TEXAS STATE VITA

I. Academic/Professional Background

A. Name: Kelly Haskard Zolnierek Title: Professor

B. Educational Background

Degree	Year	University	Major	Thesis/Dissertation
Ph.D.	2007	University of California, Riverside	Psychology (Social/Personality area)	Poor and In Pain: Poverty, Suffering, and the Doctor-Patient Relationship
M.A.	2004	University of California, Riverside	Psychology (Social/Personality area)	Interruptions Between Physicians and Patients: The Relationship of Verbal and Nonverbal Behaviors
B.A.	2000	Claremont McKenna College	Psychology	College Students' Attitudes Toward the Right to Abortion: The Effects of Knowledge and Identification

C. University Experience

Position	University	Dates
Professor	Texas State University	September 2023 – Present
BA Psychology Accelerated Online Program, Director	Texas State University	Fall 2024 – Present
Associate Professor	Texas State University	September 2012 – August 2023
MA in Psychological Research, Program Director	Texas State University	June 2017 – July 2020
Associate Chair of Psychology	Texas State University	September 2013-October 2014
Assistant Professor	Texas State University	September 2007 – August 2012
Assistant Research Psychologist	University of California, Riverside	June – August 2008
Staff Research Psychologist	University of California, Riverside	June – August 2007
Graduate Student Researcher	University of California, Riverside	January 2004 – June 2007
Instructor	University of California, Riverside	January – July 2006

Teaching Assistant	University of California, Riverside	April 2003 – March 2007

D. Relevant Professional Experience

Position	Entity	Dates
Speaker – Merck Medical Forums	Merck Pharmaceuticals	2007 – 2022
Member – Expert Adherence Forum	Merck Pharmaceuticals	February 27, 2009
Member – Talking Health Together™ Academic Advisory Board	AstraZeneca Canada	September 28-29, 2008
Consultant	Effects of mental and addictive problems on compliance with treatment for diabetes, asthma, and hypertension, Loma Linda University Medical School; Forest Pharmaceuticals, P.I. Mark G. Haviland, Ph.D.; P.I. Jim E. Banta, Ph.D., MPH; Co- P.I. Donald L. Anderson, M.D.; Co-P.I. M. Robin DiMatteo, Ph.D.	April – December 2007
Consultant	Amgen Pharmaceuticals	December 2005 – August 2006
Member – International Expert Forum on Patient Adherence	The Netherlands Institute for Health Services Research	2005 – 2006
Project Manager	UC Riverside Subcontract – AHRQ Grant # 1 RO1-8HS10922 "Communication and Satisfaction with Primary Care Teams"; UCLA PI –John Heritage, Ph.D., UC Riverside PI-Robin DiMatteo, Ph.D.	June 2003 – June 2005
Freelance Proofreader	Sage Publications, Journals Production Department	October 2000 – December 2005

II. TEACHING

A. Teaching Honors and Awards:

College of Liberal Arts Achievement Award for Excellence in Teaching, 2022
Award for Excellence in Online Teaching, 2019 (Runner-up)

B. Courses Taught:

Undergraduate Courses:

HON 3382B: Narratives of Psychology, Health, and Illness (Fall 2024, Fall 2025)
PSY 3331, Social Psychology (online): Spring 2022, Spring 2021, Fall 2020
PSY 3361, Health Psychology (online): Fall 2021, Spring 2021, Fall 2020, Fall 2019, Summer 2019, Fall 2018, Summer 2018, Summer 2017, Spring 2017, Fall 2016, Spring 2016, Fall 2015, Fall 2014, Spring 2014, Fall 2013
PSY 3361, Health Psychology (face to face): Fall 2025, Spring 2023, Fall 2022, Spring 2022, Fall 2021, Spring 2017, Fall 2016, Spring 2016, Fall 2015, Fall 2014, Spring 2013, Spring 2012, Fall 2011, Spring 2011, Fall 2010, Spring 2010, Fall 2009, Spring 2009, Fall 2008, Spring 2008, Fall 2007
PSY 3302, Experimental Design and Research Methods: Fall 2008

Graduate Courses:
PSY 5198, Research Seminar: Spring 2020, Fall 2019, Spring 2019, Fall 2018, Spring 2018, Fall 2017
PSY 5105, Teaching of Psychology: Fall 2014, Spring 2014, Fall 2013,
PSY 5344, Health Issues in Diverse Populations: Fall 2011, Fall 2010, Fall 2009
PSY 5348, Health Psychology-Interventions and Rehabilitation: Spring 2025, Fall 2021, Spring 2018, Spring 2013, Spring 2012, Spring 2011, Spring 2010, Spring 2009

C. Graduate Theses/Dissertations or Exit Committees:

Thesis Committee Chair:

1. Hannon Greaves
2. Otilio Barro, In Progress Capstone
3. 2026: Stefanie Sliger, Capstone
4. 2026: Grace Conway, Capstone
5. 2025: Hannah Johnson, “Comparing Young Adults and Older Adults: Examining the Attitudes and Willingness to Use Telemedicine”
6. 2024: Rebbekah Alcazar, ““It was just a really sweet organic form of therapy for me to have that companionship”: A qualitative study on the experience of pregnancy loss and the role of friendship
7. 2021: Jacquez Washington, Stopped Out
8. 2020: Ethan Gibeaut, “Barriers and Facilitators to Antidepressant Adherence in College Students”
9. 2020: Rabecca-Kimberly Hernandez, “College Risky/Hazardous Drinking: Understanding How Aspects of Patient-Provider Communication Relate to Likelihood of Brief Provider Intervention.”
10. 2019: Morgan Snyder, “Investigation of the Relationship Between Weight Stigma and Treatment Adherence for Patients with Hypothyroidism.”
11. 2018: Sara Hicks, "Grief Severity after the Loss of a Pet."
12. 2015: Briana Cobos, "The Relationship Between Psychological Disorders and Medication Adherence."
13. 2012: Robin Besse, “The Relationship between Loneliness and Health-Related Quality of Life."

14. 2011: Andrew Scearce, “Risk Perceptions, Past Vaccination, and Vaccine Acceptance for Seasonal and Outbreak (2009 H1N1) Influenza.”
15. 2010: Vanessa Errisuriz, “Enhancing Motivation, Self-Efficacy, and Response-Efficacy Through Regulatory Fit.”
16. 2010: Chelsey Werchan, “Adherence and Quality of Life in Adults with Cystic Fibrosis: The Influence of Self-Efficacy and Coping Style.”
17. 2009: Emily Edwards, “Physician Stress and Empathic Communication in the Medical Visit: Comparison of Verbal and Nonverbal Communication.”
18. 2009: Yana Kruglikova, “Social Physique Anxiety, Eating Attitudes, and Nutrition Behaviors in Female Collegiate Athletes.”

Master’s Thesis Committee Member:

2026: Scarlett Gransee
2025: Amanda Garcia, “Mental Health Help-Seeking Behavior Through the Theory of Planned Behavior: Exploring the Roles of Stoicism and Fatalism”
2021: Breanna Moran, "The Relationships Between Regulatory Focus, Hassles, and Perceived Stress Levels in Undergraduate Students."
2021: Genesis Hernandez, "The Association Between Attachment Styles and Social Media Behavior."
2021: Kennedy Anderson, “Adherence, Patient Satisfaction, and Mental Health Among Organ Transplant Patients During the COVID-19 Pandemic”
2021: Kristen Hardin-Sigler, “Age is But a Number: Investigating the Relationship Between Caregiver Burden and Subjective Aspects of Aging”
2020: Merab Gomez, "Social Media Currency: Are You Social Media Rich or Poor?"
2019: Madeline Giblin (alternative thesis), "a.The Relationship Between Pain, Personality, and the Likelihood of Opioid Misuse: Evaluating the Predictive Validity of the MMPI-2-RF Restructured Clinical Scales in a Sample of Chronic Pain Patients using the Current Opioid Misuse Measure b.The Utility of the MMPI-2-RF Personality Psychopathology Five (PSY-5-RF) and Higher-Order Scales in Predicting Opioid Misuse within a Chronic Pain Population"
2019: Jennifer Hopper (alternative thesis), "Major Depression and Symptom Severity in Hypothyroidism."
2018: Callie De La Cerda, “The Effect of Group Membership on Social Behavior in Young Children.”
2018: Kirstin Critz, "An Exploratory Study of Psychosocial Factors that are Related to Trolling Behaviors on Social Media.”
2018: Hanna Traphagan, Department of Health and Human Performance, "Motivations and Training of Third Party Providers of Sexuality Education.”
2018: Erin Dresser, Department of Health and Human Performance, "The Relationship Between School and Club Sports and Sports-Related Concussions.”
2018: Sinjin Roming, “Adaptive and Maladaptive Coping Strategies for Perceived Stress and Their Relationship with Quality of Life.”
2016: Avia Gray, "Barriers to Treatment Adherence and Hemoglobin A1C in Diabetic Populations.”
2016: Stephen Ramos, ""This Illness Ain't Gonna Kill Me" : A Qualitative Insight to Various Behavioral and Psychosocial Factors of Stress for Adults Living with HIV."
2015: Jaime Chambers, "Factors that Contribute to Attrition of Teachers within Texas' Public Schools."

2015: Rachel Price, "Occupational Health Evaluation of Public School Teachers: The Connection Between Stress and Gastrointestinal Disorders."
2015: Natalie DeLeon, “Self-Efficacy, Stress, and Nonmedical Use of Prescription Stimulants"
2015: Ricardo Castaneda, "Psychosocial Variables Predicting Functional Restoration Treatment Outcomes for Patients with Chronic Occupational Musculoskeletal Disorders.”
2013: Ajar’a Ledford, “Motivations and Barriers to Physical Exercise among African-American Female College Students.”
2013: Jessica Stetler, “The Effects of Exercise on Overall Health Outcomes for Teachers."
2011: Teri Holtzclaw, Department of English, Exit Exam Committee member.
2011: Jacquelyn Beccue, “Investigation of the job demands-resources model in increasing quality of life factors within the retail industry.”
2011: Jennifer Martinez, “Basic Psychological Needs in Predicting Exercise Participation.
2010: Brandi Barrera, “Diabetes Knowledge, Preventive Health Motivation, Perceived Risk of Type II Diabetes, and Health Behaviors Among College Students."
2010: Kristin Sramek, “PTSD: A Predictor of Pain Severity in Fibromyalgia Patients.”

D. Courses Prepared and Curriculum Development:
Narratives in Psychology, Health, and Illness (HON 3382B)
Social Psychology (PSY 3331)
Research Seminar (PSY 5198)
Health Issues in Diverse Populations (PSY 5334)
Health Psychology: Interventions and Rehabilitation (PSY 5348)
Health Psychology (PSY 3361) – in-person and online course
Experimental Design and Research Methods (PSY 3302)

E. Other:

Undergraduate Thesis or Honors Capstone Supervision:

2025-2026: Ruth Susheel Kumar

2023-2024: Lyla Keizer, “Carotenoids: The Colorful Mood Booster in Your Kitchen.”

2022-2023: Alexis Miller, “Workplace Violence for EMS First Responders and the Relationship with Mental Health

2021-2022: Megan Ximenes, “Stress, Burnout, and Academic Entitlement: Associations with Academic Dishonesty.”

2008-2009: Stephanie Schlacks, “A Natural Observation of Staff-Patient Interactions at a Psychiatric Hospital.”

Undergraduate Research Assistant Supervision:
PSY 4395 (Individual Study)
Fall 2024: Lyla Keizer
Spring 2017: Kevin Patyk
Spring 2012: Azadeh Vazin, Kathy Luna
Spring 2011: Joshua Sands, Adrianna Luna
Fall 2010: Sandra Redwine, Amanda Mackrell, Emma Whitehead

Spring 2009: Veronica Hinojosa, Casey Galyon, Susan Michele Green, Carla Montez, Nicolle Cumley, Alysha Davila
Fall 2008: Amber Kotzur, Chelsea Fielder
Spring 2008: Stephanie Schlacks, Celisse Morgan Valdovinos, Fermin Nunez, Amber Kotzur, Michelle Yarovinsky, Krista Gaston

OCED 4360 Internship Supervisor
Summer 2008: Michelle Yarovinsky

Volunteer or Grant-Funded Research Assistants
Summer-Fall 2016: Kevin Patyk
Summer 2016: Angela Johnson
Summer 2012-November 2014 – Kara Stevenson
Fall 2014: Cortney Garten, Rihana Holmes, Michalai Walker
Summer 2012-Summer 2013 –Rachael Nuss
Spring 2010: Angelica Carballo
Summer 2008: Stephanie Schlacks, Amber Kotzur, Krista Gaston
Fall 2007: Stephanie Schlacks, Celisse Morgan Valdovinos, Fermin Nunez, Amber Kotzur, Michelle Yarovinsky

Graduate Research Assistant Supervision:
Spring 2021, Spring 2022: Steven Mesquiti (PSY 5366, Individual Study)
Fall 2016-Spring 2017: Elia Bueno
Fall 2013-Spring 2015: Briana Cobos, Rachel Price
Spring- Summer 2013: Meghan Elek, Christina Henry
Summer – Fall 2010, Spring 2011 – Andrew Scearce (PSY 5366)
Fall 2007 – Spring 2009 – Yana Kruglikova
Spring 2008 – Fall 2008 - Emily Edwards
Summer 2008: Tommy Erwin (PSYC 5366)

III. SCHOLARLY/CREATIVE (* denotes Texas State student co-author. ** Completed under my maiden name.)

A. Works in Print

1. Books

a. Scholarly Monographs (refereed):

DiMatteo, M.R., Martin, L.R., & Haskard-Zolnierek, K.B. (2025). *Health behavior change and treatment adherence* (2nd ed.). New York: Oxford University Press. https://global.oup.com/academic/product/health-behavior-change-and-treatment-adherence-9780197778586?cc=us&lang=en&

Martin, L. R., & Haskard-Zolnierek, K. B., & DiMatteo, M. R. (2010). *Health behavior change and treatment adherence.* New York: Oxford University Press.

b. Chapters in Books (refereed):

1. *Snyder, M., & Haskard-Zolnierek, K. (2023). Adherence and communication. *Oxford bibliographies in communication (2nd ed.)*. Oxford University Press. https: doi.org/10.1093/obo/9780199756841-0220

2. Haskard Zolnierek, K. B., & *Snyder, M. (2023). Treatment adherence in cancer. In Gardini Dixon, B., DiGregorio-Wells, S., & Goltz, H. (Eds.), *The psychosocial oncology quick reference guide for clinicians.* American Psychosocial Oncology Society/Pfizer. https://pocketguide.apos-society.org/876-2/548-2/

3. Haskard-Zolnierek, K., *Snyder, M., *Hernandez, R. K., & Thompson, T. L. (2021). Provider-patient communication and health outcomes. In N. G. Harrington & T. L. Thompson (Eds.), *Routledge handbook of health communication (*3rd ed., pp. 213-226). Routledge. https://doi.org/10.4324/9781003043379-18

4. Williams, S. & Haskard-Zolnierek, K. B. (2018). Psychosocial predictors of behavior change. *The handbook of health behavior change (5th ed., pp. 51-74)*. In M. Hilliard, K. Riekert, J. Ockene, & L. Pbert (Eds.) Springer.

5. Haskard-Zolnierek, K. B., Miller, T., & DiMatteo, M. R. (2017). Promoting treatment adherence. *Oxford textbook in communication and oncology in palliative care (2nd ed.)*. Oxford University Press.

6. Haskard-Zolnierek, K. & Williams, S. L. (2016). Patient-physician communication and patient satisfaction. In. Y. Benyamini, M. Johnston, and V. Karademas (Eds.), *Assessment in health psychology* (pp. 74-86). Hogrefe.

7. Haskard-Zolnierek, K., & Thompson, T. (2016). Adherence and communication. *Oxford research encyclopedia of communication*. Oxford University Press. https: //doi.org/10.1093/acrefore/9780190228613.013.23

8. Williams, S. L., Haskard-Zolnierek, K. & DiMatteo, M. R. (2016). Improving adherence to health regimens. *APA handbook of clinical psychology*. In J. C. Norcross, G. R. VandenBos & D. K. Freedheim (Eds.) American Psychological Association.

9. Haskard-Zolnierek, K. B., & Williams, S. L. (2013). Adherence and health behavior change in the context of mental health challenges. *Oxford handbook of health communication, behavior change, and treatment adherence*. In L. R. Martin & M. R. DiMatteo (Eds.) (pp. 454-468). Oxford University Press.

10. Williams, S. L., Haskard-Zolnierek, K. B., & DiMatteo, M. R. (2013). Psychosocial predictors of behavior change. *Handbook of health behavior change, 4th ed*. In K. Riekert, J. Ockene, and L. Pbert (Eds.) (pp. 69-86). Springer.

11. DiMatteo, M. R., Haskard-Zolnierek, K. B., Williams, S. L, & Despues, D. (2011). Physician-patient communication in the care of vulnerable populations: The patient's voice in interpersonal policy. In B. Hoffman, N. Tomes, R. Grob, & M. Schlesinger (Eds.) (pp. 43-59). *Impatient voices: Patients as policy actors.* Rutgers University Press.

12. DiMatteo, M. R., & Haskard-Zolnierek, K. B. (2011). Impact of depression on treatment adherence and survival from cancer. In D. Kissane, M. Maj, N. Sartorius (Eds.) (pp.101-124). *Depression and cancer*. World Psychiatric Association and Wiley/Blackwell).

13. **Haskard, K. B., & DiMatteo, M. R. Promoting treatment adherence. (2010). In D. Kissane, B. Bultz, P. Butow, & I. Finlay (Eds.) *Handbook of communication in cancer and palliative care* (pp. 303-314). Oxford University Press.

14. **Haskard, K. B., Williams, S. L., & DiMatteo, M. R. (2009). Physician-patient communication: Psychosocial care, emotional well-being, and health outcomes. In D. E. Brashers & D. J. Goldsmith (Eds.), *Communication in the management of health and illness.* (pp. 15-40). Lawrence Erlbaum.

15. **Haskard, K. B., DiMatteo, M. R., Williams, S. L. (2008). Adherence and health outcomes: How much does adherence matter? In S. A. Shumaker, J. K. Ockene, & K. Riekert (Eds.), *The handbook of health behavior change (3rd ed.*). (pp. 771-784). Springer.

16. Williams, S. L., DiMatteo, M. R., & **Haskard, K. B. (2008). Psychosocial barriers to adherence and lifestyle change. In S. A. Shumaker, J. K. Ockene, & K. Riekert (Eds.), *The handbook of health behavior change (3rd ed.*). (pp. 445-462). Springer.

17. Williams, S. L., **Haskard, K. B., & DiMatteo, M. R. (2008). Patient adherence. In M. Feldman & J. Christensen (Eds.), *Behavioral medicine: A guide for clinical practice (3rd ed., 158-162).* McGraw Hill Medical.

2. Articles

a. Refereed Journal Articles:

1. Ricks, L.G.K., Haskard-Zolnierek, K., & Howard, K. (2026). Exploring the association between vegetable intake, mental health, and readiness to change in college students. *Journal of Health Psychology*. https://doi.org/10.1177/135910532614644

2. Cordaro, M., *Johnson, E., *Kinstley, C., Haskard-Zolnierek, K., Medina, R., Perrotte, J., Howard, J.T., & Howard, K.J. (2024). Loneliness during the COVID-19 pandemic: Implications for mental health and substance abuse. *Graduate Student Journal of Psychology*, 22, 22-36.

3. *Shrestha, N.R., Deason, R.G., Cordaro, M., Howard, K., & Haskard-Zolnierek. (2023). Evaluating the Relationship of Empathic Concern to College Students' Responses to the COVID-19 Pandemic. *Journal of American College Health*. https://doi.org/10.1080/07448481.2023.2224432

4. *Stern, M., *Finch, A., Haskard-Zolnierek, K., Howard, K., & Deason, R. (2022). Cognitive decline in mid-life: Changes in memory and cognition related to hypothyroidism. *Journal of Health Psychology*. https://doi.org/10.1177/13591053221107745

5. *Giblin, M. J., Cordaro, M., Haskard-Zolnierek, K., Jordan, K., Bitney, C., & Howard, K. (2022). Identifying the risk of opioid misuse in a chronic pain population: the utility of the MMPI-2-RF personality psychopathology five (PSY-5-RF) and higher-order scales. *Journal of Behavioral Medicine*. https://doi.org/10.1007/s10865-022-00347-w

6. *Anderson, K. S., Howard, K. J., Haskard-Zolnierek, K. B., *Pruin, J., & Deason, R. D. (2022). Using the biopsychosocial approach to identify factors associated with major depressive disorder for individuals with hypothyroidism. *Issues in Mental Health Nursing.* https://doi.org/10.1080/01612840.2022.2053010

7. Haskard-Zolnierek, K., *Wilson, C., *Pruin, C., Deason, R., & Howard, K. (2022). The relationship between brain fog and medication adherence for individuals with hypothyroidism. *Clinical Nursing Research, 31(3),* 445-452. https://doi.org/10.1177/10547738211038127

8. Grigsby, T. J., Howard, J. T., Deason, R. G., Haskard-Zolnierek, K. B., & Howard, K. (2022). Correlates of COVID-19 pandemic-related increases in sleep aid and anti-anxiety medication use. *Journal of Substance Use, 27*(1), 56-61. https://doi.org./10.1080/14659891.2021.1892221

9. Haskard-Zolnierek, K., Martin, L. R., *Bueno, E. H., & *Kruglikova-Sanchez, Y. (2021). Physician-patient communication and satisfaction in Spanish-language primary care visits. *Health Communication.* https://doi.org/10.1080/10410236.2021.1973176

10. Cordaro, M., Grigsby, T. J., Howard, J. T., Deason, R. G., Haskard-Zolnierek, K., & Howard, K. (2021). Pandemic-specific factors related to generalized anxiety disorder during the initial COVID-19 protocols in the United States. *Issues in Mental Health Nursing, 42*(8), 747-757. DOI: 10.1080/01612840.2020.1867675.

11. Howard, K. J., Grigsby, T. G., Haskard-Zolnierek, K. B., Deason, R.G. & Howard, J.T. (2021). Pandemic-related work status is associated with self-reported increases in

substance use. *Journal of Workplace Behavioral Health, 36*(3), 250-257. DOI: 10.1080/15555240.2021.1941067

12. *Snyder, M., Haskard-Zolnierek, K., Howard, K., & Hu, Y. (2020). Weight stigma is associated with provider-patient relationship factors and adherence for individuals with hypothyroidism. *Journal of Health Psychology*. Advance online publication. https://doi.org/10.1177/1359105320963548

13. Morshed, N., Haskard-Zolnierek, K., & Zhan, F. B. (2020). Geographic variation of racial/ethnic disparities in late-stage diagnosis of childhood cancer in Texas. *Southern Medical Journal, 113*(5), 224-331.

14. Howard, K., *Snyder, M., Haskard-Zolnierek, K., & Howard, J. T. (2019). Central sensitization syndrome and hypothyroidism: An evaluation of symptom severity and comorbid diagnoses. *Spotlight on Health Science Research*. https://doi.org/10.35831/shsr/kh.10-31-2019
15. *Ramos, S., Roundtree, A., Schepis, T., Haskard-Zolnierek, K., & Du Bois, S. (2019). A qualitative approach towards understanding HIV-related stress in Texas. *Texas Medicine,* 115(1):e1.

16. Howard, K., Haskard-Zolnierek, K., *Critz, K., Dailey, S., & Ceballos, N. (2019). An examination of psychosocial factors associated with malicious online trolling behaviors. *Personality and Individual Differences, 149*, 309-314.

17. Ginsburg, H. J., Mendez, R. V. & Haskard-Zolnierek, K. B. (2017). Cautionary note about magnitude of decline in neural defects following folic acid fortification in the United States. *International Journal of Nutrition and Vitamin Research, 1-3,* Published online October 20, 2017, https://doi.org/10.1024/0300-9831/a000422

18. Howard, K., Haskard-Zolnierek, K., *Johnson, A., *Roming, S., *Price, R., & *Cobos, B. (2017). Somatization disorder and stress in teachers: A comprehensive occupational health evaluation. *Journal of Applied Biobehavioral Research,* 1-11.

19. Howard, K. J., *Castaneda, R. A., *Gray, A. L., Haskard-Zolnierek, K. B., & Jordan, K. (2017). Psychosocial factors related to functional restoration treatment completion and return-to-function for patients with chronic disabling occupational musculoskeletal disorders. *Journal of Occupational and Environmental Medicine, 59*(3),320-326.

20. Ginsburg, H. G., Mendez, R. V., & Haskard-Zolnierek, K. B. (2016). Immediate recognition for folic acid supplementation information about preventing neural tube birth defects. *North American Journal of Psychology, 18*(2), 211-228.

21. *Cobos, B., Haskard-Zolnierek, K., & Howard, K. (2015). White coat hypertension: Improving the patient-healthcare practitioner relationship. *Psychology Research & Behavior Management, 8,* 133-141.

22. Haskard-Zolnierek, K. B. (2012). Communication about patient pain in primary care: Development of the physician-patient communication about pain scale (PCAP). *Patient Education and Counseling, 86(1), 33-40.*

23. DiMatteo, M. R., Haskard-Zolnierek, K. B., & Martin, L. R. (2011). Improving patient adherence: a three-factor model to guide practice. *Health Psychology Review,* 1-18.

24. Williams, S. L., Haskard-Zolnierek, K. B., Banta, J. E., Haviland, M. G., DiMatteo, M. R., Anderson, D. L., & Werner, L. S. (2010). Serious mental illness and diabetes care among California adults. *International Journal of Psychiatry in Medicine, 40(*3), 233-245.

25. **Haskard, K. B., DiMatteo, M. R., Mondala, M., Zhang, Z., Martin, L. R., & Messiha, A. (2009). Development and validation of the physician-patient humor rating scale. *Journal of Health Psychology, 14*(8), 1163-1173.

26. Haskard Zolnierek, K. B., & DiMatteo, M. R. (2009). Physician communication skills and patient adherence to treatment: A meta-analysis. *Medical Care, 47,* 826-834.

27. **Haskard, K. B., DiMatteo, M. R., & Heritage, J. (2009). Affective and instrumental communication in primary care interactions: Predicting the satisfaction of nurses and patients. *Health Communication, 24,* 1-12.

28. Banta, J. E., **Haskard, K. B., Haviland, M. G., Williams, S. L., Werner, L. S., Anderson, D. L., & DiMatteo, M. R. (2009). Mental health, binge drinking, and antihypertension medication adherence. *American Journal of Health Behavior*, 33, 158-171.

29. **Haskard, K. B., Williams, S. L., DiMatteo, M. R. Rosenthal, R., White, M. K., & Goldstein, M. G. (2008). Physician and patient communication training in primary care: Effects on participation and satisfaction. *Health Psychology, 27*(5), 513-522.

30. **Haskard, K. B., Banta, J. E., Williams, S. L., Haviland, M. G., DiMatteo, M. R., Przekop, P., Werner, L. S., & Anderson, D. L. (2008). Binge drinking, poor mental health, and adherence to treatment among California adults with asthma. *Journal of Asthma, 45,* 369-376.

31. **Haskard, K. B., Williams, S. L., DiMatteo, M. R., Heritage, J., & Rosenthal, R. (2008). The provider's voice: Patient satisfaction and the content-filtered speech of nurses and

physicians in primary medical care. *Journal of Nonverbal Behavior, 32,* 1-20.

32. Williams, S. L., **Haskard, K. B., & DiMatteo, M. R. (2007). The therapeutic effects of the physician-older patient relationship: Effective communication with socially and economically vulnerable older patients. *Clinical Interventions in Aging, 2(3) 453-467.*

33. DiMatteo, M. R., **Haskard, K. B., & Williams, S. L. (2007). Health beliefs, disease severity, and patient adherence: A meta-analysis. *Medical Care, 45,* 521-528.

34. Martin, L. R., Williams, S. L., **Haskard, K. B., & DiMatteo, M. R. (2005). The challenge of patient adherence. *Therapeutics and Clinical Risk Management,* 1(3), 189-199.

b. Non-refereed journal articles:

Haskard-Zolnierek, K. (2021). [Review of the book *The Wiley Handbook of Healthcare Treatment Engagement: Theory, Research, and Clinical Practice,* by A. Hadler, S. Sutton, & L. Osterberg, Eds.]. *Health Communication,* 1-4. https://doi.org/10.1080/10410236.2021.1970297

DiMatteo, M. R., & **Haskard, K. B. (2006). Further challenges in adherence research: Measurements, methodologies, and mental health care. *Medical Care, 44*(4), 297-299.

3. Report:

DiMatteo, M. R., **Haskard, K. B., & Williams, S. L. (2007). *Effects of distressed psychological states on adherence and health behavior change: Cognitive, motivational, and social factors. Review of the evidence*. Commissioned report for the Institute of Medicine.* *Contribution thanked in the introduction of the report "Cancer Care for the Whole Patient: Meeting Psychosocial Health Needs" (National Academies Press, 2007)

4. Encyclopedia or Bibliography Entry:

*Snyder, M., & Haskard-Zolnierek, K. (2023). Adherence and communication. *Oxford bibliographies in communication (2nd ed.)*. Oxford University Press. https:doi.org/10.1093/obo/9780199756841-0220

Haskard-Zolnierek, K. B. & *Cobos, B. (2020). Patient adherence. *Wiley encyclopedia of health psychology*. In K. Sweeny & M. Robbins (Eds.). Wiley.

*Snyder, M., & Haskard-Zolnierek, K. (2019). Adherence and communication. *Oxford bibliographies in communication*. In P. Moy (Ed.). Oxford University Press. https://doi.org/10.1093/obo/9780199756841-0220.

**Haskard, K. B., & DiMatteo, M. R. (2010). Cancer prevention and risk communication. In S. H. Priest (Ed.). *Encyclopedia of science and technology communication*. Thousand Oaks, CA: Sage Publications.

B. Works not in Print

1. Oral Presentations at Professional Meetings

   Haskard-Zolnierek, K. (2011, October). *Effects of Communication Skills Training on Communication and Satisfaction with Patients with Pain*. Oral presentation at the International Conference on Communication in Healthcare, Chicago, IL.

2. Posters and Papers Presented at Professional Meetings:

*Anderson, K., *Hardin-Sigler, K., Ratliff, C., Howard, K., & Haskard-Zolnierek, K. (2022, April). *Gender differences in pandemic-related concern and adherence to COVID-19 safety recommendations in organ transplant patients* [Poster presentation]. Society for Behavioral Medicine Annual Meeting, Baltimore, MD.

Haskard-Zolnierek, K., *Mesquiti, S., & *Snyder, M. (2022, February). *What words are related to satisfaction with health care? Associations between patient satisfaction and physician and nurse word use* [Virtual Poster presentation]. Annual convention of the Society for Personality and Social Psychology, San Francisco, CA.

*Sigler, K. N., *Anderson, K. S., Haskard Zolnierek, K. B., Howard, K. J. (April 2021). *A new hope: A novel approach to exploring the perceptions of organ transplant recipients and caregiver on the COVID-19 pandemic.* [Poster presentation]. Society of Behavioral Medicine, Virtual Conference.

*Anderson, K. S., *Sigler, K. N., Haskard Zolnierek, K. B., Howard, K. J., (April 2021). *Examination of mental health among organ transplant patients during the COVID-19 pandemic*. [Poster presentation]. Society of Behavioral Medicine, Virtual Conference.

*Wilson, C. A., Howard, K. J., Haskard Zolnierek, K. B., Deason, R. G. (2019). *The relationship between brain fog and poor medication adherence for individuals with hypothyroidism.* [Poster presentation]. Texas State University International Graduate Student Research Conference,

*Gibeaut, E., Howard, K. J., Haskard Zolnierek, K. B. (May 2019). *Conscientiousness and neuroticism are associated with specific barriers to medication adherence*. [Poster presentation]. 31st Association for Psychological Science Annual Conference, Washington, DC.

*Gibeaut, E., Haskard Zolnierek, K. B., & Howard, K. J. (2019). *Depression increases susceptibility to barriers to adherence*. [Panel presentation]. Texas State University International Graduate Students Research Conference.

*Snyder, M., Haskard-Zolnierek, K., Howard, K., & Hu, Y. (2019, March). *Weight Stigma During Medical Visits is Associated with Perceived Provider Empathy and Patient Adherence.* Poster presentation at the Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.

*Snyder, M. & Haskard-Zolnierek, K. (2018, April). *The Use of Pronouns during Primary Care Visits and Their Relationship to Satisfaction.* Poster presentation at the Annual Meeting of the Society of Behavioral Medicine, New Orleans, LA.

*Ramos, S., Schepis, T., Roundtree, A. K., Haskard-Zolnierek, K. B., Du Bois, S. (April 2018). Society of Behavioral Medicine 39th Annual Meeting, *"THIS ILLNESS AIN'T GONNA KILL ME" - A Qualitative Insight and Framework towards the Development of an HIV Stress Scale,*" Society of Behavioral Medicine, New Orleans, LA.

*Roming, S., *Johnson, A., *Cobos, B., Haskard-Zolnierek, K., Howard, K. (May 2017). Association for Psychological Sciences, *"Somatization syndrome in Texas school teachers,"* Boston, MA.

*Gray, A., Haskard-Zolnierek, K. B., & Howard, K. (2016, April). *Evaluating Barriers to Medication Adherence: A Comparison of Patients with Physical Versus Psychological Illness.* Poster presentation at the Annual Meeting of the Society of Behavioral Medicine Washington, D.C.

*Chambers, J., Howard, K., *Cobos, B., *Price, R., & Haskard-Zolnierek, K. (2015). *An Occupational Health Evaluation of Migraine in Public School Teachers.* 36th Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine, Society of Behavioral Medicine. San Antonio, TX, United States.

Mendez, R. V., Haskard-Zolnierek, K., & Ginsburg, H. J. (2015). *Health Related Behaviors Were More Predictive Than Attitudes of Neural Tube Defects and Folic Acid Knowledge in Hispanic Women.* Annual Convention, American Psychological Society. New York, NY, United States.

Werchan, C. & Haskard-Zolnierek, K.(2012). *Adherence and quality of life in adults with cystic fibrosis: The influence of self-efficacy and coping style.* Annual Convention of the Association for Behavioral and Cognitive Therapies, National Harbor, MD.

Haskard-Zolnierek, K., DiMatteo, M.R., & Williams S.L. (2011, October). *Differences in global affective communication for patients of varying ethnicities.* Poster presented at the International Conference on Communication in Healthcare, Chicago, IL.

*Errisuriz, V., & *Haskard-Zolnierek, K. (2011, April). *Enhancing motivation, self-efficacy, and response-efficacy through regulatory fit.* Poster presented at the annual meeting of the Southwestern Psychological Association, San Antonio, TX.

Haskard-Zolnierek, K. B. (2010, April). *Development of a scale to assess communication in Spanish physician-patient interactions.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Seattle, WA.

*Kruglikova, Y., & Haskard, K. B. (2009, April). *Social physique anxiety, eating attitudes and behaviors in female collegiate athletes*. Poster presented at the All-University Conference on the Advancement of Women in Higher Education, Lubbock, TX.

*Gaston, K., *Kotzur, A., *Schlacks, S., & Haskard, K. (2009, April). *Development and validation of the politeness in doctor-patient communication rating scale*. Poster presented at the annual meeting of the Southwestern Psychological Association, San Antonio, TX.

Banta, J. E., Haviland, M. G., Haskard-Zolnierek, K. B., Williams, S., DiMatteo, M. R., Anderson, D. L., Werner, L. S. (2008, October). *Serious mental illness and diabetes care among California adults.* Poster presented at the annual meeting of the American Public Health Association, San Diego, CA.

**Haskard, K. B. (2008, March). *Development and validation of the Physician-Patient Communication about Pain Scale*. Poster presented at the annual meeting of the Society of Behavioral Medicine, San Diego, CA.

Goldstein, M. G., Williams, S. L., **Haskard, K. B., DiMatteo, M. R., Bonvicini, K., Carroll, J. G., & Kemp-White, M. (2007, October). *The impact of physician communication training and patient activation training on communication outcomes*. Paper presented at the International Conference on Communication in Healthcare, South Carolina.

Banta, J. E., Haviland, M. G., **Haskard, K. B., Williams, S. L., DiMatteo, M. R., Anderson, D. L., & Werner, L. S. (2007, June). *Effects of mental problems and binge drinking on adherence to treatment for hypertension: A California population study*. Poster presented at the annual meeting of Academy Health, Orlando, FL.

Anderson, D. L., Haviland, M. G., Banta, J. E., Werner, L. S., Williams, S. L., **Haskard, K. B., DiMatteo, M. R. (2007, May). *Effects of binge drinking and mental problems on adherence to treatment for asthma: A California population study*. Poster presented at the annual meeting of the American Psychiatric Association, San Diego, CA.

**Haskard, K. B., DiMatteo, M. R., & Williams, S. L. (2007, March). *Patient adherence, physician psychosocial communication, and health outcomes: A meta-analysis.* Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

Williams, S. L., **Haskard, K. B., DiMatteo, M. R., & Goldstein, M. (2007, March). *Physician-patient communication: Effects on medication adherence*. Poster presented at the annual meeting of the Society of Behavioral Medicine, Washington, DC.

**Haskard, K. B., Williams, S. L., DiMatteo, M. R. (2006, February). *The effectiveness of socioemotional communication training in oncology practice: A meta-analysis*. Poster presented at the annual meeting of the American Psychosocial Oncology Society, Amelia Island, FL.

**Haskard, K. B., DiMatteo, M. R., & Heritage, J. (2005, May). *Patient satisfaction with primary care visits: The relationship to verbal and nonverbal behaviors of practitioners*. Poster presented at the annual meeting of the Association for the Behavioral Sciences and Medical Education, San Diego, CA.

**Haskard, K. B, Williams, S. L., DiMatteo, M. R., & Heritage, J. (2005, May). *Lower patient satisfaction among Latinos: The possible role of physician communication behaviors*. Poster presented at the annual meeting of the American Psychological Society, Los Angeles, CA.

**Haskard, K. B. (2004, June*). Interruptions between doctors and patients: The relationship to global perceptions of affect.* Poster presented at the annual meeting of Academy Health, San Diego, CA.

2. Invited Talks, Lectures, Presentations:

International:

Haskard Zolnierek, K. (2010, September). *Physician and patient communication training in primary care: Effects on participation and satisfaction*. Paper presented at the symposium "It takes two to tango: patient-targeted communication interventions" at the European Association for Communication in Health Care Conference, Verona, Italy.

National:

Haskard-Zolnierek, K. (2020, December). *Enhancing patient engagement and patient satisfaction.* Lunch and Learn Continuing Education virtual presentation delivered for Innovatix.

**Haskard, K. B. (2008, January). *Non-adherence in chronically ill populations*. Invited presentation at the Non-adherence in the Transplant Patient Consensus Conference, Tampa, Fl.

**Haskard, K. B. (2008, January). *The challenge of patient adherence.* Invited presentation at the Executive Health Exams International Annual Medical Retreat, New York, NY.

**Haskard, K. B. (2006, July). *Facilitating adherence in practice: Lessons from research*. Invited presentation at the Oncology Nursing Society National Conference, Common Threads: Weaving the Tapestry of Breast and Prostate Cancer, San Francisco, CA.

**Haskard, K. B. (2005, November). *Provider-patient communication and adherence*. Invited presentation at the Breast Cancer Compliance Strategic Initiative symposium, Washington, DC. Sponsored by the American Cancer Society, Cancer*Care*, Y-ME National Breast Cancer Organization, the National Surgical Adjuvant Breast and Bowel Project, and AstraZeneca.

Regional/Local:

Haskard-Zolnierek, K. (2021, November 22). *Health Psychology*. Invited virtual presentation to Texas State University, Psychology Association.

Haskard-Zolnierek, K. (2017, April). *Strategies for adherence to treatment, health behavior change, and patient activation*. Invited lecture given at the Wimberley Village Library, Wimberley, TX.

Haskard-Zolnierek, K. (2011, February). *Distinguished Lecture in Medical Ethics: The Challenge of Patient Adherence*. Invited CME lecture sponsored by The Center for Medical Humanities and Ethics, UT Health Science Center and presented at Valley Baptist Medical Center, Harlingen, TX.

**Haskard, K. B. (2007, September 16). Research presentation given at Psychology Association meeting.

**Haskard, K. B. (2007, August 24). Research presentation given at Department of Psychology Graduate Student meeting.

**Haskard, K. B. (2007, April). *Provider-patient communication and patient outcomes: Research in social psychological aspects of health.* Presentation at the University of California, Riverside, Social/Personality Area Colloquium.

**Haskard, K. B. (2006, March). *Physician communication and patient outcomes: The provider's voice, Part I.* Presentation at the University of California, Riverside, Social/Personality Area Colloquium.

**Haskard, K. B. (2005, February). *Patient satisfaction with primary care visits: The relationship to verbal and nonverbal behaviors of practitioners*. Presentation at the University of California, Riverside, Social/Personality Area Colloquium.

**Haskard, K. B. (2004, June). *Interruptions between doctors and patients: The relationship to global perceptions of affect*. Presentation at the University of California, Riverside, Social/Personality Area Colloquium.

3. Consultancies:

See above in "relevant professional experience" section

C. Grants and Contracts

1. Submitted, but not Funded, External Grants and Contracts:

National Institutes of Health - National Institute of Aging, (J. Bezner, Principal Investigator, K. Haskard-Zolnierek, Co-Investigator). Health coaching and chronic disease management in aging adults: Comparison of in-person and app-based coaching. $436,155.00 total costs. Submitted June 24, 2019.

Cancer Prevention and Research Institute of Texas, (K. Haskard-Zolnierek, Co-PI), "Spatial Data Science and Health Geographic Core for Cancer Research and Prevention," $5,969,288.00 total costs. Submitted January 30, 2018.

National Institutes of Health - National Institute of Aging, (K. Haskard-Zolnierek, PI). Improving Self-Management in Patients with Metabolic Syndrome: The Development and Testing of the MetaboManage Mobile App, $436,030.00 total costs. Submitted June 24, 2016.

Allen Foundation, (K. Haskard-Zolnierek, Co-PI). “Increasing young women's use of daily multiple vitamin supplements containing folic acid,” $137,165.00 total costs. Submitted December 1, 2015.

National Institutes of Health - National Institute of Aging. (K. Haskard-Zolnierek, PI). “Improving Self-Management in Patients with Metabolic Syndrome: The Development and Testing of the MetaboManage Mobile App,” $448,138.00 total costs. Submitted October 2015.

PhRMA Foundation, (K. Haskard-Zolnierek, PI), “Multicomponent Medication Adherence Monitor (IMAM) Smartphone Program for Chronic Medical Conditions,” $119,350.00 direct + indirect costs. Submitted February 2014.

March of Dimes, (K. Haskard-Zolnierek, PI), “Women Educating Women about Reducing Risk of Neural Tube Defects in At-Risk Texas Hispanic Women: A Promotora-Based Intervention Promoting Folic Acid Intake.” March of Dimes General Research Award grant proposal, $89,088 direct costs. Submitted September 2012.

March of Dimes, (K. Haskard-Zolnierek, P.I.), “Women Educating Women about Reducing Risk of Neural Tube Defects in At-Risk Texas Hispanic Women: A Promotora-Based Intervention Promoting Folic Acid Intake.” Basil O’Connor Starter Scholar Award, $150,000. Submitted July 2011.

Hogg Foundation for Mental Health, $19,712 (K. Haskard-Zolnierek, Co-Investigator), “Mental Health and Treatment Adherence in Underserved Populations Undergoing Total Knee Replacement Surgery: Evaluating the Effects of Axis I Psychopathology.” Submitted December 2010.

National Institutes of Health, $1,563,722 (K. Haskard-Zolnierek, Co-Investigator), “Enhancing Opportunities in Health Psychology for Underrepresented Transfer Students.” Submitted June 2009.

American Psychological Foundation Visionary Grant, “Screening for Distress in a Diverse Cancer Patient Population” (K. Haskard-Zolnierek, PI) - Submitted March 13, 2009. $10,006.

National Institutes of Health, R21, “Implementing communication-enhanced home exercise for stroke patients” (K. Haskard-Zolnierek, Co-Investigator) – Submitted May 25, 2009. $435,177 direct + indirect costs.

Cancer Prevention and Research Institute of Texas, “Physical Rehabilitation Program for Cancer Survivors in Central Texas,” (K. Haskard-Zolnierek, Key Personnel) Submitted June 5, 2009. $163,268 direct costs.

3. Funded Internal Grants and Contracts:

Multidisciplinary Internal Research Grant, Texas State University, **“**Increasing Treatment Adherence and Self-Management in Metabolic Syndrome Patients,” Burke, T. (PI), Haskard-Zolnierek, K.B. (Co-PI), Howard, K., Lawrence, G., & Tamir, D. $25,000. 2016.

Research Enhancement Program Grant, Texas State University–San Marcos, (K. Haskard-Zolnierek, PI, K. Howard, Co-PI), "Interactive Medication Adherence Monitor (IMAM) Smartphone Program for Chronic Medical Conditions- Phase II," $6,670. 2014.

Research Enhancement Program Grant, Texas State University–San Marcos, (K. Haskard-Zolnierek, PI), "The Medical Care Communication Experience of Vulnerable Patients in Pain," $6,385. 2008.

4. Submitted, but not Funded, Internal Grants and Contracts:

Multidisciplinary Internal Research Grant, Texas State University, "Medication Reconciliation and Improving Adherence," (K. Haskard Zolnierek, PI), (J. Long, Co-PI), (B. Covington, Co-PI), (K. Howard, Co-PI). $25,000.00. Submitted April 2017.

Research Enhancement Program Grant, Texas State University–San Marcos, (K. Haskard-Zolnierek, K. & Howard, K. "Interactive Medication Adherence Monitor (IMAM) Smartphone Program for Chronic Medical Conditions," 2013.

D. Fellowships, Awards, Honors:

2010	Dean's Nominee for the Presidential Award for Excellence in Scholarly/Creative Activities, Texas State University
2004-2007	UCR Department of Psychology Conference Travel Award
2006	UCR Graduate Student Association Travel Grant
2002-2003	Graduate Fellowship, University of California, Riverside
2000	Departmental Honors in Psychology, Claremont McKenna College
2000	*Cum Laude*, Claremont McKenna College
1999-2000	Distinguished Scholar, Claremont McKenna College

IV. SERVICE

University:

University Curriculum Committee, 2024 to Present
COLA Curriculum Committee, Fall 2023 to Present
Online Teaching Award Selection Committee, Fall 2020, Fall 2023
University Research Enhancement Committee, Member, Fall 2017 – June 2020
Chair, College of Liberal Arts Research Enhancement Committee. Fall 2017 – June 2020.
Member, Faculty Senate Committee on Committees, March 2017 – March 2019.
University Mentoring Program, Fall 2009-Spring 2010 - Mentor to Kelly Schaffranietz (Heinrich); Spring 2008 - Mentor to Kathy Luna

Department:

Member, Promotion and Outreach committee, Fall 2021 – Present
Member, Faculty Review Committee, Fall 2022 – Spring 2023
Chair, Senior Lecturer Search Committee, Clinical Assistant Professor Search Committee, Spring-Summer, 2022
Coordinator, SONA Human Subjects Pool, Fall 2021

Member, Psychology Systems Support Specialist Search Committee, Fall 2021
Alternate, Faculty Review Committee, Spring 2021
Member, Outreach Committee, Fall 2020 - Spring 2021
Member, Mentoring Committee, Fall 2020 - Spring 2021
Chair, MA in Psychological Research Graduate Committee, June 2017 to July 2020
Member, Ad Hoc Committee on Office Hours, 2017.
Social Media Coordinator, 2016 to Spring 2020
Associate Chair, Fall 2013 - Fall 2014
Master of Arts Psychology Research (MAPR) Graduate Committee, Fall 2013 - Spring 2014
Faculty Review Committee, Spring 2013, Spring 2014
Assistant Professor (health disparities) Search Committee, Spring - Fall 2011, Member
Graduate Program, Research Subcommittee, Member, Spring 2011-Spring 2012
Health Psychology MA Graduate Committee – Fall 2009 – Spring 2012
Chair, Mentoring Committee – Spring 2010 - Fall 2011
Department of Psychology Chair Search Committee - 2010
3302 Ad Hoc Committee- Fall 2009
Grant Committee, Fall 2008, Fall 2010
Assessment Committee – 2009-2010, Fall 2008
Faculty Search Committee, Clinical Health and Industrial Health – Fall 2009, Fall 2008- Spring 2009
Psychology Building Space Committee, Fall 2008
Undergraduate Committee, Fall 2007–Spring 2008
Undergraduate Scholarship Selection Committee, Spring 2008

C. Community:

Foster Home Volunteer, Weimaraner Rescue of Texas, 2022- Present
Classroom and PTA volunteer, Lamar Elementary School, Fall 2018 – Present
Research Mentor to AP Research High School Student Ethan Pigeon. Spring 2022
Research Mentor to AP Research High School Student Savine Gomez. Spring 2018.
Member, New Braunfels ISD Student Health Advisory Committee. August 2016 - December 2016.
Volunteer, Mother's Milk Bank of Austin. June 1, 2015 - December 1, 2015.
Classroom Volunteer, Klein Road Elementary school. Fall 2015-Spring 2016.
Volunteer (and supervisor of PSY 5334 class), Amistad Health Resource Center, Grand Opening and Health Fair, San Marcos, TX (Redwood/Rancho Vista communities), October 15, 2011.
Race for the CureÔ volunteer, Susan G. Komen Breast Cancer Foundation, Orange County affiliate, 2001-2002. Race day supplies co-coordinator for 2001 and 2002 races.
Hospice Volunteer, Hospice Touch, Santa Ana, CA, 2003-2004. Underwent volunteer training program; home/nursing home visits to three terminally ill patients; coordination with other members of hospice team

D. Professional:

Editorial Board Member
Health Communication, 2019 - present

Grant reviewer:

National Science Foundation, Proposal reviewed: "A Theoretical Examination of the Intersection between Information Exchange and Negative Emotion in Power Discrepant Dyads." October 21, 2014.

The Netherlands Organisation for Health Research and Development, Proposal reviewed: "Improving adherence to medication through a Stepped Tailored Adherence Intervention, the STAI-study." May 6, 2014

NIA Roybal Center – ORCATECH (Oregon Center for Aging & Technology, Proposal Reviewed: "A New Technological Approach to Physical Therapy Prescription and Delivery." 2013

National Science Foundation – Proposal Reviewed: "Using Social Learning Theory as a Lens to Explore Wireless Technology Support for Patient Compliance." 2010

Book Reviewer:
Health Psychology, 4th ed. Author: Catherine Sanderson. Sage Publications. March 18, 2019
Health Psychology. Oxford University Press. January 1, 2015.
Patient Listening: Why Poor Communication between Doctors and Patients is Bad for Everyone's Health. Author: Dennis Rosen. Columbia University Press. Completed two reviews: April 30, 2013 and August 4, 2013.
Fundamentals of Health Psychology. Oxford University Press, Canada. Completed review May 29, 2013.
Health Psychology: Bridging Research with Clinical Application. Authors: John Garofalo, Robert Gatchel, and Andrew Baum. Sage Publications. Completed review January 26, 2009.

Peer Reviewer (2005-present):
Health Communication
Medical Care
Patient Education and Counseling
Journal of Medical Internet Research
Journal of the American Board of Family Medicine
Family Systems and Health
Psychology and Health
Archives of Public Health
Health Psychology
Journal of Rheumatology
Journal of Health Communication
Journal of the American Geriatrics Society
Social Science and Medicine
Journal of General Internal Medicine
Cochrane Collaboration - Consumers & Communication Review group
Journal of Women's Health
Primary Care Companion to the Journal of Clinical Psychiatry
General Hospital Psychiatry
Communication Studies
Journal of Health Psychology
Psycho-Oncology

E. Organizations

4. Professional:

American Psychological Association – Division 38, Health Psychology, 2005 – 2009
Society for Behavioral Medicine - 2007-2008
American Psychological Society, 2005 – 2006, 2007- 2008
Member -- International Forum on Patient Adherence, 2005 – 2006

F. Service Honors and Awards:

Exceptional Reviewer, *Medical Care* (2009) – Top 5% of Medical Care reviewers based on timeliness, quality, and number of reviews performed
Exceptional Reviewer, *Medical Care* (2008)
Exceptional Reviewer, *Medical Care* (2007)
Exceptional Reviewer, *Medical Care* (2006)