CURRICULUM VITAE

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EDUCATION

The University of Texas at Arlington

Master of Science in Nursing Administration, 2022

The University of Texas at Arlington

Bachelor of Science in Nursing, Cum Laude, 2020

Lone Star College System

Associate Degree in Nursing, 2004

LICENSURE AND CERTIFICATIONS

Licensure

Texas Compact RN License # 712396, Expires June 30th, 2028

Active Certifications

Advanced Cardiac Life Support (ACLS), Expires March 2028

Pediatric Advanced Life Support (PALS), Expires March 2028

Basic Life Support (BLS), Expires March 2028

NIHSS Certification, Expires November 2026

N-95 Certification to Fit Test Students, Expires October 2026

National Incident Management System (NIMS), ICS 100-certified, Jun 2023

National Incident Management System (NIMS), ICS 200-certified, Jun 2023

Critical Intervention Certification, May 2018

Prior Certifications

Trauma Nursing Core Curriculum (TNCC)-Expired

ACADEMIC APPOINTMENTS

Texas State University, St. David's School of Nursing

Clinical Lecturer | Aug 2025 - Present

Clinical Per Course Lecturer | May 2025 - Aug 2025

Clinical Affiliate Instructor | Jan 2025 - May 2025

- Provide didactic, clinical, simulation, and skills laboratory instruction across the undergraduate BSN curriculum using evidence-based, student-centered teaching strategies.
- Supervise, mentor, and evaluate undergraduate nursing students in clinical, simulation, and skills lab settings to support development of clinical judgment, professional role formation, and safe patient care.

- Design and facilitate high-fidelity simulation and clinical learning experiences aligned with course outcomes, program competencies, and accreditation standards.
- Collaborate with faculty colleagues on curriculum implementation, program evaluation, accreditation readiness, and continuous quality improvement through shared governance and committee participation.

AREAS OF TEACHING EXPERTISE

- Adult Health Nursing
- Complex Health Nursing
- Critical Care Nursing
- Psychiatric Mental Health Nursing
- Health Assessment
- Fundamentals of Nursing
- Leadership and Management
- Simulation-Based Education
- Clinical Instruction

TEACHING EXPERIENCE

Nursing Care Across the Lifespan Practicum (Spring 2025)

- Collaborated with course faculty to facilitate clinical learning experiences for ten second-semester BSN students in the Medical/Surgical settings.
- Supervised and evaluated student performance during direct patient care activities, medication administration, and nursing interventions.
- Guided students in the application of nursing process, clinical reasoning, and evidence-based practice.
- Facilitated post-clinical conferences focused on reflection, prioritization, and clinical judgment development.
- Provided individualized coaching and formative feedback to support student growth and achievement of course outcomes.

Acute Nursing Care of the Adults Practicum (Summer 2025)

- Provided clinical and simulation instruction for twenty third-semester BSN students in acute care settings; Intensive Care, Intermediate Care, Emergency Department, Cardiac Cath Lab, and the Operating Room Setting.
- Facilitated high-fidelity simulation scenarios to improve student clinical judgment, prioritization, and NCLEX readiness.
- Assisted students in integrating didactic concepts into complex patient care situations through clinical application and simulation debriefing.
- Evaluated clinical performance using established course competencies and program outcomes.
- Fostered clinical judgment, professional communication, and evidence-based decision-making in diverse healthcare environments.

Nursing Care in Complex Health Practicum (Fall 2025)

- Instructed ten senior-level nursing students in the management of patients with complex, multi-system health conditions.

- Supervised clinical experiences in high-acuity healthcare settings, emphasizing advanced assessment, prioritization, delegation, and care coordination.
- Facilitated simulation experiences designed to strengthen leadership, critical thinking, and rapid clinical decision-making.
- Mentored students in the transition from student nurse to entry-level professional nurses.
- Evaluated student achievement of program outcomes and readiness for professional practice.

Health Assessment & Essentials of Nursing Care Practicum (Fall 2025)

- Provided foundational clinical instruction for ten first-semester BSN students.
- Taught comprehensive health assessment techniques, therapeutic communication, patient safety principles, and basic nursing skills.
- Facilitated simulation and skills laboratory experiences focused on assessment, medication administration, infection prevention, and patient-centered care.
- Assisted students in developing confidence and competence in fundamental nursing practice.
- Conducted formative and summative evaluations of student performance.

Nursing Care Across the Lifespan Practicum (Spring 2026)

- Facilitated clinical learning experiences for eight second-semester nursing students caring for patients across their lifespan.
- Guided students in applying pathophysiological concepts, pharmacology, and nursing interventions within diverse patient populations.
- Promoted development of clinical reasoning, patient advocacy, and professional communication.
- Evaluated student performance and provided individualized mentoring to support academic and clinical success.

Psychiatric Mental Health Nursing (Spring 2026)

- Supervised eight second-semester nursing students while learning in inpatient and community mental health settings.
- Facilitated development of therapeutic communication skills, psychosocial assessment techniques, and patient-centered care planning.
- Guided students in recognizing mental health disorders, treatment modalities, and interdisciplinary approaches to care.
- Supported student understanding of trauma-informed care, patient advocacy, and ethical nursing practice.

Leadership and Management of Nursing Care Practicum (Spring 2026)

- Mentored nine senior nursing students during their capstone clinical experiences as they transitioned toward professional nursing practice.
- Facilitated application of leadership principles, delegation, prioritization, quality improvement, and systems-based practice.
- Collaborated with clinical preceptors to evaluate student progression toward entry-level nursing competencies.
- Supported students in professional role development, clinical decision-making, and preparation for licensure and employment.

Acute Nursing Care of the Adults Practicum (Summer 2026)

- Provided clinical and simulation instruction for eighteen third-semester BSN students in acute care settings; Intensive Care, Intermediate Care, Emergency Department, Cardiac Cath Lab, and the Operating Room Setting.
- Facilitated complex simulation scenarios emphasizing patient safety, clinical deterioration, prioritization, and interdisciplinary communication.
- Conducted simulation debriefings to enhance critical thinking, reflection, and evidence-based clinical decision-making.
- Evaluated student performance and promoted integration of classroom concepts into clinical practice.
- Mentored students in the development of professional behaviors and safe patient care practices.

SIMULATION AND SKILLS LAB EXPERIENCE

- Facilitated simulation-based learning experiences across undergraduate nursing courses focusing on patient safety, clinical deterioration, evidence-based interventions and communication.
- Conducted simulation debriefings utilizing evidence-based reflective learning strategies.
- Evaluated student clinical judgment, prioritization, communication, and patient safety competencies.
- Provided instruction and competency validation for medication administration, sterile technique, wound care, oxygen delivery systems, urinary catheterization, intravenous therapy, patient assessment, and clinical documentation.
- Assisted with implementation of simulation scenarios supporting curriculum objectives.
- Utilized multiple software programs during simulation experiences such as Laerdal and Assessment Technologies Institute (ATI).

SERVICE TO INSTITUTION

- Faculty Assembly Representative, St. David's School of Nursing (2025 - Present)

- Undergraduate Council Member (2025 - Present)
- Simulation Planning Workgroup, San Marcos Cohort (2025 - Present)
- Elsevier Curriculum Transition Workgroup (2025 - Present)

AWARDS AND HONORS

Favorite Professor Award, Alpha Chi National Honor Society — November 2025
Recognized by student members for excellence in teaching and mentorship.

15-Year Service Award, CHRISTUS Santa Rosa Hospital, San Marcos — September 2023
Honored for sustained commitment and contributions to patient care and organizational service.

PROFESSIONAL DEVELOPMENT AND SCHOLARSHIP

- Participated in faculty development programs focused on simulation, student engagement, and evidence-based teaching practices.
- Contributed to curriculum development activities supporting transition to Elsevier educational resources.
- Engaged in continuing education related to nursing leadership, simulation, clinical instruction, and professional development.
- Maintained specialty certifications and professional competency through ongoing continuing education.
- Participated in ATI and simulation software training to support student learning and competency development.

PROFESSIONAL NURSING EXPERIENCE

CHRISTUS Santa Rosa Hospital – San Marcos, TX

May 2018 – Present

House Supervisor

- Serve as administrative and clinical leader overseeing hospital-wide operations, including patient flow, staffing coordination, and resource allocation.
- Collaborate with executive leadership, physicians, and interdisciplinary teams to ensure safe, high-quality patient care and regulatory compliance.
- Lead emergency response coordination, patient placement, and transfer management in a complex acute care environment.
- Contribute to quality improvement initiatives related to patient safety, infection prevention, and throughput.
- Mentor and support nursing staff through leadership, conflict resolution, and clinical guidance.

Charge Nurse, Emergency Department

Sept 2008 – Nov 2018

- Directed daily operations in a high-volume Level IV Trauma Center, coordinating patient care and staffing assignments.
- Supervised interdisciplinary team members, promoting effective communication and safe patient care delivery.
- Managed patient throughput and emergency response activities in a demanding environment.
- Precepted new staff and contributed to onboarding and professional development initiatives.

St. David's South Austin Medical Center – Austin, TX

Mar 2007 – Sept 2008

Staff Nurse, Emergency Department

- Delivered emergency nursing care in a Level III Trauma Center, including rapid assessment, stabilization, and treatment of acute and critical conditions.
- Collaborated with interdisciplinary teams to ensure safe, timely, and evidence-based patient care.

North Houston Endoscopy and Surgery – Houston, TX

July 2004 – Mar 2007

Charge Nurse / Staff Nurse

- Provided nursing care in a high-volume outpatient surgical and endoscopy setting.
- Coordinated daily operations, including staffing, scheduling, and procedural flow.
- Supported implementation of advanced endoscopic procedures and staff training initiatives.

LEADERSHIP AND PROFESSIONAL ENGAGEMENT

- Member, Sepsis Protocol Compliance Team (2024-Present)
- Member, Workplace Violence Committee (2024-Present)
- Ultrasound-Guided IV Access Trainer (2020-Present)
- Facility Joint Nursing Council Representative (2017-2021)
- Member, Hospital Admissions and Discharges Throughput Committee (2022-Present)

PROFESSIONAL MEMBERSHIPS AND SERVICE

- American Nurses Association
- Texas Nurses Association
- Sigma Theta Tau International Honor Society of Nursing