CURRICULUM VITAE

Ariel A. McField, Ph.D.
Department of Psychology
Texas State University
Email: mcfieldariel@yahoo.com

Academic Appointments

2023- Present **Texas State University**, San Marcos, TX
Assistant Professor of Psychology
Department of Psychology

2021- 2023 **University of Texas Permian Basin**, Odessa, TX
Assistant Professor of Clinical Psychology
Department of Psychology

Education

August 2021 **Prairie View A&M University,** Prairie View, TX
Doctor of Philosophy, Clinical Adolescent Psychology

July 2021 **Boys Town Behavioral Health**, Grand Island, Nebraska
Pre-Doctoral Internship

May 2016 **University of Arkansas at Little Rock,** Little Rock, AR
Master of Social Work

May 2013 **University of Central Arkansas,** Conway, AR
Bachelor of Arts, Psychology; Minor in Addiction Studies

Publications

*Indicates student author

Peer-Reviewed Journal Articles

*Amador, B., Lawrence, T., Zhang, Q., **McField, A.,** Palmer, L., & Kwok, O. (*in press*). The Association Between Perpetration of Relational Aggressive Tendencies and Adolescent Antisocial Behavior. *Behavioral Sciences & the Law*

*Wilson, K., Rogers, M. L., **McField, A. A**., & Oberle, C. D. (2026). Indirect influences of DEI initiatives on Black college students' mental health through school climate and sense of belonging. *Journal of American College Health*

*Brown, J. G., **McField, A. A**., *Viltz, A. L., & Oberle, C. D. (2026). Vicarious intergroup contact and awareness of discrimination via television shows to reduce explicit and implicit prejudice. *Journal of Race and Social Problems* 18, 7 (2026). https://doi.org/10.1007/s12552-025-09470-0

McField, A. A., Rogers, M. L., *Wilson, K., & Oberle, C. D. (2025). Campus climate and belonging explain the relationship between DEI initiatives and mental health of LGBTQ college students. *Journal of American College Health*. https://doi.org/10.1080/07448481.2025.2577648

*Shiva, T.A., *Brown, J.G., **McField, A.A**., Osborne, R.E., & Oberle, C.D. (2025). Cultural association with prosocial behaviors and attitudes among Asian Americans. Asian American Journal of Psychology. https://doi.org/10.1037/aap0000368

*Umanzor, M. J., *Guerrero, D. J. R., Osborne, R. E., **McField, A. A**., & Oberle, C. D. (2024). Attitudes on affirmative action targeted to help Black and Hispanic individuals: The roles of knowledge, race, and perceived discrimination. *Analyses of Social Issues and Public Policy, 24*(3), 734–756. https://doi.org/10.1111/asap.12428

McField, A.A., Lawrence, T.I., & *Okoli, I.C. (2023). Examining the relationship between cyberbullying, relational victimization, and family support on depressive symptoms and substance use among adolescents. Clinical Child Psychology and Psychiatry, 28 (1), 224- 236. https://doi.org/10.1177/13591045221110126

Lawrence, T. I**., McField, A. A**., Byrne, M. M., Tarver, S., & *Stewart, T. K. (2023). Depression and substance use as consequences of exposure to family violence: A moderation mediation and self-medication hypothesis study. *Journal of Child & Adolescent Trauma, 16*(1), 69–79. https://doi.org/10.1007/s40653-022-00464-3-

Lawrence, T.I., Merrin, G.J. & **McField, A.** (2022). Family Violence and Adolescent Aggressive Behavior: The Direct and Indirect Effects of Depression and Substance Use. *International Journal of Mental Health Addiction* **23**, 1–14. https://doi.org/10.1007/s11469-022-00971-2

Lawrence, T. I., & **McField, A. A**. (2022). Does conduct, oppositional defiant, and panic disorder symptoms associate with suicidal ideations among African American adolescents? *Journal of Child & Adolescent Trauma, 15*(4), 1179–1189. https://doi.org/10.1007/s40653-022-00452-7

Lawrence, T. I**., McField, A**., & *Freeman, K. (2021). Understanding the role of race and procedural justice on the support for police body-worn cameras and reporting crime. *Criminal Justice Review, 48*(1), 48–68. https://doi.org/10.1177/07340168211022794

Henderson, D. X., Jabar Joseph, J., Martin, P., Mburi, M., Stanley, M., **McField, A**., & Corneille, M. (2021). An investigation of coping in response to different race-related stressor experiences in school among racially diverse participants. *American Journal of Orthopsychiatry, 91*(2), 181–190. https://doi.org/10.1037/ort0000529

Lawrence, T. I., Yelderman, L. A., **McField, A**., & Allen, L. (2021). The mediating role of commitment and relationship satisfaction on socioeconomic status and stability. *Journal of Family Strengths, 20*(1), 11. https://doi.org/10.58464/2168-670X.1432

Manuscripts Under Review

McField, A., & Lawrence, T. (Under review). Attachment Styles Predicting Relational Aggression: The Mediational Role of Envy.

Manuscripts in Progress

Viltz, A. L., **McField, A**., Hill, T. S., Wilson, K. J., Oberle, C. (final edits). Development of a scale assessing attitudes toward diversity, equity, and inclusion (DEI) initiatives in higher education.

Conference Presentations

Papers Presented at Professional Meetings

*Viltz, A., **McField, A**., *Hill, T., *Wilson, K., Oberle, C. (2026, abstract submitted, Poster). *Assessing DEI Initiatives in Higher Education Scale Development*. American Psychological Association Annual Convention.

Brown, J.G., McField, A. A., Viltz, A. L., Oberle, C. D. (2025, Paper Presented at Professional Meeting). *Effects of Vicarious intergroup contact via television on racial prejudice.* Society for the Psychological Study of Social Issues Annual Convention, Portland, OR United States.

Wilson, K.J., Rogers, M.L., **McField, A.A**., Oberle, C.D. (2025, June, Poster Presented at Professional Meeting). *DEI Initiatives indirectly influence Black college students' mental health*. Society for the Psychological Study of Social Issues, Portland, OR, United States.

*Umanzor, M. J., *Reyna Guerrero, D. J., Osborne, R. E., McField, A. A., & Oberle, C. D. (2024, Paper Presented at Professional Meeting). *Impact of race on perceived discrimination and affirmative action attitudes*. Southwestern Psychological Association Annual Convention, San Antonio, TX, United States.

*Shiva, T. A., *Brown, J. G., **McField, A. A**., Osborne, R. E., & Oberle, C. D. (2024, Paper Presented at Professional Meeting). *Asian values and a bicultural identity contribute to prosociality among Asian Americans*. Southwestern Psychological Association Annual Convention, San Antonio, TX, United States.

Poster Presentations

*Ibuaka, A., *Amador, B., *Palmer, L., *Keller, W., **McField, A**., & Lawrence, T. (2026, Poster). *Estimating the Longitudinal Associations of Post-Traumatic Stress Symptoms.* American Psychological Association Annual Convention.

*Bailey, L., *Amador, B., *Palmer, L., *Keller, W., *Ibuaka, A., Lawerence, T., **McField, A.** (2026, Poster). *Externalizing and Internalizing Symptoms on Adolescent Antisocial Behavior*. American Psychological Association Annual Convention.

*Keller, W., *Amador, B., *Palmer, L., *Bailey, L., *Ibuaka, A., Lawrence, T., **McField, A.** (2026, Poster). *Developmental Personal Risk Factors of Antisocial Behaviors in Adolescence.* American Psychological Association Annual Convention.

*Keller, W., *Ibuaka, A., *Palmer, L., *Bailey, L., *Amador, B., **McField, A.,** & Lawrence, T. (2026, Poster). *Effects of Family Violence Exposure on Adolescent Antisocial Behavior.* American Psychological Association Annual Convention.

*Amador, B., *Bailey, L., *Keller, W., *Palmer, L., *Ibuaka, A., **McField, A**., & Lawrence, T. (2026, Poster). *Developmental Risk of Internalizing and Externalizing Adolescent Symptoms*. American Psychological Association Annual Convention.

*Palmer, L., *Amador, B., *Bailey, L., *Ibuaka, A., Lawrence, T., **McField, A**. (2026, Poster). *Estimating Adolescent Antisocial Behavior Across Race and ACE Typologies.* American Psychological Association Annual Convention.

*Amador, B., *Bailey, L., *Palmer, L., *Keller, W., *Ibuaka, A., Lawrence, T., **McField, A.** (2026, Poster). *Employment and Self-Efficacy among Women on Probation and Parole*. American Psychological Association Annual Convention.

*Guiy, L., & **McField, A.** (2025, November, Poster Presentation). *Attitudes Toward Involuntary Psychiatric Hospitalization: A Qualitative Analysis,* Undergraduate Research Conference, San Marcos, TX, United States.

Lawrence, T., **McField, A.,** *Amador, B., Kwok, O. (2025, August, Poster Presentation) *Testing the Developmental Onset of Relational Aggression on Adolescent Antisocial Behavior*. American Psychological Association Annual Convention, Denver, CO, United States.

*Kent, S., *Amador, B., *Ronquillo, A., *Harris, A., Lawrence, T., **McField, A.** (2025, August, Poster Presentation). *Developmental Changes and Progression of Adolescent Alcohol Use and Rule-Breaking Behavior*. American Psychological Association Annual Convention, Denver, CO, United States.

*Ronquillo, A., *Amador, B., *Kent, S., *Harris, A., Lawrence, T., **McField, A.** (2025, August, Poster Presentation). *Aggression and Rule-Breaking Adolescent Antisocial Behavior: The Risk Exposure to Family Violence*. American Psychological Association Annual Convention, Denver, CO, United States.

*Okoli, I., Lawrence, T., **McField, A. (**2022, November, Poster Presentation). *Examining Mental Illness Symptoms Associated with Suicidal Ideations Among African American Adolescents*. Texas Psychological Association 75th Convention, San Antonio, TX

McField, A., Lawrence, T., Johnson, M., & Geyen. D. (2020, August, Poster Presentation). *Attitudes Toward Legalized Marijuana Among African American College Students.* American Psychological Association Annual Convention, Virtual

Williams, C., **McField, A**., Martin, P. (2019, November, Poster Presentation). *Interrelationships among racial identity, self-esteem, and theological orientations in African American college students*. 16th Annual Pathways Student Research Symposium, Laredo, TX.

McField, A, & Martin, P. (2019, June, Poster Presentation*). Theology and Community Psychology: Relevancy to Person-Environmental Fit, Research, and Practice*. The 17th Biennial Conference of the Society for Community Research and Action, Division 27 American Psychological Association, Chicago, Illinois

Harris, K., Wray, J., **McField, A.,** Salim, S., & Martin, P. (2019, June, Poster Presentation). *African American Faith- Based Communities and University Partnership: Faith-Based Communities Promoting Mental Health and Recovery.* The 17th Biennial Conference of the Society for Community Research and Action, Division 27 American Psychological Association, Chicago, Illinois

McField, A., Franklin, T., Bowles, T., & Martin, P. (2019, June, Poster Presentation*). People Have the Right to Live Free: African American Churches and the Black Lives Matter Movement.* The 17th Biennial Conference of the Society for Community Research and Action, Division 27 American Psychological Association, Chicago, Illinois

Barrett, J., **McField, A**., Salim, S.H., Harris, K., & Martin, P. (2017, July, Poster Presentation). *Religious participation and perceptions of discrimination: Adolescents' daily experiences.* PVAMU Summer Research Experience Program Symposium, Prairie View, TX.

Young, S., **McField, A**., Harris, K.D., Salim, S.H., & Martin, P.P. (2017, July, Poster Presentation). *African American faith-based mental health initiative: Evaluating mental health wellness in African American churches*. PVAMU Summer Research Experience Program Symposium, Prairie View, TX.

McField, A., Weathersby, L.A., Bowles, T., & Martin, P.P. (2017, June, Poster Presentation). *The Black Lives Matter Movement within African American churches*. The 16th Biennial Conference of the Society for Community Research and Action, Division 27, American Psychological Association, Ottawa, Canada.

Harris, K., **McField, A**., & Martin, P. (2017, June, Poster Presentation). *Overstudied and understudied: Religious Experience of African American Emerging adults.* Poster presented at the 16th Biennial Conference of the Society for Community Research and Action, Division 27, American Psychological Association, Ottawa, Canada.

Oral Presentations

Harper, G., Brown, J., Gebhard, K., **McField, A.,** Miller, R., Wade, R., & Wilson, B. (2019, June, Oral Presentation- Roundtable). *Resilience and Resistance among Sexual and Gender Minority People of Color: Meanings, Methods, and Movements.* The 17th Biennial Conference of the Society for Community Research and Action, Division 27 American Psychological Association, Chicago, Illinois

Teaching and Mentoring Experience

2023- Present **Texas State University,** San Marcos, TX
Master's Capstone/Thesis, Graduate
Individual Study, Undergraduate
Psychopathology, Undergraduate

Psychology of Human Diversity, Undergraduate

2021-2023 **University of Texas Permian Basin,** Odessa, TX
Introduction to Counseling, Undergraduate
Psychopathology, Graduate
Practicum, Graduate
Intellectual Assessment, Graduate
Introduction to Psychology, Undergraduate, Online
Personality Assessment, Graduate
Theories of Personality, Undergraduate
Test and Measures, Undergraduate
Ethics and Cognitive Treatment, Undergraduate, Online

Theses/ Student Research Projects

2025-2027 **Texas State University,** San Marcos, TX
*Chai*r: Ibuaka, A. (2025-2027). The Internalized Barrier: A Mediation Analysis of Self-Stigma in Black Immigrant Mental Health

2025-2027 **Texas State University,** San Marcos, TX
Committee Member: Keller, W. (2025-2027). Unequal Strain: Examining Racial Disparities in Athlete Burnout and Coping Approaches in University Athletes

2025-2027 **Texas State University,** San Marcos, TX
Committee Member: Tillman, B. (2025-2027). The Influence of Stigma and Religiosity on Disclosure and Help-Seeking Behavior among College Students regarding Sexual Assault

2025-2027 **Texas State University,** San Marcos, TX
Committee Member: Hill, T. (2025-2027). The Link Between Adultification Experiences and Hyper-sexualization in Minority Young Adults

2025-2027 **Texas State University**, San Marcos, TX
Committee Member: Ricks, L. (2025-2027). In progress (finalizing project with chair)

2025-2027 **Texas State University**, San Marcos, TX
Committee Member: Peeler, G (2025-2027). In Progress (finalizing project with chair)

2025-2027 **Texas State University**, San Marcos, TX
Committee Member: Wilson, K. (2025-2027). In progress (finalizing project with chair)

2024-2026 **Texas State University,** San Marcos, TX
Chair: Viltz, A. (2025-2026). Student Attitudes about the Impact of Race-Based Diversity, Equity, and Inclusion (DEI) Initiatives in Universities on Racial Climate, School Belonging, and Well-Being

2025-2026 **Texas State University,** San Marcos, TX
Committee Member: Conway, Grace (2025-2026, In-progress) Examining the Relationship between Pregnancy Complications, Prenatal Worry, and Self-Esteem.

2025-2026 **Texas State University**, San Marcos, TX
Committee Member: Graza, L (2025-2026, In-progress). Young Adult ADHD: Protective and Risk Factors for Coping Behaviors in College Students.

2025 **Texas State University,** San Marcos, TX

IDEA research center Mentor: Guiy, L. (2025). Community Attitudes Toward Involuntary Psychiatric Hospitalization: A Qualitative Analysis

2025 **Texas State University,** San Marcos, TX
Committee Member: Rojo, L. (2025). Maternal Communication and Psychological Well-Being of Latinx Adolescent Mothers: Potential Impacts of Self-Esteem and Age

2024 **Texas State University,** San Marcos, TX
Supervisor: Ledergerber, B. (2024). Mental Health Disparities among Rural and Urban Communities

2023 **University of Texas Permian Basin**, Odessa, TX
Chair: Espinoza, J. (2023). Prevalence of Suicide: Risk and Protective Factors among Racial, Ethnic, and Gender Minorities.

2023 **University of Texas Permian Basin**, Odessa, TX
Committee Member: Vaught, M (2023). The Effects of Dehumanization and Self-Dehumanization on Resiliency in Incarcerated Populations.

2023 **University of Texas Permian Basin**, Odessa, TX
Committee Member: Sessink, A. (2023). Self-Talk among Athletes

2022 **University of Texas Permian Basin**, Odessa, TX
Committee Member: Tran, Q. (2022). Suicidal Risk and Protective Factors among Asian Americans.

2022 **University of Texas Permian Basin**, Odessa, TX
Committee Member: Molina, C.C. (2022). Factors Relating to the Perception of Climate Change: Assessing the Moderation of Resilience and Coping Skills on Psychological Distress.

Clinical Experience

2025, Guest lecture, Counseling Diverse Populations (graduate course- professional counseling), Texas State University, Round Rock, TX
Topic: Counseling African American Populations

University of Texas Permian Basin Counseling & Psychological Services, 2022-2023
Practicum Instructor
Description: Assisted students with conceptualizing therapy and assessment cases. Provided insight regarding evidence-based treatment options, ethical decision making, and cultural considerations. Wrote policy and procedural manual for practicum operations.

Boys Town Outpatient Behavioral Services, 2020-2021
Pre-Doctoral Intern
Description: Conducted intake and psychological evaluations. Provided individual and family therapy services to children, adolescents, and families. Participated in weekly didactics and individual supervision. Suicide and self-injury risk assessments were regularly conducted.

Moore Mental Health & Behavioral Services, 2019-2020
Practicum Student
Description: Provided Individual counseling and administered psychological evaluations.

Prairie View A&M University Psychology Clinic, 2018-2019
Practicum Student

Description: Provided individual counseling and administered psychological evaluations.

Private Practice (Lesajean Jennings, PsyD), 2018
Practicum Student
Description: Engaged in individual counseling and assisted with psychological evaluations.

Prairie View A&M University Counseling Center, 2017-2018
Practicum Student
Description: Provided individual counseling services and conducted intake evaluations.

Central Arkansas Veterans Healthcare System (VA), 2015-2016
Social Work Intern
Description: Developed screener for substance use disorder program. Coordinated discharge plans, connected veterans to resources, and reviewed advanced directives and living wills. Facilitated substance use groups and participated in interdisciplinary team meetings.

The Pointe Outpatient Services (School Based- Alternative School), 2014-2015
Social Work Intern
Description: Facilitated group counseling sessions. Engaged students in individual therapy and crises management.

HAVEN House (Help for Abuse Victims in Emergency Need), 2012-2015
Mental Health Paraprofessional (MHPP)
Description: Engage clients in behavior modification interventions. Assisted with crisis management and social skills training. Transported clients as needed. Trained newer staff on report writing and verbal de-escalation techniques.

Service

Professional Service

Ad hoc Journal Reviewer

- Journal of Child & Adolescent Trauma
- Child and Adolescent Social Work
- European Child and Adolescent Psychiatry
- Journal of Clinical Psychology
- Community Mental Health Journal
- Journal of Ethnicity in Substance Abuse
- Journal of American College Health

2026, Graduate Student Paper Award Committee for Critical Race and Ethnicity Study (CRES), Division of the Society for the Study of Social Problems (SSSP).
Overview: Review research papers submitted by graduate students

2025, Grant Reviewer, American Psychological Foundation
Overview: Reviewed grants related to clinical research.

2019, Volunteer, American Psychological Association Continuing Education session
Overview: I assisted in disseminating information and moderating continuing education sessions.

Department and Institutional Service

2024- Present, Committee Member, Texas State University, Clinical Psychology Doctorate Program Proposal Committee,

Overview: The committee is responsible for researching and examining the policies of peer institution programs, as well as American Psychological Association guidelines, university guidelines, and state requirements. We developed a formal proposal for the program. The proposal is currently under review at the university level.

2025, 2026 Conference Respondent, Graduate Research Conference, Texas State University
Overview: I provided constructive feedback on the graduate students' poster presentations at the university.

2023-2024; 2025-Present, Committee Member, Texas State University, Belongingness and Cohesion Committee
Overview: The Committee on Belonging and Cohesion promotes community among faculty, staff, and students within the department through engagement. Activities include organizing events, talks, and disseminating useful information.

2025, 2026 Psychology Day, Poster Presentation Judge, Texas State University
Overview: I provided constructive feedback on the poster presentations of psychology students in the department.

2024, Committee Member, Texas State University, Clinical Psychology Search Committee
Overview: The search committee's duties included reviewing qualified applicants and discussing departmental culture and policies**.**

2023, Guest Speaker, Counseling Career Chat, Texas State University
Topic: So, You Want to Be a therapist? Grad School and beyond!

Community Service
2024, Panel Speaker, Peace and Progress Panel Speaker, Kyle, TX
Topic: Celebrating Black History Month

2023; 2024, Speaker, Barbara Jordan Elementary School, Austin, TX
Topic: I actively engaged students in discussions on the importance of mental health and shared insights into pursuing a college education and my role as a college assistant professor.

2023, Speaker, Mr. Mac's Arts and Learning Center
Topic: The Mac Center hosted a mental health series entitled "Mental Health Moment." I was asked to speak virtually on the topic of suicide among youth.

University of Texas Permian Basin Service
2023, Committee member, University of Texas Permian Basin, Social Work Search Committee
Overview: The search committee's duties included reviewing qualified applicants and discussing departmental culture and policies**.**

2022, Guest Speaker, Odessa Middle School
Topic: Psychoeducation related to bullying and eating disorders

Prairie View A&M Service
2019, Founding President, Prairie View A&M University, Graduate Student Association
Overview: As the founding president, I was responsible for developing policy, appointing the executive board, and overseeing the organization's operations.

2019, Volunteer, Prairie View A&M University, LGBTQ+ Resource Office
Overview: I assisted in organizing and hosting the grand opening of the resource office.

2018, Panel Speaker, Prairie View A&M University Graduate Studies Orientation
Topic: Student Success in Graduate School

2017, Prairie View A&M University, Committee Member, Black Graduate Conference in Psychology, Research Symposium
Overview: As a volunteer, I assisted with organizing abstract submissions, moderated conference sessions, and disseminated information.

2016, Prairie View A&M University, Volunteer, Pathways Student Research Symposium
Overview: As a volunteer, I assisted with organizing abstract submissions, moderated conference sessions, and disseminated information.

Professional Membership

2025-Present, American Psychological Association
2025-2026, Coalition of Black Faculty and Staff, Texas State University
2023, Emerging Leaders Mentoring (TPA)- Mentee
2021-2023, Texas Psychological Association
2018-2022, Society for the Psychology of Women (APA Division 35)
2018-2021, Society of Clinical Child and Adolescent Psychology (SCCAP)