TEXAS STATE VITA

I. Academic/Professional Background

A. Name and Title

Name: Dr. Lesli M. Biediger-Friedman Title: Program Faculty

B. Educational Background

Degree	*Year*	*University*	*Major*	*Thesis/Dissertation*
PHD	2009	Texas Tech University	Nutritional Sciences	An In-Depth Investigation of US College Food Environments
MPH	2002	Benedictine University	Public Health	Nutrition Education for Early Primary Students Using Fun Methodology
BS	2000	Texas Tech University	General Dietetics	

C. University Experience

Position	*University*	*Dates*
Associate Professor, Nutrition and Food/ School of Family and Consumer Science	Texas State University. San Marcos, TX, United States	September 2018 - Present
Assistant Professor, Nutrition and Foods	Texas State University	September 2012 - August 2018
Instructor, Nutritional Sciences	Texas Tech University	2006 - 2009
Lecturer, Nutrition and Foods	Texas Tech University	2006

D. Relevant Professional Experience

Position	*Entity*	*Dates*
Assistant Professor	Department of Health and Kinesiology, University of Texas at San Antonio, San Antonio, TX	January 2010 - August 2012
Consultant	LBF Nutrition, Lubbock, TX	September 2006 - March 2009

Nutrition Coordinator	Nutrition, Physical Activity and Obesity Prevention Program, Texas Department of State Health Services, Austin, TX	January 2004 - July 2006
Regional Nutritionist	Texas Department of Health, Region 7, Temple, TX	September 2002 - December 2003
Assistant Diet Manager	Beacon Hill, Retirement Community, Lombard, IL	April 2001 - July 2002

E. Other Professional Credentials (licensure, certification, etc.)

Registered Dietitian Nutritionist, Accademy of Nutrition and Dietetics/ CDR. (March 2003 - August 2020). License Number: 896239.

II. TEACHING

A. Teaching Honors and Awards:

Award / Honor Recipient: Outstanding Research - Graduate Student - Kelci Baez, FCS in BLOOM.
April 2024 - 2024

Award / Honor Recipient: Outstanding Service - Graduate Student - Dominique Alfaro, FCS in Bloom.
April 2024 - 2024

B. Courses Taught:

Texas State University:

NUTR 2360 - NUTRITION SCIENCE

NUTR 2361 - BASIC NUTRITION CA

NUTR 3363 - WELLNESS NUTRITION

NUTR 4366 - NUTR ETHICS POLICY

NUTR 5199B - THESIS

NUTR 5199B - THESIS RES NUTR

NUTR 5300 - FOUNDATION STUDIES

NUTR 5302I - ADV NUTR POL & ETH

NUTR 5355 - ADV IND STUDY NUTR

NUTR 5360 - PRACTICUM NUTR

NUTR 5361 - ADV FOOD SYST ADM

NUTR 5363 - ADV COMMUNITY NUTR

NUTR 5364 - SCI OF NUTR & EXER

NUTR 5372 - ADV NUTR POL ETHIC

NUTR 5399A - THESIS

NUTR 5399B - THESIS

Texas Tech University:

NS 1325 - Nutrition and Healthy Lifestyles

NS 4130 - Fieldwork in Food and Nutrition

NS 4350 - Emerging Issues in Nutrition

University of Texas at San Antonio:

HTH 3010 - Survey of Nutrition

HTH 3523 - Worksite Health Promotion

HTH 3563 - Child & Adolescent Health

HTH 4533 - Nutrition & Health

KAH 5360 - Essential Concepts of Health Promotion

C. Directed Student Learning (i.e. theses, dissertations, exit committees, etc.):

Supervisor / Chair, Master's Thesis, "Exploring the Readiness of Senior Nutrition Programs in the U.S. to Provide Medically Tailored Meals for Older Adults: A

Qualitative Study", Status: In Progress. (June 2024 - Present). FCS, Texas State University.
Student(s): Nishat Tasnim Tabassum, Graduate, Human Nutrition.

Supervisor / Chair, Independent Study, "Exploration of linguistic and cultural practices within Texas WIC, and its impact on nutrition information delivery through Maya, the Texas WIC chatbot", Status: Completed. (August 2025 - December 2025). FCS, Texas State University.
Student(s): Lizzeth Escalera, Graduate, MS Human Nutrition.

Supervisor / Chair, Project, "Exploring the feasibility of NUEVA, a mobile application, for Home-bound Older Adults", Status: Completed. (May 2023 - May 2025). FCS, Texas State University.
Student(s): Selena Ramirez, Graduate, MS, Human Nutrition.

Member, Master's Thesis, "Understanding weight stigma through the lens of promotores and community health workers: Bridging the gap of weight-related discrimination", Status: Completed. (September 2023 - April 2025). FCS, Texas State University.
Student(s): Juliette Lang.

Member, Master's Thesis, "Challenges and strategies for Latina/o parents and caregivers: Findings from a qualitative study", Status: Completed. (January 2022 - 2024). FCS, Texas State University.
Student(s): Angel Ferrerr, Graduate, MS, Human Nutrition.

Supervisor / Chair, Master's Thesis, "Exploration of complementary feeding practices through Maya, the Texas WIC chatbot", Status: Completed. (February 2023 - May 2024). FCS, Texas State University.
Student(s): Emily Stubblefield, Graduate, MS, Human Nutrition.

Member, Master's Thesis, "Anti-Inflammatory Effects of Silibinin on Obesity-Associated Visfatin and Liver Cancer: An In Vitro and In Vivo Study", Status: Completed. (January 2022 - April 2024). FCS, Texas State University.
Student(s): Elisa Pedone, Graduate, MS, Human Nutrition.

Member, Independent Study, "Proposal for a community-based, plant-based nutrition intervention for food bank clients", Status: In Progress. (August 2022 - 2023). FCS, Texas State University.
Student(s): Miranda Walker, Graduate, MS, Human Nutrition.

Member, Master's Thesis, "Identifying challenges and opportunities for fresh produce donations to food banks in urban counties in Texas", status: completed. (august 2022 - 2023). Agriculture, Texas State University.
Student(s): Kayla Ayala, Graduate, MS, Sustainability Studies.

Member, Master's Thesis, "Psychosocial predictors of fruit and vegetable intake in an experiential education and nutrition program", Status: Completed. (June 2021 - 2023). FCS, Texas State University.
Student(s): Chelsea Laviolette, Graduate, MS - Human Nutrition.

Supervisor / Chair, Master's Thesis, "Exploration of Potential Delivery of Nutrition Education to WIC Clients Through Maya, The TX WIC Chatbot", Status: Completed. (August 2021 - April 2023). FCS, Texas State University.
Student(s): Kelci Baez, Graduate, MS - Human Nutrition.

Supervisor / Chair, Independent Study, "The identification of preventive factors of international student food insecurity at large public universities in Texas", Status: Completed. (November 2022 - 2022). FCS, Texas State University.
Student(s): Jaymee Gonzales, Graduate, MS, Human Nutrition.

Supervisor / Chair, Internship, "Think Aloud with Maya", Status: Completed. (September 2021 - May 2022). FCS, Texas State University.
Student(s): Victoria Padilla, Graduate, MS - Human Nutrition.

Supervisor / Chair, Master's Thesis, "The College Home Food Environment: A photovoice study", Status: Completed. (September 2020 - August 2021). School of Family and Consumer Sciences, Texas State University.
Student(s): Hilary Okafor, Graduate, MSHN.

Supervisor / Chair, Master's Thesis, "The Bobcat Bounty H.O.M.E. Study", Status: Completed. (May 2020 - July 2021). School of Family and Consumer Sciences, Texas State University.
Student(s): Miriam Manboard, Graduate, MSHN.

Supervisor / Chair, Master's Thesis, "Designing a Texas WIC ChatBot", Status: Completed. (August 2019 - April 2021). Human Nutrition, School of Family and Consumer Sciences, Texas State University.
Student(s): Colton Scott, Graduate, MS - Human Nutrition.

Supervisor / Chair, Master's Thesis, "Early Childhood Feeding Practices and Fine Motor Skills", Status: Completed. (June 2018 - April 2020). Human Nutrition, School of Family and Consumer Sciences, Texas State University.
Student(s): Kasandra Perez, Graduate, MS - Human Nutrition.

Supervisor / Chair, Master's Thesis, "The Process of Bobcat Bounty - A Campus Food Security Initiative", Status: Completed. (June 2018 - April 2020). Human Nutrition, School of Family and Consumer Sciences, Texas State University.
Student(s): Marissa Buckley, Graduate, MS - Human Nutrition.

Member, Master's Thesis, "The Wily Baker: A sustainable business plan for repurposing brewers spent grain to feed people", Status: Completed. (July 2019). Geography/ Sustainability Studies, Texas State University.
Student(s): Delorean Wiley, Graduate, MS - Sustainability Studies.

Member, Dissertation, "Examining the Geography of Food Deserts and Food Swamps in Austin, Texas", Status: Completed. (January 2018 - December 2018). Geography, Texas State University.
Student(s): He (Hannah) Jin, Doctoral, PhD.

Supervisor / Chair, Master's Thesis, "Video Contest Pilot: Collecting User-Generated Videos to Educate WIC and Head Start Parents about how to Feed Infants and Toddlers", Status: Completed. (June 2016 - April 2018). Human Nutrition.
Student(s): Juliette Coronado, Graduate.

Member, Master's Thesis, "Characterizing Adipokines, Visfatin and Resistin, and Determining the Contribution of Kinase Signaling in an Obesity-induced Liver Cancer Phenotype", Status: Completed. (November 2017 - March 2018). Family and Consumer Sciences, Texas State University.
Student(s): Candace Miethe, Graduate, MS.

Supervisor / Chair, Master's Thesis, "Intent to use WIC smartphone application to promote breastfeeding, physical activity, and healthy eating in WIC participants", Status: Completed. (January 2015 - July 2017). Human Nutrition, School of Family & Consumer Sciences, Texas State University.
Student(s): Monica Silva, Graduate.

Member, Master's Thesis, "Impact of parent web training, on-site workshops, and PhotoVoice/environmental assessments on food and usual nutrient Intakes of children enrolled in child care facilities in San Marcos, TX: Best Food for Families, Infants and Toddlers", Status: Completed. (November 2016). Human Nutrition, School of Family & Consumer Sciences, Texas State University.
Student(s): Jesse Degruy, Graduate.

Member, Master's Thesis, "Impact of web training, nutrition information, and photovoice/ environmental assessments for parents on usual nutrient intakes of children in area preschools : Best Food for Families, Infants and Toddlers", Status: Completed. (March 2016). Human Nutrition, School of Family & Consumer Sciences, Texas State University.
Student(s): Brittany Markides, Graduate.

Supervisor / Chair, Master's Thesis, "Photovoice reports of the home food environment in households with preschool aged children", Status: Completed. (August 2014 - March 2016). FCS (Best Food FITS) Human Nutrition, School of Family & Consumer Sciences, Texas State University.
Student(s): Kristen Lines, Graduate.

Supervisor / Chair, Master's Thesis, "Impact of web training, on-site workshops, and photovoice/environmental assessments on area preschool parents' attitudes, knowledge and behaviors: Best Food for Families, Infants and Toddlers", Status: Completed. (2014 - 2015). Human Nutrition, School of Family & Consumer Sciences, Texas State University.
Student(s): Hillary Kotwal, Graduate.

Member, Master's Thesis, "Evaluation of Best Food for Families, Infants, and Toddlers (Best Food FITS) restaurant intervention", Status: Completed. (2014). Human Nutrition, School of Family & Consumer Sciences, Texas State University.
Student(s): Deborah Fisher, Graduate.

Member, Master's Thesis, "Best Food FITs in Childcare Centers: A Menu Analysis", Status: Completed. (July 2014). Human Nutrition, School of Family & Consumer Sciences, Texas State University.
Student(s): Courtney Thompson, Graduate.

Supervisor / Chair, Master's Thesis, "Nutritional environments of central Texas child-care centers", Status: Completed. (June 2014). Human Nutrition, School of Family & Consumer Sciences, Texas State University.
Student(s): Kristin Bates, Graduate.

Member, Master's Thesis, "College students' fruit and vegetable consumption and their perspectives on establishing a farmer's market at an urban university in south Texas", Status: Completed. (August 2012). Department of Health and Kinesiology, University of Texas at San Antonio.
Student(s): Summer Wilmoth, Graduate.

Member, Master's Thesis, "The relationship between food insecurity and physical inactivity and the role of social support", Status: Completed. (April 2012). Department of Health and Kinesiology, University of Texas at San Antonio.
Student(s): Rebecca Adeigbe, Graduate.

Supervisor / Chair, Master's Thesis, "Food purchasing behaviors and related factors of college students at a large university in the south central region of the United States", Status: Completed. (December 2011). Department of Health and Kinesiology, University of Texas at San Antonio.
Student(s): Bonnie Dillon, Graduate.

D. Courses Prepared and Curriculum Development:

NUTR 5302i Advances in Nutrition Policy and Ethics, Curriculum Development, Texas State University. Taught: January 2015 - May 2015.

NUTR 4366 Nutrition Ethics and Policy, Curriculum Development, Texas State University. Taught: August 2014 - December 2014.

HTH 3010 Survey of Nutrition (Hybrid class), Curriculum Development, University of Texas at San Antonio. Taught: 2011 - 2012.

NUTR 5363 Advanced Community Nutrition, First Time Course Preparation, Texas State University. Taught: June 2013 - July 2013.

NS 4350 Emerging Issues in Nutrition, First Time Course Preparation, Texas Tech University. Taught: January 2008 - May 2008.

KAH 5360 Essential Concepts of Health Promotion, First Time Course Preparation, University of Texas at San Antonio. Taught: January 2011 - May 2011.

HTH 4533 Nutrition & Health, First Time Course Preparation, University of Texas at San Antonio. Taught: August 2010 - December 2010.

HTH 3523 Worksite Health Promotion, First Time Course Preparation, University of Texas at San Antonio. Taught: January 2010 - May 2010.

NUTR 4303 - Research Procedures in Family and Consumer Science (Nutrition Section), New Course, Texas State University. Taught: January 2017 - 2018.

NUTR has 5363, Revise Existing Course, Texas State University. Taught: July 2018 - August 2018.

E. Teaching Grants and Contracts

1. Funded External Teaching Grants and Contracts:

Biediger-Friedman, Lesli M, Yin, Zenong, He, Meizi. Dietitians Today and Tomorrow/Dietistas Hoy y Mañana, University of Texas at San Antonio and The University of Texas Health Sciences Center at San Antonio, $300,000.00. (Funded: 1925 - Present). Grant.

2. Submitted, but not Funded, External Teaching Grants and Contracts:

Lane, Michelle, Biediger-Friedman, Lesli M, Crixell, Sylvia, Friedman, BJ. Investigamos: Integration of Research Experiences into the Undergraduate Nutrition Curriculum at Texas State University. (Funded: 1925 - Present). Grant.

F. Other:

Guest Lecture, NUTR 4366. San Marcos, TX. 28. (October 2025 - Present).

Guest Lecture, NUTR 5372, Dietetic Internship, and NUTR 5363, Texas State University. San Marcos, TX. 40. (January 2023 - 2024).

Learning Community, Food Security LEADers Learning Community, College of Applied Arts. 550. (July 2017 - Present).

Student Accomplishments:

Award:

Supervisor, Graduate Service Award. "Bobcat Bounty," FCS in Bloom. Status: In Progress. (April 2025). FCS, Texas State University.
Student(s): Natalie Powell, Graduate, Human Nutrition.

Supervisor, Graduate Service Award. "LEADers Learning Community," FCS in Bloom, Texas State University. Status: In Progress. (April 25, 2025). FCS, Texas State University.

Student(s): Liva Jensen, Graduate, Human Nutrition.

Supervisor, FCS in Bloom Outstanding Graduate Student Research Award. "Chat with WIC Assessment," FCS in Bloom. Status: Completed. (April 25, 2025). FCS, Texas State University.
Student(s): Emily Stubblefield, Graduate, Human Nutrition.

Supervisor, Outstanding Research Award: Master Level. "Chat with WIC: Exploring WIC client perceptions on gaining infant feeding information through the Texas WIC Chatbot, Maya," Society of Nutrition Education and Behavior, Washington, D.C. (July 2023).
Student(s): Kelci Baez, Graduate, MS.

Supervisor, Society for Nutrition Education and Behavior Research Award at the Master's Level. "Chat with WIC: Innovating WIC Services with a Chatbot,"," Society for Nutrition Education and Behavior Annual Conference, Orlando, FL. Status: Completed. (July 2019). FCS, Texas State University.
Student(s): Colton Scott, Graduate, MS - Human Nutrition.

Mentor, College of Applied Arts Outstanding Graduate Student. Status: Completed. (April 2016). FCS, Texas State University.
Student(s): Monica Silva, Graduate, MS.

G. Teaching Professional Development Activities Attended

Workshop, "Camp Canvas," Texas State University, San Marcos. (May 2020 - June 2020).

"Program for Excellence in Teaching and Learning," Texas State University. (2012 - 2013).

III. SCHOLARLY/CREATIVE

A. Works in Print (including works accepted, forthcoming, in press):

2. Articles:

a. Refereed Journal Articles:

Tabassum, N. T., Biediger-Friedman, L. M., Johnson, C. M., Lane, M. A., & Marceaux, S. M. (2026). Digital and Technology-Based Nutrition Interventions, Including Medically Tailored Meals (MTMs) for Older Adults in the U.S. – A Scoping Review. *Nutrients*, *18*(3), 385. https://doi.org/10.3390/nu18030385 https://www.mdpi.com/2072-6643/18/3/385

Baez, K., Biediger-Friedman, L. M., Johnson, C. M., Stubblefield, E. P., & Markides, B. R. (2025). Exploring client perceptions on gaining infant feeding information through the Texas Women, Infants, and Children (WIC) chatbot.

International Journal for Environmental Research and Public Health, *22*(2), 193. https://doi.org/10.3390/ijerph22020193 https://www.mdpi.com/1660-4601/22/2/193

Maleki, S., Johnson, C. M., Mendez, F. A., Shanmugam, R., & Biediger-Friedman, L. M. (2025). A socioeconomic disadvantage index for informing policy, systems, and environmental change interventions for senior nutrition programs. *Frontiers in Public Health*, *13*, 1520925. https://doi.org/10.3389/fpubh.2025.1520925 https://www.frontiersin.org/journals/public-health/articles/10.3389/fpubh.2025.1520925/full

Hwang, S. S., Johnson, C. M., Charles, J. S. J., & Biediger-Friedman, L. M. (2024). Food Delivery Apps and Their Potential to Address Food Insecurity in Older Adults: A Review. *International Journal of Environmental Research and Public Health*, *21*, 1197. https://doi.org/https://doi.org/10.3390/ijerph21091197

Biediger-Friedman, L. M., Johnson, C. M., Thornton, H. B., & Buckley, M. (2024). Building Bobcat Bounty: The design, implementation, and initial evaluation of a student-led food pantry to address college student food insecurity. *Dietetics*, *3*(4), 389–408. https://doi.org/10.3390/dietetics3040029 https://www.mdpi.com/2674-0311/3/4/29

Laviolette, C. P., Johnson, C. M., Butler, J. L., Biediger-Friedman, L. M., & Sharkey, J. R. (2023). Nutrition effects of a family-centered behavioral nutrition program for Mexican-heritage children in colonias in the Lower Rio Grande Valley of Texas. *Nutrients*, *15*(7), 1600. https://doi.org/10.3390/nu15071600 https://www.mdpi.com/2072-6643/15/7/1600

Manboard, M., Johnson, C. M., Thornton, H., & Biediger-Friedman, L. M. (2021). The HOME Study: understanding how college students at a Hispanic Serving Institution coped with food insecurity in a pandemic. *International Journal of Environmental Research and Public Health*, *18*(21), 1–14. https://doi.org/10.3390/ijerph182111087 https://pubmed.ncbi.nlm.nih.gov/34769607/

Saha, S., Okafor, H. R., Biediger-Friedman, L. M., & Behnke, A. O. (2021). Association between diet and symptoms of anxiety and depression in college students: A systematic review. *Journal of American College Health*, (June, 2021), 1–11. https://doi.org/10.1080/07448481.2021.1926267 https://pubmed.ncbi.nlm.nih.gov/34087087/

Crixell, S. L., Markides, B. R., Biediger-Friedman, L. M., Reat, A. M., & Bishop, N. J. (2018). Designing a WIC App to improve health behaviors: A latent class analysis. *Journal of Mobile Technology in Medicine*, *7*(1), 7–16. https://doi.org/10.7309/jmtm.7.2.2 http://articles.journalmtm.com/jmtm.7.2.2.pdf

Biediger-Friedman, L. M., Monica, S., & Smith, K. S. (2018). A Focus Group Study Observing Maternal Intention to Use a WIC Education App. *American Journal of Health Behavior*, *42*(6), 110–123. https://doi.org/https://doi.org/10.5993/AJHB.42.6.11

Markides, B. R., Crixell, S. L., Thompson, C., & Beidiger-Friedman, L. (2017). Staff workshop improves child care center menus in south central Texas: a Best Food for Families, Infants, and Toddlers (Best Food FITS) Intervention. *Journal of Nutrition Education and Behavior*, *49*, 435–440. https://doi.org/http://dx.doi.org/10.1016/j.jneb.2017.02.002

Biediger-Friedman, L. M., Lines, K. A., & Silva, M. (2017). Photo-Texting, A Self-Assessment Technique for the Home Food Environment. 2017, 5(3), 66-74. *Journal of Food Security*, *5*(3), 66–74. https://doi.org/10.12691/jfs-5-3-2

Biediger-Friedman, L. M. (2017). Public Health Nutrition: Achieving Health Equity During SNEB's Next 50 Years. *Journal of Nutrition Education and Behavior*, *49*(6), 455.

Biediger-Friedman, L. M., Crixell, S., Silva, M., Markides, B., & Smith, K. (2016). User-centered Design of a Texas WIC App: A Focus Group Investigation. *American Journal of Health Behavior*, *40*(4), 461–471. https://doi.org/DOI: http://dx.doi.org/10.5993/AJHB.40.4.8

Biediger-Friedman, L. M., Sanchez, B., He, M., Guan, J., & Yin, Z. (2016). Food Purchasing Behaviors and Food Insecurity among College Students at The University of Texas at San Antonio. *Journal of Food Security*, *4*(3), 52–57. https://doi.org/10.12691/jfs-4-3-1 http://pubs.sciepub.com/jfs/4/3/1/

Biediger-Friedman, L. M., Sosa, E., Shields, K., & Shutt, A. (2014). A voluntary approach to improve menu options in restaurants through a local collabora¬tive partnership. *Texas Public Health Journal*, *66*(1), 11–14.

Sosa, E., Biediger-Friedman, L. M., & Banda, M. (2014). Associations between a voluntary restaurant menu designation initiative and patron purchasing behavior. *Journal of Health Promotion Practice*, *15*(2), 281–287. https://doi.org/10.1177/1524839912469535

Crixell, S., Friedman, B., Fisher, D., & Biediger-Friedman, L. M. (2014). Improving Children's Menus in Community Restaurants: A Best Food for Families, Infants, and Toddlers (Best Food FITS) Intervention in South Central Texas, 2011-2014. *Preventing Chronic Disease*, *11:140361*. Published. https://doi.org/http://dx.doi.org/10.5888/pcd11.140361

Sosa, E., Biediger-Friedman, L. M., Shields, K., Spitsen, E., & Pape, C. (2014). The institutional food environment and patron choices: Findings from the ¡Por Vida! study. *Journal of Health Behavior and Policy Review*, *1*(3), 238–246. https://doi.org/DOI: http://dx.doi.org/10.14485/HBPR.1.3.8

Sosa, E., Biediger-Friedman, L. M., & Yin, Z. (2013). Lessons learned from training Promotores de Salud for obesity and diabetes prevention. *Journal of Health Disparities Research and Practice*, *6*(1), 1–13. https://doi.org/http://digitalscholarship.unlv.edu/jhdrp/vol6/iss1/1

4. Abstracts:

Biediger-Friedman, L. M., Qasem, A. M., Johnson, C. M., & Tasnim Tabassum, N. (2026). NUEVA: Strengthening Senior Nutrition Service Delivery Through Mobile Application. *Journal of Nutrition Education and Behavior*. Accepted / In Press.

Baez, K., Markides, B. R., & Biediger-Friedman, L. M. (Accepted / In Press). Chat with WIC: Nutrition information through a chatbot. *Journal of Nutrition Education and Behavior*.

Tasnim Tabassum, N., Biediger-Friedman, L. M., & Johnson, C. M. (2025). Technology-Delivered Medically Tailored Meals and Nutrition Education for Older Adults in the US: A Scoping Review. *Journal of Nutrition Education and Behavior*, *57*(Suppl 8), S39–S40. https://doi.org/10.1016/j.jneb.2025.05.087 https://www.sciencedirect.com/science/article/abs/pii/S1499404625002039

Laviolette, C. P., Johnson, C. M., Butler, J. L., Biediger-Friedman, L. M., & Sharkey, J. R. (2023). Results of a behavioral nutrition program for Mexican-heritage children in the Lower Rio Grande Valley of Texas. *Journal of Nutrition Education and Behavior*, *55*(7S), 40–41. https://doi.org/https://doi.org/10.1016/j.jneb.2023.05.088 https://www.jneb.org/article/S1499-4046(23)00209-9/fulltext

Ramirez, S., Johnson, C. M., Qasem, A. M., Cagle, A., & Biediger-Friedman, L. M. (2023). Perception of NUEVA (Nutrition for Underserved Elders via Application) Usability During Alpha-Testing. *Journal of Nutrition Education and Behavior*, *55*(S7), 56. https://doi.org/10.1016/j.jneb.2023.05.125 https://www.sciencedirect.com/science/article/pii/S1499404623002464

Alfaro, D., Lizzeth, E., Johnson, C. M., Sharkey, J. R., & Biediger-Friedman, L. M. (2023). Advancing dietetics and nutrition through Nutrition LEADers Learning Community at a Hispanic-Serving Institution. *Journal of Nutrition Education and Behavior*, *55*(7S), 60. https://doi.org/https://doi.org/10.1016/j.jneb.2023.05.133 https://www.jneb.org/article/S1499-4046(23)00254-3/fulltext

Shaabneh, K., Williams, R., Gonzales, J., Johnson, C. M., Butler, J. L., & Biediger-Friedman, L. M. (2023). Evaluation of a student-led food pantry's impact on food security among international college students. *Journal of Nutrition Education and Behavior*, *55*(7S), 51. https://doi.org/https://doi.org/10.1016/j.jneb.2023.05.114 https://www.jneb.org/article/S1499-4046(23)00235-X/fulltext

Ramirez, S. N., Cagle, A., Johnson, C. M., & Biediger-Friedman, L. M. (2023). Perception of NUEVA (Nutrition for Underserved Elders via Application) usability during alpha-testing phase. *Journal of Nutrition Education and Behavior*, *55*(7S), 56.

https://doi.org/https://doi.org/10.1016/j.jneb.2023.05.125 https://www.jneb.org/article/S1499-4046(23)00246-4/fulltext

Ferrer, A., Biediger-Friedman, L. M., Butler, J. L., Johnson, C. M., & McClain, A. C. (2023). Resources, constraints, and food security management and coping strategies for Latina/o parents and caregivers. *Journal of Nutrition Education and Behavior*, *55*(7S), 40. https://doi.org/https://doi.org/10.1016/j.jneb.2023.05.087 https://www.jneb.org/article/S1499-4046(23)00208-7/fulltext

Markides, B. R., Biediger-Friedman, L. M., & Stubblefiend, E. (Published). Nutrition Questions of Texas WIC Chatbot Users: An exploratory content analysis.

Biediger-Friedman, L. M., Okafor, H. R., Thornton, H. E. B., & Kennedy-Ndaw, S. A. (2022). Using Service-Learning to Teach the Nutrition Care Process and Gather Data to Address College Student Food Security. *Journal of the Academy of Nutrition and Dietetics*, *122*(9). https://doi.org/https://doi.org/10.1016/j.jand.2022.06.177

Okafor, H., Thornton, H. E. B., Biediger-Friedman, L. M., Manboard, M. C., & Walling, K. (2021). Crisis Response in College Food Security: Adapting an On-campus Food Pantry to Meet Student Needs During the COVID-19 Pandemic. *Journal of the Academy of Nutrition and Dietetics*, *121*(9), A88. https://doi.org/https://doi.org/10.1016/j.jand.2021.06.233 https://www.sciencedirect.com/science/article/abs/pii/S2212267221006560

Hutchison, A., Thornton, H., & Biediger-Friedman, L. (2021). Impacts of the COVID-19 Pandemic on Food Security of Latinx Students at a Large, Hispanic-Serving, Public University in Central Texas. *Journal of the Academy of Nutrition and Dietetics*, *121*(9). https://doi.org/https://doi.org/10.1016/j.jand.2021.06.253

Scott, C. A., Padilla, V., Markides, B., Biediger-Friedman, L. M., & Crixell, S. L. (2021). O47 Chat with Maya: Assessing the Usability of the Texas WIC Chatbot. *Journal of Nutrition Education and Behavior*, *53*(7), S22–S23. https://doi.org/10.1016/j.jneb.2021.04.056 https://www.jneb.org/article/S1499-4046(21)00183-4/fulltext

Manboard, M., Biediger-Friedman, L. M., Thornton, H., Walling, K., & Victoria Padilla. (2021). O36 College Students Cope to Achieve Food Security During the COVID-19 Pandemic. *Journal of Nutrition Education and Behavior*, *53*(7), S17. https://doi.org/https://doi.org/10.1016/j.jneb.2021.04.045 https://www.jneb.org/article/S1499-4046(21)00172-X/fulltext

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Biediger-Friedman, L. M., & Reed, D. (2008). The nutritional environment of United States college campuses: a qualitative investigation. *Journal of the American Dietetic Association*, *108*(9), A101.

5. Reports:

Biediger-Friedman, L. M., & Markides, B. R. (2022). *Chat with WIC, WIC Special Project Grant: Final Report*. *USDA*.

Crixell, S., Friedman, B., Biediger-Friedman, L. M., Reat, A., Smith, S., & Thornton, H. (2014). *Investigating a Nutrition Education/Breastfeeding Mobile App to Improve Health Behaviors of WIC Clients: Perspectives of Texas WIC Clients and Staff. Report to the Texas Department of State Health Services Special Supplemental Nutrition Program for Women, Infants, and Children (WIC)*.

Bandelier, K., Biediger-Friedman, L. M., & Hansen, K. (2005). *The Strategic Plan for the Prevention of Obesity in Texas: 2005-2010*. *Texas Department of State Health Services*. Austin, TX: Texas Department of State Health Services.

B. Works Not in Print:

1. Papers Presented at Professional Meetings:

Biediger-Friedman, L. M. (corresponding author), Qasem, A. M., Johnson, C. M., Tabassum, N. T., Annual Meeting of the Society for Nutrition Education and Behavior, "NUEVA: Strengthening Senior Nutrition Service Delivery Through Mobile Application," Society for Nutrition Education and Behavior (SNEB), Washington. (July 29, 2026).

Tabassum, N. T., Biediger-Friedman, L. M. (corresponding author), Johnson, C. M., Annual Meeting of the Society for Nutrition Education and Behavior, "Technology-Delivered Medically Tailored Meals and Nutrition Education for Older Adults in the US: A Scoping Review," Society for Nutrition Education and Behavior (SNEB), Indianapolis, IN. (July 8, 2025).

Maleki, S. (Corresponding Author), Johnson, C. M., Mendez, F. A., Shanmugam, R., Biediger-Friedman, L. M., Joint meeting of the Applied Geography (AGX) and Southwest Division of the American Association of Geographers (SWAAG), "A socioeconomic disadvantage index for informing policy, systems, and environmental change interventions for senior nutrition programs," Department of Geography and Environmental Studies & Translational Health Research Center, TXST, San Marcos, TX. (October 7, 2024).

Maleki, S., Johnson, C. M. (Presenter), Mendez, F. A., Shanmugam, R., Stigler Granados, P. E., Biediger-Friedman, L. M., Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity (ISBNPA), "Development of an Older Adult Socioeconomic Disadvantage Index in Central Texas as Part of Asset Mapping: Differences By Regional Councils of Governments," International Society of Behavioral Nutrition and Physical Activity (ISBNPA), Omaha, NE, United States. (May 22, 2024).

Baez, K. (Presenter), Biediger-Friedman, L. M. (Principal Investigator), Annual Meeting of The Society of Nutrition Education and Behavior, "Nutrition Questions of Texas WIC Chatbot Users: An exploratory content analysis," Society of Nutrition Education and Behavior, Capitol Hilton, Washington, DC. (July 2023).

Alfaro, D. (Co-Presenter), Escalera, L. (Co-Presenter), Johnson, C. M., Biediger-Friedman, L. M., Annual Meeting of the Society for Nutrition Education and Behavior, "Advancing dietetics and nutrition through Nutrition LEADers Learning Community at a Hispanic-Serving Institution," Society for Nutrition Education and Behavior, Washington, DC. (April 9, 2023).

Shaabneh, K. (Presenter), Williams, R., Gonzales, J., Johnson, C. M., Butler, J. L., Biediger-Friedman, L. M., Annual Meeting of the Society for Nutrition Education and Behavior, "Evaluation of a student-led food pantry's impact on food security among international college students," Society for Nutrition Education and Behavior, Washington, DC. (April 9, 2023).

Ramirez, S. (Co-Presenter), Cagle, A. (Co-Presenter), Johnson, C. M., Biediger-Friedman, L. M., Annual Meeting of the Society for Nutrition Education and Behavior, "Perception of NUEVA (Nutrition for Underserved Elders via Application)

usability during alpha-testing phase," Society for Nutrition Education and Behavior, Washington, DC. (April 9, 2023).

Laviolette, C. P. (Presenter), Johnson, C. M., Butler, J. L., Biediger-Friedman, L. M., Sharkey, J. R., Annual Meeting of the Society for Nutrition Education and Behavior, "Results from a behavioral nutrition program for Mexican-heritage children in the Lower Rio Grande Valley of Texas," Society for Nutrition Education and Behavior, Washington, DC. (April 9, 2023).

Ferrer, A. (Presenter), Butler, J. L., Biediger-Friedman, L. M., McClain, A. C., Johnson, C. M., Annual Meeting of the Society for Nutrition Education and Behavior, "Resources, constraints, and food security management and coping strategies for Latina/o parents and caregivers," Society for Nutrition Education and Behavior, Washington, DC. (March 22, 2023).

Ahrens, J. N., Biediger-Friedman, L. M., Hamilton, M., Leonard, M. W., Liu, T., "Building a successful fine motor program for preschool children that involves school readiness and healthy eating practices." (2018).

Page, J. (Presenting), Crixell, S. L., Markides, B. R., Bishop, N. J., Biediger-Friedman, L. M., Experimental Biology 2017 Conference, "Comparison of Healthy Eating Index-2010 Scores of Preschool-Aged Children in a High Risk Community to Those of an Age-Matched National Sample (NHANES 2009-2012)," American Society for Nutrition, Chicago, IL, United States. (April 23, 2017).

Kotwal, H., Biediger-Friedman, L. M., Crixell, S., Friedman, B., Tharani, J., International Research Conference, "Preschooler parent survey of factors influencing the home food environment: A Best Food FITS project," Texas State University. (November 2014).

Kotwal, H., Biediger-Friedman, L. M. (Principal Investigator), Bates, K., Thompson, C., Crixell, S., Friedman, B., Fifth International Research Conference for Graduate students, "Reflection on nutrition and activity in child-care center built environments: A photovoice exercise," Texas State University, San Marcos, TX. (November 2013).

Kotwal, H., Biediger-Friedman, L. M. (Principal Investigator), Bates, K., Thompson, C., Crixell, S., Friedman, B., Fifth International Research Conference for Graduate students, "Using MyPlate to assess lunch menus in community child care centers – A Best Food for Families, Infants, and Toddlers (Best Food FITS) Study," Texas State University, San Marcos, TX. (November 2013).

Biediger-Friedman, L. M., Friedman, B., Crixell, S., Academy of Nutrition and Dietetics Annual Food & Nutrition Conference & Expo, "Best Food for Families, Infants, and Toddlers child-care center intervention to prevent childhood obesity," Houstont, TX. (October 2013).

Sosa, E., Biediger-Friedman, L. M., 2012 Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, "Examining the effectiveness of a restaurant initiative on patron purchasing behaviors," Austin, TX. (2012).

Biediger-Friedman, L. M., Annual Meeting of the International Society of Behavioral Nutrition and Physical Activity, "Inventory of local community food and nutrition programs in South Central," Austin, TX. (2012).

2. Invited Talks, Lectures, and Presentations:

Biediger-Friedman, L. M. (Co-Presenter), Maleki, S. (Co-Presenter), Johnson, C. M. (Co-Author), Mendez, F. A. (Co-Author), Shanmugam, R. (Co-Author), Aging in Texas 2025, "Nutrition for Underserved Elders Via Application and the Older Adult Socioeconomic Disadvantage Index (OASDI)," Texas Association of Regional Councils (TARC); Texas Association of Area Agencies on Aging (T4A); Texas Health & Human Services Commission (HHSC); and Heart of Texas Council of Governments (HOTCOG), Waco, TX, United States. (June 26, 2025).

Biediger-Friedman, L. M. (Presenter), Webinar, "Nutrition DigiTech Innovations," Society of Nutrition and Education, International Webinar. (March 17, 2025).

Biediger-Friedman, L. M. (Presenter), Johnson, C. M. (Co-author), USAging Annual Conference, "NUEVA - A Project in progress and lessons learned," INNU Speed Networking, Tampa. (July 8, 2024).

Biediger-Friedman, L. M. (Presenter), OICN Annual Meeting on 10/25, "User Centered Design: NUEVA Development," US Health and Human Services, Zoom Conference. (October 2023).

Crixell, S. L., Biediger-Friedman, L. M., Markides, B. R., WIC Special Project Grants Meeting, "Texas WIC: Chat with WIC," USDA, Washinton, DC, United States. (November 16, 2018).

Markides, B., Crixell, S., Biediger-Friedman, L. M., Societies for Experimental Biology Annual Meeting, "Usual dietary intake among children 2-5 years in a community at high risk for obesity: comparison to age-matched NHANES data, 2009-2012," San Diego, CA. (April 2016).

Biediger-Friedman, L. M., Friedman, B., Crixell, S., FCS 102 Fundamentals of Human Nutrition, "Best Food for Families, Infants, and Toddlers (Best Food FITS)," Illinois State University, Department of Family and Consumer Sciences, Normal, IL. (September 2015).

Biediger-Friedman, L. M., Crixell, S., 2015 Biennial Technology and Program Integrity Education and Networking Conference and Exhibits, "Developing a Texas WIC Mobile App to Promote Healthy Behaviors," National WIC Association, St. Louis, MO. (September 2015).

Biediger-Friedman, L. M., Crixell, S., Texas Department of State Health Services Special Supplemental Nutrition Program for Women, Infants, and Children (WIC), "Mobile App Prototype Features: Analysis and Application to TexasWIC.org." (September 2015).

Lines, K., Biediger-Friedman, L. M., Friedman, B., Crixell, S., Society for Nutrition Education and Behavior Annual Conference, "Home food environment observations using a photo voice texting method with parents," Pittsburgh, PA. (July 2015).

Silva, M., Biediger-Friedman, L. M., Crixell, S., Friedman, B., Smith, K., Society for Nutrition Education and Behavior Annual Conference, "Intent to use WIC smartphone application to promote breastfeeding, physical activity, and healthy eating in WIC participants," Pittsburgh, PA. (July 2015).

Biediger-Friedman, L. M., Friedman, B., Crixell, S., 2015 Texas WIC Nutrition and Breastfeeding Conference – What's Trending in WIC, "Texas WIC Mobile App Use: Feasibility study to promote Healthy Behaviors." (July 2015).

Biediger-Friedman, L. M., Silva, M., Crixell, S., Friedman, B., Hernandez-Rosa, A., Texas Academy of Nutrition and Dietetics Meeting, "Desired Smart Phone Application Features to Promote Healthy Eating Behaviors among Texas WIC Participants," Houston, TX. (April 2015).

Markides, B., Crixell, S., Biediger-Friedman, L. M., Friedman, B., Federation of American Societies for Experimental Biology Annual Meeting, "Usual intakes of nutrients among children 2-5 years in Hays County, Texas, reveal nutritional risk," Boston, MA. (March 2015).

Biediger-Friedman, L. M., Zuniga, K., College of Health Professions wellness program, "Eating healthfully throughout the holidays and fueling for active living." (December 11, 2014).

Biediger-Friedman, L. M., Biology premedical cohort class, ". Ethical violations and policies in human subject research." (November 2014).

Crixell, S., Friedman, B., Biediger-Friedman, L. M., Texas Association of Local WIC Directors (TALWD), "Investigating a Nutrition Education/Breastfeeding Mobile App to Improve Health Behaviors of WIC Clients: Perspectives of Texas WIC Clients and Staff." (October 2014).

Crixell, S., Friedman, B., Biediger-Friedman, L. M., Texas Department of State Health Services Special Supplemental Nutrition Program for Women, Infants and Children State Office, "Investigating a Nutrition Education/Breastfeeding Mobile App to Improve Health Behaviors of WIC Clients: Perspectives of Texas WIC Clients and Staff." (October 2014).

Biediger-Friedman, L. M., Biology premedical cohort class, ". Ethical violations and policies in human subject research." (July 2014).

Biediger-Friedman, L. M., Austin Wellness Symposium, "Food security and policy in Central Texas," Austin, TX. (February 2014).

3. Consultancies:

Government, Texas Department of State Health Services Special Supplemental Nutrition Program for Women, Infants, and Children (WIC). (2015).

5. Other Works not in Print:

a. Works "submitted" or "under review":

Journal Articles:

Agyeman, P., Biediger-Friedman, L. M., & Hwang, S. (Submitted / Under Review). The impact of rising climate-induced temperatures on nutrition security in older populations: A review.

Butler, J. L., Lang, J., Johnson, C. M., Biediger-Friedman, L. M., & Menge, L. D. (Submitted / Under Review). Associations of Internalized Weight Stigma with Body Appreciation and Disordered Eating among Community Health Workers and Promotoras in Texas. *Journal of Health Psychology*. (July 24, 2026)

b. Works "in progress":

Journal Articles:

Johnson, C. M., Biediger-Friedman, L. M., Mediavilla, F. M., Zhai, M., & Shanmugam, R. (In Preparation; Not Yet Submitted). Costs, Benefits, and Outcomes of Home-Delivered Meal Programs for Older Adults: A Scoping Review.

Tabassum, N. T., & Biediger-Friedman, L. M. (In Preparation; Not Yet Submitted). Exploring the Readiness of Senior Nutrition Programs in the U.S. to Provide Medically Tailored Meals for Older Adults: A Qualitative Study.

Johnson, C. M., Biediger-Friedman, L. M., Qasem, A. M., Ramirez, S., & Cagle, A. (In Preparation; Not Yet Submitted). Initial testing of the NUEVA app/website: Nutrition for Underserved Elders Via Application.

Biediger-Friedman, L. M., Crixell, S. L., Cary, C., Coronado, J., & Kuhn, D. (In Preparation; Not Yet Submitted). Videos to Teach Early Feeding Practices: Perspective of Head Start Parents. *Journal of Nutrition Education and Behavior*.

Biediger-Friedman, L., Thornton, H., & Bishop, N. (In Preparation; Not Yet Submitted). “Working title: There’s Nothing to Eat:” Food Security at Texas State University. *Target Journal: Journal of Hunger and Environmental Nutrition*.

c. Other Works Not in Print:

Posters:

Lang, J. R., Johnson, C. M., Biediger-Friedman, L. M., Menge, L. D., Butler, J. L., 2024 Translational Health Research Health Scholar Showcase, "A Study of Weight Stigma, Body Appreciation, and Disordered Eating Behaviors among Promotores and Community Health Workers in Texas," Translational Health Research Center, Texas State University, San Marcos. (March 1, 2024).

Courtright, J. R. (Presenter/Author), Maleki, S. (Author), Johnson, C. M. (Author), Zhai, M. (Author), Mendez, F. A. (Author/Mentor), Shanmugam, R. (Author), Biediger-Friedman, L. M. (Author), 2026 Graduate Student Research Conference, "Validating a Census-Based Socioeconomic Disadvantage Index for Older Adults Using Canonical Correlation," Texas State University, San Marcos. (April 9, 2026).

Jensen, L. (Presenter), Biediger-Friedman, L. M. (Supervising Professor), FCS in Bloom Showcase, "Addressing Food Insecurity on Texas State Campus through Bobcat Bounty Cupboards: A Process Evaluation," School of Family and Consumer Sciences, Texas State University, San Marcos. (April 25, 2025).

Cox, A. (Presenter), Biediger-Friedman, L. M. (Research supervisor), FCS in Bloom, "Assessing Nutrition Quality of Campus Food Shelves," School of Family and Consumer Sciences, San Marcos, TX. (April 25, 2025).

Powell, N. N. (Presenter), Biediger-Friedman, L. M. (Supervising Professor), Johnson, C. M., FCS in Bloom, "FEED ’EM UP CATS: CAROTENOID SCORE VARIANCE AMONG BOBCAT BOUNTY PARTICIPANTS," Texas State University, San Marcos, TX. (April 25, 2025).

Brownie, E., Tabassum, N. T., Rubio, A., Miller, K., Shakya, S., Biediger-Friedman, L. M., Johnsom, C. M., FCS in Bloom Showcase, "Findings From Beta Testing Phase One of the Nutrition for Underserved Elders Via Application (NUEVA) App.," Texas State University, San Marcos. (April 25, 2025).

Shakya, S., Biediger-Friedman, L. M., Brownie, E., Tabassum, N. T., Ramirez, S., Translational Health Research Center Showcase, "Initial Perspective of Meal Delivery Drivers and Operators on Beta 1 Ptototype of Nutrition for Underserved Elders Via Application (NUEVA)," Texas State University. (April 4, 2025).

Biediger-Friedman, L. M., Johnson, C. M., QASEM, A., VILLAGRAN, M., Translational Health Research Center Showcase, "NUEVA (Nutrition for Underserved Elders Via Application): Insights from ALpha and Beta Testing.," Texas State Univesity. (April 4, 2025).

Biediger-Friedman, L. M. (Principal Investigator), Stubblefield, E. (Presenter), Markides, B. R. (Co-PI), Annual Conference of The International Society of Behavioral Nutrition and Physical Activity, "Nutrition Questions of Texas WIC Chatbot Users: An exploratory content analysis," ISBNPA, Upsala Convention Center, Upsala, Sweden. (June 2023).

Biediger-Friedman, L. M., Okafor, H. R., Thornton, H. E. B., Academy of Nutrition and Dietetics - FNCE, "A Service-Learning Project Using The Nutrition Care Process Applied to College Students Experiencing Food Insecurity," AND, Orlando, FL. (October 2022).

Miethe, C. (Author), Cadenas, X. R. (Author), Figari, P. (Author), Arora, R. (Author), Thornton, H. (Author/mentor), Biediger-Friedman, L. M. (Author/mentor), Texas Academy Annual Conference and Expo, "Clients at a University Food Pantry Demonstrate Similar Interest in Nutrition Education Distributed via Print and Social Media," Texas Academy of Nutrition and Dietetics, Arlington, TX. (April 11, 2019).

Menge, L. D. (Author), Zeisemer, B. (Author), Moser, J. (Author), Gomez, I. (Author), Thornton, H. (Author/mentor), Biediger-Friedman, L. M. (Author/mentor), Texas Academy Annual Conference and Expo, "Evaluation of the Volunteer Experience at a Student Run Campus Food Pantry," Texas Academy of Nutrition and Dietetics, Arlington. (April 11, 2019).

Walling, K. (Author), Cavasos, A. (Author), Thornton, H. (Author/mentor), Biediger-Friedman, L. M. (Author/mentor), Texas Academy Annual Conference and Expo, "Impacts of Utensil Distribution on Home Cooking Behavior Among Clients of a College Food Pantry," Texas Academy of Nutrition and Dietetics, Arlington, TX. (April 11, 2019).

Cobb, S. (Author), Duke, E. (Author), Kincer, A. (Author), Selinsky, J. (Author), Thornton, H. (Author/mentor), Biediger-Friedman, L. M. (Author/mentor), Texas Academy Annual Conference and Expo, "Variables Associated with On-Campus Food Pantry Social Media Posts and Follower Engagement," Texas Academy of Nutrition and Dietetics, Arlington, TX. (April 11, 2019).

Biediger-Friedman, L. M., Crixell, S. L., Scott, C. A., Markides, B. R., Health Scholar Showcase, "User-Centered Design of a Texas WIC ChatBot: Formative Investigation.," Texas State. (February 2019).

Biediger-Friedman, L. M., Crixell, S. L., Coronado, J., Society for Nutrition Education and Behavior Annual Conference, "Perceptions of Videos Designed to Portray Evidence-Based Feeding Practices Guidelines for Young Children," Society for Nutrition Education and Behavior, Minneapolis, MN, United States. (July 2018).

Juliette, C., Biediger-Friedman, L. M., Crixell, S. L., Cary, C., Texas State Nutrition Food Day, "Applying User-Centered Design to Developing Videos to Educate Parents on Healthful Feeding Practices of Young Children in a Low-Income Community: A Caminitos Collaborative Project," Texas State University, San Marcos, TX, United States. (2017).

Biediger-Friedman, L., Thornton, H., Bishop, N., Crowder, L., Varnell, K., Food Day Research Symposium, "“There’s Nothing to Eat:” Food Security at Texas State University," Texas State Unviersity, School of Family and Consumer Sciences, San Marcos, TX, United States. (November 16, 2017).

Biediger-Friedman, L. M., Ricano, X. (Investigator), Rodriguez, T. N. (Data coder), SNEB 50th Annual Conference, "A Descriptive Assessment of Weekend Food Programs and the Impact on Household Food Security," Society of Nutrition Education and Behavior, Capitol Hilton, Washington, DC, United States. (July 2017).

Coronado, J. (Presenting), Crixell, S. L. (PI), Biediger-Friedman, L. (PI), Experimental Biology 2017 Conference, "Applying User-Centered Design to Developing Videos to Educate Parents on Healthful Feeding Practices of Young Children in a Low-Income Community: A Caminitos Collaborative Project," American Society for Nutrition, Chicago, IL, United States. (April 25, 2017).

Page, J. D., Crixell, S. L., Markides, B. R., Biediger-Friedman, L. M., Texas Academy of Nutrition and Dietetics Annual Conference & Exhibition, "Evaluation of diet quality of preschool-aged children using the Healthy Eating Index-2010," Texas Academy of Nutrition and Dietetics, Georgetown, TX, United States. (March 2017).

Thornton, H. E. B., Biediger-Friedman, L. M., Bishop, N. J., Abohosh, A., Alhado, M., Moyer, T., Powers, R., Royer, H., Silva, M., Texas Association of Nutrition and Dietetics Annual Meeting, "Pilot Study to Assess Food Security at a Large University in Central Texas," Texas Association of Nutrition and Dietetics. (March 30, 2017).

Reports:

Biediger-Friedman, L. M., Reed, D., Harp, S., "The nutritional environment of US college campuses: A report of focus groups." (1925).

Webinar (invited)s:

Markides, B. R., Crixell, S. L., Biediger-Friedman, L. M., Fall, "Staff workshop improves child care center menus in south central Texas: A Best Food for Families, Infants and Toddlers (Best Food FITS) intervention.," Society for Nutrition Education and Behavior (SNEB), Fall Journal Club for SNEB. (October 9, 2017).

C. Scholarly / Creative Grants and Contracts:

1. Funded External Grants and Contracts:

Biediger-Friedman, Lesli M (Principal), Qasem, Apan Muhammad (Co-Principal), Villagran, Melinda Morris (Co-Principal), Johnson, Cassandra (Co-Principal), Renick, Cecil O (Co-Principal), Hwang, Sangchul Scott (Supporting), Mendez, Francis A (Supporting), Sen, Keya (Supporting), Ramamonjiarivelo, Zo H (Supporting), Shanmugam, Ram (Supporting), Charles, Joni S J (Supporting). NUEVA - Nutrition for Underserved Elders Via Application, United States Department of Health and Human Services - Administration for Community Living, Federal, $2,764,270.00. (Submitted: March 10, 2022, Funded: August 1, 2022 - July 31, 2027). Grant.

Biediger-Friedman, Lesli M (Principal), Johnson, Cassandra Maria (Co-Principal). Nutrition LEADers: Learning Communities and Experiential Learning Advancing Dietetics and Nutrition, USDA - NIFA, Federal, $275,000.00. (Submitted: January 2021, Funded: August 2021 - August 2025). Grant.

Biediger-Friedman, Lesli M (Principal), Percent Contribution: 55%, Markides, Brittany Reese (Co-Principal), Percent Contribution: 35%. Chat with WIC - Years 3 - 5, Texas Health and Human Services Commission, State, $450,000.00. (Submitted: August 2017, Funded: September 2018 - August 2023). Grant.

Crixell, Sylvia (Co-Principal), Percent Contribution: 50%, Biediger-Friedman, Lesli M (Co-Principal), Percent Contribution: 50%. Chat with WIC: Innovating WIC Services with a ChatBot, USDA - Texas WIC HHSC, Federal, $101,000.00. (Submitted: August 2017, Funded: September 2018 - August 2021). Grant.

Biediger-Friedman, Lesli M (Principal), Percent Contribution: 50%, Thornton, Hannah (Principal), Percent Contribution: 50%. Adaptations to Bobcat Bounty during COVID-19, United Way, Private / Foundation / Corporate, $10,000.00. (Submitted: April 2020, Funded: June 2020 - September 2020). Grant.

Crixell, Sylvia L (Co-Principal), Biediger-Friedman, Lesli M (Co-Principal). Chat with WIC: Innovating WIC Services with a Chatbot, Texas WIC: Texas Health and Human Services, Federal, $101,000.00. (Funded: 2018). Grant.

Smith, Kenneth Scott (Supporting), Percent Contribution: 20%, Biediger-Friedman, Lesli M (Co-Principal), Crixell, Sylvia L (Principal), Crixell, S. Using mobile technology to enhance health outcomes in Women, Department of Health Services, $250,000.00. (Funded: 2014 - 2016). Grant.

Biediger-Friedman, Lesli M (Principal), Crixell, SH. Application of mobile technology study to develop recommendations for TXWIC.org, Texas

Department of State Health Services WIC, $35,000.00. (Funded: June 2015 - September 2015). Grant.

Crixell, SH (Co-Principal), Friedman, BJ (Co-Principal), Biediger-Friedman, Lesli M (Co-Principal). Investigation of mobile technology to provide nutrition education and breastfeeding support to Texas WIC participants, Texas Department of State Health Services WIC, State, $249,974.00. (Funded: March 2014 - September 2014). Grant.

Sparks, C (Co-Principal), Biediger-Friedman, Lesli M (Co-Principal), Sparks, J (Co-Principal). San Antonio food security assessment, City of San Antonio, $50,000.00. (Funded: 2011 - 2012). Grant.

Yin, Z., He, M., Parra-Medina, D., Hernandez, A, Ferrer, R, Fogt, D, Sosa, E, Biediger-Friedman, Lesli M (Co-Principal). Mujeres Interesadas en Cambios por la Salud (MI CASA), NIDDK, $333,000.00. (Funded: 2010 - 2012). Grant.

Biediger-Friedman, Lesli M (Principal), Sosa, ET. Por Vida program institutional implementation evaluation, City of San Antonio, Municipal, $14,000.00. (Funded: March 2012 - September 2012). Grant.

He, Meizi, Parra-Medina, D, Biediger-Friedman, Lesli M (Principal), Yan, A. Building a healthy temple, San Antonio Life Sciences Institute, $100,000.00. (Funded: 2010). Grant.

Biediger-Friedman, Lesli M (Principal), Sosa, ET. Por Vida healthy restaurant program evaluation, City of San Antonio, $25,000.00. (Funded: 2010). Grant.

2. Submitted, but not Funded, External Grants and Contracts:

Biediger-Friedman, Lesli M (Principal), Percent Contribution: 49%, Thornton, Hannah (Principal), Percent Contribution: 49%. Food Security LEADers (Learning communities and Experiential learning Advancing Dietetics and Nutrition) (LEADers), USDA, Federal, $274,000.00. (Submitted: January 28, 2020). Grant.

Davio, Rebecca Lynn, Biediger-Friedman, Lesli M (Supporting), Percent Contribution: 20%, Pan, Xi (Supporting), Percent Contribution: 20%, Crixell, Sylvia L (Supporting), Percent Contribution: 15%, Tamir, Dan (Supporting), Percent Contribution: 15%, Shi, Hongchi (Supporting), Percent Contribution: 15%, Pantuso, Matthew (Supporting). Wellness Navigator: Healthier. Quicker. Easier., Texas State Big Idea, Private / Foundation / Corporate, $5,000,000.00. (Submitted: March 29, 2019). Contract.

Liu, Ting (Principal), Biediger-Friedman, Lesli (Co-Principal), Crixell, Sylvia L (Supporting), Hamilton, Michelle (Supporting). Researching Health-Related Policies and Practices in Pre-Kindergarten Schools in Central Texas, Robert

Wood Johnson Foundation, Private / Foundation / Corporate, $250,000.00. (Submitted: March 7, 2017). Grant.

Biediger-Friedman, Lesli M, Crixell, SH. Contest for Spanish Speakers Feeding Practices for Young Children: A Community Participatory Research Initiative, Allen Foundation, $79,030.00. (Submitted: December 2015). Grant.

Biediger-Friedman, Lesli M, Crixell, SH. Optimizing WIC services using mobile technology, Texas Department of State Health Services WIC, $325,000.00. (Submitted: December 18, 2014). Grant.

Wiley, DC, Biediger-Friedman, Lesli M, Housman, J, Williams, RJ. School Wellness Policy Assessment Cente, U.S. Department of Agriculture, $1,700,000.00. (Submitted: October 6, 2014). Grant.

Biediger-Friedman, Lesli M, Ryder, B. Improving food security and access to physical activity in Hays County, Centers for Disease Control and Prevention – Racial and Ethnic Approaches to Community Health (REACH), $174,000.00. (Submitted: July 2014). Grant.

Biediger-Friedman, Lesli M (Co-Principal), Friedman, BJ (Co-Principal), Crixell, SH (Co-Principal). Changing food, physical activity and policy in daycares in Central Texas, General Mills Champions for Healthy Kids, $10,000.00. (Submitted: December 3, 2012, Funded: January 2013 - December 2013). Grant.

3. Funded Internal Grants and Contracts:

Biediger-Friedman, Lesli M (Co-Principal), Johnson, Cassandra Maria (Co-Principal). Postdoctoral Scholar in Public Health Nutrition for NUEVA (Catalyst Program), Division of Research and Sponsored Programs, Texas State University, $116,000.00. (Submitted: April 14, 2023). Grant.

Biediger-Friedman, Lesli M (Principal), Friedman, BJ, Crixell, SH. Changing food, physical activity and policy in daycares in Central Texas, Texas State University REP Award, Texas State University, $16,000.00. (Submitted: October 15, 2012). Grant.

Biediger-Friedman, Lesli M (Principal), Percent Contribution: 60%, Perez, Kasandra (Co-Principal), Percent Contribution: 40%. Caminitos - Implementing Feeding Practice Lessons during Mealtime in Head Start, Texas State University, $30,000.00. (Funded: August 2018 - August 2020). Sponsored Research.

Biediger-Friedman, Lesli M, Crixell, SH. Video contest to improve feeding practices of low income community infants and toddlers, Faculty REP, $13,120.00. (Funded: January 2016 - October 2017). Grant.

Sosa, ET (Co-Principal), Biediger-Friedman, Lesli M (Co-Principal). Preschool home nutrition and physical activity environments, College of Education and Human Development, The University of Texas at San Antonio, $4,000.00. (Funded: 2012). Grant.

4. Submitted, but not Funded, Internal Grants and Contracts:

Biediger-Friedman, Lesli M (Principal), Thornton, Hannah Elizabeth Boeker, Rayburn, Steven W, Nasr, Linda, Anderson, Sidney Thomas, Fisk, Raymond P. Texas State Food Security CAFÉ, 2017 Multidisciplinary Team Incentive Fund, Texas State University, $2,500.00. (Submitted: 2017). Grant.

Lloyd, Lisa Kay (Principal), Crixell, Sylvia L (Co-Principal), Bezner, Janet Rose (Co-Principal), Biediger-Friedman, Lesli M (Supporting). Making the Healthy Choice the Easy Choice: A Framework for Building a Culture of Health in University Settings, Texas State University MIRG, Texas State University, $26,453.00. (Submitted: April 2016). Grant.

D. Scholarly / Creative Fellowships, Awards, Honors:

Award / Honor Recipient: Outstanding Granduate Student Research - Kelci Baez, Society of Nutrition Education and Behavior.
July 2023 - 2023

Award / Honor Recipient: Health Scholar Showcase Award, Texas WIC ChatBot: Formative Research, Texas State University.
February 2019 - September 2019

Award / Honor Recipient: President’s Award for Excellence in Scholarship and Creative Works, College of Applied Arts.
2015

Award / Honor Recipient: College of Human Sciences Graduate Scholarship, Texas Tech University.
2009

Award / Honor Recipient: Summer Dissertation Writing Scholarship, Texas Tech University.
2009

Fellowship Recipient: Helen DeVitt Jones Fellowship, Helen DeVitt Jones Foundation/ Texas Tech University.
2006 - 2009

Award / Honor Recipient: Research Presentation Award, American Dietetic Association.
2008

Award / Honor Recipient: Research Scholarship, Texas Tech University.
2008

E. Scholarly / Creative Professional Development Activities Attended:

Conference Attendance, "Annual Conference," Society of Nutrition Education and Behavior. (July 2015 - Present).

Institute, "Technical support for US Health and Human Services grants on healthy aging," USHHS, Aministration on Community Living (ACL) and INNU Network. (August 2022 - 2025).

Continuing Education Program, "Public Policy Workshop," Society of Nutrition Education and Behavior, Washington, DC. (July 2023 - 2023).

Institute, "SNEB Board: Racial Equity Training," Society of Nutrition Education and Behavior. (July 2020 - June 2021).

Workshop, "Chatbot building workshop," Texas Health and Human Services Comission, Austin, TX, United States. (2019).

Conference Attendance, "Food and Nutrition Conference and Expo," Accademy of Nutrition and Dietetics, Chicago, IL, United States. (October 2018).

"Multicultural Curriculum Transformation and Research Institute," Texas State University. (May 2013).

F. Media Recognition:

TV, Nexstar Media and KXAN. (June 2019).

IV. SERVICE

A. Institutional

1. University:

Chair, Bobcat Bounty. (February 1, 2018 - Present).

Internal Reviewer, Department Review, Health and Human Performance. (September 2021 - November 2021).

Member, Innovation and Entrepreneurship Big Idea. (March 2019 - 2020).

Big Ideas Taskforce. (December 2018 - October 2020).

Investigator, Caminitos Research Collaborative. (2015 - June 2020).

Chair of Food and Nutrition Scholarship, Translational Health Showcase. (November 2017 - February 2018).

Co-Chair, Food Day Planning Committee Member. (August 2016 - 2017).

Panel speaker, Sociology Week – Service to Research at Texas State University. (November 2015).

Presentation, Best Food FITS Research, 2010 – 2015. Caminitos Research Collaborative. (October 2015).

2. College:

Research student mentor, Department of Agriculture – USDA FATE Grant. (2014 - May 2020).

Member, College of Applied Arts, REP Committee. (November 2016 - October 2018).

3. Department/School:

Program Area Coordinator, Nutrition and Foods FProgram. (August 2026 - Present).

Co-Chair, MS in Human Nutrition Admissions Committee. (January 2020 - Present).

Member, School of Family and Consumer Sciences - Personnel Committee. (August 2018 - Present).

Member, Dietetic Internship Selection Committee. (2015 - Present).

Graduate Advisor, Human Nutrition. (January 2020 - 2025).

Member, FCS Curriculum Committee. (May 2023 - 2024).

Member, Search Committee. (July 2021 - 2022).

Member, Search Committee: Associate/ Full Professor, Nutrition. (July 2021 - 2022).

Member, Graduate Recruitment Committee/GEMS. (January 2020 - 2022).

Member, Search Committee: Admin III. (September 2021 - October 2021).

Co-Chair, Nutrition Assistant/ Associate Professor Search. (October 2019 - April 2020).

Member, FCS Curriculum Committee. (2015 - May 2019).

Chair, Nutrition Assistant / Associate Search Committee. (August 2018 - March 2019).

Member, FCS Director Search Committee. (May 2018 - December 2018).

Member, Assistant Professor in Nutrition Search Committee. (August 2017 - February 2018).

Member, Associate/ Full Professor in Nutrition Search Committee Member. (August 2016 - February 2018).

Participant, Faculty and Graduate Student recruitment. (October 2017).

Member, Assistant Professor in Consumer Affairs Search Committee. (May 2017 - July 2017).

Member, FCS Strategic Planning Taskforce. (May 2016).

Member, Assistant/Associate Professor in Community Nutrition Search Committee Member. (September 2015 - March 2016).

Member, Assistant/Associate Professor Search Committee Member. (2014 - 2015).

Member, Child Development Center Advisory Committee. (2014 - 2015).

Member, Assistant/Associate Professor Search Committee Member. (2013).

Member, Graduate Research Methods Committee Member. (2013).

Member, CPU Presentation to Child Development Center staff. (August 2013).

B. Professional:

Reviewer / Referee, Journal of Medical Internet Research. (2023 - Present).

Reviewer / Referee, Nutrients. (2022 - Present).

Reviewer / Referee, Journal of Nutrition Education and Behavior. (October 2017 - Present).

Speaker, Nutrition Program - New Graduate Student Orientation - Plagiarism Training. (August 2016 - August 2025).

Reviewer / Referee, Preventing Chronic Disease Journal. (2013 - 2022).

Editorial Review Board Member, Journal of Nutrition Education and Behavior - Position Paper Committee. (January 2020 - December 2021).

Member, Texas Research to Policy Coalition. (May 2020 - August 2021).

Chair, Advisory Committee on Public Policy - Society of Nutrition Education and Behavior. (January 2019 - August 2021).

Reviewer / Referee, Journal of Public Health Management & Practice. (2012 - 2020).

Member, Texas Department of State Health Services - Healthy Dining Taskforce, Austin, TX. (January 2018 - February 2020).

Chair, Society of Nutrition Education and Behavior, Public Health Division. (August 2016 - August 2018).

Reviewer / Referee, Sociaety of Nutrition Education and Behavior - Conference Planning Committee. (February 2018 - July 2018).

Coordinator / Organizer, Society of Nutrition Education and Behavior, Washington, DC, United States. (January 2017 - July 2017).

Reviewer / Referee, Journal of the Academy of Nutrition & Dietetics: Position paper on food security. (December 2012).

C. Community:

Member, A.G.E. Taskforce, Hays County. (2024 - Present).

Hays County Food Security Coalition, San Marcos, TX. (September 2019 - 2022).

Board Member, Hays County Early Childhood Coalition, San Marcos/ Kyle, TX. (March 2017 - 2021).

Co-Director, Best Food for Families, Infants, and Toddlers. (2012 - 2021).

Evaluator/ Advisor, School Fuel (weekend food program). (2014 - 2019).

Member, Hays County Health Collaborative. (2013 - 2018).

Board Member, Hays County Family and Consumer Science Taskforce – Texas A&M AgriLife Extension. (2013 - 2014).

REACH grant consultant, National Center for Farmworker Health. (2013 - 2014).

Member, Healthy City Task Force (San Marcos. (2012 - 2014).

member & evaluator, San Antonio Healthy Restaurant Association. (2010 - 2013).

consultant, San Antonio Majors Fitness Council. (2011 - 2012).

Organizer, Food Policy Council of San Antonio. (2010 - 2012).

D. Organization Memberships:

Academy of Nutrition and Dietetics. (1925 - Present).

Hunger and Environmental Nutrition DPG. (1925 - Present).

Texas Academy of Nutrition and Dietetics. (1925 - Present).

Society of Nutrition Education and Behavior (SNEB). (February 2015 - January 2027).

American Public Health Association. (2005 - 2022).

International Society of Behavioral Nutrition and Physical Activity. (1925 - 2018).

Weight Management Practitioners Group, DPG. (1925 - 2017).

E. Service Honors and Awards:

Award / Honor Recipient: Outstanding Service, College of Applied Arts.
August 2024 - 2024

Award / Honor Recipient: Most Inclusive Program, Texas State University: Institute of Inclusive Excellence.
April 2023 - 2023

Award / Honor Recipient: Recognition Award - 2nd Place (Bobcat Bounty - Nutrition Education), Texas State University, Sustainability Exposition.
March 2023 - 2023

Award / Honor Recipient: Texas State Quarterly Team Award, The Office of The Provost.
July 2018

F. Service Grants and Contracts:

1. Funded External Service Grants and Contracts:

Biediger-Friedman, Lesli M. Huddles Against Hunger, Other, $53,000.00. Gift.

Thornton, Hannah (Principal), Percent Contribution: 50%, Beidiger-Friedman, Lesli (Principal), Percent Contribution: 50%. Bobcat Bounty Step Up for State, Texas State University, Other, $7,629.54. (Funded: October 21, 2021 - Present). Gift.

Thornton, Hannah Elizabeth Boeker (Co-Principal), Percent Contribution: 50%, Biediger-Friedman, Lesli M (Co-Principal), Percent Contribution: 50%. Bobcat Bounty Step Up for State Funding, University Advancement, Other, $5,101.00. (Funded: September 2018 - Present). Gift.

Thornton, Hannah (Co-Principal), Percent Contribution: 50%, Biediger-Friedman, Lesli M (Co-Principal). Bobcat Bounty Step Up for State Funding, University Advancement/Step Up for State, Other, $5,900.00. (Submitted: October 3, 2019, Funded: January 1, 2020 - December 31, 2020). Gift.

Thornton, Hannah (Co-Principal), Percent Contribution: 50%, Biediger-Friedman, Lesli M (Co-Principal), Percent Contribution: 50%. Bobcat Bounty Step Up for State, Texas State University Advancement, Other, $10,500.00. (Submitted: October 8, 2020, Funded: October 8, 2020). Gift.

2. Submitted, but not Funded, External Service Grants and Contracts:

Thornton, Hannah (Co-Principal), Percent Contribution: 50%, Biediger-Friedman, Lesli M (Co-Principal), Percent Contribution: 50%. Julie O'Sullivan Maillet Research Grant, Academy of Nutrition and Dietetics Foundation, Private / Foundation / Corporate, $1,000.00. (Submitted: February 8, 2019). Grant.

Thornton, Hannah (Co-Principal), Percent Contribution: 75%, Biediger-Friedman, Lesli (Supporting), Percent Contribution: 25%. Julie O'Sullivan Maillet Research Award, Academy of Nutrition and Dietetics Foundation, Private / Foundation / Corporate, $1,000.00. (Submitted: June 15, 2017). Grant.

3. Funded Internal Service Grants and Contracts:

Thornton, Hannah (Co-Principal), Percent Contribution: 50%, Biediger-Friedman, Lesli M (Co-Principal), Percent Contribution: 50%. Learning Communities Grant, College of Applied Arts, Texas State University, $6,000.00. (Funded: September 1, 2020 - August 31, 2021). Grant.

Thornton, Hannah (Co-Principal), Percent Contribution: 50%, Biediger-Friedman, Lesli (Co-Principal), Percent Contribution: 50%. Learning Communities Grant, College of Applied Arts, Texas State University, $6,000.00. (Funded: August 31, 2018 - June 1, 2019). Grant.

Thornton, Hannah (Principal), Percent Contribution: 75%, Biediger-Friedman, Lesli (Supporting), Percent Contribution: 25%. Diversity and Inclusion Plan One-Time Funding Request, Equity and Access Committee, Texas State University, $5,000.00. (Funded: January 16, 2018 - August 2018). Grant.

Thornton, Hannah (Principal), Percent Contribution: 75%, Biediger-Friedman, Lesli (Supporting), Percent Contribution: 25%. Learning Communities Grant, College of Applied Arts, Texas State University, $5,500.00. (Funded: August 31, 2017 - June 1, 2018). Grant.

G. Service Professional Development Activities Attended:

Institute, "Texas Research to Policy Health Coalition," UT-Health, Austin. (May 2020 - June 2025).