**Rhonda N. Balzarini**
Associate Professor at Texas State University
Research Fellow at the Kinsey Institute at Indiana University
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## EDUCATION

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| 2014 – 2018 | PhD. Social Psychology, Western University<br>Supervisor: Lorne Campbell, PhD |
| 2012 –2013 | M.A. Psychology, Stony Brook University<br>Supervisor: Arthur Aron, PhD |
| 2005 – 2009 | B.A. Psychology and Women's and Gender Studies, Magna cum Laude<br>Sonoma State University<br>Supervisor: Heather Smith, PhD |

## PROFESSIONAL POSITIONS

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| 02/2021 – Current | Affiliated Professor (Non-Tenure Track)<br>Kinsey Institute, Indiana University<br>Supervisor: Justin Garcia, PhD |
| 09/2020 – Current | Assistant Professor (Tenure Track)<br>Dept. of Psychology, Texas State University<br>Supervisor: Natalie Ceballos, PhD |
| 06/2019 – 09/2020 | Elevate Postdoctoral Fellow<br>Dept. of Psychology, York University<br>Supervisor: Amy Muise, PhD |
| 06/2018 – 06/2019 | Accelerate Postdoctoral Fellow<br>Dept. of Psychology, York University<br>Supervisor: Amy Muise, PhD |
| 08/2014 – 09/2018 | Graduate Research Assistant<br>Dept. of Psychology, Western University<br>Supervisor: Lorne Campbell, PhD |
| 08/2012 – 08/2013 | Graduate Research Assistant<br>Dept. of Psychology, Stony Brook University<br>Supervisor: Arthur Aron, PhD |
| 01/2012 – 08/2012 | Project Manager<br>Dept. of Conflict Resolution, Human Security, and Global Governance,<br>University of Massachusetts Boston<br>Supervisor: Rezarta Bilali, PhD |
| 06/2011 – 01/2012 | Research Internship<br>Dept. of Sociology, Boston College |

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| | Supervisor: Sharlene Hesse-Biber, PhD |
| 05/2011 – 08/2012 | Research Internship<br>Dept. of Psychology, Harvard<br>Supervisor: Daniel Gilbert, PhD |
| 08/2009 – 08/2011 | Lab Manager<br>Dept. of Psychology, Sonoma State University<br>Supervisor: Heather Smith, PhD |

## GRANTS (FUNDED)

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| 2026 – 2027 | Julie Products Inc and Playboy Inc<br>*Reconceptualizing the Young Adult Sex Recession*<br>Principal Investigator ($41,000) |
| 2025 – 2026 | Le Shaw, International Sexual Health and Wellness Research Institute<br>*The effects of trying camming on mental health and well-being*<br>Principal Investigator ($71,623) |
| 2024 – 2025 | Le Shaw, International Sexual Health and Wellness Research Institute<br>*Erotic exchanges: Factors contributing to lasting LiveJasmin relationships*<br>Principal Investigator ($24,000) |
| 2024 – 2025 | Research Enhancement Program (REP), Texas State University<br>*"Virtually" connected: Examining the effects of a romantic partner's presence during times of stress in virtual reality*<br>Principal Investigator ($4000) |
| 2020 – 2022 | Fundação "la Caixa" Grant<br>*Prevent2Protect: Motivational determinants of consistent condom use*<br>Co-Investigator (88,376.25€) |
| 2020 – 2021 | Social and Personality Psychology Small Conference Grant<br>*How technology is changing our social relationships: Current evidence and future research directions*<br>Principal Investigator ($7000) |
| 2019 – 2021 | Social Sciences and Humanities Research Council Insight Development Grant<br>*"Virtually" connected: Relational self-expansion in virtual reality can enhance couples' satisfaction*<br>Co-Investigator ($64,830; ***ranked #1 out of 24 submissions***) |
| 2019 – 2021 | Elevate Grant, Mitacs and Facebook<br>*"Virtually" connected: Can virtual reality technology foster closeness and intimacy in romantic relationships?*<br>Principal Investigator ($120,000) |
| 2018 – 2020 | Accelerate Grant, Mitacs and Standard Innovations<br>*Keeping the spark alive: How novelty and responsiveness can enhance intimate relationships*<br>Principal Investigator ($110,000) |

2018 – 2019 GlobalLink Grant, Mitacs and Université Grenoble Alpes
*Stress regulation in modern times: Technologically mediated reduction of coldness and stress*
Co-Investigator ($9000)

## GRANTS (Under Review)

2026 Russel Sage Foundation (Grant #2502-52451)
*Experimental behavioral science and decision-making in STI prevention*
Co-Investigator ($200,000)

## SELECT AWARDS, FELLOWSHIPS, AND SCHOLARSHIPS

2025 Presidential Seminar Award for Scholarly/Creative Activities, Academic Affairs Council, Texas State University ($7500)
2025 Presidential Distinction Award for Scholarly/Creative Activities, Liberal Arts, Texas State University
2025 Valero Award for Excellence, Academic Affairs Council, Texas State University ($2500)
2024 Merit Award, Psychology Department, Texas State University ($1000)
2023 Lester A. Kirkendall Outstanding Mentor Award, The Society of the Scientific Study of Sexuality ($1500)
2023 Kenneth R. Haslam, M.D. Relationship Diversity Research Award, Kinsey Institute, Indiana University ($5000)
2014 – 2018 Ontario's Trillium Scholarship, Western University ($160,000)
2018 Pre-Registration Challenge Award, Open Science Framework ($1000)
2018 Graduate Travel Award, IARR ($175)
2018 SPSP Poster Award Finalist
2018 Graduate Travel Award, SPSP ($500)
2017 Academic Achievement Award, Western University ($1000)
2017 Graduate Student Teaching Award, Western University ($500)
2017 Travel Award for SISPP, SPSP ($500)
2016 Graduate Research Award, Western University ($750)
2013 Distinguished Travel Award, Graduate Student Organization ($300)
2013 Research Travel Award, Stony Brook University ($250)
2011 Chairs Discretionary Fund, Sonoma State University ($250)
2009 Distinction Award, Psychology and WGS, Sonoma State University
2009 American Association of University Women, Petaluma Branch ($600)
2009 Alden W. Hanson, Sonoma State Scholarship Program ($4000)
2009 Activist of the Year Award, American Civil Liberties Union ($1000)

## PUBLICATIONS

**Peer-Reviewed Journal Articles**

54. **Balzarini, R. N.,** Himes, T., Swanson, F., Reynolds, B., & Agnew, C. (in press). Beyond the transaction: Commitment, intimacy, and investment in online camming relationships. *Archives of Sexual Behavior.* [Open Science Framework link: ✿ ]
53. **Balzarini, R. N.,** Zoppolat, G., Leckfor, C. M., Holyoke, D., & Slatcher, R. B. (in press). Making the most of your time together: The role of self-expansion in promoting sexual and relationship quality through reduced relational boredom. *Archives of Sexual Behavior.* ✿
52. Tu, E., Park, G. H., Raposo, S., **Balzarini, R. N.**, Impett, E., Harasymchuk, C., & Muise, A. (in press). Inspiring better relationships? The role of trait charisma in predicting conflict resolution and romantic relationship satisfaction. *Personality Science*.
51. Swanson, F., **Balzarini, R. N.**, Himes, T., & Mogilski, M. (in press). Mate value discrepancies and conflict among partners in consensually non-monogamous relationships. *Evolution and Human Behavior.* ✿
50. **Balzarini, R. N.,** & Muise, A. (in press). Does diversifying sexual need fulfillment across partners in polyamorous relationships buffer the detriments of unmet sexual ideals? *Archives of Sexual Behavior.* ✿
49. Mogilski, J. K., Miller, G., Jonason, P. K., Grunter-Mejer, K., Varella Valentova, J., **Balzarini, R. N**… (2026). How do people maintain consensual non-monogamy? An international development and validation of the Multiple Relationships Maintenance Scale (MRMS). *Archives of Sexual Behavior.*
48. DiGiovanni, A. M., Valshtein, T. J., Harris, A., Zoppolat, G., Balzarini, R., & Slatcher, R. B. (2026). Investigating the social benefits of long-distance romantic relationships during the COVID-19 pandemic. *Journal of Social and Personal Relationships, 43*(2), 636-663. ✿
47. **Balzarini, R. N.,** Sharma, A., & Muise, A. (2025). Virtually connected: Understanding relational self-expansion using immersive technology. *Behavioral Sciences*, *15*, 61–86. ✿
46. Brooks, T. R., **Balzarini, R. N.**, Erickson, W. B., Hinojosa, V., Jones, A., Macchione, A., Maxwell, N. P., Reysen, S., Rivers, A. S., Shelton, J., & Stocks, E. (2025). *Lone Star nationalism: Texan identity, negative attitudes about globalization, and concern about illegal immigration predict Texit support*. *Journal of Globalization Studies, 16*.
45. Chopik, W. J., Oh, J., Weidmann, R., Weaver, J. R., **Balzarini, R. N**., Zoppolat, G., & Slatcher, R. B. (2025). The perks of pet ownership for well-being during the COVID-19 pandemic. *Personality and Social Psychology Bulletin, 51*(6)*,* 928-948. ✿
44. Zoppolat, G., Righetti, F., Đurić, M., **Balzarini, R. N.**, & Slatcher, R. B. (2024). It's complicated: The good and bad of ambivalence in romantic relationships. *Emotion, 24*, 1190–1205. ✿
43. Rodrigues, D. L., Carvalho, A. C., **Balzarini, R. N.,** De Visser, R., Garrido, M. P., & Lopes, D. (2024). Safety and pleasure motives determine perceived risks and rewards in casual sex. *Sexuality & Culture.* ✿
42. Rodrigues, D., Carvalno, C., Prada, M., Garrido, M. V., **Balzarini, R. N.,** De Visser, R., & Lopes, D. (2024). Condom use beliefs differ according to regulatory focus: A mixed-methods study in Portugal and Spain. *The Journal of Sex Research, 61*, 709–726. ✿
41. Rodrigues, D., Brooks, T. R., **Balzarini, R. N.**, Moors, A., & Lopes, D. (2024). Examining the role of mono-normative beliefs and internalized consensual non-monogamy negativity for stigma and dehumanization. *Archives of Sexual Behavior, 53*, 889–899. ✿

40. Pietromonaco, P., Hammond, M., Overall, N., Zoppolat, G., **Balzarini, R. N.,** & Slatcher, R. B. (2024). Did relationship quality during the COVID-19 pandemic vary across cultural contexts? *Journal of Social and Personal Relationships, 41,* 2522–2547. ✿
39. Uppot, A., Raposo, S., Rosen, N. O., Corsini-Munt, S., **Balzarini, R. N.**, Muise, A. (2024). Responsiveness in the face of sexual challenges: The role of sexual growth and destiny beliefs. *Journal of Sex Research, 61*, 228–245. ✿
38. Moussa-Rogers, M, Cuccolo, K., McKinney, C, Edlund, J, Grahe, J, Zlokovich, M…. **Balzarini, R. N.** (2024). Understanding family dynamics in a cross-cultural sample: A multi-national study. *Psi Chi Journal of Psychological Research, 29*, 140–149. ✿
37. **Balzarini, R. N.,** Muise, A., Zoppolat, G., Di Bartolomeo, A., Rodrigues, D. L., Alonso-Ferres, M. et al. (2023). Love in the time of COVID: Perceived partner responsiveness buffers people from lower relationship quality associated with COVID-related stressors. *Social Psychological and Personality Science, 14*, 342–355. ✿
36. Vedelago, L., **Balzarini, R. N.,** Fitzpatrick, S., & Muise, A. (2023). Tailoring dyadic coping strategies to a partner's attachment insecurity during the COVID-19 pandemic. *Journal of Social and Personal Relationships, 40,* 1830–1853. ✿
35. Rodrigues, D., & **Balzarini, R. N.** (2023). Relationship and sexual quality in the wake of COVID-19: Effects of individual regulatory focus and shared concerns over the pandemic. *European Journal of Investigation in Health, Psychology and Education, 13,* 460–471.
34. Rodrigues, D., **Balzarini, R. N.,** Zoppolat, G., & Slatcher, R. B. (2023). Motives for security and sexual activity during the COVID-19 pandemic. *Psychology & Sexuality, 14,* 219–232. ✿
33. Kroencke, L., Humberg, S., Breil, S. M., Geukes, K., Zoppolat, G., **Balzarini, R. N.,** Alonso-Ferres, M., Slatcher, R. B. (2023). Extraversion, social interactions, and well-being during the COVID-19 pandemic: Did extroverts really suffer more than introverts? *Journal of Personality and Social Psychology, 125*, 649–679. ✿
32. Rodrigues, D., de Visser, R., Lopes, D., Prada, M., Garrido, M., & **Balzarini, R. N.** (2023). Prevent2Protect project: Regulatory focus differences in sexual health knowledge and behavior. *Archives of Sexual Behavior, 52,* 1701–1713. ✿
31. Dobson, K., Stanton, S., **Balzarini, R. N.,** & Campbell, L. (2023). Are you tired of "us"? Accuracy and bias in couples' perceptions of relational boredom. *Journal of Social and Personal Relationships, 40,* 3091–3120. ✿
30. Bevan, J., Murphy, M. K., Lannutti, P. J., Slatcher, R. B, & **Balzarini, R. N.** (2023). A descriptive literature review of early research on COVID-19 and close relationships. *Journal of Personal and Social Relationships, 4,* 1–53.
29. **Balzarini, R. N.,** Muise, A., Gesselman, A., Zoppolat, G., Lehmiller, J., Garcia, J., Slatcher, R. B., & Mark, K. (2022). Sex in the time of COVID: How COVID-related stressors shape sexual desire. *Archives of Sexual Behavior, 51,* 3823–3838. ✿
28. Gordon, A., Cross, E., Ascigil, E., **Balzarini, R. N.,** Luerssen, A., & Muise, A. (2022). Feeling appreciated buffers against the negative effects of unequal division of household labor on relationship satisfaction. *Psychological Science 33,* 1313–1327. ✿
27. Rodrigues, D., Zoppolat, G., **Balzarini, R. N.,** & Slatcher, R. B. (2022). Security motives and negative affective experiences during the early months of the COVID-19 pandemic. *Psychology & Health, 5,* 1–21.

26. Zoppolat, G., Righetti, F., **Balzarini, R. N.,** Alonso-Ferres, M., Urganci, B, Rodrigues, D. L… Slatcher, R. B. (2022). Relationship difficulties and "technoference" during the COVID-19 pandemic. *Journal of Personal and Social Relationships*, *39*, 3204–3227. ✿
25. Goss, S. C., Raposo, S., **Balzarini, R. N**., Rosen, N. O., & Muise, A. (2022). Feeling close and seeing a partner in a new light: How self-expansion is associated with sexual desire. *Journal of Personal and Social Relationships, 39*, 2478–2506. ✿
24. Rodrigues, D., Lopes, D., & **Balzarini, R. N.** (2022). Having a prevention regulatory focus longitudinally predicts distress and health-protective behaviors during the COVID-19 pandemic. *Stress and Health, 38,* 767–775. ✿
23. Scott-Sheldon, L. A. J., Mark, K. P., **Balzarini, R. N.,** & Welling, L. L. M. (2022). Guest Editors' introduction to the special section on the impact of COVID-19 on sexual health and behaviors. *Archives of Sexual Behavior, 51,* 101–103.
22. Jiang, Y., Zilioli, S., **Balzarini, R. N.,** Zoppolat, G., & Slatcher, R. B. (2021). Education, financial stress, and trajectory of mental health during the COVID-19 pandemic. *Clinical Psychological Science, 10,* 675–689. ✿
21. **Balzarini, R. N.,** Muise, A., Dobson, K., Kohut, T., Raposo, S., & Campbell, L. (2021). The detriments of unmet sexual ideals and the buffering effect of sexual responsiveness. *Journal of Personality and Social Psychology, 120,* 1521–1550. ✿
20. **Balzarini, R. N.,** McDonald. J., Kohut, T., Harman, J. J., Lehmiller, J. J., & Holmes, B. M. (2021). Compersion: When jealousy-inducing situations don't (just) induce jealousy. *Archives of Sexual Behavior, 50,* 1311–1324. ✿
19. Moors, A., Schechinger, H., **Balzarini, R. N.,** & Flicker, S. (2021). Internalized consensual non-monogamy negativity and relationship quality among people engaged in polyamory, swinging, and open relationships. *Archives of Sexual Behavior, 50,* 1389–1400.
18. Kohut, T., Dobson, K., **Balzarini, R. N.,** Shaw, A., Russel, M., Mcnulty, J., Fisher, W. A., Rogge, R., & Campbell, L. (2021). But what's your partner up to? Couples who report similar solitary pornography use and shared pornography use report higher sexual and relationship satisfaction. *Frontiers in Psychology.* ✿
17. **Balzarini, R. N.,** & Muise, A. (2020). Beyond the dyad: A review of the novel insights gained from studying consensual non-monogamy. *Current Sexual Health Reports, 12,* 398–404.
16. **Balzarini, R. N.,** Shumlich, E., Kohut, T., & Campbell, L. (2020). Sexual attitudes, opinions, and sociosexual orientation differ based on relationship orientation. *Journal of Sex Research, 57,* 458–469. ✿
15. Dobson, K., Zhu, J., **Balzarini, R. N.**, & Campbell, L. (2020). Responses to sexual advances and satisfaction in romantic relationships: Is yes good and no bad? *Social Psychological and Personality Science, 11,* 801–811. ✿
14. Kohut, T., **Balzarini, R. N.,** Grubbs, J., Fisher, B. A., Campbell, L., & Prause, N. (2020). Surveying pornography use: A shaky science resting on poor measurement foundations. *The Journal of Sex Research, 57,* 722–742. ✿
13. Charlot, N., **Balzarini, R. N.,** & Campbell, L. (2020). The influence of romantic rejection on changes in ideal standards, ideal flexibility, and self-perceived mate value. *Social Psychology, 51*, 116–126. ✿
12. **Balzarini, R. N.,** Dharma, C., Muise, A., & Kohut, T. (2019). Eroticism versus nurturance: How eroticism and nurturance differ in polyamorous and monogamous relationships. *Social Psychology, 50,* 185–200. ✿

11. **Balzarini, R. N.,** Dharma, C., Kohut, T., Campbell, L., Lehmiller, J. J., Harman, J. J., & Holmes, B. M. (2019). Comparing relationship quality across different types of romantic partners in polyamorous and monogamous relationships. *Archives of Sexual Behavior, 48,* 1749–1767. ✿
10. **Balzarini, R. N.,** Dharma, C., Kohut, T., Campbell, L., Holmes, B. M., Lehmiller, J. J., & Harman, J. J. (2019). Demographic comparison of American individuals in polyamorous and monogamous relationships. *Journal of Sex Research, 56,* 681–694. ✿
9. **Balzarini, R. N.,** Shumlich, E., Kohut, T., & Campbell, L. (2018). Dimming the "halo" around monogamy: Re-assessing stigma surrounding consensually non-monogamous romantic relationships as a function of personal relationships. *Frontiers in Psychology.* ✿
8. Kohut, T., **Balzarini, R. N.,** Fisher, B. A., & Campbell, L. (2018). Pornography's associations with open sexual communication and intimacy vary as a function of dyadic patterns of pornography use within heterosexual relationships. *Journal of Personal and Social Relationships, 35*, 655–676. ✿
7. Campbell, L., **Balzarini, R. N.,** Kohut, T., Dobson, K., Hahn, C., Moroz, S., & Stanton, S. (2018). Self-esteem, relationship threat, and dependency regulation: Independent replication of Murray, Rose, Bellavia, Holmes, and Kusche (2002) Study 3. *Journal of Research in Personality, 72,* 5–9. ✿
6. **Balzarini, R. N.,** Campbell, L., Kohut, T., Holmes, B. M., Lehmiller, J. J., Harman, J. J., & Atkins, N. (2017). Perceptions of primary and secondary relationships in polyamory. *PLoS ONE*, *12*, 1–20. ✿
5. **Balzarini, R. N.,** Dobson, K., Chin, K., & Campbell, L. (2017). Does exposure to erotica reduce attraction and love for romantic partners in men: Independent replications of Kenrick, Gutierres & Goldberg (1989) Study 2. *Journal of Experimental and Social Psychology*, *70*, 191–197. ✿
4. Selterman, D. F., Mashek, D. J., **Balzarini, R. N.**, & Holmes, B. M. (2014). Teaching about consensual non-monogamy in relationship science and sexuality courses. In the official news report for the *Journal of the International Association for Relationship Research.*
3. Smith, H. J., Goode, C., **Balzarini, R. N.**, Ryan, D., & Georges, M. (2014). The cost of forgiveness: Observers prefer victims who leave unfaithful romantic partners. *European Journal of Social Psychology, 44*, 758–773.
2. Goode, C., **Balzarini, R. N.**, & Smith, H. J. (2014). Positive peer pressure: Priming member prototypicality can decrease undergraduate drinking? *Journal of Applied Social Psychology, 44*, 567–578.
1. McKee, S., Smith, H. J., Koch, A., **Balzarini, R. N.**, Georges, M., & Callahan, M. P. (2013). Looking up and seeing green: Women's everyday experiences with physical appearance comparisons. *Psychology of Women Quarterly, 37*, 351–365.

**Articles Under Review**

10. Reynolds, B., **Balzarini, R. N.,** Rogers, M., Zoppolat, Z., & Slatcher, R. B. (provisional acceptance). Title. Sexual desire in the face of unmet sexual ideals: The role of perceived partner responsiveness. *Archives of Sexual Behavior* [Open Science Framework link: ✿ ]

9. **Balzarini, R. N.,** Dobson, K., Kohut, T., & Lehmiller, J. J. (revision requested). The role of relationship acceptance and romantic secrecy on commitment processes and sexual frequency. *Archives of Sexual Behavior.* ✿
8. Urganci, B., **Balzarini, R. N.**, Zoppolat, G., Slatcher, R.B., & Ong, A.D. (revision submitted). Examining the role of perceived partner responsiveness on the links between housework and well-being during COVID-19. *Journal of Social and Personal Relationships.* ✿
7. **Balzarini, R. N.**, Lehmiller, J., Gesselman, A., Prine, M., Mendelson, E., & Piercy, S. (under review). How Ozempic is changing dating: GLP-1 weight-loss medications are reshaping body confidence, desire, and stigma. *Journal of Sex Research*.
6. Zoppolat, G., Alonso-Ferres, M., Righetti, F., **Balzarini, R. N.**, & Slatcher. R. B. (under review). Shifting signals: Fluctuations in perceived partner responsiveness predict ambivalence in romantic relationships. *Journal of Social and Personality Psychology.* ✿
5. Lahouti, P., **Balzarini, R. N.,** Rodrigues, D., Zoppolat, Z., & Slatcher, R. B. (revision submitted). Too stressed for sex: Examining the role of COVID-related stress on sexual quality and potential mediators and moderators. *Archives of Sexual Behavior.* ✿
4. Chi, P., **Balzarini, R. N.,** Zoppolat, G., & Slatcher, R. B. (revision submitted). Trajectories of parent-child relationship quality during the COVID-19 pandemic: A family resilience perspective. *Journal of Family Psychology.*
3. Kohut, T., Camilleri, M., **Balzarini, R. N.,** Ivanski, C., Campbell, L., Fisher, W., & Milhausen, R. (under review). Novel sexual behavior and relationship quality in long-term mixed-sex couples. *Journal of Sex Research.* ✿
2. Black, R., Mogilski, J., **Balzarini, R. N.,** Weiser, D., Larva, M., & Ciaffoni, S. (under review). Beyond secrecy: Understanding infidelity in consensually non-monogamous relationships. *Journal of Sex Research.*
1. Himes, T. M., **Balzarini, R. N.**, & Agnew, C. (under review). Co-regulation of stress among romantically involved couples in virtual reality. *Computers in Human Behavior.* ✿

**Articles in Preparation**

6. **Balzarini, R. N.,** Gesselman, A., Lehmiller, J., & Garcia, J. (in prep). Desire without opportunity: Understanding low sexual activity among young adults.
5. **Balzarini, R. N.,** Jonason, P. K., Campbell, L., & Aron, A. (in prep). Are we in a relationship? A prototype analysis of what it means to be in a romantic relationship. [Open Science Framework link: ✿ ]
4. **Balzarini, R. N.,** Kohut, T., Himes, T., Lehmiller, J,. & Moors, A. (in prep). Thematic analysis of jealousy in multi-partnered relationships. ✿
3. Himes, T. M., **Balzarini, R. N.**, Rodrigues, D., Zoppolat, G., & Slatcher, R. B. (in prep). Comparing monogamous and polyamorous sexual and relationship quality during the COVID-19 pandemic. ✿
2. Dobson, K., **Balzarini, R. N.,** Campbell, L., & Impett, E. (in prep). Sources of information and comparison regarding sexual pleasure. ✿
1. Slatcher, R. B., Leckfor, C. M., Bierstetel, S. J., **Balzarini, R. N.,** & Zoppolat, G. (in prep). 'Zoom fatigue' in the time of COVID. ✿

**Book Chapters**

3. **Balzarini, R. N.**, Blair, K. L., & Walter, M. (2025). What is a marriage? The rise of more diverse unions. In A. Moyer & M. Hojjat (Eds.), *Modern relationships: The evolution of romance, friendship, and family*. Oxford, UK: Oxford University Press.
2. Mogilski, J. K., Rodrigues, D. L., Lehmiller, J. J., & **Balzarini, R. N.** (2023). Maintaining multi-partner relationships: Evolution, sexual ethics, and consensual non-monogamy. In J. K. Mogilski & T. K. Shackelford (Eds.), *The Oxford handbook of evolutionary psychology and romantic relationships*. Oxford, UK: Oxford University Press.
1. Jonason, P. K., & **Balzarini, R. N.** (2016). Unweaving the rainbow of human sexuality: A review of one-night stands, serious romantic relationships, and the relationship space in between. In K. Aumer (Ed.), *The Psychology of Love and Hate in Intimate Relationships* (pp. 13-28). New York, NY: Springer International Publishing.

**Non-Peer Reviewed Publications**

8. **Balzarini, R. N.** (accepted). Best of both worlds: How polyamorous relationships promote greater need fulfillment. *Greater Good Magazine*
7. Zoppolat, G., **Balzarini, R. N.**, & Slatcher, R. B. (2022). Love in the time of COVID: The "end" of an era. *Love in the Time of COVID.*
6. Zoppolat, G., **Balzarini, R. N.**, & Slatcher, R. B. (2021). Excited and nervous: Mixed feelings as the pandemic evolves. *Love in the Time of COVID.*
5. Zoppolat, G., **Balzarini, R. N.**, & Slatcher, R. B. (2020). Love in the Time of COVID project – a 9-month update. *Love in the Time of COVID.*
4. Zoppolat, G., **Balzarini, R. N.**, & Slatcher, R. B. (2020). Are extroverts really suffering more than introverts? *Love in the Time of COVID.*
3. Zoppolat, G., **Balzarini, R. N.**, & Slatcher, R. B. (2020). How socially connected are people feeling? *Love in the Time of COVID.*
2. Slatcher, R. B., **Balzarini, R. N.**, & Zoppolat, G. (2020). Love in the time of COVID. *Relationship Research News, 19*, 1-3.
1. **Balzarini, R. N.** (2019). People in polyamorous relationships diversify their need fulfillment across multiple partners*. PsyPost.*

## PRESENTATIONS

**Organized Conferences and Pre-conferences**

7. Lehmiller, J. J., Moors, A., **Balzarini, R. N.**, Mogilski, J., & Gormezano, A. (2025). The Society for Personality and Social Psychology (SPSP) preconference on Sexuality, "Rocky Mountain High: Sex, Drugs, and Science." Denver, CO.
6. Martinez, G., & **Balzarini, R. N.** (2024). TXST Undergraduate and Graduate Research Conference, "Exploring Diverse Perspectives in a Changing Society." San Marcos, TX.
5. Lehmiller, J. J., Moors, A., **Balzarini, R. N.**, & Mogilski, J. (2024). SPSP preconference on Sexuality, "The War on Sex." San Diego, CA.

4. Lehmiller, J. J., Moors, A., **Balzarini, R. N.**, & Mogilski, J. (2023). SPSP preconference on Sexuality, "Sex Down Under." Atlanta, GA.
3. Lehmiller, J. J., Moors, A., Gesselman, A., **Balzarini, R. N.**, & Mogilski, J. (2022). The SPSP preconference on Sexuality, "History of Sex, Sexuality Research, and Social Change." San Francisco, CA.
2. **Balzarini, R**. **N.**, Moors, A, IJzerman, H., & Klein, R. A., (2021). Technology and relationships conference. Annecy, France.
1. **Balzarini, R**. **N.**, Klein, R. A., IJzerman, H., Sarda, E., Kaufman, M. (2019). EASP technology and relationships conference and Facebook+AdopteUnMec hackathon. Annecy, France.

**Chaired Symposia**

14. **Balzarini, R. N.** (2025). A look at Motivations, Agreements, and Desire Among People who Engage in Infidelity, casual sex, and CNM. Symposium presented at the Society for the Scientific Study of Sexuality (SSSS) annual meeting in Philadelphia, PA.
13. Himes, T., & **Balzarini, R. N.** (2025). The Science of Online Camming Relationships: Exploring Commitment, Satisfaction, and Investment in Technologically Mediated Relationships. Symposium presented at the SSSS annual meeting in Philadelphia, PA.
12. Himes, T., & **Balzarini, R. N.** (2023). Navigating consensual non-monogamy: An evolving understanding of relationship dynamics and experience of stressors among people in consensually non-monogamous relationships. Symposium presented at the Society for the Scientific Study of Sexuality (SSSS) annual meeting in New Orleans, LA.
11. **Balzarini, R. N.,** & Rodrigues, D. (2022). A decade of research: What we know about porn, sex tech, and sex work. Special Interest Group Session presented at the SSSS annual meeting in British Columbia, Canada.
10. **Balzarini, R. N.,** & Garcia, J. (2021). Love in the time of COVID. Symposium presented at the SSSS annual meeting in Puerto Rico.
9. **Balzarini, R. N.,** & Rodrigues, D. (2021). The future of sex science: Future directions for research on porn, sex tech, and sex work. Special Interest Group Session presented at SSSS annual meeting in Puerto Rico.
8. **Balzarini, R. N.,** & Xu, M. (2021). Unweaving the rainbow of romantic and sexual relationships: The role of diversity in love, relationship stability, need fulfillment, and fantasies. Symposium presented at the International Association of Relationship Research (IARR) annual meeting (Virtual Conference).
7. **Balzarini, R. N.** (2019). Understanding relationships beyond monogamy: Predicting interest, pleasure, and satisfaction in casual encounters and consensual non-monogamy. Symposium presented at the Society for the Scientific Study of Sexuality (SSSS) annual meeting in Denver, CO.
6. **Balzarini, R. N.** (2019). Tech and relationships: How technology can facilitate and hinder connection among couples. Symposium presented at the Annecy Tech and Relationships annual meeting in Annecy, FR.
5. **Balzarini, R. N.** (2019). Singles, motivation, and sexual experiences. Symposium presented at the IARR annual meeting in Ottawa, ON.

4. **Balzarini, R. N.** & Muise, A. (2018). Are we on the same page? The consequences of sexual (mis)perceptions and discrepancies in relationships. Symposium presented at the SSSS annual meeting in Montreal, QC.
3. **Balzarini, R. N.** (2018). New developments in research on consensual non-monogamy: Assessing need fulfillment, commitment processes, personality predictors, and stigma. Symposium presented at the SSSS annual meeting in Montreal, QC.
2. Jonason, P. & **Balzarini, R. N.** (2017). Answering the unasked questions in relationship research. Symposium presented at the Society for Personality and Social Psychology (SPSP) annual meeting in San Antonio, TX.
1. **Balzarini, R. N.** (2016). Moving beyond the dyad: Relationship processes in polyamory. Symposium presented at the SSSS annual meeting in Phoenix, AZ.

**Oral Presentations to Scholarly Audiences**

89. Zoppolat, G., Alonso-Ferres, M., Righetti, F., **Balzarini, R. N.**, Expósito, F., Slatcher, R. (2026). Shifting Signals: Fluctuations in perceived partner responsiveness predicts ambivalence in romantic relationships. Talk presented at the International Association of Relationship Research (IARR) conference, Glasgow, U.K.
88. Ciaffoni, S., Panerati, S., Policardo, G. R., Black, R., **Balzarini, R. N.**, Weiser, D. A., Larva, M., Grunt-Mejer, K., Rodrigues, D. L., Valentova, J. V., & Mogilski, J. (2026). Love the way you lie: A latent class approach to defining and experiencing infidelity. Data Blitz presented at the European Association of Social Psychology General Meeting, Strasbourg, France.
87. **Balzarini, R. N.**, Himes, T., Swanson, S., & Agnew, C. (2025). Beyond the transaction: satisfaction, intimacy, and investment in online camming relationships. Talk presented at the Society for the Scientific Study of Sexuality (SSSS) annual meeting in Philadelphia, PA.
86. Lahouti-Fard, P., **Balzarini, R. N.**, Zoppolat, G., Slatcher, R., & Rodrigues, D. (2025, November). Too stressed for sex: Understanding how stress impacts sexual quality through depression and partner responsiveness. Talk presented at the SSSS annual meeting in Philadelphia, PA.
85. Black, R., **Balzarini, R. N…**. Rodrigues, D. (2025). Defining infidelity: A global comparison of monogamous and consensually non-monogamous relationships. Talk presented at the SSSS annual meeting in Philadelphia, PA.
84. Piercy, S., Trejo, C., **Balzarini, R. N.**, Reynolds, B., Himes, T., Swanson, S., & Agnew, C. (2025). Reframing camming: How defining interactions between cam models and viewers as relationships impacts commitment, sexual ideals, and sexual quality. Talk presented at the SSSS annual meeting in Philadelphia, PA.
83. Himes, T., **Balzarini, R. N.**, Reynolds, B., Swanson, S. & Agnew, C. (2025). Fulfilling fantasies? How sexual ideals shape desire and satisfaction in camming relationships. Talk presented at the SSSS annual meeting in Philadelphia, PA.
82. Reynolds, B. T., **Balzarini, R. N.**, Himes, T., Swanson, F., Agnew, C. (2025). Desirability and devotion: How perceived mate value, reports of attraction, and sexual desire shape investment in camming. Talk presented at the SSSS annual meeting in Philadelphia, PA.

81. Mogilski, J. K., Swanson, F., **Balzarini, R. N.**, & Himes, T. (2025). Mate value discrepancy and mate retention among people in monogamous and consensually non-monogamous relationships. Talk presented at the Human Behavior and Evolution Society Conference, Atlantic City, NJ.
80. Mogilski, J. K., Swanson, F., **Balzarini, R. N.**, & Himes, T. (2025). Mate value discrepancy and mate retention among people in monogamous and consensually non-monogamous relationships. Talk presented at Northeastern Evolutionary Psychology Society Conference, Atlantic City, NJ.
79. Reynolds, B., **Balzarini, R. N.**, Himes, T., Rogers, M., Zoppolat, G., & Slatcher, R. B. (2025). The effects of unmet sexual ideals on sexual desire and the possible buffering effects of sexual communication and responsiveness. Data Blitz presented at the annual conference of the Society for Personality and Social Psychology, Sexuality pre-conference in Denver, CO.
78. Hildebrandt, M., **Balzarini, R. N.,** Kohut, T., & Himes, T. (2025). Do partners who use porn together stay together? Examining the link between porn use and commitment processes. Data Blitz presented at the annual conference for SPSP, Sexuality pre-conference, Denver, CO.
77. Black, R., Mogilski, J., **Balzarini, R. N.,** Weiser, D., Larva, M., & Ciaffoni, S. (2025). Beyond secrecy: Understanding infidelity in consensually non-monogamous relationships. Data Blitz presented at the annual conference for SPSP, Sexuality pre-conference, Denver, CO.
76. Brooks, T. R., **Balzarini, R. N.**, Erickson, W. B., Hinojosa, V., Jones, A., Macchione, A., Maxwell, N., Reysen, S., Rivers, A. S., Shelton, J., & Stocks, E. (2025). Lonestar nationalism: Texan Identity and claustropolitanism predict Texit support. Talk presented at the annual conference for the Southwestern Psychological Association, Little Rock, AR.
75. **Balzarini, R. N.** (2024). For better or worse: Maintaining intimacy in a less-than-ideal world. Plenary talk presented at the SSSS annual meeting in San Diego, CA.
74. **Balzarini, R. N.,** Kohut, T., Himes, T., Lehmiller, J., Moors, A., & Harman, J. (2024). Measuring the green-eyed monster: Can jealousy be adequately measured in consensually non-monogamous relationships with traditional assessments? Talk presented at the SSSS meeting in San Diego, CA.
73. Himes, T., **Balzarini, R. N.,** & Agnew, C. (2024). Virtual co-regulation: Examining the effects of stress in VR on romantic partners' sexual desire. Talk presented at the SSSS meeting in San Diego, CA.
72. Leckfor, C. M., Bierstetel, S. J., **Balzarini, R. N.,** Zoppolat, G., & Slatcher, R. B. (2024). Two is company, three (or more) is a crowd: Interpersonal closeness is diminished in group conversations, especially for video chats. Talk presented at the Southeastern Society of Social Psychologists annual meeting, Memphis, TN.
71. Muise, A., **Balzarini, R. N.,** & Sharma, A. (2024). "Virtually" connected: Are there benefits of engaging in novel, exciting activities with a partner in virtual reality? Talk presented at the International Association of Relationship Research (IARR) annual meeting in Boston, MA.
70. Himes, T. M., **Balzarini, R. N.,** & Agnew, C. (2024). Co-regulation of stress among romantically involved couples in virtual reality. Talk presented at the IARR annual meeting in Boston, MA.

69. Cloonan, S., Brand, D. R., Leckfor, C., Zoppolat, G., **Balzarini, R. N.,** & Slatcher, R. B. (2024). Associations between communal strength, motivation, and well-being during the COVID-19 pandemic. Talk presented at the IARR annual meeting in Boston, MA.
68. Zoppolat, G., Righetti, F., Duric, M**.**, **Balzarini, R. N.**, & Slatcher, R. B. (2024). The good and bad of ambivalence in romantic relationships. Talk presented at the IARR annual meeting in Boston, MA.
67. **Balzarini, R. N.** (2024). The grass is greener where you nurture it: Fueling fulfillment in romantic relationships. Talk presented at the Psychology Colloquium at UT Dallas University, Richardson, TX.
66. **Balzarini, R. N.**, Leckfor, C., Zoppolat, G., Holyoke, D., & Slatcher, R. B. (2024). Making the most of your time together: The role of self-expansion in promoting sexual and relationship quality through reduced relational boredom. Talk presented at the Society for Personality and Social Psychology (SPSP) annual meeting in San Diego, CA.
65. Uppot, A., Raposo, S., Rosen, N. O., Corsini-Munt, S., **Balzarini, R. N.**, & Muise, A. (2024). Sexual responsiveness: The role of sexual growth and destiny beliefs. Talk presented at the 49th Society for Sex Therapy and Research annual meeting in Toronto, ON.
64. Uppot, A., Raposo, S., Rosen, N. O., Corsini-Munt, S., **Balzarini, R. N.**, & Muise, A. (2024). Sexual responsiveness: The role of sexual growth and destiny beliefs. Data blitz presented at the SPSP Close Relationships Preconference in San Diego, CA.
63. **Balzarini, R. N.** (2024). The grass is greener where you nurture it: Feeding fulfillment in romantic relationships. Talk presented at the Psychology Colloquium at Texas Tech University, Lubbock, TX.
62. **Balzarini, R. N.,** Dobson, K., Kohut, T., & Lehmiller, J. (2023). The consequences of breaking free from the monogamy matrix: The role of secrecy and stigma in polyamorous relationships. Talk presented at the SSSS annual meeting in New Orleans, LA.
61. Himes, T., **Balzarini, R. N.,** Rodrigues, D., Zoppolat, G., & Slatcher, R. B. (2023). COVID-19 and intimate relationships: Comparing the impact on monogamous and consensually non-monogamous relationships. Talk presented at the SSSS annual meeting in New Orleans, LA.
60. Rodrigues, D., **Balzarini, R. N.,** Moors, A., Brooks, T., & Lopes, D. (2023). The strains of internalized negativity for the sexual and relational experiences of non-monogamous people. Talk presented at the SSSS annual meeting in New Orleans, LA.
59. **Balzarini, R. N.** (2023). Technologically mediated sexual novelty: Does the introduction of novel sexual behaviors increase passion and intimacy in long-term heterosexual couples? Talk presented at the International Association of Sex Research annual meeting in Montreal, Quebec.
58. **Balzarini, R. N.** (2023). Love without limits: Exploring the myths and realities of consensual non-monogamy. Invited talk presented at the Kinsey Institute, Indiana University.
57. Slatcher, R. B., Zoppolat, G., & **Balzarini, R. N**. (2023). Social relationships in the time of COVID. Talk presented at the SPSP annual meeting in Atlanta, GA.
56. **Balzarini, R. N**., Leckfor, C., Holyoke, D., Zoppolat, G., Tracy, M., & Slatcher, R. B. (2023). Broadening your horizons: How self-expansion buffers couples' boredom and promotes sexual and relationship quality? Talk presented at the Sexuality Preconference at the SPSP annual meeting in Atlanta, GA.

55. Himes, T., **Balzarini, R. N.,** Rodrigues, D., Zoppolat, G., & Slatcher, R. B. (2023). Comparing monogamous and polyamorous sexual and relationship quality during the COVID-19 pandemic. Data Blitz presented at the Sexuality Preconference at the SPSP annual meeting in Atlanta, GA.
54. Uppot, A., Raposo, S., Rosen, N.O., Corsini-Munt, S., **Balzarini, R. N.**, Muise, A. (2022, Oct). *Sexual responsiveness: The role of sexual growth and destiny beliefs.* Poster presented at the 2022 Canadian Sex Research Forum, Waterloo, ON, Canada.
53. **Balzarini, R. N.** (2022). Love in the time of COVID: Perceived partner responsiveness buffers people from lower relationship quality associated with COVID-related stressors. Talk presented at the IARR annual meeting (Virtual Conference).
52. **Balzarini, R. N**., Leckfor, C., Holyoke, D., Zoppolat, G., Tracy, M., & Slatcher, R. B. (2022). Making the most of your time together: Can self-expansion help buffer couples' boredom and promote sexual and relationship quality? Talk presented at the SSSS annual meeting (Virtual Conference).
51. Tracy, M., Harris-Pierre, S., **Balzarini, R. N.**, & Greene-Rooks, J. (2022). Help-seeking attitudes, beliefs, and intentions in a consensually non-monogamous sample. Talk presented at the SSSS annual meeting (Virtual Conference).
50. **Balzarini, R. N.** (2022). Maintaining sexual quality amidst stress, sexual differences, and stagnation. Talk presented at the Sexuality Preconference at the Society for Personality and Social Psychology (SPSP) annual meeting in San Francisco, CA.
49. Holyoke, D., Leckfor, C., Zoppolat, G., Slatcher, R. B., & **Balzarini, R. N**. (2022). Trapped inside: The detriments of relationship boredom on sexual and relationship quality and the moderating effect of attachment during the COVID-19 pandemic. Talk presented at the Sexuality Preconference at the SPSP annual meeting in San Francisco, CA.
48. **Balzarini, R. N**. (2021). Downstream effects of stress and stigma among sexual minorities. Discussant at the Association of Behavioral and Cognitive Therapies (ABCT) annual meeting (Virtual Conference).
47. **Balzarini, R. N**., Lehmiller, J. J., Gesselman, A., Garcia, J. R., & Mark, K. (2021). Condomless during COVID: Examining decreased condom use during the pandemic. Talk presented at the SSSS annual meeting in Puerto Rico.
46. **Balzarini, R. N**., Lehmiller, J. J., McDonald, J. N., Kohut, T., Holmes, B. M., & Harman, J. J. (2021). Compersion: When jealousy-inducing situations don't (just) induce jealousy. Talk presented at the SSSS annual meeting in Puerto Rico.
45. Rodrigues, D., **Balzarini, R. N.,** Zoppolat, G., & Slatcher, R. B. (2021). The impact of individual motives for security on sexual behaviors during COVID-19. Talk presented at the SSSS annual meeting in Puerto Rico.
44. Rivas-Koehl, M., Rivas-Koehl, D., Merrin, G. J., **Balzarini, R. N.,** Zoppolat, G., & Slatcher, R. B. (2021). The role of perceived partner responsiveness in couples' sex lives during the COVID-19 pandemic. Talk presented at the SSSS annual meeting in Puerto Rico.
43. **Balzarini, R. N**., Muise, A., Dharma, C., & Kohut, T. (2021). Maintaining eroticism and nurturance in romantic relationships. Talk presented at the IARR annual meeting (Virtual Conference).
42. **Balzarini, R. N.** (2021). Sexual desire in the time of COVID-19: How COVID-related stressors shape sexual desire. Invited talk for the International Academy of Sex Research (IASR) webinar series (Virtual Conference).

41. **Balzarini, R. N.** (2021). Invited keynote talk presented at the Sexuality Preconference at the SPSP annual meeting (Virtual Conference).
40. **Balzarini, R. N.,** Muise, A., Zoppolat, G., Di Bartolomeo, A., & Slatcher, R. B. (2021). Perceived partner responsiveness buffers people from lower relationship quality associated with COVID-related stressors. Talk presented at the SPSP annual meeting (Virtual Conference).
39. **Balzarini, R. N.,** & Mogilski, J. (2021). Moving beyond the dyad: Discussing the current and future directions for CNM research. Talk presented at the Sexuality Preconference at the SPSP annual meeting (Virtual Conference).
38. Garcia, J., **Balzarini, R. N.,** Mark, K., Gesselman, A., & Lehmiller, J. (2021). Loneliness during the COVID-19 Pandemic: Impact of intimate touch, stress, and satisfaction. Talk presented at the SPSP annual meeting (Virtual Conference).
37. Rodrigues, D., **Balzarini, R. N.,** Zoppolat, G., & Slatcher, R. B. (2021). Regulatory focus and sexual behaviors during the COVID-19 pandemic. Talk presented at the SPSP annual meeting (Virtual Conference).
36. Leckfor, C. M., Bierstetel, S. J., **Balzarini, R. N.,** Zoppolat, G., & Slatcher, R. B. (2021). Feeling gloom after Zoom: The psychological effects of video chat vs. face-to-face interactions. Data blitz presented at the Psychology of Media and Technology Preconference at the SPSP annual meeting (Virtual Conference).
35. Urganci, B., Zoppolat, G., Balzarini, R.N., Slatcher, R.B., & Ong, A.D. (2021). Examining the Role of Perceived Partner Responsiveness on the Links between Housework and Well-being during COVID-19 Pandemic. Flash talk presented at the Association for Psychological Science (Virtual Conference).
34. Ravindran., N., Merrin, G. J., Javari, F., Phelps, B., Zoppolat, G., **Balzarini, R. N.,** & Slatcher, R. B. (2021). Longitudinal within-person associations between COVID-19-related stressors, parents' emotions, and parent-child interactions. Talk presented at the Society for Affective Science annual meeting (Virtual Conference).
33. **Balzarini, R. N.,** & Muise, A. (2020). Maintaining eroticism and nurturance in romantic relationships: How need fulfillment differs among people in monogamous and polyamorous relationships. Talk presented at the IARR annual meeting in London, UK.
32. Mogilski, J. K., Rodrigues, D. L., Lehmiller, J. J., & **Balzarini, R. N.** (2021). Evolution, multi-partner mating, and sexual ethics: A framework for differentiating infidelity from consensual non-monogamy. Talk presented at the Northeastern Evolutionary Psychology Society (Virtual Conference).
31. Mogilski, J. K., Rodrigues, D. L., Lehmiller, J. J., & **Balzarini, R. N.** (2021). Evolution, multi-partner mating, and sexual ethics: A framework for differentiating infidelity from consensual non-monogamy. Talk presented at the Human Behavior and Evolution Society (Virtual Conference).
30. Muise, A., **Balzarini, R. N.**, Dobson, K., Kohut, T., Raposo, S., & Campbell, L. (2020-postponed until 2021). Perceptions of mismatched sexual ideals and the buffering effect of sexual communal strength. Talk presented at the IARR annual meeting in London, UK.
29. **Balzarini, R. N.,** Mark, K., Muise, A., Zoppolat, G., & Slatcher, R. B. (2020). Sex in the time of COVID: How situational and interpersonal factors shape sexual desire. Talk presented virtually at the SSSS annual meeting (Virtual Conference).
28. **Balzarini, R. N.,** Muise, A., Dobson, K., Kohut, T., Raposo, S., & Campbell, L. (2020). Experimental evidence for the dilemma of unmet sexual ideals and the buffering effect of sexual communal strength. Talk presented at the SPSP annual meeting in New Orleans, LA.

27. Dobson, K., **Balzarini, R. N.**, Impett, E., & Campbell, L. (2020). Keeping up with the Joneses: Social comparisons in the domain of sexuality. Data blitz presented at the SPSP annual meeting in New Orleans, LA.
26. **Balzarini, R. N.,** Muise, A., Dharma, C., & Kohut, T. (2019). The role of eroticism and nurturance in polyamorous and monogamous relationships. Talk presented at the SSSS annual meeting in Denver, CO.
25. **Balzarini, R. N.,** Dobson, K., Kohut, T., & Lehmiller, J. (2019). Commitment, secrecy, and sex in stigmatized relationships. Talk presented at the SSSS annual meeting, Denver, CO.
24. **Balzarini, R. N.,** Kohut, T., Camilleri, M., Ivanski, C., Campbell, L., Fisher, W., & Milhausen, R. (2019). Technologically mediated sexual novelty: The introduction of novel sexual behaviors increases passion among long-term heterosexual couples. Talk presented at the SSSS annual meeting in Denver, CO.
23. **Balzarini, R. N.**, Muise, A., Dharma, C., & Kohut, T. (2019). Diversifying need fulfillment across partners in polyamorous relationships. Data blitz presented at the Canadian Sex Research Forum (CRSF) annual meeting in Victoria, BC.
22. **Balzarini, R. N.,** Kohut, T., Camilleri, M., Ivanski, C., Campbell, L., Fisher, W., & Milhausen, R. (2019). Reigniting the sexual spark using sexual technology. Talk presented at the Annecy Tech and Relationship annual meeting in Annecy, FR.
21. **Balzarini, R. N.,** Muise, A., Dobson, K., Kohut, T., & Campbell, L. (2019). The dilemma of unmet sexual ideals and buffering effect of sexual communal strength. Talk presented at the IARR annual meeting in Ottawa, ON.
20. **Balzarini, R. N.,** Muise, A., Dobson, K., Kohut, T., & Campbell, L. (2019). Not on the same page: Unmet sexual ideals and the buffering effects of sexual communal strength. Data blitz presented at the SPSP annual meeting in Portland, OR.
19. **Balzarini, R. N.,** Dobson, K., Kohut, T., Muise, A., & Campbell, L. (2018). Are we on the same page? The dilemma of unmet sexual ideals and the buffering effect of sexual responsiveness. Talk presented at the SSSS annual meeting in Montreal, QC.
18. **Balzarini, R. N.,** Dobson, K., Kohut, T, & Lehmiller, J. J. (2018). Stigma, sex, and commitment: The role of relationship acceptance and secrecy on commitment processes and time spent on sex in monogamous and polyamorous relationships. Talk presented at the SSSS annual meeting in Montreal, QC.
17. Kohut, T., **Balzarini, R. N.,** Shaw, A., Russel, M., Dobson, K., Fisher, W., Rogge, R., & Campbell, L. (2018). When is pornography use most and least problematic for relationships? The role of partner concordance/discordance in pornography use. Talk presented at the SSSS annual meeting in Montreal, QC.
16. **Balzarini, R. N.,** Dobson, K., Kohut, T., Muise, A., & Campbell, L. (2018). Not up to standards: The detriments of discrepant sexual ideals and the mediating role of sexual responsiveness. Talk presented at the CRSF annual meeting in Toronto, ON.
15. Kohut, T., Camilleri, M., **Balzarini, R. N.,** Campbell, L., Fisher, W., & Milhausen, R. (2018). Sexual behavior and relationship quality: The introduction of sexual novelty increases passion in long-term heterosexual couples. Talk presented at the CRSF annual meeting in Toronto, ON.
14. **Balzarini, R. N.,** Dobson, K., Kohut, T., Lehmiller, J. J., & Campbell, L. (2018). The role of relationship acceptance and secrecy on commitment processes and time spent on sex in monogamous and polyamorous relationships. Talk presented at the IASR annual meeting in Madrid, Spain.

13. **Balzarini, R. N.,** Dobson, K., Kohut, T., Muise, A., & Campbell, L. (2018). The dilemma of discrepant sexual ideals and the buffering effect of sexual responsiveness. Talk presented at the IARR annual meeting in Fort Collins, CO.
12. Charlot, N., **Balzarini, R. N.,** & Campbell, L. (2018). Self-perceived mate value as a moderator of the relation between rejection and ideal standards and flexibility. Talk presented at the IARR annual meeting in Fort Collins, CO.
11. **Balzarini, R. N.,** Dobson, K., Kohut, T., Campbell, L., & Lehmiller, J. J. (2018). Understanding stigma, commitment, and sex in polyamorous relationships: Findings from three journal articles. Talk presented at the Guelph Sexuality Conference annual meeting in Guelph, ON.
10. Dobson, K., **Balzarini, R. N.,** & Campbell, L. (2018). Social comparisons regarding sexual pleasure and their effects on romantic relationships. Research brief presented at the Guelph Sexuality Conference annual meeting in Guelph, ON.
9. **Balzarini, R. N.,** Medd, S., Dobson, K., Kohut, T., Muise, A., & Campbell, L. (2017). The dilemma of discrepant desires. Talk presented at the Guelph Sexuality Conference annual meeting in Guelph, ON.
8. **Balzarini, R. N.,** Jonason, P., Aron, A., & Campbell, L. (2017). Are we in a romantic relationship? A prototype analysis of what it means to be in a romantic relationship. Talk presented at SPSP annual meeting in San Antonio, TX.
7. **Balzarini, R. N.,** Dobson, K., Chin, K., & Campbell, L. (2016). The Playboy effect. Talk presented at the SSSS annual meeting in Phoenix, AZ.
6. **Balzarini, R. N.,** Campbell, L., Holmes, B. M., Lehmiller, J. J., Harman, J. J., & Kohut, T. (2016). Investment and commitment processes in polyamory. Talk presented at the SSSS annual meeting in Phoenix, AZ.
5. Holmes, B. M., **Balzarini, R. N.,** Lehmiller, J. J., Harman, J. J., & Kohut, T. (2016). The unique demographic qualities of polyamory. Talk presented at the SSSS annual meeting in Phoenix, AZ.
4. Kohut, T., **Balzarini, R. N.,** Holmes, B. M., Harman, J. J, & Lehmiller, J. J. (2016). Can jealousy be adequately measured in polyamorous relationships with traditional closed-ended assessments? Talk presented at the SSSS annual meeting in Phoenix, AZ.
3. **Balzarini, R. N.,** Campbell, L., Holmes, B. M., Lehmiller, J. J., Harman, J. J., & Atkins, N. (2016). Perceptions of romantic partners in polyamorous relationships. Talk presented at the IARR annual meeting in Toronto, ON.
2. Lehmiller, J. J., Harman, J. J., Holmes, B. M., **Balzarini, R. N.,** & Campbell, L. (2016). An investment model analysis of commitment in polyamorous relationships. Talk presented at the American Psychological Society (APS) annual meeting in Toronto, ON.
1. **Balzarini, R. N.,** Dobson, K., Chin, K., & Campbell, L. (2016). Independent replication of Kenrick, Gutierres, & Goldberg's (1989) Study 2. Talk presented at the Guelph Sexuality Conference in Guelph, ON.

**Poster Presentations to Scholarly Audiences**

36. Swanson, F. L., Himes, T. M., **Balzarini, R. N.**, & Mogilski, J. K. (2025). Mate Value Discrepancies and Conflict Among Partners in Consensually Non-Monogamous Relationships. Poster presented at the Human Behavior and Evolution Society Conference, Atlantic City, NJ.

35. Swanson, F. L., Himes, T. M., **Balzarini, R. N.**, & Mogilski, J. K. (2025). Mate Value Discrepancies and Conflict Among Partners in Consensually Non-Monogamous Relationships. Poster presented at the Northeastern Evolutionary Psychology Society Conference, Atlantic City, NJ.
34. Reynolds, B., **Balzarini, R. N.**, Himes, T., Rogers, M., Zoppolat, G., & Slatcher, R. B. (2025). The effects of unmet sexual ideals on sexual desire and the possible buffering effects of sexual communication and responsiveness. Poster presented at the annual conference for the Society for Personality and Social Psychology annual meeting in Denver, CO.
33. Swanson, F., **Balzarini, R. N.**, Mogilski, J., & Himes, T. (2025). Mate value discrepancies and conflict among partners in consensually non-monogamous relationships. Poster presented at the annual conference for the SPSP Sexuality pre-conference in Denver, CO.
32. Lahouti, P., **Balzarini, R. N.**, Rodrigues, D., Zoppolat, G., & Slatcher, R. B. (2025). Too stressed for sex: Understanding how stress impacts sexual quality through depression and partner responsiveness. Poster presented at the annual conference for the SPSP Sexuality pre-conference in Denver, CO.
31. Lahouti, P., **Balzarini, R. N.**, Rodrigues, D., Zoppolat, G., & Slatcher, R. B. (2025). Too stressed for sex: Understanding how stress impacts sexual quality through depression and partner responsiveness. Poster presented at the annual conference for the SPSP Close Relationship pre-conference in Denver, CO.
30. Sharma, A., **Balzarini, R. N.,** & Muise, A. (2024). "Virtually" connected: Are there benefits of engaging in novel, exciting activities with a partner in virtual reality? Poster presented at the Canadian Sex Research Forum Conference, Halifax, NS, Canada.
29. Hildebrandt, M., **Balzarini, R. N.,** Himes, T., & Kohut, T. (2024). Do partners who use porn together stay together? Examining the link between porn use and commitment processes. Poster presented at the International Association of Relationship Research (IARR) conference in Boston, MA.
28. Lahouti, P., **Balzarini, R. N.**, Rodrigues, D., Zoppolat, G., & Slatcher, R. B. (2024). Sex and stress: Examining how stress-induced depression shapes sexual satisfaction and the role of perceived partner responsiveness. Poster presented at the Sexuality Preconference for the Society for Personality and Social Psychology Conference (SPSP) annual meeting in San Diego, CA.
27. Nares, E., **Balzarini, R. N.**, & Kohut, T. (2024). Is sex positivity associated with attitudes toward circumcision? Poster presented at the Sexuality Preconference for the SPSP annual meeting in San Diego, CA.
26. Leckfor, C., Bierstetel, S., **Balzarini, R. N.**, Zoppolat, G., & Slatcher, R. B. (2024). Is more really merrier? Examining the effect of group size on interpersonal closeness in face-to-face and video chat interactions. Poster presented at the SPSP annual meeting in San Diego, CA.
25. Uppot, A., Raposo, S., Rosen, N.O., Corsini-Munt, S., **Balzarini, R. N.**, & Muise, A. (2024). Sexual responsiveness: The role of sexual growth and destiny beliefs. Poster presented at the SPSP annual meeting in San Diego, CA.
24. **Balzarini, R. N.,** Himes, T., Leckfor, C., Zoppolat, G., & Slatcher, R. B. (2023). Making the most of your time together: Examining the interactive effects of time spent with partner and self-expansion on relational boredom during COVID-19. Poster presented at the Health Scholar Showcase annual meeting at Texas State University, San Marcos, TX.

23. Nares, E., & **Balzarini, R. N.** (2023). Examining the role of sex positivity on people's attitudes, beliefs, and intentions towards male circumcision. Poster presented at the Sexuality Preconference for the SPSP annual meeting in Atlanta, GA.
22. Brand, D., Leckfor, C., **Balzarini, R. N.,** Zoppolat, G., & Slatcher, R. B. (2022). "What do we do now?" Examining the interactive effects of time spent with a partner and self-expansion on relational boredom during COVID-19. Poster presented at the SPSP annual meeting in San Francisco, CA.
21. Holyoke, D., Leckfor, C., Zoppolat, G., Slatcher, R. B., & **Balzarini, R. N.** (2022). Trapped inside: The detriments of relationship boredom on sexual and relationship quality and the moderating effect of attachment during the COVID-19 pandemic. Poster presented at the SPSP annual meeting in San Francisco, CA.
20. Uppot, A., Raposo, S., Rosen, N.O., Corsini-Munt, S., **Balzarini, R. N.**, & Muise, A. (2022). Sexual responsiveness: The role of sexual growth and destiny beliefs. Poster presented at the Canadian Sex Research Forum in Waterloo, ON, Canada.
19. Zoppolat, G., Righetti, F., **Balzarini, R. N.**, Alonso-Ferres, M., Urganci, B, Rodrigues, D. L… Slatcher, R. B. (2021). Relationship difficulties and "technoference" during the COVID-19 pandemic. Poster presented at the SPSP annual meeting (Virtual Conference).
18. Goss, S., Raposo, S., **Balzarini, R. N.** & Muise, A. (2021). Seeing your partner in a new light: How self-expansion in relationships is linked to higher sexual desire. Poster presented at the SPSP annual meeting (Virtual Conference).
17. Dobson, K., **Balzarini, R. N.,** Impett, E., & Campbell, L. (2020). Keeping up with the Joneses: Social comparisons in the domain of sexuality. Poster presentation at the SPSP annual meeting in New Orleans, LA.
16. **Balzarini, R. N.,** Muise, A., Dobson, K., Kohut, T., & Campbell, L. (2019). Detriments of unmet sexual ideals and the buffering effect of sexual communal strength. Poster presented at the SPSP annual meeting in Portland, OR.
15. Dobson, K., Zhu, J., **Balzarini, R. N.**, & Campbell, L. (2019). Responses to sexual advances and satisfaction in romantic relationships: Is yes good and no bad? Poster presented at the SPSP annual meeting in Portland, OR.
14. **Balzarini, R. N.,** Dobson, K., Kohut, T., Muise, A., & Campbell, L. (2018). Dealing with discrepant sexual ideals: The buffering effect of sexual responsiveness when coping with unmet sexual ideals. Poster presented at the SPSP annual meeting in Atlanta, GA.
13. **Balzarini, R. N.,** Dharma, C., Kohut, T., Campbell, L., Holmes, B. M., Lehmiller, J. J., & Harman, J. J. (2018). Demographic comparison of American individuals in polyamorous and monogamous relationships. Poster presented at the SPSP annual meeting in Atlanta, GA.
12. Dobson, K., Stanton, S., **Balzarini, R. N.,** Kohut, T., & Campbell, L. (2018). Tired of "us"? Accuracy and bias in couples' perceptions of relational boredom. Poster presented at the SPSP annual meeting in Atlanta, GA.
11. Kohut, T., **Balzarini, R. N.,** Fisher, W., & Campbell, L. (2017). Concordance in personal pornography is associated with better sexual communication and higher intimacy in heterosexual relationships. Poster presented at the SPSP annual meeting in San Antonio, TX.
10. **Balzarini, R. N.,** Dobson, K., Chin, K., & Campbell, L. (2016). Influence of popular erotica on judgements of romantic mates. Poster presented at the Western-Waterloo-Wilfrid Social Psychology Conference annual meeting in Waterloo, ON.

9. **Balzarini, R. N.,** Campbell, L., Holmes, B. M., Lehmiller, J. J., Harman, J. J., & Atkins, N. (2016). Understanding relationship acceptance and secrecy in polyamorous relationships. Poster presented at the SPSP annual meeting in San Diego, CA.
8. **Balzarini, R. N.,** Campbell, L., Holmes, B. M., Lehmiller, J. J., Harman, J. J., & Atkins, N. (2015). Polyamorous relationships: Understanding relationship processes and sexual behaviors with multiple partners. Poster presented at the IASR annual meeting in Toronto, ON.
7. **Balzarini, R. N.**, Michalowski, E. B., Holmes, B. M., Chelberg, M., & Aron, A. (2015). Memory biases related to the concept of being in a romantic relationship. Poster presented at the SPSP annual meeting in Long Beach, CA.
6. **Balzarini, R. N.**, Aron, A., & Chelberg, M. B. (2014). Examining definitions of "romantic relationship" with a prototype analysis. Poster presented at the SPSP annual meeting in Austin, TX.
5. Chelberg, M. B., **Balzarini, R. N.**, & Aron, A. (2013). Predicting successful romantic relationship initiation. Poster presentation at the SPSP annual meeting in New Orleans, LA.
4. Georges, M., Ryan, D., Fox, M., Topal, B., Snyder, A., Pasion-Caiani, T., **Balzarini, R. N.**, Goode, C., & Smith, H. J. (2012). Observers' reactions to infidelity: Victims who forgive damage the in-group's reputation. Poster presented at the Western Psychological Association (WPA) annual meeting in Burlingame, CA.
3. Koch, A., **Balzarini, R. N.**, Georges, M., McKee, S., & Smith, H. J. (2011). Antecedents and consequences of women's physical appearance comparisons. Poster presented at the WPA annual meeting in Los Angeles, CA.
2. Weil, J., Grenier, G., **Balzarini, R. N.**, Villagomez, T., Bellagio, P., Patterson, R., & Smith, H. J. (2011). Feeling good but doing little: Value affirmation after witnessing injustice. Poster presented at the WPA annual meeting in Los Angeles, CA.
1. **Balzarini, R. N.**, Goode, C. R., Lorince, J., & Smith, H. J. (2010). When will social norms persuade group members to drink less alcohol? Poster presented at the American Psychological Association (APA) annual meeting in San Diego, CA.

**Docuseries**

1. Big Sex Talk (TV Series 2022). Season 1, episode 1, Mono-Poly. Noble Productions. *CBC*.

**Media Coverage of Research**

61. Dolan, E. (2026). Psychologists studied adult webcam interactions and found a surprising relationship dynamic. *PsyPost.*
60. Dolan, E. (2026). The psychology of jealousy: Study explores how perceived mate value is linked to relationship conflict. *Psypost.*
59. Bennett, O. (2025). I'm doubting my relationship—is it a bad sign? Not necessarily, according to research. *The Northern Forum.*
58. McMahon, K. (2024). Virtual reality: A new frontier for long-distance relationships. *Couples Therapy Inc.*
57. Hedrih, V. (2024). Ambivalence in love: Conflicted feelings towards one's partner might have a surprising upside. *PsyPost.*

56. Weaver, E. (2024). The psychology of why we get 'the ick.' *Time.*
55. Bernstein, E. (2024). Polyamory: Lots of sex, even more scheduling. *Wall Street Journal.*
54. Bidochka, B. (2024). le Shaw partners with Dr. Rhonda Balzerini to study the 'Investment Model' as it relates to Model-Member relationships on LiveJasmin. *leShaw*.
53. Stark, S. (2022). Study shows COVID-related stress reduces sexual desire in romantic relationships. *KXAN.*
52. Moreno, J. (2022). COVID-related stress affects people's sex lives, studies find. *KSAT.*
51. Blaschke, J. (2022). Study shows COVID-related stress major obstacle to sexual desire in romantic relationships. *Texas State Newsroom.*
50. Billings, D. (2022). Was the pandemic hard on your romantic relationship? *RelationshipHelp.com*
49. Ferguson, S. (2022). How to achieve compersion in romantic relationships. *PsychCentral.*
48. Mandriota, M. *(2022).* Sex, love, and all of the above: How to manage jealousy in an open relationship*. PsychCentral.*
47. Savin-Williams, R. (2022). Two or more lovers: More research on polygamous relationships is needed*. PsychologyToday.*
46. Ahmed, T. (2022). How to navigate polyamorous relationships. *Financial Review.*
45. Smith, J. (2022). Monogamy: What is a monogamous relationship? *Jupair.*
44. University of Michigan (2022). Study: Don't take your cohabitating partner for granted. *Mirage News*.
43. Brooks, K. (2022). The pandemic has totally changed our sex lives. *The Scary Mommy*.
42. Bernstein, E. (2021). Feeling too schlubby to have sex? It's not just you. *Wall Street Journal.*
41. Fugère, M. (2021). The relationship consequences of a partner's unmet sexual ideals. *Psychology Today.*
40. Ludden, D. (2021). When your romantic partner fails to meet your sexual ideal. *Psychology Today.*
39. Ludden, D. (2021). How couples achieve the opposite of jealousy. *Psychology Today.*
38. Ridley, D. (2021). Viatris welcomes 'healthy competition' for UK OTC erectile dysfunction top spot. *HBW Insight*.
37. Klein, J. (2021). How the pandemic has changed our sex lives. *BBC.*
36. Ludden, D. (2021). Is "compersion" the opposite of jealousy? *Psychology Today.*
35. Dolan, E. (2021). Romantic partners who watch pornography together report higher relationship quality, study finds. *PsyPost.*
34. Blaschke, J. (2021). Study shows responsive partner can bridge sexual disconnect in romantic relationships. *Texas State Newsroom.*
33. Yu, A. (2021). If you're dating, the pandemic may have sped up your relationship. So you make it or break it sooner. *Toronto Star.*
32. Ley, D. (2020). 3 ways to meet your partner's sexual ideals and why you should. *Psychology Today.*
31. Macleans. (2020). Love in the time of COVID. *Macleans Magazine.*
30. Lewandowski, G. (2020). Will the pandemic ruin your relationship? *Psychology Today*.
29. Fugère, M. (2020). This quality may help protect your relationship from COVID-19 stress. *Psychology Today.*

28. University of Georgia (2020). Researchers study COVID's effects on relationships. *Newswise.*
27. Wilkins, T. (2020). Researchers study COVID's effect on relationships. *UGA Today.*
26. Park, W. (2020). The people redefining faithfulness. *BBC*.
25. Way, K. (2020). No relationship could survive this demented 'insecurity test'. *VICE.*
24. Puiu, T. (2019). Polyamorous relationships may be more fulfilling than monogamous ones (for a time at least). *ZME Science.*
23. Montgomery, M. (2019). Polyamory-loving more than one at the same time- with permission. *Radio Canada International*.
22. Young, E. (2019). Polyamory offers a "unique opportunity" to enjoy prolonged passion and closeness in romantic relationships. *BPS Research Digest.*
21. Warren, M. (2019). The dissatisfaction of being sexually rejected by a partner lasts longer than the pleasure of having an advance accepted. *BPS Research Digest.*
20. Lehmiller, J. (2019). Who's into polyamory? A demographic comparison of polyamorists and monogamists. *Sex and Psychology*.
19. Hunter, S. (2018). Consensual non-monogamy: A year of sex research in review. *Psychology Today.*
18. Zane, Z. (2018). Who really practices polyamory? *Rolling Stone.*
17. Jenkins, C. (2018). Bringing both your lover's home for the holidays is 'beyond awkward.' *Global News.*
16. Zane, Z. (2018). Bisexual women are more likely to suffer from opioid misuse, study says. *Out.*
15. Waldman, G. (2018). Who is polyamorous? For an increasingly visible group, the rules of love have changed. *Psychology Today.*
14. Cooney, S. (2018). What monogamous couples can learn from polyamorous relationships, according to experts. *TIME Magazine*.
13. Cormier, Z. (2017). Polyamory is more common than you think, but it's not for everyone. *VICE*.
12. Lehmiller, J. J. (2017). Till porn do us part: Why you should be skeptical of the new study claiming porn kills love. *Sex and Psychology*.
11. Burnley, W. (2017). Four surprising results from this in-depth study of polyamorous people. *ATTN*.
10. Basu, T. (2017). The surprising conclusion from the biggest polyamory survey ever: It's a win-win all around, *Inverse Science*.
9. Van Brenk, D. (2017). Study: Non-monogamous relationships find success. *Western News*.
8. Van Brenk, D. (2017). How non-monogamous relationships find success. *Phsy Org*.
7. Lehmiller, J. J. (2017). Four things science has taught us about polyamorous relationships. *Sex and Psychology*.
6. Lehmiller, J. J. (2017). Polyamorists are secretive, stigmatized, and highly satisfied. *TONIC*.
5. Skodak, A. (2017). Paving the way to polyamory? *Western Gazette*.
4. Dolan, E. W. (2017). Study: Exposure to pornography doesn't reduce attraction and love for romantic partners. *PsyPost*.

3. Andrew, E. (2017). Perhaps porn doesn't make men fall out of love after all. *I F*cking Love Science*.
2. Lehmiller, J. J. (2016). 10 Revelations scientists discovered about sex this year. *Playboy*.
1. Engber, D. (2016). A new twist in the debate over pornography's role in romantic relationships. *Slate Magazine*.

*Note: Hyperlinks included for each media outlet via italicized text.

## PROFESSIONAL DEVELOPMENT AND SERVICE

### Professional Affiliations

| | |
|---|---|
| 2018 – Present | Canadian Sex Research Forum (CSRF) |
| 2016 – Present | Society for the Scientific Study of Sexuality (SSSS) |
| 2015 – Present | International Association of Sex Research (IASR) |
| 2014 – Present | International Association of Relationship Research (IARR) |
| 2012 – Present | Society for Personality and Social Psychology (SPSP) |
| 2012 – Present | American Psychological Association (APA) |

### Associate Editor

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|---|---|
| 05/2026 – Present | Personality and Individual Differences |
| 12/2023 – Present | Archives of Sexual Behavior |

### Editorial Board

| | |
|---|---|
| 07/2026 – Present | Journal of Sex Research |
| 05/2026 – Present | Journal of Personal and Social Relationships |
| 02/2023 – Present | Frontiers in Psychology (section on Social Psychology) |
| 09/2022 – Present | Frontiers in Psychology (section on Gender, Sex, and Sexualities) |
| 08/2018 – 12/2023 | Archives of Sexual Behavior |

### Ad Hoc Journal Reviewer

| | |
|---|---|
| 11/2020 – Present | Sexuality and Psychology |
| 10/2020 – Present | Journal of Family Psychology |
| 09/2020 – Present | Sexual and Relationship Therapy |
| 08/2019 – Present | Personality and Social Psychology Bulletin |
| 08/2019 – Present | Evolution and Human Behavior |
| 08/2018 – Present | Journal of Social Psychology |
| 08/2018 – Present | Frontiers in Psychology |
| 08/2018 – Present | Journal of Personality and Individual Differences |
| 08/2018 – Present | Journal of Sex Research |
| 08/2017 – Present | European Journal of Social Psychology |

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| 08/2017 – Present | Journal of Sexual Medicine |
| 08/2017 – Present | Journal of Personal and Social Relationships |
| 08/2016 – Present | European Psychologist |

**Professional Service, Committees, and Volunteer Work**

| | |
|---|---|
| 05/2025 – Present | Search Committee Member, Texas State University |
| 12/2024 – Present | Publication Committee, Kinsey Institute |
| 08/2024 – Present | Co-chair of the Consensual Non-Monogamy Special Interest Group, SSSS |
| 08/2023 – Present | Co-organizer for the Psychology Brownbag, Texas State University |
| 08/2022 – Present | Membership Committee, SSSS |
| 08/2019 – Present | Mentorship Committee, SSSS |
| 03/2020 – 12/2025 | Co-chair of the Porn, Sex Tech, and Sex Work Special Interest Group, SSSS |
| 06/2018 – 09/2020 | Founder and organizer, Annecy Tech and Relationship Conference |
| 09/2019 – 09/2020 | Advocacy and education committee, SexGen York |
| 08/2016 – 05/2018 | Coordinator of the Social, Social Development, and Personality and Measurement Brownbag, Western University |
| 08/2014 – 05/2018 | Coordinator of the Psychology Department's Colloquium Series |

**Workshops Attended**

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|---|---|
| 2024 | The grant writer's guide to the galaxy: Foundations for grant writing; Texas State University |
| 2024 | Successfully supervising master's students; Texas State University |
| 2023 | Mentoring graduate students: Best practices in helping your students soar; Texas State University |
| 2023 | Overview of research enhancement programs; Texas State University |
| 2023 | These boots were made for walking: Creating meaningful connections and intentions as HSI faculty; Texas State University |
| 2022 | Supporting people of transgender experience; Texas State University |
| 2022 | Preventing harassment and discrimination, Texas State University |
| 2022 | Tools for an ethical workplace; Texas State University |
| 2022 | Cybersecurity training; Texas State University |
| 2022 | Health, fitness & wellness: Teaching for today's challenges; McGraw-Hill |
| 2020 | Scholarship & teaching excellence program; Texas State University |
| 2020 | Virtual teaching workshop, Texas State University |
| 2019 | Response surface analysis workshop; Toronto Relationship Interest Group (TRIG) |
| 2019 | Developing theory workshop; TRIG |
| 2018 | Computation workshop: Analyzing big data; Summer Institute for Social and Personality Psychology (SISPP) |
| 2018 | Longitudinal data analyses; SISPP |
| 2018 | Longitudinal data analysis workshop; DATIC |

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|---|---|
| 2017 | Latent variable analyses in R workshop; SSSS |
| 2017 | Undergraduate student teaching workshop; Western University |
| 2016 | Best practices in teaching; Western University |
| 2016 | Qualitative data analyses; NVivo |

## TEACHING AND ADVISING EXPERIENCES

### Undergraduate Teaching

| | |
|---|---|
| 06/2026– 07/2026 | Social Psychology (two sections, 55 students)<br>Texas State University |
| 05/2026– 06/2026 | History and Theory of Psychology (one section, summer intensive course, 16 students)<br>Texas State University |
| 01/2026– 05/2026 | History and Theory of Psychology (one section, 33 students)<br>Texas State University |
| 01/2026– 05/2026 | Human Sexuality (two sections, 79 students)<br>Texas State University |
| 08/2025– 12/2025 | Human Sexuality (one section, winter intensive course, 15 students)<br>Texas State University |
| 08/2025– 12/2025 | Psychology of Gender (one section, 31 students)<br>Texas State University |
| 08/2025– 12/2025 | Human Sexuality (one section, 31 students)<br>Texas State University |
| 05/2025– 07/2025 | Social Psychology (two sections, summer intensive course, 60 students)<br>Texas State University |
| 01/2025– 05/2025 | Human Sexuality (two sections, 79 students)<br>Texas State University |
| 01/2025– 05/2025 | Social Psychology (one section, 96 students)<br>Texas State University |
| 01/2025– 05/2025 | History and Theory of Psychology (one section, 36 students)<br>Texas State University |
| 08/2024– 12/2024 | Human Sexuality (two sections, 74 students)<br>Texas State University |
| 05/2024– 07/2024 | Social Psychology (two sections, summer intensive course, 99 students)<br>Texas State University |
| 01/2024– 05/2024 | Human Sexuality (two sections, 50 students total)<br>Texas State University |
| 08/2023– 12/2023 | Social Psychology (two sections, 96 students)<br>Texas State University |
| 08/2023– 12/2023 | Human Sexuality (two sections, 96 students)<br>Texas State University |
| 08/2023– 12/2023 | Human Sexuality (one section, 27 students) |

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|---|---|
| | Texas State University |
| 05/2023– 07/2023 | Social Psychology (two sections, summer intensive course, 41 students) |
| | Texas State University |
| 01/2023– 05/2023 | Human Sexuality (one section, 28 students) |
| | Texas State University |
| 01/2023– 05/2023 | Human Sexuality (one section, 100 students) |
| | Texas State University |
| 01/2022– 05/2022 | Human Sexuality (two sections, 192 students) |
| | Texas State University |
| 09/2021– 12/2021 | Human Sexuality (two sections, 192 students) |
| | Texas State University |
| 01/2021– 05/2021 | Human Sexuality (one section, 135 students) |
| | Texas State University |
| 08/2020– 12/2020 | Human Sexuality (one section, 25 students) |
| | Texas State University |
| 05/2018 – 08/2018 | Understanding Yourself and Others (one section, 153 students) |
| | Western University |
| 05/2016 – 08/2016 | Social Psychology (one section, 60 students) |
| | Western University |

**Undergraduate Teaching Assistant Experience**

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|---|---|
| 01/2017 – 05/2017 | Social Psychology (120 students) |
| | Western University |
| 08/2015 – 12/2015 | Science of Romantic Relationships (200 students, with two tutorials) |
| | Western University |
| 01/2015 – 05/2015 | Research Methods in Social Psychology (50 students, with two tutorials) |
| | Western University |
| 01/2010 – 05/2010 | Abnormal Psychology (30 students) |
| | Sonoma State University |
| 01/2010 – 05/2010 | Queer Studies (100 students) |
| | Sonoma State University |

**Clinical Training Courses**

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|---|---|
| 10/2025 | Research and Techniques for Working with Couples (118 Students, 16 CE credits) |
| | Sexual Health Alliance |
| 08/2024 | Keeping the spark alive in relationships (134 attendees, 16 CE credits) |
| | Sexual Health Alliance |
| 10/2023 | Love without limits: Exploring the myths and realities of consensual non-monogamy? |
| | Indiana Psychology Association (115 students, 4 CE credits) |

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| 09/2023 | The science behind relationships: Understanding attachment, maintenance, infidelity, and dissolution (125 students; 16 CE credits)<br>Sexual Health Alliance |
| 05/2022 | Beyond the dyad: Understanding sex, love, and stigma in consensually non-monogamous relationships (66 students; 16 CE credits)<br>Sexual Health Alliance |
| 02/2022 | Keeping the spark alive in relationships (78 students; 16 CE credits)<br>Sexual Health Alliance |

**Master's Thesis Committees and External Examinations**

| | |
|---|---|
| 08/2025 – present | Selena Piercy, Psychology Department, Texas State University<br>Title: Exploring potential motives to engage with AI companions romantically |
| 02/2025 – present | Alexis Leskey, Sociology Department, Texas State University<br>Title: Contextualizing pro-life decisions: Examining Christians' attitudes toward abortion based on the circumstances surrounding a woman's pregnancy |
| 02/2024 – 05/2026 | Randi Black, Human and Family Development Department, Texas Tech (External Committee Member)<br>Title: Beyond secrecy: Understanding infidelity in consensually non-monogamous relationships |
| 08/2024 – 04/2026 | Brandi Reynolds, Psychology Department, Texas State University<br>Title: Let's talk about sex: Can partner responsiveness protect couples from the effects of unmet sexual ideals? |
| 08/2023 – 05/2025 | Pardis Lahouti, Psychology Department, Texas State University<br>Title: Too stressed for sex: Examining the role of COVID-related stress on sexual quality and potential mediators and moderators |
| 08/2023 – 05/2025 | McKenna Hildebrandt, Psychology Department, Texas State University<br>Title: Extending the investment model to consider erotic exposure: Examining the influence of couples' experiences with pornography on commitment processes |
| 04/2023 – 02/2025 | Jemal Douté, Modern Sex Therapy Institute (External Committee Member)<br>Title: Analyzing distressful communication in couples attempting to explore polyamory |
| 12/2022 – 05/2024 | Taylor Himes, Psychology Department, Texas State University<br>Title: Virtual reality and the co-regulation of stress in romantic relationships |
| 12/2022 – 05/2024 | Karrie Barrett, Psychology Department, Texas State University<br>Title: College students' acceptability and recognition of intimate partner violence |
| 12/2021 – 05/2023 | Alyssa Sucrese, Human and Family Development Department, University of Texas Austin (External Committee Member) |

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|---|---|
| | Title: Not now, I am too stressed: Stress and physical intimacy in early marriage |
| 12/2020 – 06/2022 | Megan Tracy, Counseling Department, Texas State University<br>Title: An examination of internalized consensual non-monogamy negativity and help-seeking beliefs, attitudes, and intentions |
| 12/2020 – 06/2022 | Kaitlin Brunett, Psychology Department, Texas State University<br>Title: Attitudes towards rape myths: The influence of social constructs and personality on the acceptance of rape myths |
| 12/2020 – 06/2021 | Connor Leshner, Psychology Department, University of British Columbia (External Committee Member)<br>Title: Technically in love: Individual differences in desire for intimacy with robots |

**Honors Thesis and Independent Studies Supervision**

| | |
|---|---|
| 08/2026 – 12/2025 | Reynolds, B., Texas State University<br>Title: Desirability and Devotion: How Perceived Mate Value, Reports of Attraction, and Sexual Desire Shape Investment in Camming Relationships |
| 08/2024 – 12/2025 | Lahouti, P., Texas State University<br>Title: Too stressed for sex: Understanding how stress impacts sexual quality through depression and partner responsiveness |
| 08/2024 – 12/2024 | Swanson, F., Texas State University<br>Title: Discrepancies and conflict among partners in consensually non-monogamous relationships |
| 08/2023 – 05/2024 | Stone, D., Texas State University<br>Title: Finding fulfillment in times of stress: The role of stress and need fulfillment on relationship and life quality |
| 08/2023 – 05/2024 | Green, M., Texas State University<br>Title: Keeping the spark alive during COVID: How self-expansion is shaped by regulatory focus and the consequences on sexual and relational quality |
| 08/2023 – 12/2023 | Himes, T., Texas State University<br>Title: Comparing monogamous and polyamorous relationships during COVID-19 |
| 05/2023 – 08/2023 | Himes, T., Texas State University<br>Title: Comparing monogamous and polyamorous relationships during COVID-19 |
| 01/2023 – 05/2023 | Hildebrandt, M., Texas State University<br>Title: Why would one self-objectify? A critical examination of the incentives for self-objectification |
| 08/2022 – 12/2022 | Lamons, S., Texas State University<br>Title: Virtual self-expansion: Designing novel stimulus using VR |
| 08/2022 – 12/2022 | Frank, J., Texas State University |

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|---|---|
| | Title: Virtual self-expansion: Recruitment and data collection strategies |
| 08/2022 – 12/2022 | Nares, E., Texas State University |
| | Title: Examining the role of circumcision in people's attitudes, beliefs, and intentions towards circumcision |
| 01/2022 – 05/2022 | Nares, E., Texas State University |
| | Title: Does sex positivity predict attitudes toward circumcision: Review of literature and proposal for study design |
| 08/2017 – 05/2018 | Leis, M., Western University |
| | Title: Thematic analysis of experiences of jealousy in polyamorous relationships |
| 08/2017 – 05/2018 | Cronin, D., Western University |
| | Title: An exploration of the relationship between pornography consumption and extradyadic sexual relationships |
| 08/2016 – 05/2017 | Jiang, H., Western University |
| | Title: How much do I love thee: Different experiences of love for primary and secondary partners in polyamorous relationships |
| 08/2016 – 05/2017 | Medd, S., Western University |
| | Title: Sexual ideals and relationship dissolution: Can destiny or growth beliefs buffer the detriments of sexual ideal discrepancies? |
| 08/2015 – 05/2016 | Zhou, P., Western University |
| | Title: Sexual ideals: Item generation for the Sexual Ideals Scale |

## PROFESSIONAL REFERENCES

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