Taylor Levy, MS, RDN, CHES

Austin, Texas
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EDUCATION

Doctor of Philosophy in Health Promotion and Behavioral Sciences 08/2023 – Current
Minor: Health Policy
The University of Texas School of Public Health (UTHealth) - Austin Campus
GPA: 3.71

Master of Science in Public Health Education and Promotion 05/2021
Texas State University, San Marcos, Texas
GPA: 4.0

Bachelor of Science in Family Consumer Science 12/2016
Nutrition and Foods – Concentration in Dietetics
Texas State University, San Marcos, Texas
GPA: 3.91

WORK EXPERIENCE

Graduate Research Assistant 09/2025 – Current
UTHealth Houston Institute from Implementation Science
The University of Texas School of Public Health Austin Campus (UTHealth)
-Supported editing and formatting of the updated Intervention Mapping textbook for public health
-Collaborated with authors across disciplines to refine content and ensure accuracy of references
-Formatted and organized organize chapters, tables, and visual elements for publication

Community Health Lecturer 08/2025 – Current
Public Health Program, Department of Health and Human Performance
Texas State University – San Marcos
-Delivered comprehensive instruction in community health, emphasizing public health principles, health promotion, and disease prevention
-Facilitated practical application through structured discussions, quizzes, and reflective writing
-Delivered timely and constructive feedback to support student development and success
-Updated course materials to reflect current public health research and community health trends

Graduate Research Assistant 08/2023 – 08/2025
Health Promotion and Behavioral Sciences Department
The University of Texas School of Public Health Austin Campus (UTHealth)
-Oversee the Double Up Food Buck (DUFB) program evaluation project
-Oversee Central Texas Food Bank and Austin Public Health evaluation project
-Transcribe qualitative interviews and develop thematic frameworks for analysis

4-H Capital Program Director & County Extension Agent 09/2022 – 07/2023
Travis County Department of Health & Human Services | A&M AgriLife Extension Services
-Oversee Travis County Employees and AmeriCorps members implementing Out-of-School programming to Title I schools in Austin Independent School District
-Integrate 4-H, Travis County, and A&M AgriLife policies and procedures to deliver agricultural-based learning activities to 7 elementary schools
-Develop and maintain partnerships with after-school vendors, AmeriCorps organizations, surrounding counties extension agents, and external evaluators
-Oversee AmeriCorps grant matched with Travis County funds while ensuring grant compliance

Nutrition Services Manager
Child Inc. in Partnership with Travis County Head Start Schools, Austin, Texas 11/2021 – 07/2022
-Coordinate, implement and supervise nutrition-related programs for Head Start Schools under the Child Adult Food Care Program (CACFP)
-Provide trainings related to special diets and nutrition standards to school and kitchen staff
-Develop partnerships with community-based organizations such as food and milk banks

Registered Dietitian Nutritionist & Kitchen Supervisor 06/2021 – 10/2021
Southwest Food Excellence in Partnership with Leander Independent School District
-Supervise K-12 dietary staff at 4 primary and secondary schools during meal services while ensuring safe kitchen safety and sanitation standards
-Aid in the development of special diet menus for K-12 students with allergies
-Oversee community partnerships and student engagement activities

Nutrition Education Lead 02/2020 – 06/2021
Hays County Food Bank, San Marcos, Texas
-Direct cooking demonstrations and teach recipe preparation at food distributions and classes
-Conduct research on nutrition education programs to enhance future lesson planning
-Create, test, and analyze recipes for food bank clients

Graduate Instructional Assistant 08/2019 – 05/2021
Texas State University, San Marcos, Texas
-Assist professors and students with coursework material and grading
-Collaborate with students and colleagues to enhance the learning environment
-Skilled in research and materials development

INTERNSHIP EXPERIENCE

Oregon State University Dietetic Internship 06/2019
Emphasis – Long Term Senior Nutrition Care
-Assisted in research analysis and formation of nutrition articles for newsletters and online sources
-Aided in the creation of recipes and development of menu items for the hospital foodservice sector
-Assisted in counseling individuals with specific needs, such as diabetes and eating disorders
-Consulted with interdisciplinary teams to coordinate medical nutrition care
-Provided nutrition care and support in various areas in the clinical setting
-Collaborated with colleagues in community, clinical and foodservice settings

ORGANIZATIONS

American Public Health Association (APHA) Member	2025 – Current
Health Promotion Behavioral Science Peer Mentor	2025 – Current
Texas Society for Public Health Education (TSOPHE) Board Member – President-Elect	2024 – Current
Society for Public Health Education (SOPHE) Member	2024 – Current
Sisters in Public Health Member	2025 – Current
UTHealth Student Society for Global Health (SSGH)	2023 – Current
FOODWISE Wellness Collaborative Member	2023 – Current
TSOPHE Graduate Board Member	2023 – 2024
Office of Distance and Extended Learning (ODEL) Summer Institute Panel	2020 – 2021
Distance and Extended Learning Student Advisory Committee (DELSAC)	2020 – 2021
Eta Sigma Gamma Honor's Society (President, Delta Chi Chapter)	2020 – 2021
Eta Sigma Gamma Honor's Society (Vice President, Delta Chi Chapter)	2019 – 2020
Phi Kappa Phi, Honor's Fraternity	2015 – 2016
Alpha Chi, Honor's Fraternity	2015 – 2016
Student Nutrition Organization	2013 – 2016

VOLUNTEERING

UTHealth School of Public Health – Austin Campus Lunch N' Learn Meetings	2024 – Current
TSOPHE Conference Abstract Reviewer	2025

RESEARCH MANUSCRIPTS

Williams, R. D., Kitts, G., **Levy, T. M.,** Housman, J. M., & Berumen-Flucker, B. (2024). Relationship of perceived racial discrimination and age of onset for cigarette, alcohol, and marijuana use among adolescents. *Accepted for publication in Health Behavior and Policy Review.*

Levy, T. M., Williams, R. D., Housman, J. M., & Odum, M. (2022). COVID-19 stress, food insecurity, and fruit and vegetable consumption among university students. *Health Education Monograph, 39*(1), 11-17.

Levy, T.M., Williams, R. D., Odum, M., Housman, J. M., & McDonald, J. D. (2022). Impact of COVID-19 stress on food insecurity and fruit and vegetable consumption among college students. *Journal of American College Health,* DOI: 10.1080/07448481.2022.2098033

RESEARCH PRESENTATIONS

Levy, T.M., Jabour, M., & Mantey, D. (2025, September). The mediating role of bullying in the relationship between social media and sleep among adolescents. Accepted for poster presentation at Texas Society of Public Health Education (TSOPHE) 2025 Conference in San Marcos, TX.

Nielsen, A., van den Berg, A., **Levy, T.M.,** Reyes, C., & Falzone, A. (2025, November). Assessing the effectiveness of Double Up Food Bucks in enhancing food access and nutrition in Texas. Accepted for oral presentation at American Public Health Association (APHA) 2025 Annual Meeting & Expo in Washington, D.C.

van den Berg, A., Nielsen, A., Janda, K., Morgan, K., **Levy, T**., & Lanza, K. (2025, March). Associations among Self-Regulation constructs and red meat consumption for climate change mitigation**.** Accepted for poster presentation at the 46th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine (SBM) in San Francisco, CA.

Levy, T. M., Williams, R.D., Kitts, G., Berumen-Flucker, B., & Housman, J.M. (2025, April). Perceived racial discrimination and age of onset for cigarette, alcohol, and marijuana use in adolescents. Accepted for poster presentation at the 75th Annual Meeting of the Society of Public Health Education (SOPHE) in Long Beach, CA.

Levy, T. M., Kitts, G., Berumen-Flucker, B., Williams, R.D., & Housman, J.M. (2025, April). Adolescent body mass index, perceptions of weight, and weight-loss behaviors related to experiences of perceived racial discrimination. Accepted for poster presentation at the 75th Annual Meeting of the Society for Public Health Education (SOPHE) in Long Beach, CA.

Levy, T. M., Williams, R. D., & Housman, J. M. (2024, March). *Differences in At-Home and Away-From-Home Dietary Patterns among Food Secure and Food Insecure Parents.* Accepted for poster presentation at the Society for Public Health Education (SOPHE) 2024 Conference in St. Louis, MO.

Levy, T. M., Williams, R. D., & Housman, J. M. (2023, October). *At Home and Away from Home Dietary Behaviors of Food Insecure and Food Secure Parents.* Presented at the Texas Society for Public Health Education (TSOPHE) 2023 Conference in Austin, Texas.

Levy, T. M., Matz, H., Odum, M., Newhouse-Bailey, M., McClune, L. N., Lopez Goodman, A., & Crady, A. (2021, October). *Challenges and solutions to transitioning a service-learning, community-based nutrition program from synchronous to asynchronous delivery during COVID-19*. Presented at the Texas Society for Public Health Education (TSOPHE) 2021 Virtual Conference.

Levy, T. M., Williams, R. D., Housman, J. M., Odum, M., & McDonald, J. M. (2021, March). *COVID-19 stress, food insecurity, personal agency, and intentions as predictors of fruit and vegetable consumption among college students.* Presented at the American Academy of Health Behavior (AAHB), virtual meeting. https://aahb.org/2021-Poster-Abstracts-and-Lists

Odum, M., Newhouse-Bailey, M., **Levy, T. M.**, Vera, S., Cook, C., & Martinez, J. (2021, March). *Process and impact program evaluation of Eta Sigma Gamma student-led holiday food drives, 2017-2019.* Presented at the 72nd Annual Meeting of the Society for Public Health Education (SOPHE), virtual meeting. https://www.sophe.org/professional-development/conferences_events/sophe-2021/agenda/

CONSULTANCY REPORTS

Levy, T., Nielsen, A., Diaz, M., & van den Berg, A. Home Delivery Program Qualitative Analysis Report, 2025.

Reyes, C., van den Berg, A., **Levy, T**., & Nielsen, A. New Leaf Agriculture Evaluation Report, 2024.

Levy, T., Nielsen, A., & van den Berg, A. Home Delivery Program Quantitative Analysis Report, 2024.

Levy, T., Nielsen, A., Reyes, C., Diaz, M., van den Berg, A., Diaz, M., & Janda, K. Double Up Food Bucks (DUFB) 2nd Year Program Analysis Report, 2024.

Nielsen, A., Reyes, C., Diaz, M., van den Berg, A., **Levy, T**., Diaz, M., & Janda, K. New Leaf Agriculture Evaluation Report, 2023.

Nielsen, A., van den Berg, A., **Levy, T**., Reyes, C., Diaz, M., & Janda, K. DUFB Expansion in Wheatsville & United Stores, 2023.

Nielsen, A., van den Berg, A., Reyes, C., **Levy, T**., Diaz, M., & Janda, K. DUFB Texas Expansion Project: Evaluation Report, 2023.

Levy, T. M., & Williams, R. D. San Marcos Consolidated Independent School District High School Youth Risk Behavior Surveillance Survey Report, 2019.

GRANT PROPOSALS

Graduate College Thesis Research Support Fellowship. (2020-2021). Funding approved. Texas State University Graduate College $450. Role: PI.

Rooted in Evidence: A Food Bank Grant and Evaluation Program of the Gretchen Swanson Center for Nutrition. (2021). Not funded. Gretchen Swanson Center for Nutrition $25,000. Role: Lead.

SCHOLARSHIPS & AWARDS

Dean Cheryl L. Perry, PhD, Scholarship	2025
Vivian Drenckhahn Student Scholarship	2025
Ginni and Richard Mithoff Endowed Scholarship	2024
Dr. Mary K. Beyrer Scholarship	2024
Outstanding New Student Scholarship	2023
Mohammed Torabi Student Research Paper of the Year	2022
Dorothy Huskey Excellence in Health Education Practice Award	2021
Eta Sigma Gamma Chapter Recognition Award	2021
College of Education Outstanding Graduate Student	2021
College of Education Star Student	2021
Eta Sigma Gamma Service Activity Award	2020 & 2021
Eta Sigma Gamma Teaching Activity Award	2020
Jessie Helen Haag Scholarship	2020
Graduate College Education Scholarship	2018 – 2020
Housley Principled Leadership Award	2014
Dean's List	2012 – 2016

LICENSURE & CERTIFICATION

Registered Dietitian Nutritionist, Academy of Nutrition and Dietetics	2019 – Current
Certified Health Education Specialist (CHES®)	2021 – Current