TEXAS STATE VITA

I. Academic/Professional Background

A. Name: Michelle Nighswander Title: Assistant Professor

B. Educational Background

Degree	Year	University	Major	Thesis/Dissertation
Doctor of Philosophy	2024	University of Texas Medical Branch	Nursing	**Dissertation**: Searching for their Path: Understanding Parents of Children with Emotional Disturbance
MSN-ED	2017	Texas A&M	Nursing Education	**Capstone Project**: Standardizing Depression Screening in a Primary Care Clinic
BSN	1992	University of Iowa	Nursing	

C. University Experience

Assistant Professor St. David's School of Nursing	Texas State University Round Rock, TX	August 2024 - Present
Lecturer St. David's School of Nursing	Texas State University Round Rock, TX	January 2020 - May 2024
Affiliate Instructor St. David's School of Nursing	Texas State University Round Rock, TX	September 2017- May 2024

D. Relevant Professional Experience

Position	***Entity***	***Dates***
Adjuvant Professor	Concordia University Austin, TX	August 2018-May 2019
Nursing Instructor	Kaplan Nursing New York, NY	September 2019-May 2020
Professional Nursing Tutor	Concordia University Austin, TX	November 2017- August 2018
Telephone Triage Nurse	Baylor Scott & White Round Rock, TX	July 2008- July 2020

E. Other Professional Credentials

Texas State RN License: 581528: August 1992 to present
Ambulatory Care Board Certified: July 2010 to present
Oncology Nurse Certified: July 1998 to December 2010

II. TEACHING

A. Teaching Honors and Awards:

B. Courses Taught:

NURS 3302: Research and Ethics, Tx State University, Spring 2026

NURS 3110: Health Assessment (practicum), Tx State University, Fall 2025, Fall 2023

NURS 3221: Essentials in Nursing (practicum), TSU, Fall 2025, Fall 2023

NURS 4280: Community & Population Health, (didactic), TSU, Spring 2026, Sp. 2025

NURS 4211: Nursing Care in Complex Health, (practicum)TSU, Fall 2024

NURS 4280: Community & Population Health (practicum), TSU, Spring 2024

NURS 4341: Leadership and Management of Nursing Care (practicum), TSU: Spring 2025, Spring 2023, Spring 2022, Spring 2021, Spring 2020

Adult Health Theory 1 (Concordia University, Austin, Texas) Fall 2018 - Spring 2019

C. Directed Student Learning:

NCLEX Review Course, Kaplan Nursing, Austin, TX, Spring 2020

Affiliate Instructor, Texas State University, St. David's School of Nursing, Fall 2017 – Spring 2024

Professional Student Tutor, online accelerated BSN program, Concordia University, Austin, Texas), November 2017- August 2018

III. SCHOLARLY/CREATIVE

A. Works in Print:

Nighswander, M. (2025, in press). Parenting on high alert: Stress, stigma, and survival in families of children with Emotional Disturbance. *Qualitative Health Research*, doi: 10.1177/10497323261417927

Nighswander, M. (2024). *Searching for their path: Understanding parents of children with emotional disturbance* [Doctoral dissertation, University of Texas Medical Branch]. UTMB Health ETD Database. https://utmb-ir.tdl.org/items/e79beb6a-2668-4780-b4b4-cedba276bf02

Nighswander, M. & Blair, P. (2024). From institutions to inclusion: How children with disabilities gained educational rights in the US. *The Journal of School Nursing, 40(1),* 108-118. http://doi: 10.1177/10598405221105054.

Nighswander, M. (2022, July 8). "Looking beyond nursing education offerings can open doors." *American Journal of Nursing, Off the Charts*. https://ajnoffthecharts.com/looking-beyond-nursing-education-offerings-can-open-doors/

B. Papers Presented at Professional Meetings:

Seeing the world through the eyes of a child with Emotional Disturbance [poster presentation]. College of Health Professions 29th Annual Faculty Research Forum, Round Rock, TX, April 10, 2025.

Changing perspective to beginning to find inner peace [poster presentation]. Translational Health Scholar Showcase, San Marcos, TX. April 4, 2025

Computer-Aided Depression Screening: A Review of the Literature for Optimal Methodologies for Mental Health Screening, [poster presentation]. 23rd International Conference on Nursing Clinical Decision-Making, Montreal, CA. June 2021

C. Invited Talks, Lectures, and Presentations:

Nursing Care for Patients with Lupus (CEU Credit- Ambulatory Nursing Care Conference @ Baylor Scott & White, February 2010)

Telephone Triage and Scope of Practice (Regional educational presentation for Baylor Scott & White, April 2017)

D. Scholarly Awards/ Honors:

2023 Sigma Theta Tau International Honor Society chapters at University of Texas Medical Branch, Texas A&M University (2017), and University of Iowa (1992)

2023 UTMB Stephen Silverthorne Scholarship

2023 UTMB Lois E. Nickerson Scholarship

2022 John P. McGovern Chair in Nursing Award

2021 Baylor Scott & White Dixon-Galt-Lieberman Nursing Scholarship Award

2021 UTMB Jonas Policy Scholar Nominee

IV. SERVICE

A. Institutional Service:

Southern Nursing Research Society: Psychiatric/Mental Health Research Interest and Implementation Group (September 2024- present)

UTMB: PhD Student Liaison Representative with School of Nursing Faculty Committee (2022-2024)

B. Community Service:

Round Rock High School Marching Band Booster Club/Volunteer (2019-2023)

Project Graduation Committee: Health and Safety Chairperson, RR High School

Round Rock High School Men's Soccer Booster club – Treasurer (2020)

Career Day presentation, Cedar Valley Middle School, Round Rock, TX (2019)

Volunteer for program to provide school clothes for families in need ("Clothes Closet") (Voight Elementary School, Round Rock, TX, November 2019- January 2021)

C. Organization Memberships:

- Sigma Theta Tau International: Chapters Alpha Delta & Phi Iota
- American Nurses Association
- Texas Nurses Association- Area 5
- Southern Nursing Research Society
- Phi Kappa Phi
- Western Institute of Nursing