishing: Understanding a maladaptive social media behavior in college students. *Journal of American College Health,* https://doi.org/10.1080/ 07448481.2022.2132110

†Wofford, N., Ceballos, N., Elkins, G., & Westerberg, C.E. (2022). A brief nap after an acute stressor improves negative affect. *Journal of Sleep Research*, *31*, e13701. http://doi.org/10.1111/jsr.13701

†Gomez, M., †Kaiser, S., †Klare, D., Dailey, S., Ceballos, N.A, & Howard, K. (2022). Do you dare to compare? Identifying key characteristics of social media users who frequently make online upward social comparisons, *International Journal of Human-*

Computer Interaction, 38(10), 938-948.
Watt, T.T., †Hartfield, K., Ceballos, N.A., & Kim, S. (2021). Adverse childhood experiences contribute to race/ethnic differences in post-secondary academic performance in a college student sample. *Journal of American College Health*, *71*(6), 1845-1853.
†Kaiser, S., †Klare, D., †Gomez, M., Ceballos, N., Dailey, S., & Howard, K. (2021). A comparison of social media behaviors between sexual minorities and heterosexual individuals. *Computers in Human Behavior, 116,* https://doi.org/10.1016/ j.chb.2020.106638
Watt, T., Kim, S., Ceballos, N.A., & Norton, C. (2020). People who need people: The relationship between adverse childhood experiences and mental health among college students. *Journal of American College Health*, *70*(4), 1265-1273. https://doi.org/10.1080/07448481.2020.1791882
Dailey, S., Howard, K., †Roming, S., Ceballos, N.A., & Grimes, T. (2020). A biopsychosocial approach to understanding social media addiction. *Human Behavior & Emerging Technologies, 2*, 158-167. https://doi.org/10.1002/hbe2.182
Watt, T., Ceballos, N.A., Kim, S., Pan, X., & †Sharma, S. (2019) The unique nature of depression and anxiety among college students with adverse childhood experiences. *Journal of Child & Adolescent Trauma*, *13*(2), 163-172.
Kim, S., Watt, T., Ceballos, N.A., & †Sharma, S. (2019). Adverse childhood experiences and neuro-inflammatory biomarkers: The role of sex differences. *Stress & Health, 35*(4), 432-440.
Howard, K., †Critz, K., Dailey, S., Haskard-Zolnierek, K., & Ceballos, N.A. (2019). An examination of psychosocial factors associated with malicious online trolling behaviors. *Personality & Individual Differences*, *149,* 309-314.
†Robinson, A., †Bonnette, A., Howard, K., Ceballos, N.A., Dailey, S., Lu, Y., & Grimes,T. (2019). Social comparisons, social media addiction, and social interaction: An examination of specific social media behaviors related to major depressive disorder in a millennial population. *Journal of Applied Biobehavioral Research*, e12158. https://doi.org/10.1111/jabr.12158
†Bonnette, A., †Robinson, A., Ceballos, N.A., Dailey, S., & Howard, K. (2019). Upward social comparisons and posting under the influence: Investigating social media behaviors of U.S. adults with Generalized Anxiety Disorder. *Spotlight on Mental Health Research,* doi: 10.35831/sor.mh.bonnette19.
Ceballos, N.A., Howard, K., Sharma, S., Dailey, S.L., & Grimes, T. (2018) Collegiate binge drinking and social media use among Hispanics and Non- Hispanics. *Journal of Studies on Alcohol & Drugs*, *79*(6), 868-875.
†Thurin, K., Ceballos, N.A., & Graham, R. (2017). Alcohol preferences and event- related potentials to alcohol images in college students. *Journal of Studies on Alcohol & Drugs, 78*, 916-921.
†DePalma, F.M., Ceballos, N.A., & Graham, R. (2017). Attentional blink to alcohol cues in binge drinkers versus non-binge drinkers. *Addictive Behaviors, 73,* 67- 73.
†Sharma, S., Graham, R., Rohde, R., & Ceballos, N.A. (2017). Stress-induced change in serum BDNF is related to quantitative family history of alcohol use disorder and age at first alcohol use. *Pharmacology, Biochemistry & Behavior, 153,* 12-17.
†Sharma, S. & Ceballos, N.A. (2017). Exercise, salivary cortisol, and perceived stress in American adolescents. *International Journal of Child & Adolescent Health, 10*(1), 99-105.
Ceballos, N.A. & †Sharma, S. (2016). Risk and resilience: The role of BDNF in alcohol use disorder. *AIMS Neuroscience, 3* (4): 398-432.
†Sharma, S. & Ceballos, N.A. (2016). Predictors of psychological and physiological stress

during inpatient treatment for alcohol use disorder. *Alcoholism Treatment Quarterly, 34* (4), 425-436.
Ceballos, N.A., †Mayfield, A., & Graham, R. (2016). ERPs to alcohol images among Hispanic and Non-Hispanic female college freshmen. *AIMS Neuroscience, 3,* 1-21.
Ceballos, N.A., †Sharma, S., Patterson, T.L., Graham, R., & Howard, K. (2015). Stress, immune function, and collegiate holiday drinking: A pilot study. *Neuropsychobiology*, *72,* 8-15.
Bauer, L.O. & Ceballos, N.A. (2014). Neural and genetic correlates of binge drinking among college women. *Biological Psychology, 97,* 43-48.
Ceballos, N.A., Czyzewska, M., & Croyle, K. (2012). College drinking among Latinos(as) in the United States and Mexico. *The American Journal on Addictions, 21,* 544-549.
Ceballos, N.A., Giuliano, R.J., Wicha, N.Y.Y., & Graham, R. (2012). Acute stress and event-related potential correlates of attention to alcohol images in social drinkers. *Journal of Studies on Alcohol & Drugs, 73,* 761-771.
Graham, R., †Hoover, A., Ceballos, N.A., & Komogortsev, O. (2011). Body mass index moderates gaze orienting biases and pupil diameter to high and low-calorie food images. *Appetite, 56,* 577-586.
†Fisher, W., Ceballos, N., Matthews, D., & Fisher, L. (2011). Event-related potentials in impulsively aggressive juveniles: A retrospective chart- review study. *Psychiatry Research, 187,*409-413.
†Aaron, R.E., †Rinehart, K.L., & Ceballos, N.A. (2011). Arts-based interventions to reduce anxiety levels among college students. *Arts & Health, 3,* 27-38.
Ceballos, N.A. & Czyzewska, M. (2010). Body image in Hispanic/Latino adolescents: Influence of gender, ethnicity, and body mass index. *Journal of Health Care for the Poor & Underserved, 21,* 823-838.
Ceballos, N.A., Komogortsev, O.V., & Turner, G.M. (2009). Ocular imaging of attentional bias among college students: automatic and controlled processing of alcohol-related scenes. *Journal of Studies on Alcohol & Drugs, 70,* 652-659.
Ceballos, N.A., Hooker, S., & al'Absi, M. (2009). Sex-specific associations of body mass index with mood disturbance during smoking abstinence. *Neuropsychobiology, 60,* 37-43.
Ceballos, N.A., †Wiese, B., & Hovland, J. (2009). Gender, body image and attitudes about tobacco in the United States-Mexico border region: Implications for smoking prevention and treatment efforts for adolescents and emerging adults. *Journal of Addictions Nursing, 20,* 66-70.
Ceballos, N.A, Bauer, L.O., & Houston, R.J. (2009). Recent EEG and ERP findings in substance abusers. *Clinical EEG & Neuroscience, 40,* 1-7.
Gilbertson, R., Prather, R., Ceballos, N.A., & Nixon, S.J. (2009). Effect of acute alcohol consumption in older and younger adults: subjective intoxication vs. physiological response. *Journal of Studies on Alcohol & Drugs*, *70,* 242-252.
Ceballos, N.A., Tivis, R.D., Prather, R., & Nixon, S.J. (2008). Transdermal nicotine administration and the electroencephalographic activity of substance abusers in treatment. *Journal of Addiction Medicine*, *2,* 202-214.
Tivis, L.J., Ceballos, N.A., Chastain, G., & Tivis, R.D. (2008). Alcohol and estrogen replacement therapy in postmenopausal women: Direct and mediated effects on cognitive component processes. *Neuropsychobiology, 58,* 104-110.
Nixon, S.J., Lawton-Craddock, A., Tivis, R., & Ceballos, N. (2007). Nicotine's effects on attentional efficiency in alcoholics. *Alcoholism: Clinical & Experimental Research, 31,* 2083-2091.
Hovland, J. & Ceballos, N.A. (2007). Are smokers' reasons for smoking related to their

body mass indices? *Substance Use & Misuse, 42,* 1-8.

Ceballos, N.A., France, C.R., & al'Absi, M. (2007) Influence of naltrexone on dehydroepiandrosterone sulfate levels in male and female participants. *Biological Psychology, 74,* 414-416.

Ceballos, N.A. (2006). Tobacco use, alcohol dependence and cognitive performance. *Journal of General Psychology*, *133,* 375-388.

Ceballos, N.A. & al'Absi, M. (2006). Dehydroepiandrosterone sulfate, cortisol, mood state, and smoking cessation: Relationship to relapse status at 4-week follow- up. *Pharmacology, Biochemistry &Behavior, 85(1),* 23-28.

Bauer, L.O., Ceballos, N.A., & Taylor, R.E. (2006). Interactive effects of hypertension and alcohol dependence on the P300 event-related potential in African Americans. *EEG & Clinical Neuroscience, 37,* 210-214.

Ceballos, N.A., Houston, R.J., Bauer, L.O., & Hesselbrock, V.M. (2006). Brain maturation in conduct disorder vs. borderline personality disorder. *Neuropsychobiology, 53,* 94-100.

Ceballos, N.A., Tivis, R., Lawton-Craddock, A., & Nixon, S.J. (2006). Nicotine and cognitive efficiency in alcoholics and illicit stimulant abusers: Implications for smoking cessation in substance abuser treatment. *Substance Use & Misuse*, *41,* 265-281.

Ceballos, N.A., Tivis, R., Lawton-Craddock, A., & Nixon, S.J. (2005). Visual- spatial attention in alcoholics and illicit stimulant abusers: Effects of nicotine replacement. *Progress in Neuro-Psychopharmacology & Biological Psychiatry, 29,* 97-107.

Ceballos, N.A., Houston, R.J., Smith, N.D., Bauer, L.O., & Taylor, R.E. (2005). N400 as an index of semantic expectancies: Differential effects of alcohol and cocaine dependence, *Progress in Neuro-Psychopharmacology & Biological Psychiatry*, *29,* 936-943.

Houston, R.J., Ceballos, N.A., Bauer, L.O., & Hesselbrock, V.M. (2005). Borderline personality disorder features in adolescent girls: P300 evidence of altered brain maturation*. Clinical Neurophysiology, 116,* 1424-1432.

Bauer, L.O., Ceballos, N.A., Shanley, J.D., & Wolfson, L.I. (2005). Sensorimotor dysfunction in HIV/AIDS: Effects of antiretroviral treatment and co-morbid psychiatric disorders. *Aids*, *19,* 495-502.

Ceballos, N.A. & Bauer, L.O. (2004). Effects of antisocial personality disorder, cocaine and opioid dependence, and gender on eye movement control. *Psychological Reports*, *95,* 551-563.

Ceballos, N.A., Nixon, S.J., & Tivis, R.D. (2003). Substance abuse-related P300 differences in response to an implicit memory task. *Progress in Neuro-Psychopharmacology & Biological Psychiatry*, *27,* 157-164.

Ceballos, N.A., Nixon, S.J., Phillips, J.A., & Tivis, R.D. (2003). Semantic processing in alcoholics with and without antisocial symptomatology. *Journal of Studies on Alcohol*, *64,* 286-291.

Nixon, S.J., Tivis, R.D, Ceballos, N.A., Varner, J.L., & Rohrbaugh, J. (2002). Neurophysiological efficiency in male and female alcoholics. *Progress in Neuro-Psychopharmacology & Biological Psychiatry*, *26,* 919-927.

Martin, R.E., Wickham, J.Q., Om, A-S, Sanders, J., & Ceballos, N. (2000). Uptake and incorporation of docosahexaenoic acid (DHA) into neuronal cell body and neurite/nerve growth cone lipids: Evidence of compartmental DHA metabolism in nerve growth factor differentiated PC12 cells. *Neurochemical Research*, *25,* 715-723.

2b. Journal Special Issue

Ceballos, N.A. (Guest Editor). Special issue: An interdisciplinary look at the psychology and neuroscience of creativity. *Behavioral Sciences.* https://www.mdpi.com/si/143933

2c. Non-Refereed Articles and Trade Publications:

Ceballos, N.A., & †Petrofes, C. (2024). Social media and substance use: What clinicians need to know. *Psychiatric Times*, 41(8), https://www.psychiatrictimes.com/view/social-media-and-substance-use-what-clinicians-need-to- know

Howard, K., †Gomez, M., Dailey, S., & Ceballos, N.A. (2019). Digital depression: a review of social media behaviors and their relationship with mental health and well-being. *American Bar Association GP Solo,* 36(6), 16-19.

Ceballos, N.A. & Babor, T. (2017). Editor's Corner: Binge drinking and the evolving language of alcohol research. *Journal of Studies on Alcohol & Drugs, 78*(4), 488–490.

3. Other Published Scholarly or Creative Works:

Video Project: Najera, I. (Executive Producer) & Ceballos, N. (Co-Producer). (2013). First generation college students: where are they now? TXST Media Productions.

4. Oral Presentations, Panels, and Workshops: (2015-present)

Ceballos, N.A., Howard, K., Perrotte, J.K., & Cordaro, M. Empowering first-generation faculty through leadership and advocacy. National Science Teachers Association. Anaheim, CA. 4/2026

Ceballos, N.A. My first-gen journey. TXST COLA First-Gen Week Information & Networking Fair. San Marcos, TX. 11/2025

Ceballos, N.A. Taking the leap: From research trainee to Principal Investigator. Invited presentation at the TXST College of Health Professions Research Career Development Training Program, Round Rock, TX. 9/2025

Ceballos, N.A. Grit, self-soothing ability, and creative self-efficacy: A study of creativity and psychological features in collegiate Gen Z women at a Hispanic-serving Institution. Society for the Psychology of Aesthetics, Creativity, & the Arts, New Haven, CT. 3/2025

Ceballos, N.A. My first-gen journey. TXST COLA First-Gen Week Information & Networking Fair. San Marcos, TX. 11/2024

Ceballos, N.A. Taking the leap: From research trainee to Principal Investigator. Invited presentation at the TXST College of Health Professions Research Career Development Training Program, Round Rock, TX. 9/2024

Ceballos, N.A., Perrotte, & Graham, R. Real-word alcohol consumption in a predominantly Hispanic/Latina/o/x college sample: The context of cognitions and EMA craving. Invited presentation at the Research Society on Alcoholism Preconference Workshop: Wearable alcohol sensors in research: Expert presentations and interactive discussion on progress, hurdles, and innovative solutions. Minneapolis, MN. 6/2024

Ceballos, N.A. & Watt, T.T. Traumatic childhood experiences and the creative endeavors of adulthood: Exploring the dark side. Southern Oregon University Creativity Conference, Ashland, OR. 5/2024.

Ruzinski Bertsch, N., Ceballos, N.A., Thomas, J., Houston, R., & Rouzer, S. Breaking through the noise: Promoting continued funding for alcohol research. Government Affairs Committee Workshop, 45th annual meeting of the Research Society on Alcoholism, Orlando, Florida. 6/2022.

Ceballos, N.A., Perrotte, J., & Graham, R. College drinking experiences and related factors in Latinx students. Invited Presentation at the 17th annual Health Disparities Conference, Center for Health Disparities, UNT Health Science Center, Fort Worth, TX. 6/2022.

Ceballos, N.A. Demystifying the NIH grant writing experience. Funded Research Lecture

Series, College of Education, TXST, San Marcos, TX. 4/2022.

Graham, R., †Leyva, V., †De Palma, F., & Ceballos, N.A. Electrophysiological correlates of attention and response inhibition in a food go/no-go task. Oral presentation at the annual meeting of the Society for Neuroscience. 11/2021

Ceballos, N.A. The NIH grant writing experience: Tips, tricks, and the importance of tenacity. Funded Research Lecture Series, College of Education, Texas State University, San Marcos, TX. 4/2021.

Perrotte, J. (Moderator), Zapolski, T.C.B., Skewes, M.C., Ceballos, N.A., van den Berg, J.J., & Zamboanga, B.L. Panel discussion: Fostering diversity and inclusion in addictions research – a discussion of challenges and a call to action. Seventh annual Collaborative Perspectives on Addiction Meeting, Providence, RI. 4/2019.

Ceballos, N.A., Czyzewska, M., & Graham, R. College drinking and attention to alcohol in Hispanic populations. Fourth annual Collaborative Perspectives on Addiction Meeting, San Diego, CA. 3/2016.

Ceballos, N.A. & Najera, I. The first in my family: Mentoring first generation college students in academia and beyond. University of New Mexico Mentoring Institute Annual Conference, Albuquerque, NM. 10/2015.

5. Poster Presentations: Available Upon Request

6. Other, Forthcoming Work:

Journal Articles

Ceballos, N.A., Perrotte, J.K., Barnett, N.P., †Davis, C., †Corbett, J., †Hazziez, C., †Rivera, A., & Graham, R. Event-related potentials to alcohol images predict real-world collegiate binge drinking: a pilot study of lab-to-life associations using wearable alcohol biosensors. *Neuropsychobiology* (revision under review).

Ceballos, N.A., †Gaubert, G., Howard, K., Harris, P., & Graham, R. The psychology of the collegiate prankster: how humor style and dark triad personality traits influence malevolently creative behaviors in college undergraduates. *Humor: The International Journal of Humor Research* (revision under review).

Medina, N.C., & Ceballos, N.A. Nature-based therapeutic interventions to reduce anxiety: a pilot study in female college students at a Hispanic-Serving Institution. *Ecopsychology.* (under revision).

Watt, T., Lahon, L., Romero, R., & Ceballos, N. A therapeutic summer camp created by adults with foster care experience for youth currently in foster care: a case study. *Families in Society* (under review)

Dailey, S., Ricks, L., Ceballos, N.A., Cooper, C, Regan, S., McRae, A., & Howard, K. The dark side of digital location sharing: psychological correlates of perceived tracking distress. *New Media and Society* (under review).

Howard, K., †Gaubert, G., †Wootan, M., †Blankenship, C., †Sliger, S., Lupo, A., & Ceballos, N.A. Mental health information-seeking on TikTok among users with and without Major Depressive Disorder. *Journal of Communication in Healthcare* (under review).

†Ricks, L., †Roberts, H., †Shepard, M., †Rimmer, M., Ceballos, N., & Howard, K. Doomscrolling for answers: exploring how generalized anxiety impacts mental health information seeking on TikTok in college students. *Journal of American College Health* (under review).

B. Research Grants and Contracts:

1. Funded External Research Grants and Contracts:

Ceballos, N.A. (PI), Graham, R. (Co-PI), & Hu, Yueqin (Co-I). Innovative physiological

predictors of college drinking. NIH R15AA026076. ($357,591, 2020-2023; no cost extension through 08/2024).

Ceballos, N.A., Graham, R. (PIs). A cross-cultural study of changes in alcohol- related processing in female college students. NIH R03AA019798. ($146,423, 2010-2012; no-cost extension to 2013).

Ceballos, N.A. First generation college student alumni video project: Where are they now? Humanities Texas, a state affiliate of the NEH. ($1,500, 2012-2013).

Ceballos, N.A., Graham, R. (PIs). Neurophysiology of the stress and alcohol connection: automatic or controlled processing? NIAAA INIA-Stress. ($91,026, 2008-2010).

Ceballos, N.A. (PI), Nixon, S.J. (Faculty Sponsor). Neurocognition, Nicotine and Polysubstance Abuse. Individual NRSA, NIDA. ($47,710.00, 2001-2003).

2. Funded Internal Research Grants and Contracts:

Watt, T. (PI), Ceballos, N.A.(Co-I), &Wagner, N. (Co-I). Exploring Bobcat Farm as a potential "Care Farm" for supporting student mental health. TXST Student Success Innovation Grant. ($5,000, 2026-2027).

Ceballos, N.A. (PI), The physical and psychological perils of "laboring in the knowledge factory": A biopsychosocial study of occupational health in first-generation college faculty. TXST COLA Seed Grant. ($3,000, 2025-2026).

Ceballos, N.A. (PI), Early-life stress, low-grade inflammation, and adult health. TXST REP. (1-year project, total amount $8,000, 2019-2020).

Howard, K. (PI), Ceballos, N.A. (Co-I), Grimes, T (Co-I), Dailey, S. (Co-I), Sharma, S. (Co-I), Lu, Y. (Co-I), & Lee, S., (Co-I). Does social media make us sick? A pilot study of the effects of social media on physiological reactivity and mental health. TXST MIRG. ($23,784, 2018-2019)

Watt, T.T., (PI), Ceballos, N. (Co-PI), Kim, S. (Co-PI), & Pan, X. (Co-PI). Childhood trauma and mental health among college students: identifying neurological, physiological, and behavioral pathways. TXST MIRG. ($20,000, 2017- 2018)

Najera, I. & Ceballos, N.A. Follow-up of students included in Texas State University's First-Generation Student recruitment video. TXST Equity and Access Committee Diversity Plan Funding Request. ($4,300, 2011-2012).

Schepis, T. (PI), Graham, R. (Co-I), Ceballos, N.A. (Co-I). Psychological and neurocognitive correlates of stimulant misuse in young adults. TXST AVP Research Grant. ($8,200, 2010-2012)

Ceballos, N.A. (PI) Changing minds: cognitive responses to addiction-related cues during substance dependence recovery. TXST REP. ($7332, 2010-2011)

Ceballos, N.A. (PI), & Czyzewska, M. (Co-PI). Acculturation in the Fast-food nation: Latinos(as) and the Texas obesity epidemic. TXST REP. ($6,444.27, 2008-2009)

C. Fellowships, Awards, Honors:

Liberal Arts Excellence in Research Funding and Sponsored Programs, TX State, 2021
Liberal Arts Achievement Award for Scholarly/Creative Activities, TX State, 2020
Dean's Award for Excellence in Scholarly/Creative Activities, TX State, 2013
Golden Apple Award for Excellence in Scholarly/Creative Activities, TX State, 2010
University Award for Excellence in Scholarly/Creative Activities, TX State, 2010
Liberal Arts Nominee, Presidential Excellence Award in Scholarship, TX State, 2010
NIAAA Postdoctoral Fellowship, 2003-2005
Individual National Research Service Award Predoctoral Fellowship, 2001-2003
OUHSC Student Association Award for Clinical Research, 2002
Research Society on Alcoholism Student Merit Award, 2001, 2002

NIAAA Predoctoral Fellowship, 2000-2001

IV. SERVICE

A. University:

Member, Dept. Chair Search Committee, Dept. of Communication Sciences, College of Fine Arts & Communication, 2025
External Reviewer, College of Science & Engineering Tenure & Promotion, 2025
Member, Online & Extended Programs Steering Committee, 2024-2025
External Reviewer, College of Education Review Group for Tenure & Promotion, 2024
Chair, Council of Chairs, 2023-2024
Vice Chair, Faculty Senate, 2019-2020
Member, Office of Distance and Extended Learning Faculty Mentor Corps, 2020
Member, Honorary Doctoral Degree Committee, 2019
Member, Greek Affairs Advisory Task Force, spring 2018
Member, Faculty Developmental Leave Supplemental Award Committee, 2018, 2019
Member, Award for Excellence in Online Teaching Selection Committee, 2014.

B. Department:

Chair, Faculty-to-Faculty Mentoring Program, 2020-2021
Chair, Program Outreach Committee, 2020-2021
Chair, Tenure/Promotion Policy Review Committee, 2019-2020
Member, Scholarship Committee, 2017-2018.
Member, Strategic Planning Committee, 2016-2017.
Chair, Faculty Review Committee, 2015-2016.
Coordinator, SONA Human Subjects Pool, 2014-2016.
Chair, Assessment Committee, 2014-2015.
Member, UAC New Building/Space Needs Committee, 2009.

C. Community:

Volunteer Mentor: Braven Professional Mentoring Program, 2024.
Member: *Latinitas* Empowerment Circle, Austin, TX, 2021-2024.
Speaker: Career Day, Seele Elementary School, New Braunfels, TX, 2017, 2022.
Volunteer: New Braunfels Science Fest, New Braunfels, TX, 2017.
Member: Board of Directors, Hays Caldwell Council on Alcohol and Drug Use, 2007-2009.

D. Professional:

Grant Reviewer, NIH Special Emphasis Panel ZRG1 BP-M (90) Biological Processes & Social-Ecological Factors (7/2026)
Associate Editor, *Personality & Individual Differences,* 2026-present.
Associate Editor, *Frontiers in Psychology* (Addictive Behaviors section), 2026-present
Field Editor, *Journal of Studies on Alcohol and Drugs*, 2024-present.
Editorial Board Member, *Behavioral Science*s, 2022-2026.
Assistant Field Editor, *Journal of Studies on Alcohol and Drugs*, 2016-2024.
Co-Chair, Government Affairs Committee, RSA, 2021-2022.
Chair, Membership Committee, RSA, 2015-2018
Grant Reviewer, Innovative Research Grant (Clinical/Population), AHA, 2012, 2015, 2016.
Grant Reviewer, University of Ottawa Medical Research Fund Grants Competition, 2014.
Grant Reviewer, NSF (Major Research Instrumentation Competition), 2013.
Member, Program Committee, RSA 33rd annual meeting, 2010.
Grant Reviewer, Neurobiology A, VA Medical Research Services, 2006.

E. Professional Organizations:

Research Society on Alcoholism (2000-present); American Psychological Association, (2006-

present); Society of Addiction Psychology (2024-present); Society for the Neuroscience of Creativity (2024-present); Society for the Psychology of Aesthetics, Creativity, & the Arts (2024-present); Society for the Teaching of Psychology (2024-present)

F. Service Honors and Awards

Texas Academic Leadership Academy Fellow, 2020-2021
Liberal Arts Achievement Award for Excellence in Service, TX State, 2019