CHRISTY YOUENS

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601 University Drive
San Marcos, TX 78666

EDUCATION

MS Texas Woman's University, Nutritional Science May 2004
Graduated Summa Cum Laude
Thesis: "The Effects of Soy on Nicotine Induced Lipid Peroxidation in Mice"
Advisor: Vicki Imrhan

BS Texas A&M University, Nutritional Science May 2002

HONORS AND AWARDS

Alpha Chi Favorite Professor Award 2015, 2019
Texas State University

Recognized Young Dietitian of the Year 2006
Texas Academy of Nutrition and Dietetics

UNIVERSITY EXPERIENCE

Associate Professor of Instruction, Texas State UniversityJune 2022 to Present
DPD Director
Nutrition and Foods

- Teach courses including Medical Nutrition Therapy, Nutrition in the Lifespan, Diet Therapy, Wellness Nutrition, Career Exploration, Nutrition Counseling and Education. Maintain and manage DPD accredited program.

Lecturer, Texas State University Aug 2016 to May 2022
Nutrition and Foods

- Taught courses including Medical Nutrition Therapy, Nutrition in the Lifespan, Science of Nutrition and Exercise, Nutritional Science, Diet Therapy, Wellness Nutrition, Career Exploration, and Nutrition and Health.

Dietetic Internship Director, Texas State University May 2013 to May 2016

Nutrition and Foods

- Coordinated rotations for nine interns annually in addition to teaching full time. Maintained DI accredited program.

Lecturer, Texas State University January 2011-May 2013
Nutrition and Foods

- Taught Wellness Nutrition, Nutrition Assessment and Nutrition and Health.

Lecturer, Collin County Community College January 2006-May 2007

- Taught Nutritional Science.

RELEVANT PROFESSIONAL EXPERIENCE

Nutrition Consulting Aug 2010 to July 2013, January 2018-January 2020
Private Practice consulting

Nutrition Coordinator, Frisco ISD October 2005-January 2007

School Food Broker, Lemmons Company June 2004-October 2005

Dietitian, PRN Medical Center Lewisville March 2004-March 2005

Dietitian, Outpatient Diabetes Center January 2004-June 2004
Medical Center Lewisville

PROFESSIONAL TRAINING

Registered Dietitian, 2004-Present
Texas Woman's University Dietetic Internship

Licensed Dietitian, 2004-2021

PROFESSIONAL AFFILIATIONS

Academy of Nutrition and Dietetics, 2000-Present

Texas Academy of Nutrition and Dietetics, 2000-Present

Nutrition and Dietetics Educators and Preceptors DPG, 2012-2017, 2019-Present

Hunger and Environmental DPG, 2022

Medical Nutrition Therapy DPG, 2022

Weight Management DPG, 2018-2020

PROFESSIONAL SERVICE

Preceptor for Texas State University Dietetic Interns, 2018-Present

Texas State University Nontenure Line Faculty Committee, 2015-2016

School of Family and Consumer Science, Texas State University
Student Nutrition Organization Faculty Advisor, 2022-present
Nutrition Program Recruitment Committee, 2023-present
Lecturer Search Committee, Fall 2022
Hospitality Committee, 2015-2017
Scholarship Committee, 2014-2016

Texas Academy of Nutrition and Dietetics Nominating Committee, 2015-2016

Texas Academy of Nutrition and Dietetics Foundation Director, 2012-2014

Dallas Dietetic Association Symposium Organizer, 2006

COMMUNITY SERVICE

Fig Tree Outreach Program
Founder and Director, Wimberley, TX, January 2015-Present

Adopt a Highway
Co-Team Lead, 2020-present

Wimberley Community Civic Club
Member, 2017-2020

Wimberley ISD Student Health Advisory Committee
Member, 2013-2017