

LESLIE ANNE ADAMSON

Physical Education Coordinator

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"My passion is to prepare the leaders in the classrooms of tomorrow by creating, organizing, and managing a positive learning environment that fosters young educators to evolve with research and their 21st century learners."

EDUCATION

Texas State University
2020-2023
Overall GPA 3.92

Texas State University
2008-2013
Overall GPA 3.35

MASTERS IN EXERCISE SPORTS SCIENCE
WITH A FOCUS ON PHYSICAL ACTIVITY LITERACY

BACHELORS OF EXERCISE AND SPORTS SCIENCE
(ALL-LEVEL TEACHER CERTIFICATION)

- Minor in Math and Business Administration
- Dean's List Spring 2010, Fall 2010, Spring 2013

EXPERIENCE

Miller Middle School
2016-2024

DISTRICT PHYSICAL EDUCATION COORDINATOR (2021-2024)

- Organized professional development with in-district and community partners covering nontraditional and outdoor education focused units.
- Led the School Health Advisory Committee's (SHAC) P.E. workgroup's monthly meetings and presented workgroup updates on projects such as the cross-curricular field trips and community fitness trail.
- Maintained and transported outdoor education equipment between campuses.
- Arranged family camping trips through Texas Outdoor Families,
- Assisted with Texas State's SLOEP after school program.
- Instructed hands-on CPR to all seniors prior to graduation.
- Pursued, received, and maintained the following educational grants:
  - ***Texas Parks and Wildlife Co-Op Grant*** Fall 2021
  - ***A+ Federal Credit Union Grant*** Fall 2022, Spring 2023, Fall 2023
  - ***San Marcos Education Foundation Grant*** Spring 2019, Spring 2020, Spring 2023, Summer 2023
- Mentored alternate certification teachers through Texas Teachers of Tomorrow.

HEALTH/P.E. TEACHER

- Designed engaging lessons that prompted cross curricular connections and critical thinking skills in both Health and Physical Education classes.
- Cultivated an inclusive classroom culture
- Guided eight student teachers through successful internships in Physical Education.
- Presented Archery and Drum Fitness activities at the SMCISD Health Fair for the families of our community.

EXPERIENCE CONT.

Goodnight Middle School
2015 - 2016

MATH INTERVENTIONIST

- Fostered a growth-mindset within below-grade level middle school Math students.
- Created a scaffolded curriculum aligned with state standards to help students reach grade level expectations.
- Formulated lesson plans that integrated the Multiple Intelligences with hands-on games that guided students to develop higher level thinking skills.
- Facilitated instruction in a variety of group settings with established classroom behavior standards, and consistently enforced classroom discipline policies.

Professional Development Experience

TAHPERD Conference 2023

- Presented Archery Unit for 3rd-12th grade physical education teachers

Ro-Hawk Rodeo 2024 and 2025: Randolph Field ISD

- Facilitated Disc Golf and Tchoukball Units to middle and high school physical education teachers

CPR/AED/First Aid 2023: SMCISD

- Instructed CPR, AED, and First Aid to certify SMCISD staff

RESEARCH EXPERIENCE

Texas Parks and Wildlife Co-Op Grant
Fall 2025

TEXAS STATE'S OUTDOOR EXPLORATION CLASSROOM

- Esmiol, A., Deringer, S.A., Griffin, L.K., Adamson, L., Thomas, A., Dussler, R. (Under Review). Texas State's Outdoor Exploration Classroom. Submitted: $100,000 USD. Role: Co-Investigator.

Culminating Project
Texas State University
Spring 2023

THE EFFECTS OF KNOWLEDGE OF AND EXERCISE ON MENSTRUATION IN ADOLESCENT FEMALE ATHLETES

- Created a 6 week curriculum on menstruation for adolescent female athletes with a pre and post assessment and 3 lesson plans introducing the female anatomy, the menstruation cycle, and presenting facts on how exercise can improve period symptoms.

Independent Study
Texas State University
Summer 2022

OUTDOOR EDUCATION PROGRAM EFFECTS ON PERSONAL AND SOCIAL RESPONSIBILITY SKILLS

- Supported professors with the administration of pre and post interviews and transcription of the interview of adolescents participating in an outdoor recreation program.

PROFESSIONAL MEMBERSHIPS

- Texas Association of Health, Physical Education, Recreation, and Dance
- Texas High School Coaches Association

REFERENCES

- Dr. Marlyn Young
  - marlyn.young@smcisd.net
  - (325) 428-7202
- Michelle Washington
  - Michelle.Washington@smcisd.net
  - (512) 296-6931
- Jennifer Vogel
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