TEXAS STATE VITA

I. Academic/Professional Background

A. Name and Title

Name: Dr. Helen Lowman Title: Professor of Practice

B. Educational Background

Degree	*Year*	*University*	*Major*	*Thesis/Dissertation*
PHD	2020	Antioch University	Leadership and Change	
MA	2018	Antioch University	Leadership and Change	
MA	1993	University of Denver	International Studies	

C. University Experience

Position	*University*	*Dates*
Professor of Practice, Political Science	Texas State University. San Marcos, TX, United States	August 2024 - Present
Director, Center for Research, Public Policy, and Training	Texas State University. San Marcos, TX, United States	September 2023 - Present
Lecturer, Political Science	Texas State University. San Marcos, TX, United States	September 2022 - August 2024

D. Relevant Professional Experience

Position	*Entity*	*Dates*
Senior Advisor	Volunteer Recruitment and Selection, Peace Corps, Washington, TX, United States	July 2022 - March 1, 2025
President & CEO	Keep America Beautiful, Stamford, CT, United States	May 2017 - January 2022
Director-Individual and	FEMA/US	November 2015 -

Community Preparedness	Department of Homeland Security, Washington, DC, United States	January 2017
Associate Director-Volunteer Recruitment and Selection (VRS)	Volunteer Recruitment and Selection, Peace Corps, Washington, DC, United States	August 2013 - October 2015
Regional Director-Europe, Mediterranean and Asia (EMA)	Europe, Mediterranean and Asia (EMA), Peace Corps, Washington, DC, United States	July 2010 - August 2013
Vice President of Intercultural Education & Quality	AFS Intercultural Programs/USA, New York, NY, United States	December 2007 - July 2010
Director of Program Operations	AFS Intercultural Programs/USA, New York, NY, United States	December 2006 - December 2007
Director of Participant Support and Risk Management	AFS Intercultural Programs/USA, New York, NY, United States	November 2004 - December 2006
Country Director	China, Peace Corps, Chengdu, China	May 2002 - November 2004
Acting Country Director	Mongolia, Peace Corps, Ulaan Baatar, Mongolia	June 2003 - March 2004
Associate Director/Environmental Education	China, Peace Corps, Chengdu, China	July 2000 - May 2002
Section Manager	Event Coordination & Education, Texas Commission on Environmental Quality (TCEQ), Austin, TX, United States	June 1997 - July 2000
Program Specialist/Clean Cities 2000	Texas Commission on Environmental	April 1996 - June 1997

	Quality (TCEQ), Austin, TX, United States	
Regional Coordinator, Texas/ Mexico Border Outreach	El Paso Regional Office, Texas Commission on Environmental Quality (TCEQ), El Paso, TX, United States	February 1995 - April 1996

II. TEACHING

B. Courses Taught:

Texas State University:

PA 3300 - INTRO PUBLIC & NONPROFIT ADMIN

PA 3301 - POL INST & PUBLIC SERV

PA 3330 - PUBLIC PERSONNEL & HR ADMIN

PA 3350 - PUBLIC POLICY PROCESS

PA 4362 - GOVT NONPROFIT & AM BUSINESS

PA 4370 - ETHICS IN AMERICAN GOVT

PA 5361 - NONPROFIT SECTOR

PS 4379 - INDEPENDENT STUDY

C. Directed Student Learning (i.e. theses, dissertations, exit committees, etc.):

Member, Applied Research Project, "A Descriptive Study of Mission Statements of Nonprofits Focusing on Voter Outreach", Status: Completed. (2025 - December 2025). Political Science, Texas State University.
Student(s): Chezelle De La Pena, Graduate, MPA.

Member, Exit Exam, Status: Completed. (2025 - November 2025). Department of Political Science, Texas State University.
Student(s): Chandler (Reisz) Krampe, Graduate, MPA.

Member, Honor's Thesis, "From the Hill Country to the Holy Land: How Texans Shape and Are Shaped by the Israeli-Palestinian Conflict", Status: Completed. (2025 - April 2025). Honors College, Texas State University.

Student(s): Zayna Abdel-Rahim, Undergraduate, Bachelors.

Member, Master's Thesis, "Zombie Policy-An In-depth Look at Interactions Between Anti-trans Policy and Transgender Health", Status: In Progress. (February 2025 - 2025). Political Science, Texas State University.
Student(s): Ella-Jane Rohn, Graduate, MPA.

Member, Applied Research Project, "A Mission Statement Analysis of Thirty Nonprofit Organizations Serving Youth with Mental Illness", Status: Completed. (December 2024). Political Science, Texas State University.
Student(s): Victoria Vanderhall, Graduate, MPA.

Member, Exit Exam, Status: Completed. (August 2024). Political Science, Texas State University.
Student(s): John Crosby, Graduate, MPA.

Member, Applied Research Project, "Higher Education Resources for Foster Care Participants and Alumni: A Content Analysis of College and University Websites in Texas", Status: Completed. (May 2024). Political Science, Texas State University.
Student(s): Brekeia Jackson, Graduate, MPA.

Member, Applied Research Project, "A Gradual Return to Duty Program: An integral process for officers and civilians of a law enforcement agency", Status: Completed. (December 2023). Political Science, Texas State University.
Student(s): Claudia Cormier, Graduate, MPA.

D. Courses Prepared and Curriculum Development:

PA 3301: Political Institutions and Public Service, Texas State University. Taught: August 2025 - December 2025.

Political Institutions and Public Service, Class Guest Speakers, Texas State University. Taught: August 2022 - December 2022.

Curriculum Development, Texas International Education Consortium. Approved: August 2024 - 2025.

Washington D.C. Experience: Political Institutions and Public Service, Design Study in America Program, Texas State University. Proposed: 2023.

Washington DC Study in America, First Time Course Preparation, Texas State University. Proposed: September 2024 - 2024.

Political Institutions and Public Service, Guest Speakers, Texas State University. Taught: January 2024 - May 2024.

Public Policy Process, Guest Speakers, Texas State University. Taught: January 2024 - May 2024.

Political Institutions and Public Service, Guest Speakers, Texas State University. Taught: August 2023 - December 2023.

Public Personnel and HR Administration, Guest Speakers, Texas State University. Taught: August 2023 - December 2023.

Political Institutions and Public Service, Guest Speakers, Texas State University. Taught: January 2023 - May 2023.

PS 4379: Independent Study, Revise Existing Course, Texas State University. Taught: August 2025 - December 2025.

Introduction to Public and Nonprofit Administration, Revise Existing Course, Texas State University. Taught: August 2024 - December 2024.

Political Institutions and Public Service-Accelerated Online Learning, Revise Existing Course, Texas State University. Taught: May 2024 - 2024.

Nonprofit Sector, Revise Existing Course, Texas State University. Taught: May 2024 - July 2024.

Public Policy Process, Revise Existing Course, Texas State University. Taught: January 2024 - May 2024.

Public Personnel and HR Administration, Revise Existing Course, Texas State University. Taught: August 2023 - December 2023.

Political Institutions and Public Service, Revise Existing Course, Texas State University. Taught: August 2022 - December 2022.

E. Teaching Grants and Contracts

1. Funded External Teaching Grants and Contracts:

Folarin, Sheriff Folami (Principal), Lowman, Helen Ann (Supporting). Collaborative Online International Learning, Texas International Education Consortium, State, $4,000.00. (Submitted: April 2024, Funded: August 2024 - Present). Grant.

F. Other:

Community Panel Facilitator, Dialogue for Peace and Progress, City of Kyle. 50. (June 2025).

Continuing Education, Public Affairs and Advocacy Continuing Education Program, CRPPT and PAAT. (2025 - Present).

Guest Lecture, Guest Lecture for Class: Theory and Practice of Organizational Change and Innovation, NYU/Dr. Lucas Welter. 20. (March 2025).

Guest Lecture, MPA Class, Dr. Nandhini Rangarajan. 20. (February 2025).

Guest Lecture, Guest Speaker, Rotary Club of Austin University Areas. 20. (December 2023).

Guest Lecture, Regular Meeting, Supporting Women in Political Science. 20. (October 2023).

Guest Lecture, Guest Speaker for Class, University of Texas. Austin, TX, United States. 40. (March 1, 2023).

Guest Lecture and Assisted Teaching African Politics, African Politics, Department of Political Science/TXST. 50. (August 2025 - December 2025).

Management / Executive Development, Management and Leadership Training, Peace Corps. 15. (September 2024 - November 2024).

Management / Executive Development, All VRS Training, Peace Corps. 100. (July 2024).

Management / Executive Development, All VRS Training, Peace Corps. 100. (July 2023).

Trip to Washington, DC to hold meetings with Internship Congressional Supervisors and Interns, Official Travel, Department of Political Science. (October 2025).

G. Teaching Professional Development Activities Attended

Continuing Education Program, "Strategies for Asynchronous Teaching," Texas State University. (April 2025).

Conference Attendance, "AI in Teaching and Learning," Texas State University. (March 2025).

Continuing Education Program, "Gen AI Mitigation and Incorporation Strategies," Texas State. (February 2025).

Online Training, "Designing Authentic Assessments," Distant Learning. (July 2024).

Seminar, "Federal Internship Finder Information Session," Partnership for Public Service. (January 2024).

Attended Guest Lecture, "How Humans Learn: Effective and Compassionate Teaching and Learning," Texas State University. (November 2023).

"New Faculty Orientation," Texas State University. (August 2023).

"Nontenure Line Faculty Orientation," Texas State University. (August 2023).

Self-Study Program, "Yuja Basics," Texas State University. (August 2023).

Workshop, "Yuja Advanced: Features for Canvas," Texas State University. (August 2023).

Self-Study Program, "Teaching Online," Texas State University. (July 2023).

Workshop, "Top Hat: Getting Started," Texas State University. (July 2023).

Workshop, "Non-Tenure Line Faculty Workshop," Texas State University, San Marcos, TX, United States. (August 17, 2022).

Workshop, "Canvas Basics," Texas State University, San Marcos, TX, United States. (August 16, 2022 - August 1, 2022).

III. SCHOLARLY/CREATIVE

A. Works in Print (including works accepted, forthcoming, in press):

10. Other Works in Print:

Other:

Lowman, H. A. (2020). *Building Renewed Relevance: Portraits of CEOs Rebranding Iconic Nonprofit Organizations*. Retrieved from https://aura.antioch.edu/etds/570/ https://aura.antioch.edu/etds/570/

B. Works Not in Print:

2. Invited Talks, Lectures, and Presentations:

Lowman, H. A., Inklings, "National Service," Department of Political Science. (February 2024).

3. Consultancies:

Non-Governmental Organization (NGO), Green Bird, Japan. (May 2025).

Government, Peace Corps, Washington, DC, United States. (July 2022 - March 2025).

5. Other Works not in Print:

c. Other Works Not in Print:

Panelists:

Lowman, H. A., Pathways to Federal Service & Professions, "Pathways to Federal Service & Professions," Career Services. (October 2024).

C. Scholarly / Creative Grants and Contracts:

4. Submitted, but not Funded, Internal Grants and Contracts:

Lowman, Helen Ann. AI-Assisted Internationalization of College Courses, Texas International Education Association, State, $20,000.00. (Submitted: 2025). Grant.

E. Scholarly / Creative Professional Development Activities Attended:

Guest Speaker, "LBJ Distinguished Lecture Series-Mark Updegrove," Texas State University. (November 2025).

Institute, "Texas State University Research Showcase," Division of Research, SAN MARCOS, TX, United States. (January 2025).

Online Training, "The Grant Writer's Guide to the Galaxy: Foundations for Grant Writing," Research. (March 2024).

Panel, "Grant Applications," College of Liberal Arts. (February 2024).

Attended Guest Lecture, "Elizabeth Crook at the Wittleff," Texas State University. (November 2023).

Lecture Attended, "Abkhazians: A National Minority in Their Own Homeland," Texas State University: Political Science. (November 2023).

Lecture Attended, "LBJ’s America: The Life and Legacies of Lyndon Baines Johnson," Texas State University. (November 2023).

Seminar, "Grant Awards: What a Texas State PI Should Know," Texas State University. (September 2023).

Conference Attendance, "Texas Tribune Festival," Texas Tribune. (September 21, 2023 - September 23, 2023).

Workshop, "Advancement Summit," Texas State University. (September 6, 2023 - September 7, 2023).

Conference Attendance, "All VRS Training Conference," Peace Corps, New Orleans, LA, United States. (July 17, 2023 - July 21, 2023).

Workshop, "Planner Training," Peace Corps. (June 2023).

Guest Lecture Attended, "Bill Broyles in Conversation with Stephen Harrigan at the Wittleff," Texas State University. (February 2023).

Executive Group Coaching, "Core," Chief. (December 2021 - September 2022).

F. Media Recognition:

Internet, YouTube. (May 2021).

Internet, YouTube. (February 2021).

Internet, Waste 360. (January 2020).

Internet, YouTube. (November 2019).

Internet, Facebook Live-Keep America Beautiful. (June 2017).

Internet, Commercial Appeal. (April 2016).

Magazine, National Geographic. (April 2021).

Newspaper, New York Times. (July 2020).

Newspaper, The Herald Star. (June 2020).

Newspaper, The Stamford Advocate. (April 2020).

Podcast, Korbel CareerCast. (October 2023).

Podcast, REI Co-op. (November 2019).

Radio, Montana Public Radio. (February 2014).

IV. SERVICE

A. Institutional

1. University:

Member, Non-tenure Line Faculty Committee. (August 2025 - Present).

Organizer, CRPPT Washington DC Internship Program. (March 2025 - Present).

Participant, President's Associates. (January 2025 - Present).

Member, Chancellor's US Capitol Internship Program. (November 2024 - Present).

Member, Texas State Austin Internship Program. (July 2024 - Present).

Undergraduate Advisor, College Democrats. (January 2024 - Present).

Participant, Friends of the Fine Arts. (2021 - Present).

Member, Lifecycle Committee. (2023 - 2025).

Participant, Career Services/Internship Insights Network. (November 2025).

Member, Career Educator Search Committee. (April 2025 - May 2025).

Participant, Division of Student Success Meeting Panel. (April 2025).

Volunteer Table Host, Career Services Etiquette Dinner. (March 2025).

Organizer, Peace Corps Carol Spahn Visit to Texas State University. (October 2023).

Participant, Student Move-in Day. (August 2023).

Member, President’s Visiting Council Member. (2011 - 2014).

2. College:

Member, Liberal Arts Communicators Group. (January 2024 - 2025).

3. Department/School:

Participant, Peace Corps Coverdell Fellows Program. (2025 - Present).

Organizer, CRPPT Leadership Council. (August 2024 - Present).

Member, Master’s in Public Administration (MPA) Advisory Board. (2023 - Present).

Arranged for Guest Speaker at MPA Anniversary Lunch, MPA 50th Anniversary Luncheon. (September 2023).

B. Professional:

Attendee / Participant, The White House/President's Leadership Workshop, Washington, DC, United States. (2014).

Member, AmeriCorps VISTA/Volunteer Leader, El Paso, TX, United States. (1994 - 1995).

Member, Peace Corps/Education Volunteer, Thailand. (1988 - 1991).

C. Community:

Volunteer, First Presbyterian Church Service Committee, SAN MARCOS, TX. (2025 - Present).

Board of Directors, World Neighbors. (2023 - Present).

Board of Directors, Pyxera Global. (2016 - 2025).

Board of Directors, League of Women Voters of Hays County. (2022 - 2024).

Member, Better World Leadership Council. (2020 - 2022).

Participant, Hay County Courts, San Marcos, TX. (October 2022).

Member, Democratic Town Committee-Westport, Connecticut. (2017 - 2021).

Board of Directors, Osgood Center for International Studies. (2010 - 2015).

Board of Directors, Council on Standards for International Educational Travel. (2007 - 2010).

D. Organization Memberships:

American Society for Public Administration (ASPA). (August 2023 - Present).

International Leadership Association (ILA). (2015 - Present).

Chief. (August 2021 - August 2022).

E. Service Honors and Awards:

Award / Honor Recipient: Honorary Doctorate of Humane Letters, Austin College.
2021

Award / Honor Recipient: Distinguished Alumni, Austin College.
2018

Award / Honor Recipient: Distinguished Service/Senior Foreign Service onboarding program, Peace Corps.
2015

Award / Honor Recipient: Distinguished Service Award/Senior executive leadership program, Peace Corps.
2014

Award / Honor Recipient: Distinguished Service Awards/Volunteer delivery system reforms and implementation, Peace Corps.
2014

Award / Honor Recipient: Distinguished Service Awards/Same sex couples initiative, Peace Corps.
2013

Award / Honor Recipient: Distinguished Service Awards/Re-opening of posts in Nepal and Tunisia, Peace Corps.
2012

Award / Honor Recipient: Distinguished Alumni, San Marcos High School.
2011

F. Service Grants and Contracts:

1. Funded External Service Grants and Contracts:

Lowman, Helen Ann. Center for Research, Public Policy, and Training Washington, DC Internship Program, McLaughlin-Doty Foundation, Private / Foundation / Corporate, $40,000.00. (Submitted: December 2025, Funded: August 2026 - May 2027). Gift.

Lowman, Helen Ann. Texas State Austin Internship Program/Capitol Cats, Matthew Five Eight Foundation, Private / Foundation / Corporate, $7,150.00. (Submitted: 2025, Funded: December 2025 - May 2027). Gift.

Lowman, Helen Ann (Principal). Center for Research, Public Policy, and Training Washington, DC Internship Program, Open Horizon Foundation, Private / Foundation / Corporate, $60,000.00. (Funded: June 2025 - December 2026). Gift.

Lowman, Helen Ann. MetroCards for Washington DC Interns, Patrick Cox, Private / Foundation / Corporate, $2,800.00. (Submitted: 2025, Funded: January 2026 - May 2026). Gift.

G. Service Professional Development Activities Attended:

Workshop, "Risk Management Training for Registered Student Organization Officers and Advisors," Student Involvement and Engagement. (September 2024).