TEXAS STATE VITA I. Academic/Professional

Background

Name: Robyn Rogers - Title: Professor of Instruction

B. Educational Background

Degree	Year	University	Major	Thesis/Dissertation
Certified Reality Therapist	1991-present	William Glasser Institute	Choice Theory/Reality Therapy	
LPC	1983-present	Texas State Board		
M.ED.	1981	University of Arkansas	Counseling	
Teacher Certificatio	1979	Arkansas Board of		
B.S., Education	1979	University of Arkansas	English & Journalism	

C. University Experience

Position	University	Dates
Senior Lecturer, College of Liberal Arts	Texas State University-San Marcos	1981-present
Lecturer, Extension Program	Texas State University-San Marcos	1993-1994

D. Relevant Professional Experience

Position	Entity	Dates
Pro- Bono Consultant for Visual Storytelling Assignment: 'The War Within- A Mental Health Issue'. Pro- Bono Consultant- Veterans	Film Department- Student Assignment Published on UTUBE SLAC	2021 2018-present
Training and Consulting	Central Texas Region	1981-present
Contract Counselor	Lifeworks, Austin Texas	2003
Liaison, Basic Training Seminars	William Glasser Institute	2007-2012
Consultant	Baptist Academy, San Marcos, Texas State	2010 1995-1999

Consultant	Schertz High School, Schertz Texas	1988
Counseling Intern	Washington County Juvenile Court, Fayetteville Arkansas	1980-1981

II. TEACHING

A. Teaching Honors and Awards

Presidential Service Award for Forty- Five Years of Service (2026)
Presidential Service Award for Forty Years of Service (2022)
Teaching Award of Honor: CoVid Crisis 2020(Received in 2021)
Applied Internship in Psychology (designated Service-Learning Course) (2017-2021)
Liberal Arts Presidential Distinction Award for Excellence in Service (2015) Liberal Arts Nominee for the Presidential Service Award (2014)
Liberal Arts Recipient of Golden Apple Award for Service (2011)
Presidential Level Award for Service- Runner- up (2011)
Liberal Arts Nominee for the Presidential Teaching Award (2013)
Liberal Arts Nominee for the Presidential Teaching Award (1990)
Merit recipient, all years funded (1981-present)

B. Courses Taught:

Cognitive-Behavioral Therapies (Originally, Behavior Modification)- Asynchronous/Online and F2F
Applied Internship in Psychology- Asynchronous/Online and F2F
Adolescent Psychology- Asynchronous/Online and F2F
Reality Therapy/Choice Theory
Introduction to Psychology
University Seminar

C. Graduate Theses/Dissertations or Exit Committees (if supervisor, please indicate):

Senior Lecturer: NA

D. Courses Prepared and Curriculum Development:

1.) Applied Internship in Psychology (Service-Learning Designation). F2F, (Hybrid and/or Asynchronous/ Online from 2020).
This course is designed to provide students with the opportunity to apply knowledge and skills gained from classes to work settings while under both site and academic supervision.
2.) Cognitive- Behavioral Therapies [Originally, Behavior Modification] (Writing Intensive (WI). F2F, Asynchronous/Online since 2020.) This course is designed to teach students how to apply the theoretical and psychological principles of Cognitive-Behavioral Therapies to create constructive behavior change. Behavior Modification, Cognitive Therapy, EMDR, Positive Psychology, and Choice Theory/ Reality Therapy models are included intervention approaches. A Cognitive-Behavioral Self- Change Project is required by each student to demonstrate their understanding of the use of Cognitive-Behavioral principles. MiniVideos for each Module clarify course guidelines, and suggested pace. Additional MiniVideos created for Project: Baseline and Intervention, and Choice Theory component.

3.) Adolescent Psychology-(F2F ; Asynchronous/Online 2020). This course is designed to help students understand how adolescents develop in contemporary society and the world in which they live - families, peer groups, schools, neighborhoods, and work and leisure settings. Discussion Boards, Reflection Papers and Quizzes help students better understand and integrate the concepts. MiniVideos for each Module clarify the course guidelines, and suggested pace.

4.) Applied Internship in Psychology (Service-Learning Course.). This course is designed to provide students with the opportunity to apply knowledge and skills gained from classes to work settings while under both site and academic supervision. An Applied Internship Poster Event is held each semester. Faculty, Staff from their sites, and a few family members and significant others attend this event bi-annually.

5.) Cognitive- Behavioral Therapies [Originally, Behavior Modification] (Designated Writing-Intensive (WI) Course.) This course is designed to teach students how to apply the theoretical and psychological principles of Cognitive-Behavioral Therapies to create constructive behavior change. Behavior Modification, Cognitive Therapy, EMDR, Positive Psychology, and Choice Theory/ Reality Therapy models are included intervention approaches. A Behavioral change project is required by each student to demonstrate their understanding of the use of cognitive-behavioral principles.

6.) Adolescent Psychology- This course is designed to help students understand how adolescents develop in contemporary society and the world in which they live- families, peer groups, schools, neighborhoods, and work and leisure settings. Panel Discussions with an interactive component ate part of this class.

7.) Reality Therapy/Choice Theory- (Designated a Writing- Intensive Course.) This course is designed to provide students with the theoretical underpinnings of the Choice Theory/ Reality Therapy approach developed by Dr. William Glasser. Discussed in this class is Glasser's notion of 'Total Behavior', and how the choices we make impact all aspects of our lives, and improve our health, quality of life, and especially, our relationships with others. Cognitive Therapy models and the Humanistic, Person-Centered Counseling models, are included as comparative approaches.

8). Adolescent Psychology- This course is designed to help students understand how adolescents develop in contemporary society and the world in which they live- families, peer groups, schools, neighborhoods, and work and leisure settings. Group discussions-small and large- help to enhance the learning process. Panel Discussions on controversial issues related to Adolescence are included in the course.

9.) University Seminar- This course is designed to introduce and prepare freshman and transfer students to the university.

10.) Introduction to Psychology- This course is designed to overview the various topics investigated by psychologists, helping students to gain an understanding of the major theories and findings of psychology.

E. Funded External Teaching Grants and Contracts:

_____.

F. Submitted, but not Funded, External Teaching Grants and Contracts:

_____.

G. Funded Internal Teaching Grants and Contracts:

H. Submitted, but not Funded, Internal Teaching Grants and Contracts:

I. Other

III. SCHOLARLY/CREATIVE

A. Works in Print

1. Books (if not refereed, please indicate)

a. Scholarly Monographs:

b. Textbooks:

c. Edited Books:

d. Chapters in Book

e. Creative Books:

'Veteran Guide Training Manual (Parts 1 and 11) - revised"- developed by Robyn R. Rogers and Dave Blankenship. July-August 2021. Reworked for presentation as online Zoom workshops Parts 1 and 11).

'Veteran Guide Training Manual (Parts 1 and 11) - revised"- developed by Robyn R. Rogers and Dave Blankenship. July-August 2020. Reworked for presentation as online Zoom workshops Parts 1 and 11).

'Veteran Guide Training Manual (Parts 1 and 11) - revised"- developed by Robyn R. Rogers and Dave Blankenship. August 2019.

'Veteran Guide Training Manual'- developed by Robyn R. Rogers and Dave Blankenship. September 2018.

2. Articles

a. Refereed Journal Articles:

b. Non-refereed Articles:

3. Abstracts:

4. Reports:

5. Book Reviews:
Rogers, Robyn R. (2015) Reviewer, Behavior Modification, Miltenberger, 6th edition. Wadsworth/Cengage.
Rogers, Robyn R. (2010) Reviewer, Behavior Modification, Miltenberger, 4th edition. Wadsworth/Cengage.
Rogers, Robyn R. (2008) Reviewer, Behavior Modification, Miltenberger, 3rd edition. Wadsworth/Cengage.
Rogers, Robyn R. (2011) Reviewer, Adolescence, Steinberg, 10th edition, 2011.
Rogers, Robyn R. (2010) Reviewer, Introduction to Psychology, Coon, 2010, 12th edition, Wadsworth/Cengage.

6. Other: Applied Internship in Psychology Website complete revision- created by Robyn R. Rogers in 2019, 2020, 2021.
Internship in Psychology Website complete revision- created by Robyn R. Rogers in 2019.
Internship in Psychology Website created by Robyn R. Rogers in 2016.
Applied Internship in Psychology Website complete revision- created by Robyn R. Roger2019.
Applied Internship in Psychology Website- created by Robyn R. Rogers in 2016.

B. Works not in Print

1. Papers Presented at Professional Meetings:

2. Invited Talks, Lectures, and Presentations:
Rogers, Robyn R. (October 2024). Presented to Psi Chi and other students a F2F Panel Discussion with the Pre-Clinical Program Committee on Counseling opportunities for students with an undergraduate degree in Psychology, and different paths to therapy licensure with and without a PhD. San Marcos, Texas.
Rogers, Robyn R . (June 2023). Presented ‘Coffee and Conversation’ to the Upward Bound Summer Initiative. San Marcos, Texas.
Rogers, Robyn R. (January 2024, January 2023, January 2022, February 2021). Zoom presentation of the Applied Internship in Psychology for the Psychology Learning Community. San Marcos, Texas.
Rogers, Robyn R. (February 2025, January 2024, January 2023, January 2022, September 2021). Zoom presentation of The Applied Internship in Psychology for the Psychology Association Committee. San Marcos, Texas.
Rogers, Robyn R. (September 2025,September 2024, January 2024, January 2023, January 2022, September 2021). Zoom presentation of The Applied Internship in Psychology for the Psychology Association and Psi Chi. San Marcos, Texas.
Rogers, Robyn R. (September 2021). Zoom Veteran Guide Training 11 (VASC). (Zoom Covid

modified- (canceled funding- CoVid) Reality Therapy/ Choice Theory. San Marcos, Texas.

Rogers, Robyn R. (September 2021). Zoom Veteran Guide Training 1 (VASC). (Zoom Covid modified- (canceled funding- CoVid) Reality Therapy/ Choice Theory. San Marcos, Texas.

Rogers, Robyn R. (September 2020). Zoom Veteran Guide Training 11 (VASC). (Zoom Covid modified- Reality Therapy/ Choice Theory. San Marcos, Texas.

Rogers, Robyn R. (August 2020). Veteran Guide Training 1(VASC) (Zoom- Covid modified). Reality Therapy/ Choice Theory. San Marcos, Texas.

Rogers, Robyn R. (September 2019). Veteran Guide Training 11 (VASC). Reality Therapy/ Choice Theory. San Marcos, Texas.

Rogers, Robyn R. (August 2019). Veteran Guide Training 1 (VASC). Reality Therapy/ Choice Theory. San Marcos, Texas.

Rogers, Robyn R. (November 2018). Veteran Guide Training 11(VASC). Reality Therapy/ Choice Theory. San Marcos, Texas.

Rogers, Robyn R. (October 2018). Veterans Guide Training 1(VASC). Reality Therapy/ Choice Theory. San Marcos, Texas.

Rogers, Robyn R. (September 2019). Guest Speaker to the Psychology Learning Community. San Marcos, Texas.

Rogers, Robyn R. (September 2018). Guest Speaker to the Psychology Learning Community. San Marcos, Texas.

Rogers, Robyn R. (September 2017). Guest Speaker to the Psychology Learning Community. San Marcos, Texas.

Rogers, Robyn R. March 2018). Invited Guest Speaker: Alpha Lambda Delta (TSU Chapter) Initiation Ceremony. San Marcos, Texas.

Rogers, Robyn R. (2016). Upward Bound Summer Residential Program. Guest Lecturer, San Marcos, Texas.

Rogers, Robyn R. (2013). Introduction to Reality Therapy/ Choice Theory, 6th Annual Kaleidoscope of Counseling Conference, Chi Sigma Lota Counseling Honor Society- Sigma Tau Chapter, TSU, San Marcos, Texas.

Rogers, Robyn R (.2010-presented [bi-annually]).'The Applied Internship in Psychology' presented to The Psychology Association and Psi Chi, TSU, San Marcos, Texas.

Rogers, Robyn R. (2011). Keeping It Real. Regional Conference for the William Glasser Institute, Dallas, Texas.

Rogers, Robyn R. (2010). Conference Organizer. Keeping It Real. Regional Conference for The William Glasser Institute, San Marcos, Texas.,

Rogers, Robyn. (2008). Keeping it Real. Reality Therapy /Choice Theory Regional Conference, Oklahoma City, Oklahoma.

3. Consultancies:

Rogers, Robyn. R. (2021). 'The War Within- A Mental Health Documentary'. Filmed for Visual Storytelling through students in the Film Department. Published on UTUBE.

Rogers, Robyn R. (2020, 2019, 2018). Veteran Academic Service Center (VASC), San Marcos, Texas.

Rogers, Robyn R. (2010). Basic Needs in Choice Theory/ Reality Therapy, Baptist Academy, San Marcos, Texas.

Rogers, Robyn. (1995-1999, annually). Behavior Modification: Modules I & II. ResCare Premier Tangram Behavioral Program, San Marcos, Texas.

Ethics Training for The Catholic Dioceses of Austin (2013).

Ethics Training for The Catholic Dioceses of Austin (2009).
Ethics in Training, Haverleigh Correspondence Training (2008, 2002, 1999, 1998)
Reality Therapy/Choice Theory International, Colorado Springs (2008)
Reality Therapy/ Choice Theory Regional Conference, Oklahoma City, Oklahoma (2008)
Psychopharmacology: the medication management of mental health disorders. by P.D. Wegmann, Continuing Education Productions, Austin, Texas (2004)
Multicultural Competencies in Counseling: Ethical Standards and Strategies for Organizational Change, Part I., presented by Derald Wing Sue, St. Edwards University, Austin, Texas (2004)
Multicultural Competencies in Counseling: Ethical Standards and Strategies for Organizational Change, Part II., presented by Derald Wing Sue, St. Edwards University, Austin, Texas (2004)
Quality Relationships workshop, presented by William and Carleen Glasser, Austin, Texas (1996)
Quality Schools Workshop, presented by William Glasser, San Antonio, Texas (1991)

5. Other:

_____.

C. Grants and Contracts

1. Funded External Grants and Contracts:

_____.

2. Submitted, but not Funded, External Grants and Contracts:

_____.

3. Funded Internal Grants and Contracts:

_____.

4. Submitted, but not Funded, Internal Grants and Contracts:

_____.

D. Fellowships, Awards, Honors:

_____.

IV. SERVICE

University:
Invited Guest Coach for TxState.edu (2025, 2024, 2021). San Marcos, Texas.
Writing Center Contest Judge for category I entries, Dept. of English, S.W.T.S.U., San Marcos, Texas (2023, 2022, 1995-2006).
Online Alpha Chi Award Favorite Teacher Award, Tx State (2023, 2022, 2021, 2020).
Teaching Certification (Covid), Texas State University (2020). (Awarded 2021)
University Search Committee for SLAC Assistant Director, Texas State University (January-March 2020).
First Generation Workshop, Texas State University (2019).
Veteran Friendly Training, Texas State University (2017).

University Seminar: Taught University Seminar, 2010, 2002-2007.
Lecturer, Extension Program, Texas State University, San Marcos, Texas (1993-1994).
Developed and taught coursework for New Vision, a federal pre-release facility in Kyle, Texas. Introduction to Psychology- a course designed and adapted to address some of the concerns of prisoners in a pre-release program experience. Additionally, providing an overview of the various topics investigated by psychologists and helping students to gain an understanding of the major theories and findings of psychology.

Departmental:

Committees

Rogers, Robyn R. Internship Committee, Chair (2024, 2023, 2022, 2021, 2020; Rogers, Robyn R. NLF Committee (2024) Rogers, Robyn R. Mentoring Committee. Mentored two faculty (Fall, 2024). Rogers, Robyn R. Pre-clinical Careers Committee (Fall 2024)

Rogers, Robyn R. Honors Contract Faculty Supervisor for Kanady Strutz. (Fall, 2021)

Rogers, Robyn R. Honors Contract Faculty Supervisor for Taylor Mule'. (Spring, 2020.)

Rogers, Robyn R. Mentoring. Mentor for Interns each long semester for the Applied Internship in Psychology. This includes a Letter of Reference for most Applied Interns(1996-present).

Rogers, Robyn R. Thesis Mentorship, first reader (2018).
Rogers, Robyn R. Undergraduate Curriculum Committee. (Chair- 2014-present).
Rogers, Robyn R. Undergraduate Internship Committee. (Chair- 2014-present).
Rogers, Robyn R. Internship Committee, Chairman. (2015-present)
Rogers, Robyn R. Undergraduate Scholarship Awards Committee. (2010-2014).
Rogers, Robyn R. Internship Committee; Curriculum Committee; and various other committees as request be department Chair annually, 1983-present.
Rogers, Robyn R. (2013). Attended the Liberal Arts Distinguished Awards Ceremony, San Marcos, Texas.
Rogers, Robyn R. (2009-2014). Attended the Liberal Arts Distinguished Awards Ceremony, Austin, Texas.
Rogers, Robyn. (1990-2010, annually). Alternatives to Ph. D. Programs for Psychology Majors. Texas State University, San Marcos, Texas.

C. Community:

Turkey Trot- serving Caritas in Austin (2010-2016).
Pro-Bono Counseling for the Catholic Dioceses of Austin (2011-2016), Austin, Texas.
The Society of St. Vincent de Paul- Walk for the Poor (2010-2012).
The Society of St. Vincent de Paul- Committee Member (2010-2016).

D. Professional:

Rogers, Robyn R. (2012). Keeping It Real. Regional Conference for The William Glasser Institute, San Antonio, Texas.
Rogers, Robyn R. (2011). Keeping It Real. Regional Conference for The William Glasser Institute, Dallas, Texas.
Rogers, Robyn R. (2010). Conference Organizer. Keeping It Real. Regional Conference for The William Glasser Institute, San Marcos, Texas.

Rogers, Robyn R. (2010). Keeping It Real. Regional Conference for The William Glasser Institute, San Marcos, Texas.
Rogers, Robyn R. (2009). Keeping It Real. Regional Conference for The William Glasser Institute, Wichita Falls, Texas.
Rogers, Robyn. (2008). Keeping it Real. Reality Therapy /Choice Theory Regional Conference, Oklahoma City, Oklahoma.
Rogers, Robyn R. Basic Training for Reality Therapy/ Choice Theory. Workshop Organizer. San Marcos, Tx. (January 2011; July 2010; January 2009; June 2009, June 2005).
Rogers, Robyn. (2000-2003). Behavior Management, Goal Setting, Egocentrism, and Suicide and Depression in Adolescents. Lifeworks, Austin, Texas.

Rogers, Robyn. (1999). Positive Intervention Strategies for Prevention of Dropouts. Conference for Behavioral Disorders, Austin, Texas.
Rogers, Robyn. (1995-1999, annually). Developing the Internship in an Undergraduate Psychology Program. National Institute of Psychology Conference, St. Petersburg, Florida.
Rogers, Robyn. (1995-1999, annually). Behavior Modification: Modules I & II. ResCare Premier Tangram Behavioral Program, San Marcos, Texas.
Rogers, Robyn. (1996, 1994, 1993). Communications Training Workshop. Annual Southwest Leadership Development Conference, Texas State University, Austin, Texas.
Rogers, Robyn. (1994, 1993, 1992, 1990). Suicide and Depression in Adolescents. Center for Initiatives in Education, Classroom Training and Management Program, San Marcos, Texas.
Rogers, Robyn. (1992). A Model for Prevention of Adolescent Depression: Teaching Coping Skills. Fifth Annual Conference on Contemporary Youth Issues, Austin, Texas.
Rogers, Robyn. (1991). Adolescent Depression and Youth at Risk. Spectrum Youth Shelter, for Middle Earth Unlimited Inc., Austin, Texas.
Rogers, Robyn. (1991). Substance Abuse, Suicide, and Depression in Adolescents. Thirteenth Annual Regional Institute on Substance Abuse and Addiction, Lubbock, Texas.
Rogers, Robyn. (1988). Suicide Prevention. Schertz High School, Schertz, Texas.

E. Organizations

Honorary:

Psi Chi

2. Professional:
Pro Bono Counseling for Veterans Upward Bound(2025-present)
Consultant for Veteran's Academic Success Center (VASC)(2018-present)
Sunbelt South Central Texas Regional Representative to the Board of Directors- William Glasser Institute for Choice Theory and Reality Therapy (1999-2013)
Executive Board of Directors, Youth Services Bureau (1998-1999)
Board Member, Sunbelt Region, William Glasser Institute (1992-present)
Member, William Glasser Institute (1991-2013)
Advisory Board, Middle Earth, Inc. (1988-1990)
Texas State Board of Examiners of Professional Counselors (1983-present)